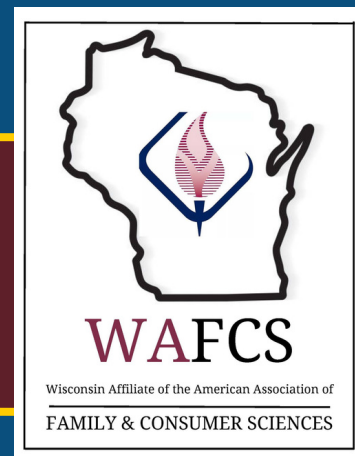


WAFCS News – March, 2026

WISCONSIN ASSOCIATION OF FAMILY CONSUMER SCIENCES



President Cathy's Corner

Because of an Acorn is a children's book by Lola and Adam Schaefer. This story illustrates the vital connections between the layers of an ecosystem.

Here is a glimpse of the story -

because of an acorn a tree grows, a bird nests, a seed becomes a flower. Readers learn how an acorn is just the beginning to spiraling circles of life.

How does this children's book parallel the human ecosystem that is a fundamental concept of the FCS Body of Knowledge? The human ecosystem explores the interconnectedness of individuals, families, and communities. Many of us as FCS professionals love what we do but how often do we step back and realize the impact we have linking people and environments together? Over the years making these connections is engrained in what we do as FCS professionals and how we do it.

How would a story read that starts out Because of a FCS Professional?

2025-2026 Executive Board

President – Cathy Lader

President Elect – Jenny Wehmeier

Past President – Sue Strutz

Secretary – Judy Knudsen

Treasurer – Susan Turgeson

VP of Professional Development – Jennie Marx

VP of Awards & Recognition – Tara Weber

VP of Communication & Technology – Sadie Hooker

Executive Director – Cindy Quilling

Standing Committee Chairperson

Membership Chair – Kelly Yeakey

PD Opportunity 4:00pm Today!!
Zoom Link: <https://us06web.zoom.us/j/3068211237?pwd=qOd0War4WlNrZ4lgGdjrNPQw9UHIW7.1&omn=84779303157>

	March 25, 2026 4:00-5:00 pm CT Recent Early Child Care Research Patricia Carroll, MS UW-Madison, Division of Extension Associate Professor, Dept. of Family Development Carol Bralich, MS UW-Madison, Division of Extension Associate Professor, Human Dev. & Relationships
--	---

AAFCS Annual Conference

Let us know if you will be attending.
Connect with Jenny at wehmje@elkhorn.k12.wi.us
or Cindy Quilling at cindyquilling.wafcs@gmail.com

**SEE YOU JUNE 18-21, 2026 AT THE
AAFCS ANNUAL CONFERENCE
IN LOUISVILLE, KENTUCKY!**

MIDWEST CONNECTIONS
EMPOWERING INDIVIDUALS, FAMILIES
& PROFESSIONALS, ENRICHING LIVES
THROUGH FCS

REGIONAL CONFERENCE
APRIL 9-11, 2026
IN AMES IOWA

**Midwest
Regional
Conference**
IA-IL-MN-MO-NE-SD

~ From Our Members ~

Kim Hart

Resource: The Nobel Prize Educational Games

Link: [Nobel Prize Games](#)



This site contains many educational resources and games that students can play related to different topics. I have mainly explored the [Blood Typing Game](#) in my Introduction to Health Occupations class.

I first have students go through the three tutorials on the site to learn about blood types, determining blood types, and performing safe transfusions. This is the worksheet I use to have them go through the information - [Blood Type WS](#) (you will need to make a copy). Then students apply the information by playing the Blood Typing game - in this game they are given different scenarios and must determine blood types, and then decide what blood to give to individuals to perform a transfusion. It's a fun and interactive way to reinforce the information.

There are many other games on the site that explore health related topics such as DNA, ECGs, and MRIs. Some do require a flash plugin, but many do not. Have fun exploring!

