SAVE THE DATE

MAFCS Fall Meeting
Friday, October 18, 2019  9-3 PM
Morgan State University

FCS and Disaster Preparedness
Speaker:  Jessica Nusbaum & Tasha McNutt
FCS Day:  Morgan students

Share your Expertise with Colleagues
Topics might include:
  Child Development
  Clothing and Textiles
  Extension
  Financial Fitness
  Foods and Nutrition
  FCCLA
  FCS in Business
  FCS Careers; Say Yes to FCS
  Health and Wellness
  Housing and Interior Design
  Pro Start
  Research
  Teacher Academy

  Peer Reviewed

Call for Presenters
Present a 45-minute breakout session

Call for Posters
Create a research or best practice poster

Contact
Dr. Jacqueline Holland at
Jacqueline.holland@morgan.edu

AAFCS CONFERENCE HIGHLIGHTS
St. Louis, MO

Attendees were energized as they explored, learned and networked. The keynote speakers brought messages of encouragement and empowerment:

• Dr. Nancy Franz urged us to promote FCS by telling our stories

• Dr. J. Scott Angle, Director, U.S. Department of Agriculture National Institute for Food & Agriculture (USDA-NIFA) told the agency’s story

• Scott Stump, Assistant Secretary for Career and Technical Education, U.S. Department of Education spoke via video

• Dr. Alisha Hyslop, Director of Public Policy, Association for Career and Technical Education told us about the need to be engaged.

IFHE-US CULTURAL EVENING
At 2019 AAFCS Annual Conference
By Bev Card, CFCS

Mawda Altayan, a Syrian refugee shared her family’s experiences settling in St. Louis and how she started her catering business. Our dinner was a buffet of Syrian cuisine prepared by Mawda. She described each dish. There were a wide variety of selections and the food was delicious!

The cultural evening is an annual event that raises money for the IFHE-US Development Fund. This fund helps home economists in developing countries.
MIA RUSSELL
Member of AAFCS Board of Directors

Left to right: Robert Van Dyke; Mia Russell, MAFCS; Jackie Odgen, President; Cindy Miller, CFCS, CPFFE, Immediate Past President; Lisa Brooks; Ethel Jones, CFCS, Treasurer; Liz Self Mullens; and Carolyn Jackson, CFCS, AAFCS Chief Executive Officer.

MD LOCAL BOOTH IN ST. LOUIS
Promoting 2020 AAFCS Conference
Hyatt Regency
Inner Harbor
Baltimore
June 26-28, 2020

Thank you Chrissy DeSimone and Kay Wilder!

MORGAN STATE UNIVERSITY FACS
STUDENTS VISIT UNDER ARMOUR

Morgan State University students participated in behind-the-scenes access to a global powerhouse in the branded performance, athletic apparel, footwear, and accessories industry. Several enterprising students from the Family & Consumer Sciences Department visited the headquarters of Baltimore-based Under Armour (UA). In addition to touring UA’s facilities, the Introduction to Business of Fashion class participated in a fashion panel that featured informative discussions relevant to sports apparel, footwear design, and internship opportunities. While onsite at UA, students were also able to interconnect concepts of fashion design, business, innovation, digital technology, and sustainability. Project-based learning and exposure to real-world practices help reinforce classroom instruction.

FRIENDLY HIGH SCHOOL FCCLA
Anaheim, CA, July 2019 – Family, Career and Community Leaders of America (FCCLA)’s National Leadership Conference was June 30-July. More than 8,700 participants from across the country gathered to attend leadership and program training, hear national speakers, meet youth leaders from across the nation, participate in Competitive Events, and explore college and career options.

Over 4,700 FCCLA members competed in the STAR (Students Taking Action with Recognition) Events. These are competitive events in which members are recognized for their proficiency and achievement in chapter and individual projects, leadership skills, and career preparation. Students develop real-world skills participating in STAR Events.

The exciting results were:

- **Gold** for Fashion Design - Jaelyn Middleton
- **Gold** for Life Event Planning - Aniah Davis-Jackson
- **Silver** for Interpersonal Communication Occupational - Carlos Mercedes
- **Silver** for Interpersonal Communication Senior - Je’niah Kelly
- **Bronze** for Recycle & Redesign - Treasure Wallace
- **Bronze** for Job Interview - Elijah Dickson
- **Bronze** for Food Innovations - Raven Patterson

Dr. Troy Anderson, FCCLA State Adviser, and Deon Lititles, FCCLA Program Coordinator, accompanied the students.

