

## Boxes Are Fun: Using Large Muscles and Learning Words

### Instructions:

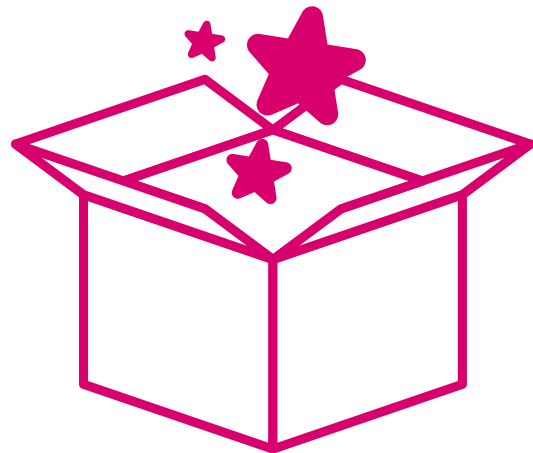
1. Place child on a blanket or on the floor with the boxes and talk to her as he or she explores the environment.
2. Ask if your baby wants to take a ride. Pull the box with baby inside. If child is not able to sit, make sure to have a cushion for support.
3. Roll the balls or socks into the box and encourage baby to try and grab them or focus on them.

### How to extend activity:

- Play peek-a-boo in the boxes.

### Materials:

- Boxes of different sizes
- Soft balls or rolled socks
- Books



### What they learn:

**Motor Development:** Baby is improving their large muscles by doing large movements.

**Language Development:** They are learning new words such as in, out, on, and under.

**Social-Emotional Development:** Play helps the baby develop their attention span and concentration, these are important skills for success in school.