From Our Members will feature members sharing reflections, resources, lesson plans, or current FCS issues. Consider contributing to a future E-News by contacting Cindy at cindyquilling.wafcs@gmail.com

Graduates & Students



UW-Stevens Point

UW-Stout



NOTICE

**If you are
looking for a sign
THIS IS IT!**

Your experience and skills are needed on the WAFCS board! Please consider running for one of the following positions:

- President Elect
- Secretary
- Treasurer
- VP of Awards and Recognition

Nominate a colleague or yourself by **MARCH 27!**

A nomination will consist of emailing the following information to both Executive Director Cindy Quilling at cindyquilling.wafcs@gmail.com and President Cathy Lader at cathy@northcentral.edu.

• Include your name, AAFCS membership #, Contact information - email address & phone #

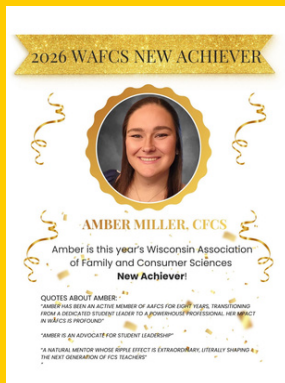
• Indicate which board position(s) you are interested in

2026 Annual Conference Highlights

- 165 in Attendance
- \$1,445 was made from our baskets/silent auction
- Congratulations to:
 - Amber Miller - New Achiever Award
 - Ardyth's Sew-n-Vac - Friend of WAFCS
- One of the first conferences held in The Wisconsin Hotel and Conference Center

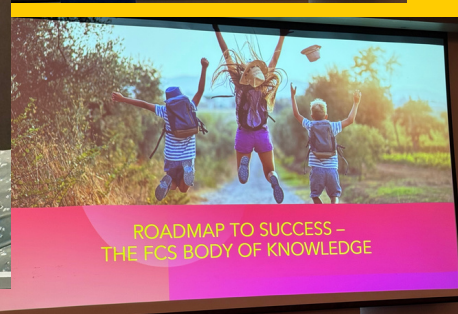
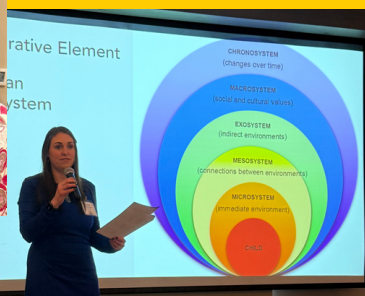
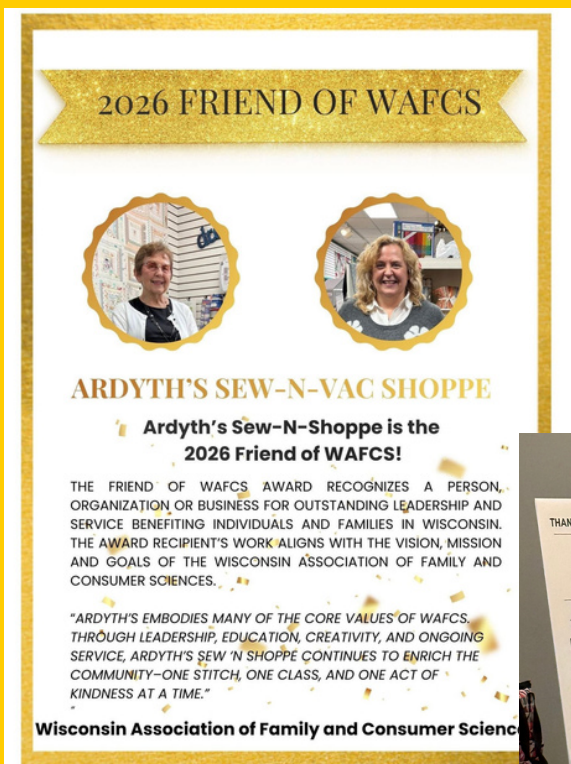


President: Jenny Wehmeier
Past President: Cathy Lader



Amber's Thank You to You!

https://www.canva.com/design/DAHDjrsYgWM/6gOVUEXHxbhbmFyHBA8UHg/view?utm_content=DAHDjrsYgWM&utm_campaign=designshare&utm_medium=link&utm_source=viewer



