



# MFP EDUCATIONAL AND TRAINING PLAN

INCREASING THE NUMBER OF MASTERS AND  
DOCTORAL LEVEL TRAINED CULTURALLY  
COMPETENT MARRIAGE AND FAMILY  
THERAPISTS.







MFP Training  
Events

MFP Physical Address:  
AAMFT Foundation  
Minority Fellowship Program  
277 S. Washington St. Ste 210  
Alexandria VA, 22314



## **SAMHSA/AAMFT Foundation Minority Fellowship Program-Masters (Youth) 2022-23 Training Program**

*Please note: The Training Program is subject to change. Dates for MFP-Y events in 2022-23 may be modified to accommodate program needs.*

**Program Title:** SAMHSA/AAMFT Foundation Minority Fellowship Program-Masters (Youth) (MFP-Y)

**Executive Program Consultant:** DeAnna Harris-McKoy, PhD, LMFT-S

**Presenters/Instructors:** Leaders in the field of MFT, co-occurring substance abuse treatment and prevention, child, adolescent and youth, multiculturalism, mental health and related fields will be invited to present their work, conduct workshops and training webinars, provide consultation, and engage in conversations with the Fellows.

**Program Description:** The AAMFT Foundation MFP-Y program will allow Fellows to integrate knowledge of MFT, mental health and co-occurring substance abuse prevention and treatment, children, adolescents and transitional youth, evidence-based practices, and greater cultural competence in alignment with SAMHSA's mission and initiatives, and the current state of the research in the field. This program will assist Masters-level Fellows to utilize this knowledge to deepen their knowledge of the above content areas, engage in self-exploration and heighten their cultural sensitivity as they engage in academic, clinical, service and scholarly activities.

This Fellowship is awarded in accordance with the grant year and will start on September 30, 2022 and end on September 29, 2023. **Please treat this as a contract, similar to any graduate course syllabus. Late submissions, incomplete or low-quality work, tardiness and absences will affect your stipend & continuation in the MFP-Y.**

**Program Objectives:** In keeping with the mission of SAMHSA and the goals of the MFP-Y, this program will allow Fellows to:

1. Expand their knowledge in the areas of mental health and co-occurring substance abuse prevention and treatment, using evidence-based practices, and with a focus on culturally competent, recovery-based care for underserved minority children, adolescents and transition age youth.
2. Deepen their sensitivity to issues relevant to underserved populations including ethnic minority clients, the LGBTQIA population, people with disabilities, and military families
3. Help develop their identity as a culturally competent MFT practitioners
4. Utilize available resources and mentoring to engage in clinical work, service and leadership activities related to the areas described above

### **MFP Advertising Policy:**

Fellows of the MFP agree to the policies of AAMFT concerning

advertising, as well as state law. Fellows should review the AAMFT Code of Ethics Standard IX regarding advertising. Fellows should also review the rules and laws within their own states as to the requirements for advertising. Advertising includes, but is not limited to, business cards, online advertisements, and advertisements in other publications. Fellows will not hold themselves out to the public in a false or misleading manner.

### **MFP-Y Fellow Learning Outcomes:**

Upon completion of the MFP-Y training, Fellows will demonstrate the following:

1. An increased familiarity with the major cutting-edge issues and research within the field of MFT, mental health and co-occurring substance abuse prevention and treatment, evidence-based practices with a focus on cultural competence, recovery-based care for underserved minority children, adolescents, and transition age youth.
2. A more systemic understanding of the impact of substance abuse on families, relationships, and individuals, especially within historically underrepresented and underserved populations
3. An increased understanding of clinical concerns of relevance to the above communities
4. Greater skills to integrate research with clinical practice related to serving underrepresented minority children and youth
5. Network with peers and professionals

### **Required Readings:**

1. Fellows are expected to familiarize themselves with the following websites:
  - SAMHSA at <http://www.samhsa.gov/>
  - US Department of Health and Human Services at <http://www.hhs.gov/>
  - AAMFT at <http://www.aamft.org>
  - AAMFT Research and Education Foundation at [www.aamftfoundation.org](http://www.aamftfoundation.org)
  - Minority Fellowship Program Coordinating Center (MFPCC) at [www.mfpcc.samhsa.gov/](http://www.mfpcc.samhsa.gov/)
2. Selected reading will be disseminated throughout the training year in an electronic format
3. Fellows will be expected to read *JMFT*.
4. Fellows are also expected to read, understand and refer to the MFP-Y Handbook as needed.

