

## Shake the Bottle

### Instructions:

1. Empty and dry a 16 oz water bottle.
2. Place paper clips/beads into the bottle.
3. Screw top back on to bottle and seal with tape or glue so nothing falls out.
4. Shake container in front of baby. Then hand to baby and let him/her have fun.

### How to extend activity:

Allow baby to play with shaker while music is playing. Show baby how to shake the bottle to the rhythm to make a beat. Give it back to baby to see if he or she will mimic your sound and motion.

### Materials:

- Empty 16 oz bottle
- Tape or glue
- Paper clips or beads



### What they learn:

- Fine Motor Skills: Hand-eye coordination
- Cause and Effect: If I shake the bottle, it will make a noise.