

Cotton Swab Letter Painting

Instructions:

1. Set up a space where your child can be messy with paint.
2. On a piece of paper, write all the letters of the alphabet with a black marker or pen. Space the letters far enough apart for your child to trace.
3. Give your child a cotton swab and show them how to hold it.
4. Dip a cotton swab in the paint color of choice.
5. Use the cotton swab to make small dots tracing the lines of each letter.
6. Do this together for a while, then allow your child to explore the activity on his/her own.

How to extend activity:

Once your child has practiced their tracing with paint skills, you can have them begin practicing tracing the letters with straight and curved lines using a crayon. This extends their learning of letter recognition and fine motor skills of tracing as well as their pincer grasp.

Materials:

- Paper
- Black Marker or pen
- Paint
- Cotton Swabs



What they learn:

- **Fine Motor Skills:** Your child is practicing their fine motor skills by holding the cotton swab and tracing small lines.
- **Cognitive Skills:** Your child is practicing their letter recognition in this activity.