

Research-based tips for supporting nonaffirming or conflicted Christian therapists to reconcile LGBTQ+ affirmation with their religious beliefs:



- 1. Be open to nonaffirming Christian trainees (the process can be meaningful)**
- 2. Engage in a real relationship**
- 3. Anticipate, recognize & normalize the obstacles**
- 4. Share gender/sexuality research, i.e. “it’s not a choice”**
- 5. Facilitate work with LGBTQ+ clients, while protecting client welfare**
- 6. Engage “reluctant/resistant” trainees with empathy and relational support**
- 7. Encourage Christian trainees in their spiritual practices**
- 8. Refer supervisees to LGBTQ+ affirming members of their faith tradition for consultation**
- 9. Expect reconciliation to keep pace with relational equilibrium**