

Outdoor Exploration: Discovering and Observing

Instructions:

1. When you take baby outside notice his/her behavior (i.e. sleepy, excited).
2. Notice how baby observes other children.
3. Let baby touch the grass, feel the wind, enjoy the warmth of the sun, and hear water if it is near.

Participants:

- Caregiver and baby

Environment

- Outside



What they learn:

Motor skills: Baby learns to sit up

Routine: Baby gets used to going outside and learns what happens next (i.e. eat, nap, etc.)