

Bundarra Primary School in Action

Key Priority Areas: Active Recreation, Active Travel and Quality Physical Education

Type of Funding: Active Schools



School Overview:	Bundarra Primary School is located in the city of Portland and provides a safe, nurturing environment of academic excellence with an unwavering commitment to student health and wellbeing. Physical Education and sport opportunities at the school is supported by extensive playing fields, playground equipment, and garden areas. The playgrounds have been steadily upgraded, with a climbing area installed in 2018, sensory play space in 2019 and an upgraded basketball court surface in 2021.
Project Goal:	The school's aim is to encourage students to utilise the bike track and fitness stations installed as part of the grant before and after school, and during their recess and lunch breaks. They aim to encourage more students to ride to school on their nominated days of using the bike track. As part of the project the school will complete a bike education program using road safety guidelines which encouraged students (and parents) to be more confident to ride to school.

Bundarra Primary School focused mostly on increasing Active Recreation opportunities for their students, with Active Travel and their quality Physical Education program benefitting from the initiatives as well. The bike/fitness track was always intended to be multipurpose, making the most of the Active Schools Grant and improving school and community assets. Through the project, the school also included student voice and agency, with the facility itself being co-designed by the students.



The benefits of the track include:



- Students electing to run around the track before school.
- Parents bringing their children to the school out of hours to use the facility.
- Students using their bikes on the track during recess and lunchtimes.
- An increase in the number of families actively travelling to school.
- Dysregulated students using the facility with the Wellbeing Officer as required.
- Formal Physical Education classes utilising the track for warmups.
- Students having a designated path for cross country training.

Culture regarding physical activity has improved at the school with staff regularly taking their students out for a run/walk and they are utilising the track as a mindfulness resource as well.

Active School Strategy	Impact
Infrastructure - Install a track around the school suitable for walking, running, and riding bikes and create a clear path for students to ride.	<i>The track installation has been inclusive and accessible for walkers, runners, bikes, and wheelchair user participation. It has also been accessible for other community members.</i>
Community Engagement - Seek support from local council and Bike shop regarding the track and providing usage of the track to other local organisations.	<i>The school has been promoting the use of the track out to the local community. The local scout group are currently using the track as part of their Bike-Ed program.</i>
Program Planning and Delivery - Embed an active travel plan, to promote children and families to actively travel to school.	<i>The school has developed a roster for students to be using the track during recess and lunchtime. This has seen a significant increase in students being active at those times as well as actively travelling to school with families.</i>
Student Voice and Agency – Provide opportunities for the Student Representative Council (SRC) to analyse, plan and develop enhanced play and learning spaces with school leadership.	<i>The facility itself was designed in consultation with students. A few extra bumps and slight inclines have been included in the track design, which has added to the complexity of the course and resulted in increased engagement and use of the challenging track.</i>