



IOWA FCS

CONNECTING PROFESSIONALS. TOUCHING LIVES.



Summer Newsletter

Greetings from Suzanne Secor Parker, President



So much has happened in the last few months. Spring has arrived. The red, pink, and white peony bushes are continuing to bloom, iris flowers are also

blooming. The flowers are beautiful and fragrant, a nice surprise to see every day.

The major event affecting everyone is the COVID-19 pandemic. More changes for us, whether you are working or studying from home or “staying in” during this time. We postponed the April 4 Iowa Affiliate - Annual Membership Meeting. It was disappointing to miss the very informative planned topics and visiting with members, but everyone’s safety was the priority. The Iowa Affiliate held our first online membership meeting on May 19. It was good to “see” members. Many thanks to Shari Hernandez, Landon Calderwood, and Emily Leerhoff for their “Promoting Family and Consumer Sciences” presentations. Thanks to Cayla Taylor for talking about the new Iowa Affiliate FCS website. Thanks to all for your participation.

The 2020 AAFCS Virtual Conference will be held June 25-26. Registration is due June 23.

Adjusting to this reality is interesting. The adjustment list everyone is making is lengthy whether you are now teaching or taking classes online, establishing a routine for studying or completing work tasks, attending meetings online, deciding what routines to keep and those needing to be adapted. Adjustments may allow time for starting a new hobby, restarting a previous hobby, working on a project planned for when you would have “time”, playing online games with family or friends, staying connected with family and friends, adjusting weekend activities, to name a few possibilities.

Family and Consumer Sciences plays an important role in everyday life. Based on what I know, see, and hear people discussing, skills learned in FCS are critically important now. More people are making foods/meals at home, budgets need to be reviewed and spending carefully planned, making do with what you have, planning how to re-use items when possible, rearranging a room or designating a space to study or work, menu planning in advance to save trips to the store, planning daily activities for children or grandchildren, making face masks or gowns, volunteering, and listening.

We want to hear from Iowa Affiliate members about your current FCS activities, and what you are doing during this time. Wishing everyone good health, and to keep safe.

Suzanne Secor Parker, M.S.
President, AAFCS - Iowa Affiliate
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Upcoming Events

June 26-28, 2020-Virtual
AAFCS Annual Conference
and Expo, Baltimore, MD
[Register by June 23!](#)

August 2-8, 2020
IFHE (International
Federation of Home
Economics) World
Congress-Atlanta, GA

June 25-27, 2021
AAFCS Annual Conference
and Expo, Minneapolis

June 25-27, 2022
AAFCS Annual Conference
and Expo, Orlando, FL

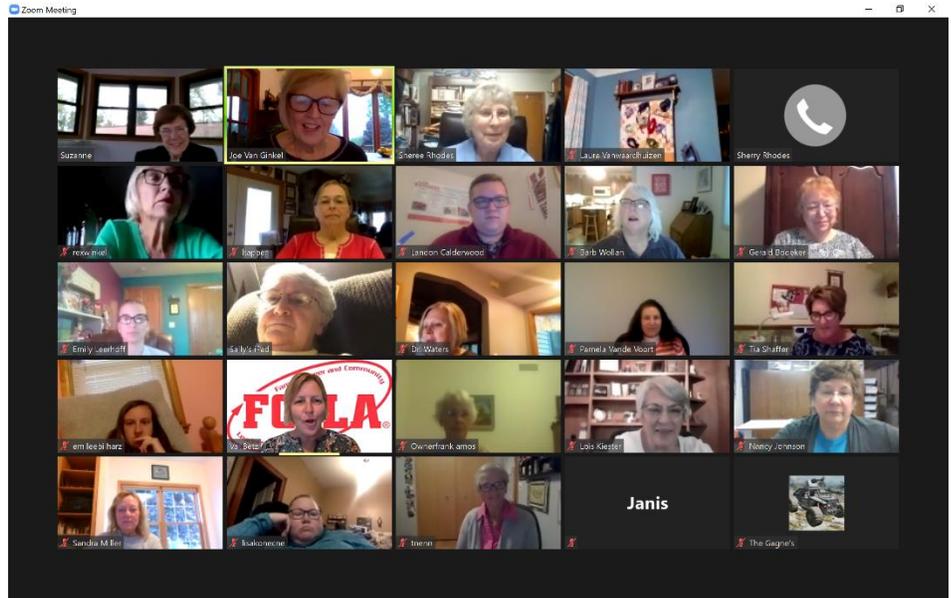


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Iowa FCS Spring Annual Meeting Convenes Virtually

