President's Message: What Should We Not Do?

I am excited by our ongoing work with the ABIM Foundation Choosing Wisely® Campaign under the leadership of President-elect Dr. Karen Cox! I want to make sure you are aware of the Academy’s latest addition to the list of treatment approaches that are not advisable and should be questioned. Please visit the Choosing Wisely page of the Academy website to see the full description of the “Twenty Things Nurses and Patients Should Question.”

As you may recall, we began this work with the ABIM Foundation in 2014 with the publication of “Five Things Nurses and Patients Should Question.” Our policy statement on Choosing Wisely was published in the January 2015 Nursing Outlook. We have just released the latest edition citing 20 practices we should not automatically do without evidence. Here are the highlights:

1. Don’t automatically initiate continuous electronic fetal heart rate monitoring during labor for women without risk factors; consider intermittent auscultation first.
2. Don’t let older adults lie in bed or only get up to a chair during their hospital stay.
3. Don’t use physical restraints with an older hospitalized patient.
4. Don’t wake the patient for routine care unless the patient’s condition or care specifically requires it.
5. Don’t place or maintain a urinary catheter in a patient unless there is a specific indication to do so.
6. Don’t use aloe vera on skin to prevent or treat radiodermatitis.
7. Don’t use L-carnitine/acetyl-L-carnitine supplements to prevent or treat symptoms of peripheral neuropathy in patients receiving chemotherapy for treatment of cancer.
8. Don’t neglect to advise patients with cancer to get physical activity and exercise during and after treatment to manage fatigue and other symptoms.
9. Don’t use mixed medication mouthwash, commonly termed “magic mouthwash” to prevent or manage cancer treatment-induced oral mucositis.
10. Don’t administer supplemental oxygen to relieve dyspnea in patients with cancer who do not have hypoxia.
11. Don’t promote induction or augmentation of labor and don’t induce or augment labor without a medical indication; spontaneous labor is safest for woman and infant, with benefits that improve safety and promote short and long-term maternal and infant health.
12. Don’t prescibe opioid pain medication in pregnancy without discussing and fully weighing the risks to the woman and her fetus.
13. Don’t separate mothers and their newborns at birth unless medically necessary. Instead, help the mother to place her newborn in skin-to-skin contact immediately after birth and encourage her to keep her newborn in her room during hospitalization after the birth.
14. Don’t administer “prn” sedative, antipsychotic or hypnotic medications to prevent and/or treat delirium without first assessing for, removing and treating the underlying causes of delirium and using nonpharmacologic delirium prevention and treatment approaches.
15. Don’t assume a diagnosis of dementia in an older adult who presents with an altered mental status and/or symptoms of confusion without assessing for delirium or delirium superimposed on dementia using a brief, sensitive, validated assessment tool.
16. Don’t routinely order a head CT to assess for shunt failure in children with hydrocephalus.
17. Don’t routinely order an EEG on neurologically healthy children who have a simple febrile seizure.
18. Don’t administer diazepam for muscle spasm following spine surgery in the elderly.
19. Don’t use lumbar puncture opening pressure as a reliable measure of intracranial pressure in children with severe chronic headache.
20. Don’t order “format” swallow evaluation in stroke patients unless they fail their initial swallow screen.

As always, the Academy is committed to promoting policy that assures the evidence-based practice of nursing. I am proud of our work to move that commitment into policy.

Sincerely,

Bobbie Berkowitz, PhD, RN, NEA-BC, FAAN

President

Policy Update

The Academy is pleased to join with AcademyHealth and other national organizations in co-signing a letter to the Chair and Ranking Member of the House Labor-HHS Appropriations Subcommittee urging a FY18 appropriations request of $302 million for the National Institute on Minority Health and Health Disparities (NIMHD). This request is an increase of $21 million over the FY16 level and is consistent with the FY17 request. The NIMHD serves as the lead scientific agency dedicated to improving minority health, reducing health disparities, and training a diverse research workforce.

