**Ecotherapy References and Resources**

**Books:**


**Article:**


**Websites:**

[laurengkahn.com](http://laurengkahn.com)  Please visit my website to learn more about me and my practice. Thank you for attending the AAMFT Institutes workshop.

[earthbodyinstitute.com](http://earthbodyinstitute.com):  Founded by Ariana Candell, The Earthbody Institute offers online and onsite trainings and Ecotherapy Certification programs. Currently offering a 90 minute online course on taking clients outside safely during COVID-19.