

## **Read to Me: Interacting and Setting a Routine**

### **Instructions:**

1. Have your baby sit or lie on your lap.
2. To get your baby's attention, tap the book and say, "Look at the ...."
3. Make sure to pick a day and time when your baby is alert and engaged.
4. Try to read at the same time every day (naptime and/or bedtime).

### **Materials:**

- Assortment of books
- Your lap



### **What they learn:**

#### Language:

- When you read to your baby, he or she takes in lots of information from your voice - the inflections, flow, and tone.
- This teaches your baby that sounds are important to creating language.
- Reading to your baby sets the stage for learning new words and vocabulary. Many first words may come from books that he or she had heard you read repeatedly. Reading creates a routine that helps your baby be able to predict what is coming next.