The 2020 Iowa FCS Affiliate Spring Meeting scheduled for early April was postponed as a result of the Center for Disease Control's recommended social distancing guidelines as a result of COVID-19. To replace the April meeting, a virtual Iowa FCS membership meeting was held on May 19, 2020. This was the first ever virtual membership meeting with twenty-eight members in attendance from across Iowa. This virtual platform provided an opportunity to engage more Iowa FCS members at a time and location most convenient for the membership. Details regarding the Fall Meeting will be shared with the membership in the coming months. Iowa FCS President, Suzanne Secor-Parker stated, "During this COVID-19 time it is good to know how important Family and Consumer Sciences knowledge and skills have been and will continue to be put to good use for many."



2020 Iowa FCS Awards

The 2020 Iowa FCS award winners who were announced during the Spring Annual Meeting on May 19, 2020. Congratulations to this year's award winners.



Lois Kiestler-FCS Hall of Fame Award--Recognizes the lifelong contributions of a retired family and consumer scientist to the profession and association. *Lois has been a consumer consultant, a home economist with commodity groups, creating and developing the positions with the Iowa Egg Council and Iowa Pork Producer's. She taught classes within the community, edited and tested cookbook recipes, taught in public schools, and facilitated continuing education programs. She has made great contributions to the association and affiliate, holding numerous offices, including president and regional chair, and then executive director since 2009.*



Tia Shaffer-FCS Teacher of the Year--This award was established to provide recognition for innovative, creative programming and teaching methods in family and consumer sciences and for effectiveness in stimulating student motivation plus personal growth. *Tia has been teaching for 26 years. She will begin her 16th years teaching in the Independence Community School District this fall. She's been an IA FCS member for the past six years and have held many leadership roles including, secretary, president elect and president.*

Milestone Iowa FCS Members

5 years
Tia Shaffer

30 Years
Karen Davis
Bryn Hayes

45 Years
Joan Herwig

50 Years
Barbara Goff
Mary Years

60 Years
Freda Bumgarner

65 Years
Shirley Davis
Carolyn Kundel
Murval Weidlein

Additional Recognitions

FCCLA Announces 75th Anniversary Leadership Hall of Fame Iowa Inductees

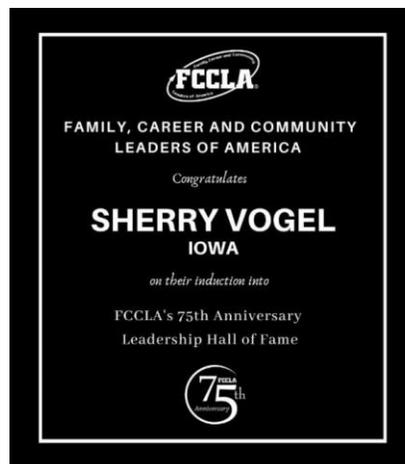
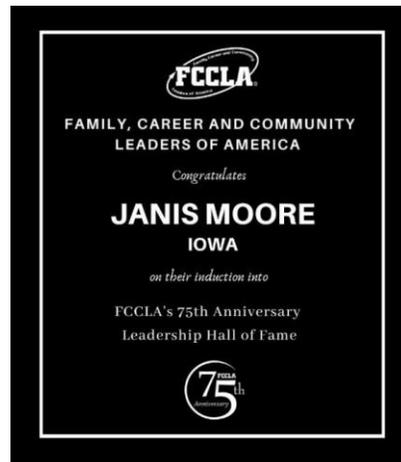
As part of FCCLA's 2020 National Leadership Conference 75th Anniversary celebration, FCCLA will be commemorating leaders of the past and celebrating leaders of the present. During this celebration, 75 individuals will be inducted into the Leadership Hall of Fame.

Induction into FCCLA's Hall of Fame is the highest honor that any member, alumni, adviser, or supporter can receive.

Shari Vogel and Janis Moore have been selected for induction into FCCLA's 75th Anniversary Leadership Hall of Fame.

Janis Moore has been a Family and Consumer Sciences Educator at Glenwood Community Schools for 47 years. Janis serves as the Iowa FCCLA Board of Directors Secretary.

