illinois action for children
Early Learning Programs

Learning At Home Activity

Bubbles for Baby: Watching Popping

Instructions:

1. Sit or lay your baby on a towel.
2. Talk to your baby to get her attention. Begin to blow some bubbles.
3. Slowly blow large bubbles toward the towel or floor beside your baby. Try to get the bubbles close enough so she has a chance to poke at them.
4. Observe your baby as she experiences the wonder of the bubbles moving around her. What is her reaction to popping the bubbles?
5. Create a shower of small bubbles that she can see.

Materials:

- Towel
- Bubble solution
- Bubble wand or household item such as fly swatter

What they learn:

Motor: Watching bubbles float through the air helps your baby practice visual skills like eye tracking, distance, and depth perception. When your baby swats at the bubbles, she is building eye-hand coordination.

Cognitive: When your baby pops a bubble, she learns the relationship between the cause (I touched the bubbles) and the effect (the bubble disappeared, and everyone cheered).