



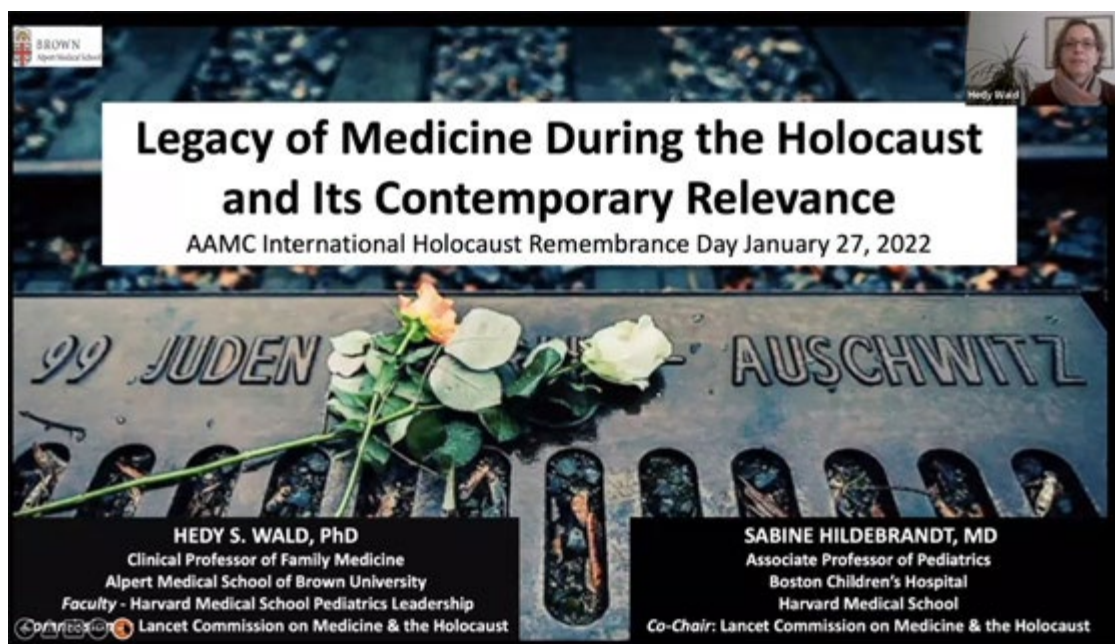
The Fundamental Role
of the Arts and Humanities
in Medical Education



February 2022 FRAHME Newsletter

This monthly newsletter is designed to keep you up to date on news from the [AAMC's Fundamental Role of Arts and Humanities in Medical Education \(FRAHME\) initiative](#). If you know others who are interested in learning more about integrating the arts and humanities into medical education, please forward this email to them. To subscribe, they can [sign up here](#).

View the recording of "Legacy of Medicine During the Holocaust and its Contemporary Relevance"



On Holocaust Remembrance Day 2022, the AAMC hosted a virtual seminar titled "Legacy of Medicine During the Holocaust and its Contemporary Relevance," with Hedy S. Wald, PhD, and Sabine Hildebrandt, MD. Both Drs. Wald and Hildebrandt are commissioners of the [Lancet Commission on Medicine and the Holocaust](#), and Dr. Hildebrandt serves as co-chair.

[We have posted links in our Getting Started Guide](#) for you to view the recording of the seminar (closed captions available), see a slide deck of suggested reflection activities and additional resources, and download a faculty guide.

Featured FRAHME Grantee: Ohio State University College of Medicine



Jennifer Garvin, Leslie Burrs, and Linda Stone

Each month, we feature one of our [eight FRAHME grantees](#). This month we spoke with Jennifer Garvin, PhD, MBA, Leslie Burrs, and Linda Stone, MD, MA, of the Ohio State University College of Medicine.

Through their grant, "Traveling on Time, the Next Horizon for Health: Journeys to Equity, Inclusiveness, and Transformation of Racism to Humanism," they are examining humanism and systemic racism through the African American opera "[VANQUI](#)," a tale of enslavement, death, and resurrection in pre-Civil War America.

The grantees engage students, faculty, researchers, educators, residents, fellows, and practitioners to transform their thinking and actions using personal reflections, readings, and artistic renderings. They also develop action plans that demonstrate how each individual can make systemic, transformational change.

What does this work mean to your team?

Every human being has unique talents that contribute to our world. It is incumbent on us to work toward a world in which every human being is valued for those talents and gifts. This program will assist our journey to a more equitable, inclusive, and compassionate society.

How have your learners connected with the material?

Learners really connected with the aria, "[Moremi's Lullaby](#)," in the opera [VANQUI](#), which demonstrates maternal love and how far mothers will go to protect their children. This aria is based on [historical figures from Ohio](#) and [Yoruba \(Nigeria\)](#). After hearing the piece, participants commented on the heartbreaking nature of the work. One learner wrote "The words to the lullaby make clear that if you are Black, you do the daily work of confronting racism." The class also came away with an understanding of the importance of keeping an open mind and practicing empathy while listening to stories from others.

Selecting Arts and Humanities Material for Use in Teaching



There are many elements to consider when choosing a work of art, music, literature, film, or a primary historical document to use in teaching. The [FRAHME Getting Started Guide](#) offers a list of guiding questions as well as links to 17 digital collections where you can explore works in visual and performing arts, literature, and history.

Featured 55-word Story

[Pandemic Yell](#)

I've developed a new appreciation for my own voice – a scream so forceful it took me by surprise. I called it my “pandemic yell”. I recorded it and listened to it over and over again. It was exhilarating to hear and feel the rage inside burst its way out finally. I made it my ringtone.

-Mimi Lam, DVM, CCFP, Dip.Path
Faculty Member

This 55-word story is part of a collection of [hundreds of contributions to our story sharing project](#), which offered a way for physicians, residents, and medical students to reflect on the uncertainty surrounding the twin pandemics of COVID-19 and racial injustice.

Featured Artwork



Mayuri Kathrotia, medical student at Eastern Virginia Medical School

Artist's Statement:

COVID-19 changed all my expectations for my first year of medical school and I was worried I would feel isolated. Instead, I found a community that tried to make the best out of an unpredictable situation. Our professors adapted their teaching style to online lectures and did their best to create a comfortable environment. The students took initiative to create virtual activities to bring the class together. Our administration provided wellness lectures and resources for students to cope with mental health concerns.

This painting represents the resiliency of humans through these difficult times. The two hands reaching out to one another is meant to show the importance of humility and compassion in medicine. The different colored swirls surrounding the hands showcase the various challenges we have all faced. Amongst all the complexities that the pandemic has brought on, it is essential to show compassion and stay united to one another.

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