

Footprint Frenzy

Primary Objectives

- 4. Demonstrates traveling skills
- 21a. Understands spatial relationships

Why It's Important

Following footprints is a great way for your child to develop her balancing skills. She will have fun figuring out where to go next and will be challenged as she thinks and moves simultaneously.

Materials

Colored construction paper; markers; scissors; tape

What You Do

1. Use the construction paper to make footprints of different shapes and sizes. You can include animal prints such as those of dogs, cats, and bears. Trace your child's feet on the paper and cut out her footprints as well.
2. Show your child the collection of footprints and discuss who or what might have made the different types of prints. *I know a bear would make a footprint like this because it is big. What kind of footprint do you think a dog would make?*
3. Place the footprints around the room and invite your child to follow them, placing one foot on each footprint as she goes.
4. Encourage her to think about where she is going. *You are getting closer to the door. It looks like you'll move to a red footprint next.*
5. As she moves around the room, prompt her to describe her position. *Are you near the door or the sink? What are you next to? What you are between?*
6. Continue the activity for as long as your child is interested. Vary the game by creating different paths with the footprints.