



Dear Alabama MFTs,

We wanted to share what your professional association has been doing to advocate for MFTs during this time of transition in our practices. We have been contacting the Alabama Board of Examiners in Marriage and Family Therapy (ABEMFT) for over two weeks regarding the telehealth rules and regs and how they are constraining our ability to practice in this unprecedented time of the COVID-19 emergency. We submitted a formal letter from ALAMFT requesting that they suspend the current telehealth rules and regs pertaining to the training requirements for the duration of the emergency. We have also been working with AAMFT lawyers regarding this issue and the AAMFT Director of Government and Corporate Affairs & General Counsel has also submitted a formal request to ABEMFT to suspend the training requirements. There are legal processes that must take place for a suspension of this kind to happen and getting the legal pieces in place and following protocol can take time, but we assure you, ALAMFT is doing every we can to advocate for our ability to practice and meet the needs of the citizens of Alabama. Thank you to those of you who have also reached out to ABEMFT to share your concerns. Every one of our voices counts in trying to create this temporary change to benefit our clients and maintain our ability to practice.

Our thoughts are with you as we all do our best to adapt to these rapidly changing circumstances.

Yours in Service,

ALAMFT Leadership Team