

Northern Bay College in Action

Key Priority Areas: **Quality School Sport and Active Recreation**

Type of Funding: **Active Schools**



School Overview:	Northern Bay College (NBC) is a multi-campus College in the Northern suburbs of Geelong. NBC has four P-8 campuses and a single 9-12 campus, comprising of 2,500 students. Year 7 and 8 students complete weekly Sport and Physical Education classes at the Senior campus and NBC has an unparalleled potential to offer physical activity and sport programs with tailored pathways for each student.
Project Goal:	Active Schools projects at Northern Bay College aim to increase female and CALD students' physical activity participation, staff Professional Development and provide extracurricular (lunchtime and after-school) activities to further embed physical activity and sporting opportunities for students.



Active Schools funding at Northern Bay College has specifically increased the participation and engagement of students in a large variety of sports and activities during weekly year level and transition sport times. Students from the P-8 College travel to the Senior campus to participate in physical activity and House activities. This provides staff the opportunity to plan, implement and deliver Physical Education and sporting programs for Year 7 and 8 students, utilising student voice.

During the Sport engagement program, students choose their preferred sports and are provided links with external sporting organisation opportunities. NBC prefers to offer students sports that can be coached by either staff, or local

sporting organisations and coaches, therefore, providing students with the knowledge and confidence to access local and community sporting opportunities.

Student Feedback

"I started playing badminton when I was 7 years old in India as my mum wanted me to play a sport. I played for an academy over in India. I stopped playing when we moved to Australia. I got to know about the local badminton centre in Geelong through our school badminton clinics run by the Badminton Geelong coaches in our local area. We were given a couple of free sessions at first then a small charge to continue. I started enjoying the game again and trained weekly then soon after played competitions. My sister also joined and continued playing competitions. I represented the school at district competitions, and we did very well, winning the district flag and then playing in a division competition which was very advanced. I managed to win quite a few games and hope to improve further ready for 2023. I now train 4 times a week and love playing and competing in competitions."

Active School Strategy	Impact
Student Voice and Agency: Provide students the opportunity to influence the extracurricular sport offerings delivered.	<i>An increase in student agency has empowered students to be more involved in the differentiation of their learning. In turn, staff have witnessed an increase in student engagement during sporting programs as well as an increase in school connectedness, contributing to a positive climate for learning.</i>
Staff Professional Development: Provide internal and external sport coaching PD for school staff to increase their professional confidence and knowledge.	<i>As a result of providing staff with PD opportunities, many were keen to opt into delivering sports and activities that were of interest. The SEED leaders ensured staff had experience and professional competency in their chosen sport.</i>
Community Connections: Liaise with local community clubs to facilitate coaching and awareness of external sporting opportunities.	<i>The links created with local community sporting organisations has increased student awareness, knowledge and access to these clubs and sporting opportunities.</i>