Children’s Mercy Kansas City co-hosted with the Academy, March 17, 2017, the third regional critical conversation on Registered Nurses: Partners in Transforming Primary Care. Speakers included Karen Cox, Executive Vice President and Chief Operating Officer, Children’s Mercy Kansas City and Academy President-Elect; Bobbie Berkowitz, Academy President; and Margaret Flinter, Senior Vice President and Clinical Director, Community Health Center Inc.

2017-2018 National Academy of Medicine Distinguished Nursing Scholar-in-Residence

Now accepting applications! The National Academy of Medicine (NAM) Distinguished Nurse Scholar-in-Residence, supported by the Academy, the American Nurses Association, and the American Nurses Foundation, provides a year-long leadership opportunity in health policy at the NAM. It is designed as an immersion experience to facilitate nurse leaders to engage in a prominent role in health policy development at the national level and to interact with other health fellows and scholars. Click here for the 2017-2018 Call for Applications. The application deadline is April 30, 2017.

2017 Academy Jonas Policy Scholars

Applications are now being accepted for the 2017 cohort of Academy Jonas Policy Scholars. Generously supported by the Jonas Center for Nursing and veterans Healthcare, the program supports early-career scholars who will contribute to shaping nursing practice, education, and research policy. Up to six highly qualified doctoral and post-doctoral students in nursing will be selected for this two-year fellowship program. Academy Jonas Policy Scholars will be matched with an Academy expert panel and learn from leading experts in nursing about select health policy issues. Click here for full details and to download the application. The deadline for applications is May 15, 2017.

Deadline is Tomorrow: Nominations for Academy Leadership Positions

Nominate a fellow for an Academy leadership position! We are accepting nominations for the following positions through midnight tomorrow, April 5, 2017.

- President-Elect (1 to be elected; two-year term)
- Treasurer (1 to be elected; two-year term)
- Board Members (3 to be elected; two-year term)
- Ethics Committee (2 to be elected; three-year term)
- Fellow Selection Committee (3 to be elected; three-year term)
- Nominating Committee (3 to be elected; two-year term)

Click here to learn more about the available positions and to nominate yourself or another fellow.

Academy’s 2017 Policy Conference

Save the Date! The 2017 Transforming Health, Driving Policy Conference will be held October 5-7, 2017 at the Marriott Marquis Washington, DC. Explore national health care issues, network with colleagues, honor Living Legends, and celebrate the new cohort of 2017 inductees.

The Academy is now accepting abstracts for electronic poster presentations
at the 2017 Policy Conference. The deadline is June 16, 2017. Click here to review guidelines and submit your abstract.

Registration will open in early May; reserve your hotel room at the Marriott Marquis today.

We look forward to seeing you in October.

Support the Academy

Please click here to donate to the Rheba de Tornyay Development Fund!

Your gift, at a level that is meaningful to you, is truly appreciated and is a critical investment in the future of nursing policy. The Academy is an independent 501(c)(3) non-profit organization and your financial gift is tax-deductible to the fullest extent allowable by law. With a donation of $1,000 or more, you become a member of the exclusive President’s Circle. Members of the President’s Circle are invited to an exclusive reception hosted by the Academy President during the annual policy conference.

Call for Abstracts: 2017 Council Conference

The Council for the Advancement of Nursing Science is now accepting abstracts for electronic poster presentations at the 2017 Advanced Methods Conference: Pragmatic Trials. The deadline has been extended to May 1, 2017. Click here for guidelines and to submit your abstract.

The Council’s conference will be held October 4-5, 2017 at the Marriott Marquis Washington, DC.

Fellow Achievements

Jose Alejandro PhD, RN-BC, MBA, CCM, ACM, FACHE, FAAN, has been elected president-elect of the Case Management Society of America. Dr. Alejandro is director of case management and post-acute programs at Tampa General Hospital, a Level One Trauma Center, and he is an international healthcare consultant specializing in care coordination and population health. He was inducted into the Academy in 2015.

