

Wallan Secondary College in Action

Key Priority Areas: **Active Recreation and Quality Physical Education**

Type of Funding: **Extracurricular**



School Overview:	Wallan Secondary College is in the northeast of Victoria situated on the southern tip of the Shire of Mitchell. Wallan is culturally diverse with 20% of families born overseas, and 19% speaking a language other than English at home. A significant percentage of the student population commute daily by bus or private vehicle. Students enjoy participating in a wide variety of sports and activities during their break times at school.
Project Goal:	The school's goal was to increase the range of extracurricular programs on offer by installing outdoor fitness equipment that catered for all abilities and fitness levels and promote improved health, wellbeing, and engagement outcomes for students.



Wallan Secondary College is constantly exploring ways to create and build upon their active school environment which already includes facilities such as an indoor court, a full-sized AFL oval with cricket pitch, cricket/rugby oval, two outdoor courts and open spaces for students to participate in sport and recreational activities.

The wide-reaching student interest and popularity of the College's indoor fitness facility prompted the staff and leadership team to consider other ways to provide opportunities to engage all interested students in fitness activities. This, combined with consultation with the

students themselves on how the Active Schools funding could enhance their overall health and wellbeing, resulted in the installation of an outdoor fitness area which can also be accessed by the local community, including students and their families.

The new equipment has provided students with additional opportunities during their breaks to stay active. It will also be utilised within the Physical Education curriculum to promote the importance of lifelong physical activity and provide students with new and exciting opportunities to stay active.



Strategy	Impact
Student voice – Engage student voice in the provision of input into the design process of the fitness equipment.	<i>The design and layout of the equipment was developed using student voice. This has helped to create student ownership and fostered connectedness to the new area of the school.</i>
Safe use of equipment – Conduct induction sessions to ensure students are well informed on how to use the new outdoor fitness equipment.	<i>The induction ensured safe and correct use promoting students' confidence and ownership of the equipment. Inducted students can access the equipment independently during their breaks.</i>
Curriculum links – Create links to the Physical Education and Health program, specifically the Year 9 & 10 electives on offer.	<i>Students now can participate in fitness activities with a variety of outdoor equipment and have created individualised fitness programs to encourage lifelong physical activity habits.</i>
Link with community – Install the equipment in a visible, accessible location to encourage community use outside of school hours.	<i>Located at the front of the school and visible from the main road, students have used the visibility of the equipment to encourage their family members to 'come and try'. Students have shared their knowledge of the correct use of the equipment with their families and have consequently acted as facilitators of a more active local community.</i>