**What is FACS?**

- Family and Consumer Sciences (FCS or FACS) is the comprehensive body of skills, research, and knowledge that helps people make informed decisions about their well-being, relationships, and resources to achieve optimal quality of life.

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**Myth:** "FACS is an easy class to take."

**Myth:** "FACS is just a cooking and sewing class."

**Myth:** "Not any colleges offer FACS programs"

**Myth:** "College is too expensive"

**Myth:** "You won't be able to find a job in FACS Edu."

**Myth:** "This is not academically rigorous"

**Myth:** "I won't use these skills in my daily life"