



WORKING FAMILY CAREGIVERS:

Resources for Employers

Did you know that 73% of your employees are caring for a loved one while working their full-time or part-time jobs. Here are free resources that you as an employer, HR/benefits professional, or manager can use to help your employees succeed both in the workplace and throughout their caregiving journey.

Supporting working caregivers can enhance workplace loyalty, increase recruitment and retention, boost productivity and ROI, and create an inclusive caregiver friendly culture. For more information, send an email to AskCaregiving@aarpp.org or visit www.aarp.org/employercaregiving.

Resources for HR/Benefits Professionals, Managers, and Leaders



Caregiving ERG Toolkit

www.aarp.org/ergcaretoolkit

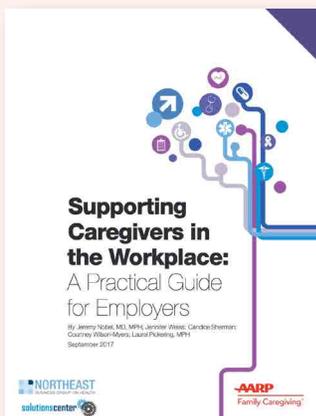
Learn how to support the careers and well-being of employees with caregiving duties so they can thrive professionally. Create a new Caregiving ERG or offer caregiving programming and resources through an existing ERG.



Manager Training

Free registration at <https://elearning.aarp.org> (search “Manager Training”)

This online training course on caregiving and workplace flexibility will empower and equip managers with practical skills to better support working family caregivers.



Employer Caregiving Toolkit

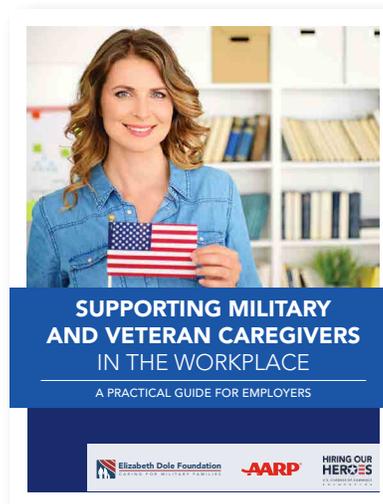
www.employercaregivingtoolkit.org

A free toolkit that offers comprehensive information, checklists and handouts for employers to share across their company or organization. Complete the Caregiving Self-Assessment Survey to see how your organization compares to other companies. <https://supportingcaregivers.typeform.com/employertoolkit>



AARP's Working Family Caregiver Resources Guide

Provide your employees with digital or paper copies of this resources guide, as well as distribute free copies of all resources listed to help them balance both work and caregiving responsibilities. Contact AskCaregiving@aarp.org

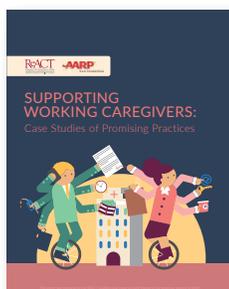


Supporting Military and Veteran Caregivers in the Workplace Toolkit www.aarp.org/veterancaretoolkit

Working family caregivers of military service members face unique challenges. This resource offers guidance on how to assist them.

Small Business Caregiving Online Resource Guide <https://www.smallbusinesscaregivingguide.org>

This guide offers small business owners advice for tackling common challenges to create a workplace that is supportive of caregivers.



Supporting Working Caregivers: Case Studies of Promising Practices www.aarp.org/employercaregiving

A collection of 14 case studies from both the for-profit and non-profit worlds, and both large and small employers, highlighting promising practices employers are using to support their working family caregivers.



Determining the Return On Investment: Supportive Policies for Employee Caregivers www.aarp.org/employercaregiving

This report by AARP and Respect a Caregiver's Time (ReACT) finds that businesses offering flextime and telecommuting schedules saw a ROI between \$1.70-\$4.45 for every dollar invested in these policies.