

EASY BOXED MEALS TO GRAB AND GO

BOXED SANDWICHES

DELUXE BOX

880-1360 CAL |
Your Meat Choice, lettuce, tomato, Deluxe Bread Choice and assorted cheeses. Chips, pickle, Dessert Choice.

BOARDROOM BOX

940-1710 CAL |
Our Deluxe Box plus one side: fresh fruit, Italian Pasta Salad, or Roasted Corn and Black Bean Salad.

DELI BOX

730-1060 CAL |
Half-portion of your Meat Choice, lettuce, tomato on Deluxe Bread Choice. Chips, pickle, Dessert Choice.

TRADITIONAL BOX

830-1230 CAL |
Your Meat choice, lettuce, tomato and Traditional Bread Choice. Chips, pickle, Dessert Choice.

DELUXE SANDWICH & SALAD BOX

½ of a Deluxe Sandwich, Dessert Choice and your choice of:
• Nutty Mixed-Up Side Salad |
• House Side Salad |
• Caesar Side Salad |

CALIFORNIA CLUB BOX

990-1170 CAL |
Roasted turkey, guacamole, tomato, field greens, bacon, Swiss on croissant. Fresh fruit or baked chips, Dessert Choice.

CLUB BOX

1160-1300 CAL |
Ham, roasted turkey, bacon, cheddar, Swiss, lettuce, tomato on your choice of croissant or multigrain wheat bread. Chips, pickle, Dessert Choice.

Traditional Bread Choices (210-270 cal)

- Multigrain Wheat
- Country White
- Marbled Rye

Deluxe Bread Choices (210-270 cal)

- Ancient Grain Bun
- Croissant
- Wheat Wrap
- Focaccia
- Everything Bun

Meat Choices: (70-380 cal)

- All are nitrite-free.
- Roasted Turkey Breast
- Smoked Turkey Breast
- Roast Beef
- Ham
- Chicken Salad with Almonds & Pineapple
- Tuna Salad with Eggs

Dessert Choices: (300-450 cal)

- Cranberry Walnut Oatmeal Cookie
- Chocolate Chip Cookie
- Fudge-Nut Brownie

SPECIAL DIET BOXED SANDWICHES

GLUTEN-SENSITIVE TRADITIONAL BOX

750-1060 CAL |
Your Meat Choice, lettuce, tomato on gluten-free bread. Chips, pickle and a gluten-free dessert.

VEGAN VERY VEGGIE SANDWICH

500-580 CAL |
Spinach, guacamole, hummus, tomato, red onion, cucumber, on an everything bun. Fruit cup and chips.

VEGAN SPINACH VEGGIE WRAP

510-590 CAL |
Spinach, guacamole and pico de gallo and mushrooms on a wheat wrap. Served with salsa, fruit cup and chips.

SPINACH VEGGIE WRAP

780-1010 CAL |
Spinach, guacamole, pico de gallo, mushrooms and Asiago on a wheat wrap. Served with salsa, fruit cup and Dessert Choice.

VERY VEGGIE SANDWICH

800-1030 CAL |
Spinach, guacamole, hummus, tomato, red onion, cucumber, on an ancient grain bun. Fruit cup and Dessert Choice.

BOXED SALADS

MESA CHICKEN SALAD BOX

1230-1360 CAL |
Grilled chicken, avocado, roasted corn & black bean mix, grape tomatoes, salad greens, cheddar with jalapeño ranch and Dessert Choice.

NUTTY MIXED-UP SALAD BOX

1070-1200 CAL |
Grilled chicken, grapes, strawberries, cranberry-walnut mix, field greens and feta with balsamic vinaigrette and Dessert Choice.

CHICKEN CLUB SALAD BOX

1230-1570 CAL |
Grilled chicken, grape tomatoes, avocado, bacon, salad greens, cheddar, Asiago with ranch and Dessert Choice.

CHICKEN CAESAR SALAD BOX

1280-1410 CAL |
Grilled chicken, croutons, romaine, Asiago, herb focaccia, Caesar dressing and Dessert Choice.

THE BIG CHEF SALAD BOX

1350-1480 CAL |
Ham, roasted turkey, grape tomatoes, olives, hard-boiled egg, salad greens, cheddar, Asiago with ranch and Dessert Choice.



G R E A T
S O U T H W E S T
B O W L

HANDCRAFTED BOWLS

INDIVIDUAL, PROTEIN-PACKED, DELICIOUSLY SATISFYING BOWLS.

► Add a cookie or fresh fruit to any handcrafted bowl.

MODERN MED

600 CAL | per person
Grilled chicken, quinoa, romaine, tomatoes, olives, hummus, cucumber, feta, pita, Greek dressing.

GREAT SOUTHWEST

780 CAL | per person
Grilled chicken, romaine, rice, pico de gallo, roasted corn and black bean salad, guacamole, cheddar, jalapeño ranch, Southwest spices.

ULTIMATE BLT

780 CAL | per person
Grilled chicken, quinoa, romaine, bacon, tomato, pickled red onions, hard-boiled egg, avocado, ranch, Southwest spices.

