

Blow Raspberries

Instructions:

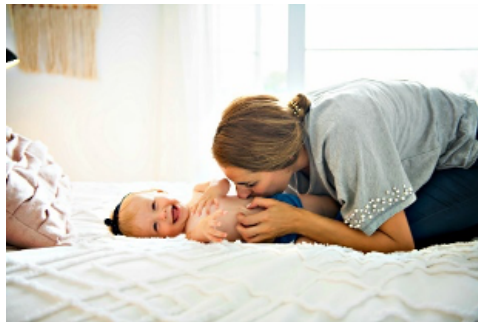
1. Press your lips onto baby's belly and blow air on their skin to make a noise. The feeling and sound will make the baby smile and giggle.
2. Repeat until baby shows signs that s/he are not interested anymore.

Materials:

Just you and baby

How to extend activity:

This is a fun game that you can make as short or long as you would like. You can do this while getting baby dressed, at bed time, or to quiet fussiness. You can even copy the noises the baby makes after the raspberry, to encourage baby to make the noise again.



What they learn:

Communication skills - This activity encourages baby to make his/her own noises and lip movements. This is good practice for babbling and copying sounds.