MORGAN STATE UNIVERSITY FACS STUDENTS CREATE LIBRARY

Morgan State University FACS students from the “Methods and Observation in Family and Consumer Sciences” course, in recognition of World Home Economics Day 2019, completed a service-learning project on March 12, 2019, at Druid Heights Community Development Center located in Baltimore City. The mission of Druid Heights CDC is “to promote and encourage areas of community development and empowerment through numerous initiatives.” One of these initiatives is an after school tutoring program for children. MSU students reorganized the tutoring space and created an inviting venue for the children to facilitate their academics. Along with organizing classroom materials, a reading space was created to promote literacy. The library included various books reflecting the ethnicity of the children. Colorful posters, large floor pillows, and rugs were utilized to facilitate reading. In the presence of children and staff, a plaque was hung in the space to dedicate the library. In conjunction with the project, MSU students surveyed the children to ascertain their perspectives about reading. Results from the survey revealed that 54.5% of the children would like to have a personal library. When asked if they thought that television would eventually make books disappear, 64% stated yes. With regards to watching TV versus reading a book, 81.8% viewed books as more valuable.

NEW AAFCS/MAFCS MEMBERS

Apryl Hubert, Morgan State University
LaPria Lee, Morgan State University
Vanessa Coke, Morgan State University
Janet Conteh, Morgan State University
Brittney Johnson, Morgan State University
SHAPING POLICY
Glenda L. Lindsey DR. PH, MS, RDN, LDN
Public Policy Coordinator
Maryland Academy of Nutrition and Dietetics (MAND)

As members of The Academy of Nutrition and Dietetics, we as dietitians are obligated to improving the nation's health and elevating the profession through advocacy research and education. To achieve the mission and goals of any organization or institution advocacy is critical. Public policy significantly impact and establishes an organization’s public image. Dietitians work on a wide range of issues in order to improve America's nutrition and health status which involves policy change. As Family and Consumer Science professionals, our goal as dietitians is to improve nutrition for individuals, families and communities. An effective way to do this is through policy change on the local, state and federal level. We must understand the process of identifying issues
- Is this a priority?
- Is it importance to the organizations’ members?
- What does the science say?
- Can we make a difference?
- Do we need to act to have our concerns addressed?
- What is the cost of our involvement?

We must also recognize the outside forces (budgets, media, public perceptions, congress, administration, and special interest groups) that are contribute to the policy outcomes. www.eatright.org

As the Public Policy Coordinator for MAND, I act as a leader to inspire other dietitians to become involved in public policy and I also do the same for the students I teach at Morgan State University.

HALL OF FAME INDUCTION

Family and Consumer Sciences, Associate Professor Dr. Jacqueline Holland, CFCS was recently inducted into the Havre de Grace High School Hall of Fame in Havre de Grace, Maryland. During the ceremony Dr. Holland spoke to the student body and was awarded a citation from Senator Robert Cassilly of the Maryland General Assembly. Before speaking, she was introduced by a current HHS senior student who plans to major in family and consumer sciences education upon graduation. Dr. Holland was one of four alumni this year awarded with such honor. Jointly sponsored by the high school’s Hall of Fame Committee and the school administration, this achievement has the dual purpose of recognizing the extraordinary accomplishments of those inducted while providing positive role
Established eight years ago, the Hall of Fame recognizes exemplary alumni of Havre de Grace High School and the former Havre de Grace Colored High School and former Havre de Grace Consolidated School.

We would like to again congratulate MAFCS’s own Christina DeSimone on being a BCPS 2019 teacher of the year finalist. Chrissy is a teacher at Catonsville High School in Baltimore County. It’s not uncommon for Chrissy to have both high school and preschool students in her classroom. She leads Catonsville High’s community preschool program, where high school students teach preschoolers. This is her fourth year as the child development teacher at Catonsville High, and she previously taught seven years at Dundalk High. She has developed Family and Consumer Sciences course curriculums for BCPS, including technical guides and manuals. She has presented at national, regional, and our own MAFCS conferences. A video of the awards ceremony is attached here, to view the section featuring Chrissy’s program please fast-forward to 43:45 within the video. https://vimeo.com/332508071

MAFCS 2020 AWARDS PROGRAM

Awards will be presented at the MAFCS Spring Meeting. Each winner will receive a complimentary luncheon ticket. More details are available at www.marylandafcs.org

MAFCS Teacher of the Year
One outstanding FCS teacher will be honored. If the winner meets the guidelines for the AAFCS National Teacher of the Year Award, s/he will apply in 2020. The winner will receive a one-year AAFCS/MAFCS membership and AAFCS Conference registration if s/he applies for AAFCS Teacher of the Year (see guidelines at https://www.aafcs.org/resources/recognition/awards)

Extension Educator of the Year
One outstanding full-time FCS Extension educator will be honored. The winner will receive a one-year AAFCS/MAFCS membership.

