
WAFCS NEWSLETTER

WISCONSIN ASSOCIATION OF FAMILY AND CONSUMER SCIENCES

Founded in 1921 | Winter, 2022 Issue



The mission of WAFCS is to provide leadership and support for professionals whose work assists individuals, families, and communities in making informed decisions about their well-being, relationships, and resources to achieve optimal quality of life.



**Celebrate WI with the
2022 WAFCS Annual Conference
Thursday, March 3rd- Friday, March 4th**

Introducing Our Second General Session Keynote Speaker

Annie Lisowski will be joining us on Friday, March 4th during our second general session. Annie is the 4-H Youth Development Educator in Buffalo County and a Professor in the University of Wisconsin-Madison Division of Extension. For almost two decades, Lisowski's programmatic work has centered on collaborative initiatives that engage young people in partnership with adults to address community needs. She focuses her research on youth prevention and resiliency, equity and restorative justice, and youth leadership and civic engagement. Lisowski has an undergraduate degree in Secondary Education from UW-Madison and a masters in Youth Development Administration from Kansas State University. She lives in Fountain City, Wisconsin with her partner and two children and enjoys photography.



Breakout Session Highlight

There will be 12 offerings of breakout sessions on Friday, March 4th during the annual conference. We will be announcing a few breakout sessions over the next few months. We have three breakout sessions to highlight this month. Come learn from WI colleagues and strengthen your knowledge on FCS best practices happening across the state.

Building Strong Career Pathways for Students presented by Kayla Corell

Do you offer career pathway programs for students? Do you need help moving your pathways to the next level? Join us for this session as we consider what qualifies a career pathway to be considered "high quality" as defined by the Carl Perkins grant. A brief overview of the grant process and Comprehensive Local Needs Assessment will be provided, as it relates to FCS educators. Collaboration time will also be built into this session, so come prepared to share your pathway best practices and learn from each other!

Bridging Family & Consumer Sciences to WI Youth Apprenticeship presented by Britta Rotering

Have you ever wondered how youth apprenticeship might fit into your FCS Program? Is it applicable? How could it be a next step for your student concentrators? In this session, we will explore these questions and share success stories of strong WI DWD Youth Apprenticeship placements that provided next level opportunities for FCS students. If you're now considering beginning a youth apprenticeship program, building or refining yours, please attend to share your experiences and learn from FCS professionals.

In Desperate Need of Teachers? Fill Your Pipeline by Offering a Regional Education & Training Pathway presented by Karin Smith and Amanda Langrehr

The education field is in crisis and demand for teachers is at a critical point. Luckily, school districts are in the unique position to create the educators they need by offering a Regional Education & Training Pathway. Regional Career Pathways (RCP) were created to help dramatically increase in-demand career pathways in Wisconsin. When a school district aligns to an RCP they receive employer vetted guidance, a ready-made career advising tool for students and families, and connections to regional partners waiting to help make your pathway program a success. Attend this session to learn more about the new Regional Education & Training Pathway.

PDU Opportunity

This year at the conference you will have the opportunity to earn 9 professional development units (PDUs) through AAFCS's Family and Consumer Sciences Credentialing Center. If you are interested in earning the 9 PDUs be sure to sign up for the full conference and during registration select the drop down to "yes" for earning PDUs.



The Wisconsin Showcase

On the first day of the conference, Thursday, March 3rd, join us for the Wisconsin Showcase. From 3:30-5:30, Wisconsin based business, industries and organizations will be joining WAFCS members to show, share and discuss what is unique about their Wisconsin industry, business or organization. A sampling includes; the Wisconsin Honey Producers, the Wisconsin based skincare company- L'Bri and a local Wisconsin FCCLA chapter will be sharing resources and showcasing some of their projects. We will be welcoming other organizations from around the state as well. We look forward to having you join us at the Wisconsin Showcase from 3:30-5:30 and following the Showcase will be the Awards Banquet.

Art & Design Show

The Art and Design Show is on! This year we are highlighting our fabulous state, WI! We want to see what you've made to celebrate our fabulous home, teams, landscapes, landmarks, and pastimes. Perhaps it's a quilt you made on the WI Quilt Shop Hop, or one of Badger or Green Bay Packer fabrics/colors. Perhaps it's a painting of your favorite place to be in WI. It could be anything! Seriously, anything! We want to celebrate your art and our state this year! If you have a piece you would like to enter, please email Terri Williams at tlwfcs@gmail.com with a picture of your piece and a brief description. Then bring the piece with you to the conference and drop it off at the Art and Design space when you check in Thursday or Friday. Be sure it has your name on it, and Terri will get it displayed for all of us to enjoy! BONUS! You could win a prize for entering your piece! We will have a space for voting for best in show, best in category, and few others depending on what is brought in. We are so excited to get to share everyone's work and our enjoyment of our state!