### **Network & Connections**

1. [Join the MFP LinkedIn Page](#)

### **Method of Instruction:**

1. Didactic/Webinars
2. Large group trainings and discussions
3. Written assignments
4. Individual and small group mentoring
5. Self-reflection/experiential work
6. Professional networking

**Summary of Requirements and Deadlines:** *(We highly recommend that you note these due dates in your calendar at the start of the grant year. Dates for some of the events in 2022 will be announced shortly. Details of these requirements are explained in the next section.)*

During the training year Fellows, will be required to participate in and undertake the following tasks and activities:

1. Familiarity with SAMHSA's initiatives (October 2022)
2. Logging on to Community and introducing self (November 2022)
- 3a. MFP-Y Fellow Orientation Webinar (October 20, 2022).
- 3b. MFPPC Orientation Webinar (November 16, 2022)

*Participation in webinars is mandatory*

4. Initiating contact with the Mentor that the Fellow was assigned within a few weeks of being given the contact information, and receiving ongoing mentoring (November 2022- September 2023)
5. 4. Attending all required MFP events at the AAMFT Fall MFP Intensive Training Institute (November 30 – December 05, 2022 in Texas).

***In-person participation in this is mandatory. Fellows must be present every day.***

6. Training webinar and review (November-December 2022, March-April 2023, May-June 2023)
- 7.. Live Training Webinar (February-March 2023 and May-June 2023)
8. Remaining active on the on-line Community (November 2022-September 29, 2023). *We recommend that you set up a mechanism to receive Community updates regularly as Fellows will be responsible for keeping themselves updated on materials posted online.*
9. Therapy Simulation. Fellows will interact with AAMFT Simulation in January 2023 and July 2023. Every Fellow will be given an assignment to a group and routine schedule.

### **MFP Mentorship**

1. Mentoring: Fellows will be assigned mentors who are leaders in the field of MFT, or in the community. The MFP will provide contact information and guidelines on how to set up a formal mentoring relationship (October 2022). Fellows will be expected to document a minimum of **four (4) hours** of individual contact with their mentors via phone or in person over the course of the grant year, and to continue this contact via electronic means. Fellows must initiate contact with their mentors within a week of being assigned a mentor. Mentors will document the outcome of the mentoring via the MFP Mentorship Report form. The Mentorship relationship is driven by the Mentee (you) and it is important to let your MFP Mentor know how best to guide you. Introductory instructions and articles will be provided to you on the importance of mentorship.

### **Events and Assignments' Details:**

2. MFP-Y Fellow Orientation Webinar (October 20, 2022). Details will follow. *Participation in this is mandatory.*
3. October 2022: Fellows are expected to become well versed with SAMHSA's website and initiatives at <http://www.samhsa.gov/>

We also recommend that you take the time to read the MFP-Y Handbook and familiarize yourself with it.

