

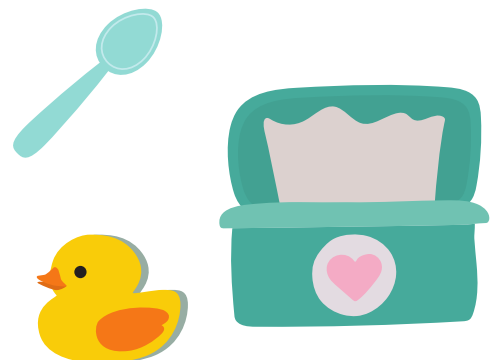
Using Fingers: Picking up and Observing Objects

Instructions:

1. Sit down with your baby. Offer him/her a box filled with objects.
2. Is your baby able to open the box? If not show him or her how and close it again. Your baby will learn by trying. If he or she becomes very frustrated it is okay to offer help and open box together!
3. Observe how your baby approaches this activity. Is he/she taking everything out? What is your baby most interested in?
4. Encourage your baby to explore all the objects. When your baby is exploring, allow baby time look at colors, sides, and shapes. It's fun to watch their little brains inspect something new!

Materials:

- Hinged container or empty baby wipe box
- Safe household objects: masking tape, brush, spoon small plastic toy
- Crayon (optional)
- Paper (optional)



What will your child learn?

- **Motor:** Your baby is using fine motor muscles and eye hand coordination as he/she picks up objects. Your baby is developing more control over his/her small movements.
- **Cognitive:** He/she is learning about three dimensional objects through his/her senses: touching, tasting, and observing from all angles.
- Your baby is developing more control over his small movements because the nerves connecting the brain and the small muscles in the extremities are becoming covered by myelin.