Basket Raffle

The WAFCS Foundation is supported by generous donations of its membership. But, we also have a FUN RAISER at our annual conference. This year instead of a Silent Auction, we are having a Basket Raffle. You will have the opportunity to buy tickets 6 for \$5.00, 13 for \$10.00 and 30 for \$20.00. Simply drop your ticket(s) in the container by the basket(s) of your choice. The basket raffle starts at 3:00 on Thursday, March 3 and goes to 11:45 on Friday, March 4. Winners will be notified by cell phone. Baskets must be picked up between 1:45 and 2:45. Following the State of Wisconsin Guidelines that all baskets must be distributed, there will be a drawing at the end of the conference for any unclaimed baskets.

We not only want the Basket Raffle to be a FUN RAISER but also a FUN TIME for our students. Therefore, each student who purchases \$10 worth of tickets will receive \$10 in Student Bonus Bucks, which can be redeemed for thirteen additional tickets. Here is an opportunity for professionals to say, "Thank you for coming to the conference" by purchasing \$10 or more in Student Bonus Bucks.

None of this will be possible without any baskets (boxes, crates or containers). Start thinking about what you can donate. Larger, more expensive individual items can also be donated. Bring your item(s) to the WAFCS Foundation table from 10-3 on Thursday, March 3.

Room Reservation Information & Lodging Room Rates

The Stoney Creek Hotel and Conference Center
3060 S Kinney Coulee Rd
Onalaska, WI 54650
(608) 781-3060

Room Rate

- \$82.00 + tax
- Tax exempt documentation MUST be presented at check-in or at time reservation is made.
- Special rate expires Wednesday February 10th, 2022

Conference Costs

Conference Registration, Meals are included with Registration

Professional	
Members, Pathway Palooza, Banquet & Main	\$155.00
Members, Awards Banquet & Main Conference	\$125.00
Non-Members, Pathway Palooza, Banquet & Main	\$185.00
Non-Members, Awards Banquet & Main Conference	\$155.00
Student	
Pathway Palooza, Banquet & Main Conference	\$100.00
Awards Banquet & Main Conference	\$75.00
Virtual	
Member	\$40.00
Non-Member	\$50.00
Student	\$30.00

Notes:

- 10% discount to conference presenters
- Please note, registration is non-refundable.
- Registration after January 31st will add \$25 late fee

Registration Form/Link

- ◆ Use this link to access the registration portal: <https://tinyurl.com/7vvzmcjy>
 - Note- Please copy and paste the link directly from above in order to access the registration. This information is also posted on wafcs.org under Events.
- ◆ Registration opens on December 1st and closes on February 17, 2022.
 - You will be charged a late fee of \$25, if you register after January 31, 2022
- ◆ Credit card or purchase order will be accepted as payments

Editor's note: Please note the information in red. These dates have changed.

Conference at a Glance

Thursday, March 3rd Schedule

- 10:00-10:30 a.m. Conference Registration
- 11:00 a.m. - 3:00 p.m. Pathway Palooza
- 3:00 p.m. Hotel Check In
- 3:00-6:30 p.m. Conference Registration
- 3:00-10:00 p.m. Basket Raffle Open
- 3:30-4:30 p.m. WAFCS Leadership Academy
- 3:30-5:30 p.m. Community Service Project, Ryan's Case for Smiles
Session A, 3:30-4:30 p.m.
Session B, 4:30-5:30 p.m.
- 3:30-5:30 p.m. Wisconsin Showcase
- 6:30-8:00 p.m. Awards Banquet
- 8:00-10:00 p.m. Extended Refresh & Relax Session