4. October 2022, MFP Webinar: Alumni Engagement, Career Pathways
5. October 31, 2022, AAMFT Family TEAM Engagement Video (will be made available on the Community Page)
6. November 2022: Create an online Community profile and introduce yourself: All Fellows must discuss how their clinical interests overlap with at least two SAMHSA initiatives. Fellows should also read all the MFP-Y documents posted in the Library.
7. November 9-11, 2022: Systemic Family Therapy Conference. *Attendance (virtual) is mandatory.*
8. November 16, 2022: MFPCC MFP Orientation (virtual) (Estimated Time Frame: 2:30 PM – 4:00PM EST)
9. November 30, 2022-December 4, 2022: Intensive Training Institute. *In-person attendance is mandatory.*
10. December 2022, Outline of Culturally Informed Therapeutic Activity – (See Professional Development Section). Assignment details will be sent.
11. January 2023, Therapy Simulation (see above)
12. January 2023, MFP Webinar: Alumni Engagement, Career Pathways
11. All MFP-Y Fellows will participate in two (2) live webinar trainings related to the Program Objectives (one around February-March 2023, and the other around May-June 2023- details will follow shortly). Once Fellows have completed the webinar, they will be required to post a review of the webinar, share comments online and participate in detailed discussions about the trainings and other Fellowship-related topics on the online Community before the deadline. Participation in this is mandatory. *Two live webinars are to be scheduled as outlined above.*
12. March 2023- All Fellow Meet up (Virtual) *Attendance is mandatory.*
13. May 2023: Watch Grant Education Series Part 1
14. June 2023: MFP-Y Virtual Meet up
15. June 2023: Watch Grant Education Series Part 2 and Practice optional budget formulation
16. July 2023: MFP Webinar: Alumni Engagement, Career Pathways
17. July 2023: Therapy Simulation
18. July 2023: Watch Grant Education Series 3
19. August 2023, Grant Education Series Evaluations
20. Remaining active on the on-line Community by participating in discussions, responding to staff and other Fellows, posting resources, and sharing updates about MFP-Y and academic work (October 2022-September 29, 2023). *We recommend that you set up a mechanism to receive Community updates regularly as Fellows will be responsible for keeping themselves updated on materials posted online.*

### **Professional Development Assignments**

1. Culturally Informed Therapeutic Activity
  - i. Outline of Project Due (December 2022, listed above)

- ii. Check in (April 2023)
  - iii. Culturally Informed Therapeutic Activity Group Project (July 2023)
- 2. AAMFT Leadership Symposium (Optional)
  - a. March 9 – 11, 2023 in New Orleans, LA
  - b. MFP will release a short application in January 2023 for interested Fellows. MFP will pay for all travel and lodging.
- 3. Career Development Plan (August 2023)

### **Expectations of Fellows:**

1. Preparedness---Fellows are expected to be prepared for all activities, including prompt and regular attendance at all training events, staying until the close of all sessions, completing assignments, and positively contributing to the overall MFP-Y experience.
2. Professionalism---As a professional representing the field and AAMFT, Fellows are expected to exhibit positive behaviors and attitudes that are professionally appropriate in all interactions. Fellows are expected to conduct themselves professionally and ethically, including, but not limited to the following behaviors:
  - a) Punctual attendance of MFP-Y training sessions barring extenuating circumstances,
  - b) Adherence to program policies and procedures, and
  - c) Adherence to all deadlines.
3. Openness and Respect---In any group of scholars and practitioners there are bound to be a diversity of opinions held by individuals. The MFP-Y welcomes and encourages Fellows to dialog and share varied opinions and thoughts both openly and respectfully. Fellows are also encouraged to listen with openness and respect to views that might be different from their own, to enrich the learning process and the dialog. Conversations and processing that occur during training events may not be shared with others outside of the MFP-Y without explicit consent of all parties involved. Should you have a disagreement or conflict with another Fellow or staff member, you are first expected to discuss the issue with that person directly, and in good faith. If you feel that you need additional help with resolving an issue after following the first steps, please feel free to approach AAMFT staff for additional help, including contacting the Program Assistant & Program Manager.
4. Feedback---Fellows will give and receive feedback to each other on their oral contributions, written comments on the online Community, via their Mentors, and from the MFP-Y staff. This process is intended to be both collaborative and enriching, and will prepare Fellows for future roles as teachers, practitioners, supervisors, researchers, and reviewers. We encourage Fellows to approach this process in a constructive and open manner. We hope that Fellows will also be proactive in seeking help, when necessary, from other MFP-Y Fellows, staff, and their academic advisors and mentors.

**Please note that all MFP-Y training events are audio/video**

**recorded in order to document the content and length of the trainings, in keeping with SAMHSA's requirements. These files are password protected by MFP-Y staff. Should these need to be shared with SAMHSA, Fellows' conversations will be edited out.**