

Educational Pathway

Educational Component

Practicum Component

100 hours

40 didactic units

400 unique lifestyle medicine patient encounters

60 application activities

10 hours (Intensive) Therapeutic Lifestyle Change (I)TLC program

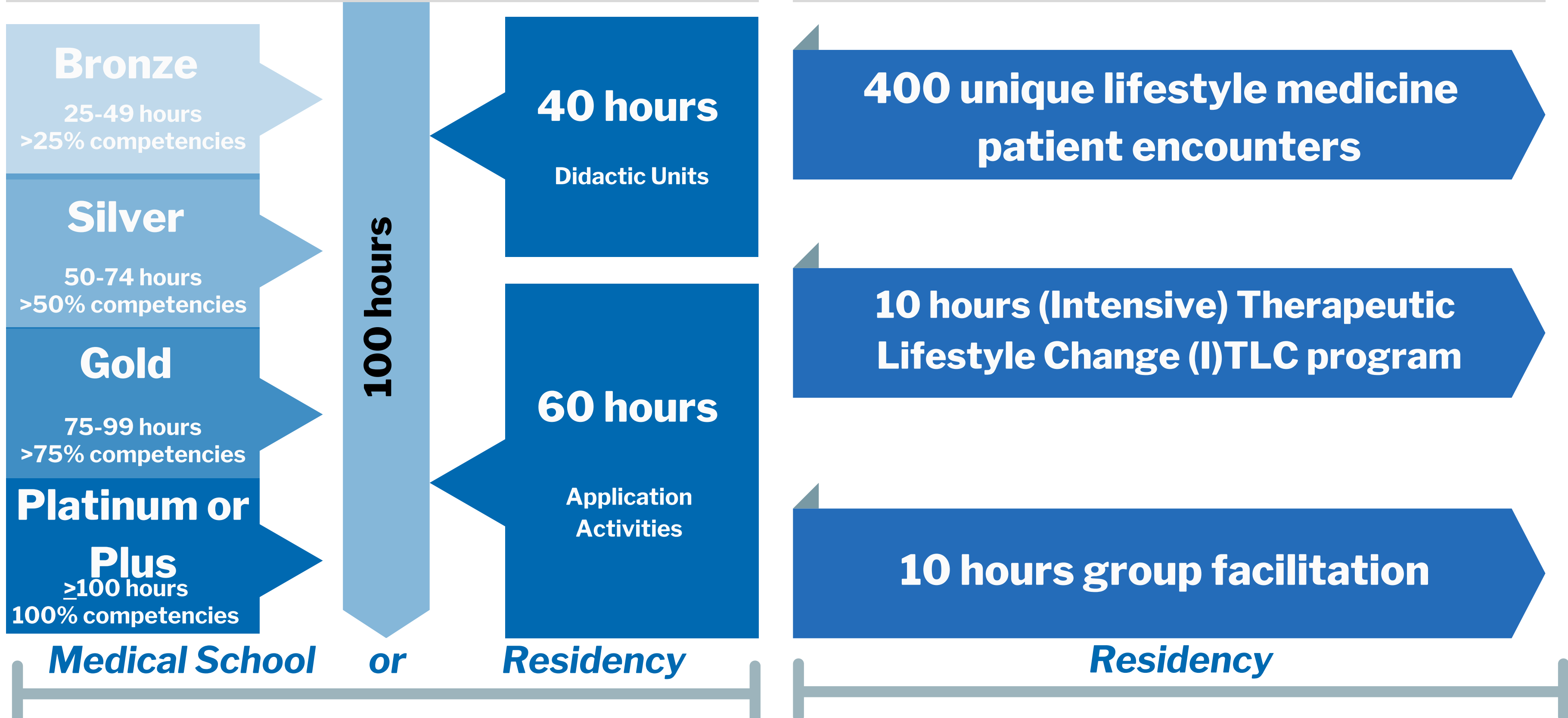
10 hours group facilitation

Residency

Educational Pathway

Educational Component

Practicum Component



Educational Pathway

Educational Component

Practicum Component

100 hours

40 didactic units

400 unique lifestyle medicine patient encounters

10 hours (Intensive) Therapeutic Lifestyle Change (ITLC/TLC) program

60 application activities

10 hours group facilitation

Residency

Educational Pathway

Educational Component

Practicum Component

40 didactic units

**400 unique lifestyle medicine
patient encounters**

Residency