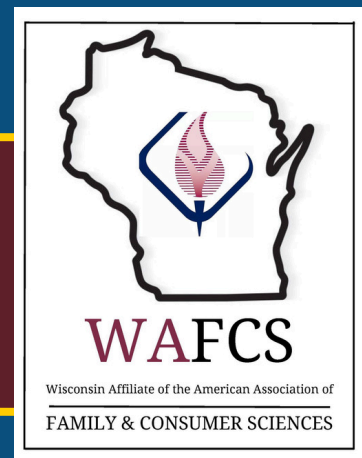


WAFCS News – July, 2026

WISCONSIN ASSOCIATION OF FAMILY CONSUMER SCIENCES



- New Executive Board for 2026-2027
- Link to the WAFCS Annual Meeting:
https://drive.google.com/file/d/1hRP7AvE8sXhenle8PuodHr66ao3icEea/view?usp=drive_link
- Wanted – E News Requests! What can you share with the WAFCS membership? ‘From Our Members’ features members sharing a resource, lesson plan, book review, current FCS issue, or reflection. Please contact Cindy Quilling at: cindyquilling.wafcs@gmail.com
- WAFCS FOUNDATION – [Donate Here](#)

Place on Your Radar

2026-2027 Executive Board

President – Jenny Wehmeier, CFCS

FCS Educator at Elkhorn Area School District

President Elect – Sadie Hooker, CFCS

FCS Educator at Bangor School District

Past President – Cathy Lader

Retired FCS Educator

Secretary – Rebecca Marquard

FCS Educator at Columbus Catholic, Marshfield

Treasurer – Ryan Lehman, CFCS

FCS Educator at New Glarus School District

VP of Prof Dev – Jennie Marx, CFCS

FCS Educator at Westby Area School District

VP of Awards & Rec – Tara Weber, CFCS

FCS Educator at Medford Area Public School District

VP of Comm & Tech – Amber Miller, CFCS

FCS Educator at DeForest Area School District

Standing Committee Chairs

Membership Chair – Kelly Yeakey, CFCS

FCS Educator at Menasha Joint School District

Membership Co-Chair – Stacy Jacobs

FCS Educator at Elkhorn Area School District



All Star Wisconsin Affiliate!

HAVE AN IDEA FOR A PROFESSIONAL PROJECT/RESEARCH GRANT?

The WAFCS Foundation offers up to \$1,500 in grant money for a special professional project/research grant related to the field of Family and Consumer Sciences. Check out the details on the WAFCS website or here – [Forms](#).

Application deadline is **September 1**.

AAFCS Annual Conference Session Highlights



"Plant-Powered, Planet-Friendly Protein for Your Plate" by Jenny Wehmeier

The goal of the session was to evaluate the benefits and challenges of plant-centered eating, which was led by Diane Mora, Education Director for Kids Feeding Kids. For those who attended the 2025 AAFCS Conference in Kansas City, participants were able to volunteer at Pete's Garden and prepare meals as a volunteer project.

Our session began with an opinion line asking a wide variety of questions about vegetarian and omnivore values, which could easily be utilized in the FCS classroom. One resource that was shared was www.procon.org, which is an excellent tool for balanced, evidence based opinion lines. A second resource, www.allsides.com offers unique interaction classroom tools.

Additionally, we discussed terms associated with plant based diets, including the idea of "social vegetarianism," where someone practices vegetarianism at home, but will have animal proteins when they are in a social setting. We were then treated to a delicious dairy free mac and cheese made with pureed white beans to replace the traditional roux. It was delicious!



A note of thanks from Carol Anderson, AAFCS, Lifetime Legacy Award

Thank you for the nomination as I was surprised. Recognition is never a one-person event. It happens because of the many people one has been able to be involved with on different projects and efforts. Working together results in products that contribute to improving the quality of life whether for an individual, family or community. AAFCS makes a difference. Thank you!

"Finding the FCS Facts in Fiction- Connecting Themes from Novels to FCS Through Book Clubs" by Cathy Lader



What FCS content could be uncovered when reading fiction, like:

- The Names by Florence Knapp
- First Life Wins by Ashley Elston
- The Measure by Nikki Erlick
- The Heaven & Earth Grocery Store by James McBride

Book clubs create community, reduce stress, increase empathy, and improve participant's mental health. A dynamic team of presenters from Ohio State University Extension shared a wealth of resources based on their Buckeye Bookworms Virtual Book Club which is for adults. Check it out online, it is all FREE, an organizational blueprint and resources.

Buckeye Bookworm sessions build on FCS content - such as food insecurity, freeze dried foods, mental health, emergency preparedness, and universal design. "Homework" between sessions includes activities to engage with family members and/or community. Buckeye Bookworms engages participants from 26 states plus DC.

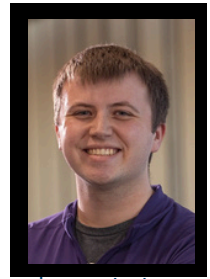
Why not investigate what fiction has to offer while advancing the understanding of FCS?

Presented by Ohio State University Extension

Conference Session: "Organize This!" Legal and Financial Must-Haves

by Ryan Lehman

Developed by South Dakota State Extension, this program helps individuals organize vital financial and legal documents so they are easily accessible in the event of medical incapacity or end-of-life planning. The program is structured as four 90-minute sessions spread across the year, tackling heavy topics like fiduciaries, digital assets, financial protections, and estate disorganization in highly manageable chunks. It features ready-to-use worksheets, such as medication inventories and document checklists, to centralize vital IDs, deeds, and investments, ensuring that a Power of Attorney can act swiftly during a crisis.



How this could be useful to you: It bridges basic financial literacy with crisis prevention, reduces client overwhelm, and serves the sandwich generation. Best of all, virtual facilitator training is available (offering an actionable guide, peer support, and customizable templates). It's a turnkey resource, perfect for a potential community workshop!

Link to the website:

<https://extension.sdstate.edu/organize-legal-and-financial-must-haves>

Link to resources:

<https://extension.sdstate.edu/organize-legal-and-financial-must-haves-resources>

~From Our Foundation~

Just \$41 for 41 Years

In Remembrance: Priscilla Bondhus



With gratitude and sadness, WAFCS remembers member Priscilla Bondhus. Her 41 years of membership, service as a Board member and Executive Director, and generous support of the WAFCS Foundation will be long remembered. Priscilla shared her time, talents, and resources freely with the organization. Many summer Executive Board meetings were held at her cottage. The timeshare she donated to the silent auction became a significant fundraiser item for the Foundation. Priscilla's careful attention to detail as Executive Director - planning the annual conference, supporting the Board, and helping launch a website - made lasting contributions to WAFCS.

To honor Priscilla's many contributions to WAFCS, the impact she had on members and Board members, and her generous spirit, the WAFCS Foundation invites members to make a memorial contribution in her name. You might consider giving **\$41—one dollar for each year of her membership**—or an amount inspired by what you may have bid on her timeshare, or her generous spirit - \$50, \$75, or more! Help keep Priscilla's commitment and enthusiasm for WAFCS alive through a memorial gift in her name.

TO DONATE IN PRISCILLA'S HONOR - [DONATE HERE](#)



AAFCS Photo Highlights



WAFCS News – July, 2026

Editor: Cindy Quilling

All newsletter submissions are due the 15th of each month to
cindyquilling.wafcs@gmail.com