Shari Vogel has been a Family and Consumer Sciences Educator for 32 years and currently teaches in the Southeast Valley Community School District in Gowrie. She has been involved with FCCLA for more than 25 years and currently serves as the Iowa FCCLA Board of Directors Vice President.



Barbara Wollan receives 2019 Iowa State University CYtation Award



Iowa FCS Vice President of Finance, Barbara Wollan, is a leader among her peers in Iowa State University Extension and Outreach. She serves as a Family Finance Specialist with Human Sciences Extension and Outreach serving Boone, Hamilton, Hardin, Humboldt, Marshall, Story, Webster, Wright counties. She has been awarded for her central role in the team's efforts to address technical financial content, including health insurance and retirement planning. Barb wrote the first version of the "Writing Your Retirement Paycheck," a 2-part workshop series targeting those who are preparing to retire in the next few years. She worked with the retirement team over the past four years to pilot and finalize the curriculum. Barb is completing her second term on Professional and Scientific Council. As a member of the Compensation and Benefits committee, she

has played an active role in clarifying issues of importance to P&S staff. She authored the first draft of the Council's recommendations for improved performance appraisal processes across the University. She has also represented the Council on the University Benefits Committee for three years. Barb is a strong advocate for the unique needs of Extension employees and others who are based off-campus.

Face Masks for the Frontlines Iowa

When the request came in March for volunteers to sew face coverings as part of the Center for Disease Control's guidelines for protecting against COVID-19, Laura Van Waardhuizen, Iowa State University Family and Consumer Sciences Student Unit Advisor, knew she had a skill set that could benefit countless individuals working on the frontlines.

Van Waardhuizen is now part of the leadership group for Masks for the Frontlines Iowa, comprised of volunteers across the state who are committed to coordinating the supplies, sewing and distribution of face coverings to those who need them the most. "We (Masks for the Frontlines Iowa) are about to make our 100,000th mask and have a celebration!" She said.



Laura Van Waardhuizen models clear face mask design that she created to better see facial expressions and lip reading.

She recently also designed a clear face mask to allow people to better see facial expressions and lip read. "This mask design is easier for beginners to sew and focuses on a better fit around the face to prevent gaps around the nose, cheeks or chin," Van Waardhuizen said. One of the Iowa Area Education Agencies have made a request for 800 clear face masks. Directions for the mask can be found [here](#).

Van Waardhuizen shared that anyone is welcome to join the Masks for the Frontlines of Iowa group through the www.masksforiowa.com webpage and Facebook group Masks for the Frontlines Iowa.

Racial Equality and Social Justice in AAFCS

Earlier this month AAFCS shared a statement on racial equality and social justice. The Iowa FCS affiliate stands behind the response below and is committed to providing a safe and inclusive professional organization for all family and consumer science professionals.

The American Association of Family and Consumer Association (AAFCS) reinforces our commitment to racial equality and social justice. As an organization that focuses on families' and communities' wellbeing, we express our sadness over the recent events of racial injustice and the loss of the life of George Floyd. We denounce systemic racism, celebrate, and embrace diversity, and respect every person's value. AAFCS has over the years supported diversity and inclusion in the following ways.

1. [2006 Resolution on Non-Discrimination](#)
2. [The AAFCS Strategic Direction, *Imagine*](#), includes as a core value "Embrace diversity and value all people."
3. AAFCS established a task force in 2018 on Diversity & Inclusion which transformed into being an AAFCS Community on Diversity & Inclusion as approved by the Board of Directors on May 20, 2020.

The AAFCS Community on Diversity & Inclusion Purposes:

The Diversity and Inclusion Community will review Association practices and policies to enhance aspects of diversity and inclusion throughout the organization, create a plan of work incorporating these aspects, and to facilitate programming that enhances diversity and inclusion on every Association level. This body will be a supportive entity for AAFCS communities to embrace a culture of diversity and inclusion that would be observed and experienced by all. The Diversity and Inclusion Community recognizes and endorses the viability, value, and richness of each member as the Association moves forward to meet the needs of families in a new and constantly changing world.

As an organization, AAFCS will continue to listen to, advocate for, and support the communities we serve.

New Graduate Sets Sights on FCS Career



Landon Calderwood is spotlighted as one of the Iowa FCS graduating students this year.

Landon Calderwood is ready to put his FCS knowledge and experiences to work as the new Youth Outreach Coordinator in West Pottawattamie County for Iowa State University Extension and Outreach. Landon graduated in last month with a degree in Family and Consumer Sciences Education and Studies, Professional Option from Iowa State University.

