## Striking/Fielding

## "What are striking and fielding games?"

Games involving a batting and fielding team.

Batting team aim - score as many runs as possible.
Fielding team aim - minimise the batting team runs or get them out.

Session focus - to maximise enjoyment in class: batting, scoring runs and maximise activity.
Eliminate the rule - once you're out, you're out.

Court/field size - 4 teams of 5-6 players, a game on each half of basketball court with teacher in middle of both games.

## Game 1 (basic): Three-Tee Strike

- Simple set up, maximum involvement from both fielding and batting team, equal involvement due to time limit for innings and no outs and no bowler.
- One batter at a time hits three balls off low tees (kanga cricket tees) and runs between wickets.
- Fielding team returns three balls to tees.
- Players only bat once.



## Game 2 (intermediate): Bonus Runs Strike

- Easy progression from Game 1, higher tees encourages bigger hits to score bonus runs, also encourages fielders to catch hits on the full to accrue points, increases decision making.
- Same as Game 1, with two batters who run between wickets (tee ball stands and foam bats).
- Bonus points to hit the ball a further distance into extra runs areas.
- 2 points to fielding team if batter hits a ball outside the V area.
- 4 points for fielding team for ball caught on the full or a runner not within crease when all balls are returned.
- Each team is in bat for a set time period.


## CHANGE IT adjustments:

How to score - more scoring opportunities for batters and fielders.
Number of players - increased number of batters.
Game rules - Fielders can score with catches.
Equipment - higher tee and longer bat.
Inclusion of all students is already happening.
Time of game - each team has a 5-minute innings each.


## Game 3 (advanced): Where to Run

- Another easy progression from Game 1 and 2, with inclusion of bowler increases difficulty, but allows cooperation when bowler is from own team.
- Batter hits ball thrown from teammate underarm.
- Batter runs to either left or right wickets - change spots with non-batting runner.
- Batters can be run out or caught out and swap with next teammate in line.
- After two hits, rotate with next teammate in line and rotate bowler.



## Resources

Developing Game Sense in Physical Education and Sport. Breed and Spittle. 2020.

CHANGE-IT model - How the CHANGE IT - A guide to help coaches and teachers improve sport-related games (clearinghouseforsport.gov.au)

TREE Model - Using TREE | Australian Sports Commission (sportaus.gov.au)
Playing for Life resource - Playing for Life ${ }^{\text {P }}$ Australian Sports Commission (sportaus.gov.au)


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