Research-based tips for supporting nonaffirming or conflicted Christian therapists to reconcile LGBTQ+ affirmation with their religious beliefs:

1. Be open to nonaffirming Christian trainees (the process can be meaningful)
2. Engage in a real relationship
3. Anticipate, recognize & normalize the obstacles
4. Share gender/sexuality research, i.e. “it’s not a choice”
5. Facilitate work with LGBTQ+ clients, while protecting client welfare
6. Engage “reluctant/resistant” trainees with empathy and relational support
7. Encourage Christian trainees in their spiritual practices
8. Refer supervisees to LGBTQ+ affirming members of their faith tradition for consultation
9. Expect reconciliation to keep pace with relational equilibrium