Angela Amar, PhD, RN, ANEF, FAAN (left), and Kathleen Sekula, PhD, APRN, FAAN, received two AJN Book of the Year honors for their Practical Guide to Forensic Nursing: First place in Critical Care/Emergency Nursing and third in Medical-Surgical Nursing. Dr. Amar is associate professor and associate dean at Emory University’s Woodruff School of Nursing. Dr. Sekula is a professor at Duquesne University’s School of Nursing. They were both inducted into the Academy in 2011.

Joyce Black, PhD, RN, CWCN, FAAN, received the President’s Recognition Award by the National Pressure Ulcer Advisory Panel (NPUAP). The award is presented to someone who has made special contributions to NPUAP and the field of pressure injury prevention/treatment. Dr. Black, who was inducted into the Academy in 2010, is a professor at the University of Nebraska Medical Center, College of Nursing.

Donna Sullivan Havens, PhD, RN, FAAN, was selected for the Sigma Theta Tau International Researcher Hall of Fame. Her research is focused on the environment in which nurses practice and she developed the Decisional Involvement Scale used to measure nurse involvement in workplace policy and practice decisions. A professor at the University of North Carolina at Chapel Hill School of Nursing, she was inducted into the Academy in 2004.

Barbara Medoff-Cooper, PhD, RN, FAAN, received the 2017 Eastern Nursing Research Society’s Distinguished Contributions to Nursing Research Award this month. Her work focuses on infant temperament and feeding behaviors. A professor at the University of Pennsylvania School of Nursing, as well as at Children’s Hospital of Philadelphia, she was inducted into the Academy in 1989.

Paula Milone-Nuzzo, PhD, RN, FHHC, FAAN, was named president of the MGH Institute of Health Professions. She
spent the past 14 years in leadership roles at Pennsylvania State University’s College of Nursing. The MGH Institute is an independent graduate school in Boston founded by Massachusetts General Hospital. Dr. Milone-Nuzzo, who serves as treasurer on the Academy’s board of directors, was inducted in 1998.

Alexa Stuifbergen, PhD, RN, FAAN (left), and Lorraine Walker, EdD, MPH, RN, FAAN, of the University of Texas at Austin School of Nursing, were selected to the Sigma Theta Tau International Nurse Researcher Hall of Fame. Dr. Stuifbergen, dean and professor, was inducted into the Academy in 1997. Dr. Walker, professor, was inducted in 1977.

Have news to share? Let us know

Career Opportunities

(The following are Paid Announcements)

Pace University College of Health Professions Announces New PhD in Nursing Program

Pace University's College of Health Professions in New York is pleased to announce a new PhD in Nursing program, accepting students for Fall, 2017 on their Pleasantville campus. Slated to be the only PhD in Nursing program from New York City to Binghamton, the focus will be on students joining faculty to tackle the root causes of health problems, the social determinants of health. Click here for full details of the program.

Associate Dean for Research, Betty Irene Moore School of Nursing, UC Davis

The Betty Irene Moore School of Nursing at UC Davis seeks to hire a visionary and dynamic associate dean for research to lead the school’s research program and serve as a member of its senior leadership team. This position provides the opportunity to lead the development of a young research program focused on rapidly and effectively improving care, and to join a creative faculty and further develop and hire tenure-track research faculty over the next five years.

For the full position description and the application instructions, please visit http://nursing.ucdavis.edu/ourteam/join.

Full & Assistant Professors, Wayne State University College of Nursing

Located in Detroit, Wayne State University’s College of Nursing invites leading nurse scholars to apply for open Full and Assistant Professor positions.

- **Full Professor**: The successful candidate must have a Ph.D., strong background experience in Ph.D. education in nursing, a sustained record of scholarly publication, and nationally recognized program of research.
- **Assistant Professor**: The successful candidate must have a Ph.D., a record of scholarly publication, and an identified program of research. Previous teaching experience at baccalaureate or higher degree level is preferred.

Click here for full description and application instructions for both positions

Advertise your employment opportunities or special announcements in FAAN Mail

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