

Water Tray: Splashing, and Learning

Instructions:

1. Put a towel on the floor and place the container on top.
2. Fill the container with water, let your baby explore the water, touching and splashing it.
3. After your baby has had a chance to explore, add the household items.
4. Show your baby how to take an item and drop it into the water. Describe what you are doing. "The ball is dry. I dropped it and now its wet!"
5. Ask your baby to try it, "Can you put this in the water?"
6. Refill the tray as needed. Continue if your baby is interested.

Materials:

- Bath towel
- Wide container
- Household items: Measuring cups, spoons, caps, sponges, paper towels (absorbent materials)



What they learn:

Motor: Your baby is developing balance, muscle coordination, and posture.

Language: When you give your baby simple directions you are having a conversation. Although they may not respond verbally, look at your baby and watch their actions with their body language.