

# Spring Parks Primary School in Action

**Key Priority Areas:** Quality Physical Education and Active Recreation

**Type of Funding:** Active Schools



<b>School Overview:</b>	Spring Parks Primary School is a dual campus primary school located in Springvale, with a rich multi-cultural diversity. Low participation in community sport is a major concern, but the school is always striving to improve the Physical Education, sport and recreational programs and opportunities offered to the students with a strong focus on supporting happy, active and healthy students.
<b>Project Goal:</b>	To increase opportunities for students to engage in active recreation, quality PE classes and to be active with their classroom teachers by improving the school's physical environment and resources. To focus on improving student wellbeing and engagement by supporting teachers to run active breaks and assist students to be more active and connected with local community sports.

At Spring Parks Primary School, both campuses have an abundance of outdoor space and two Physical Education teachers who deliver fun and inclusive sport and PE programs. Improving student wellbeing, engagement and physical activity levels throughout the whole school day has always been a priority and the Physical Education staff have encouraged teachers across the whole school to get active with their students. Part of this strategy included the delivery a whole school staff professional development session on Active Breaks that supported the development of Fundamental Movement Skills (FMS).

To further support the Physical Education program and increase the physical activity levels of students during other times of the day, the Active Schools Grant enabled the basketball and netball courts to be upgraded and improved. With the younger students in mind, several multi-sided basketball towers with lower rings were ordered and installed, along with new netball posts, soccer goals and removable volleyball posts suitable for the older students.

Once installed, the PE staff broadened their curriculum to include new games and activities that utilised the new infrastructure. It was also noticed that students were more active on the playground than before, as they explored, played and socialised together whilst growing their skills and knowledge of sports that are also offered by local sporting community clubs.



Active School Strategy	Impact
<b>Infrastructure</b> – Research, obtain quotes and coordinate installation from suppliers of outdoor Basketball, Netball, Volleyball and Soccer posts/goals.	<i>The number of students actively playing at lunchtime, before and after school has increased. Social behaviour with mixed age groups sharing the space has also improved. “It’s nice to see children actively involved in activities on breaks.”. (PE Teacher)</i>
<b>PE Program Delivery</b> – Review current PE curriculum and add activities to include the new sport goals in PE lessons and sport programs.	<i>The PE curriculum has broadened to include a greater variety of basketball/soccer/netball/volleyball activities which has led to a noticeable increase in the time students spend on tasks. Increased engagement has also increased physical fitness levels.</i>
<b>Professional Development</b> – Organise and deliver a whole school staff PD on the use of the classroom kits and the many benefits of physical activity on student wellbeing.	<i>The staff engagement in the PD session provided an opportunity for collaboration and sharing ideas. More staff are seen out playing mini basketball games and being active with their students during the day.</i>