“Extension, FCS, and Iowa State weren’t originally part of my plan,” he said. Landon began his higher educational experience at Wartburg College, intent on becoming a music teacher and church organist. However, volunteering at the Iowa FCCLA State Conference during the summer of 2015 was a turning point for Landon. “Being back at the conference and seeing the impact FCS content was having on students, I quickly realized that FCS was where I needed to be.”

It was in Landon’s 7th grade FCCLA exploratory in the North Tama County Community School District where he gained an appreciation for the discipline. “It’s really where I learned that FCS classes were an outlet to learn more about the content that I already loved.” He then eventually enrolled in high school FCS coursework, FCCLA and school to work training experiences in the classroom. “Little did I know I was preparing myself for a career in FCS,” he said.

In transferring to Iowa State, he originally thought the only career path in family and consumer sciences was teacher licensure. “I didn’t even think of professional or communication studies as potential options in FCS but quickly discovered that was the way for me to go.” While at Iowa State, Landon was involved in many FCS and FCCLA leadership roles.

Landon was elected as the 2013-2014 Iowa FCCLA Vice President of Public Relations on the State Executive Council. He has also served as the Iowa representative on the AAFCS National Nominating Committee (appointed by the National Leadership Council) who interview and help select the national officer candidates. He has also been involved in the ISU FCEDS Club serving as the social media chair, College of Human Sciences representative, and club Vice President. This past year Landon served as the Iowa FCCLA Leadership Development Coordinator, which entails working with state officers and helping to coordinate state-level events.

“It’s really where I learned that FCS classes were an outlet to learn more about the content that I already loved.”

For the last two years he served as on the national AAFCS Student Unit. He says this role serves as the voice for students of the AAFCS organization. “We really work to promote the national student unit to the board of directors to get our name out there.” Currently serving as a chair and previous year as chair-elect, Landon says this role has involved traveling to Atlanta for the National AAFCS Conference, representing at Iowa FCS affiliate events, and attending the Leadership Council meeting in the fall. Landon credits his FCS student unit advisor, Troy Anderson, for encouraging him to apply for this national leadership opportunity.

While the National AAFCS Conference will be held virtually next week, the AAFCS Student Unit will still hold breakout and roundtable sessions at the virtual conference to discuss opportunities for students to get involved in national and state leadership opportunities.

“I’ve made so many great connections on campus that I’m going to miss,” said Landon. “I’ve spent the last year trying to really apply the knowledge I’ve learned through different classes, talking with professors, and having awesome conversations about this is what I want to do and this is how the content applies to that.”

Landon has been hired as the Youth Outreach Coordinator for K-12 programming in West Pottawattamie County Extension. “I’m really excited about making connections in education, focusing on providing more programming in the schools and sharing what programs we have to offer,” he said. This is a brand new position, which Landon says he is excited to be the first one in this role and help mold this role.

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Educational Events

AAFCS Annual Conference-Virtual **June 26-28, 2020**

Registration for the virtual AAFCS Conference is now open through June 23. Dr. Laura Jolly, Dean of the College of Human Sciences at Iowa State University will open the general session by moderating a panel discussion on the impact from COVID-10 and how it's highlighting the value of the People-Centered Sciences. Register here: <https://www.aafcs.org/ac2020/home>.

2019-2020 Iowa Affiliate Board Members

- Suzanne Secor Parker, M.S. President
- Tia Shaffer, President-Elect and Secretary
- Pamela Vande Voort, CFCS Past President
- Barb Wollan, CPFFE VP of Finance
- Val Betz CFCS, VP of Marketing & Membership
- Margaret Van Ginkel, VP of Marketing & Membership
- Laura Van Waardhuizen, Student Unit Advisor
- Emilee Bilharz, Student Unit Leader
- Emily Leerhoff, Student Unit Leader
- Cayla Taylor, Newsletter Editor and Social Media Chair
- Cindy Waters, Awards & Recognition Chair
- Open, VP of Professional Development
- Dynette Mosher Scholarship & Grants Chair
- Lois Kiester, CFCS Former Executive Director

Iowa FCS

The *Iowa FCS* is the monthly newsletter for members of the Iowa Affiliate of the American Association of Family & Consumer Sciences (AAFCS). Photos and articles from and about members are welcome.

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