Mary Faulkner Scholarship
One thousand dollars will be awarded an undergraduate or graduate student majoring in family and consumer sciences or a related field to continue their education. Undergraduate students must be enrolled for a minimum of nine credits and graduate students for three credits. Students must have a 3.0 GPA. The
award will be sent to the educational institution for the summer or fall semester.

Due March 1, 2020
Submit to Glenda Lindsey
Glenda.lindsey@morgan.edu

IFHE WORLD CONGRESS 2020
August 2-8, 2020 Atlanta, GA
Bev Card, CFCS, Co-Chair

Every four years the International Federation for Home Economics (IFHE) holds a World Congress to globally connect professionals and students in the field of Home Economics/Family and Consumer Sciences.

Next summer it will be in Atlanta. It was last in the US in 1958 and 1988.

Over 1,000 students and professionals from 38 countries will come together for a week of learning, sharing and networking.

Plans include speakers, research presentations, ceremonies, exhibits, and much more. There is something for everyone! Join us.

For more information, go to www.ifhe.org and select World Congress.

CALENDAR OF FUTURE EVENTS

FAMILY AND CONSUMER SCIENCES DAY
DECEMBER 3

Since its inception in 2014, nearly half a million people have committed to “Dining In” on Family & Consumer Sciences (FCS) Day! AAFCS honors Founder Ellen Swallow Richards by celebrating FCS Day on her birthday. Through the FCS Day initiative, AAFCS provides information, tools, and research on the benefits of families preparing and eating healthy meals together.

In 2018, the initiative focused on the emotional and social aspects of family mealtime, and people were asked to "Dine In" device-free.

This year the event will include dining in with others outside the family.

Be sure to check the AAFCS website for updates and new resources!

Enjoy the benefits of “Dining In” and enter to win prizes!

3 Easy Ways to Celebrate FCS Day

Celebrate with friends, family, or community groups!

1. Commit to “Dining In” device free during the week of Dec. 3!

2. Prepare and eat a healthy meal with others (if possible) during the week of Dec. 3.

3. Take a selfie and post it on social media!

#FCSday
#HealthyFamSelfie

www.aafcs.org/FCSday
FAMILY AND CONSUMER SCIENCES EDUCATOR DAY
February 12, 2020

The annual Family and Consumer Sciences (FCS) Educator Day celebration takes place on the Wednesday of FCCLA Week.

FCS Educator Day is designed to encourage others to become FCS educators and to recognize and celebrate the important role that Family and Consumer Sciences educators play in our schools and communities.

Educator Day is a part of the Say Yes to FCS: Filling the Educator Pipeline recruitment campaign, an initiative of ten FCS organizations.

Family and Consumer Sciences (FCS) Educator Day is for anyone who wants to

• celebrate family and consumer sciences educators in secondary, post-secondary, and Extension programs;
• share the story of FCS education's importance and effectiveness in the United States; and
• encourage students to consider careers as FCS educators.

WORLD HOME ECONOMICS DAY
March 21, 2020

Since March 21st, 1982 the International Federation for Home Economics (IFHE) has recognized March 21st as World Home Economics Day (WHED). The purpose of the day is to publicize and promote IFHE and the Home Economics profession.

Each year there is a theme. In 2020, the theme is Housing the Dispossessed.

Natural and man-made disasters impact the lives of millions of people every day. Once the most immediate safety concerns have been addressed, the central themes of Home Economics are the main focus of impacted families - Food, Shelter, Clothing and Love. Housing solutions vary by region and Home Economists worldwide play an important role to “make home” for those who’ve lost their home.

AAFCS 2020 ANNUAL CONFERENCE
Hyatt Regency Inner Harbor
Baltimore, MD
June 26-28, 2020

SAVE THE DATES

MAFCS is hosting the 2020 AAFCS Annual Conference & Expo at the Hyatt Regency in Baltimore. Put June 26-28, 2020 on your calendar. Volunteers will be needed!