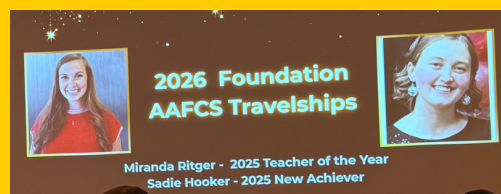
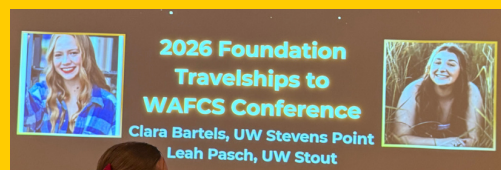
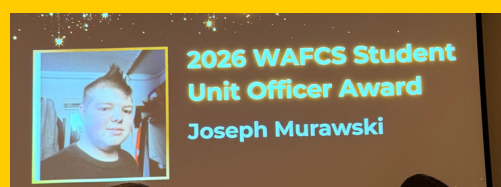
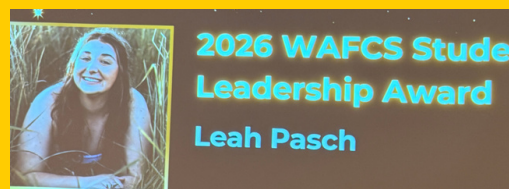
Travelships Available to AAFCS Annual Conference!

Are you thinking about attending the AAFCS Annual Conference on June 18-21?
Your WAFCS foundation is ready to help.

There are three **\$300 travelships available for students**. Students may receive this award only once. There are also three **\$750 travelships available for professionals**. Professionals may receive this award a maximum of two times. Expenses would include registration, lodging and travel. Expenses would not include food with the exception of "Ticketed Meal Functions" associated with the conference. You must be a current WAFCS member to be eligible and preference will be given to first time attendees and/or those in the early years of their professional careers. All applications can be found on the WAFCS website <https://www.aafcs.org/wafcs/home>
Click on the forms tab and look under travelships.

All applications are due by April 1
submitted to CindyQuilling.wafcs@gmail.com, WAFCS Executive Director.

Congratulations to this
year's travelship and
scholarship recipients!
The Student Unit Awards
went to Joseph and Leah!!



~ Your Foundation \$\$\$\$ At Work ~

Thanks to your generous donations through the years, the WAFCS Foundation is able to offer a variety of scholarships, travelships, and other forms of financial assistance to our WAFCS/AAFCS members. This chart shows where your dollars have been allocated. The positive response and the development of leadership abilities by the recipients shows that your donations have definitely made a difference in our organization.

SCHOLARSHIPS

- Undergraduate \$ 750 - 1 Recipient
- Graduate \$ 1250 - 1 Recipient

***TRAVELSHIPS - WAFCS Annual Conference**

- Student \$ 125 - 10 Recipients
- Professional \$ 250 - 5 Recipients

***TRAVELSHIPS - AAFCS Annual Conference**

- Student \$ 300 - 3 Recipients
- Professional \$ 750 - 3 Recipients

WAFCS Conference Chair \$ 750 - 1 Recipient

WAFCS New Achiever Award \$ 750 - 1 Recipient

WAFCS Teacher of the Year Award \$ 750 - 1 Recipient

WAFCS Leader Award \$ 750 - 1 Recipient

AAFCS Distinguished Service Award \$ 750 - 1 Recipient

***TRAVELSHIP** \$ 750 - 10 Recipients

***Mary Kaye Merwin Memorial IFHE World Congress Award**

***TRAVELSHIPS - AAFCS Leadership Summit**

Mary Kaye Merwin Memorial WAFCS Exec Member(s) Award \$1250 - 2 Recipients

WAFCS Executive Director \$1,250 - 1 Recipient

AAFCS Student Unit Leadership Team Representative \$ 300 - 1 Recipient

OTHER:

- **AAFCS Certification** \$ 100 - No Limit
- ***Professional Project/Research Grant** \$ 1500 - 2 Recipients
- **IFHE Membership for WAFCS** \$ 425 - 1 Recipient

* Up to the to the amount stated.