Friday, March 4th Schedule

- 6:30-7:00 a.m. Gentle Wellness Activity
- 6:30-7:30 a.m. Exhibits, Art & Design, Basket Raffle Set-Up
- 6:30– 8:30 a.m. Conference Registration
- 7:30-8:30 a.m. Breakfast
- 7:30 -11:45 a.m. Basket Raffle
- 7:30 a.m.-2:00 pm Art & Design Show
- 7:30 a.m.-2:00 pm Exhibits
- 7:30 a.m.-2:00 p.m. #FCSBFFS Activities
- 8:30-10:00 a.m. First General Session
- 10:00-10:15 a.m. *Passing Time*
- 10:15-10:45 a.m. Breakout Session #1
- 10:45-11:00 a.m. *"Passing Time"*
- 11:00-11:30 a.m. Breakout Session #2
- 11:30-11:45 a.m. *"Passing Time"*
- 11:45 a.m.-1:45 p.m. Lunch & Second General Session
- 1:45-2:00 p.m. *"Passing time"*
- 1:45-2:45 p.m. Claim Raffle Baskets
- 2:00-2:30 p.m. Breakout Session #3
- 2:30-2:45 p.m. *"Passing time"*
- 2:45-3:00 p.m. Closing
- 3:30- 6:30 p.m. AAFCS Certification Exam

BASKET RAFFLE WITH A TWIST

The WAFCS Foundation will be holding a Basket Raffle at our March 2022 conference to raise funds for the Foundation. This money is used to sponsor scholarships, grants, travelships and more.

STUDENT BONUS BUCKS

Good for \$10 (13 tickets) for the 2022
WAFCS Foundation Basket Raffle

Donated by _____

Are you at a point where you don't need any more items, but would like to contribute to the fun and excitement of the Basket Raffle? This year the Foundation is offering "Student Bonus Bucks". Here is how it works. If a student member buys \$10 (13 tickets) worth of tickets, they are eligible to receive one "Student Bonus Bucks" certificate and another \$10 worth of tickets. On the certificate will be the name of the person who donated the \$10. We are asking the students to contact their donor sometime during the conference and say, "Thank You". This is an opportunity to strike up a conversation and enable our attendees to get to know each other better. Who knows what kind of friendships may result!

"Student Bonus Bucks" can be purchased at the table where tickets are sold. Everyone is encouraged to purchase tickets for the raffle and/or purchase Student Bonus Bucks.

"Membership Has Its Benefits!" Foundation Seeks Applicants

By Jean Zeithaml, CFCS, WAFCS Foundation Member-at-Large

Scholarships, Grant and Travelships—for Students AND Professionals!

The Foundation offers these member benefits/opportunities for students and professionals!

- **Undergraduate Scholarship** (\$500)—**February 15 deadline!**
- **Graduate Scholarship** (\$1000)—**February 15 deadline!**
- **Professional Project/Research Grant** (\$1000)—**February 15 deadline!**
- **Professional Stipends** (three at up to \$125 each) to promote professional attendance at the State WAFCS Annual Conference—**February 15 deadline!**
- **Student Travelships/State Conference** (eight at up to \$100 each) to promote student attendance at the State WAFCS Annual Conference—**February 15 deadline!**
- **Student Travelships/National Conference** (three at up to \$300 each) to promote student attendance at the National AAFCS Annual Conference—**April 1 deadline!**
- **Professional Travelships/National Conference** (three at up to \$500 each) to promote professional attendance at the National AAFCS Annual Conference—**April 1 deadline!**
- **Professional Travelships/2022 IFHE World Congress** (three at up to \$500 each) to promote professional attendance at the IFHE World Congress in Atlanta, September 4-10, 2022—Applications have already been approved for **Bethany Buening, Miranda Stroik, and Julie Anderson**. Given that the conference is still nine months away, the Foundation will continue to accept applicants for an alternate list. Use "Travelship Application—National Conference" form and substitute "IFHE World Congress" for "National Conference." A unique opportunity as this is the first time it's been hosted in the U.S. since 1988!

Details for applying for ALL of these benefits can be found on the WAFCS website at www.wafcs.org under *Forms* and then under *WAFCS Foundation Forms* and/or *Student Scholarship and Travelship* (or for a specific application form, contact Jean Zeithaml at 715-836-8330 or djzeithaml@att.net). To promote the concept that “**Membership has its Benefits!**” you must be a current AAFCS member to be eligible and preference for the conference travelships will be given to first-time attendees and/or those in the early years of their professional careers.

Foundation Bylaws and Policies to be Revised

The Foundation is in the process of revising the WAFCS Foundation Bylaws and Policies to align with the recently revised WAFCS Bylaws and Policies. Amended Foundation Bylaws only need to be approved by action of the Foundation Board and a vote of two-thirds of the WAFCS Executive Board (not the entire membership), without any notice prior thereof (according to the existing Foundation Bylaws). Changes in the Foundation Policies may be made by a majority of the WAFCS Executive Board. Proposed revised Foundation Bylaws and Policies will be presented to the WAFCS Executive Board in January. With their input, final drafts will be presented to the WAFCS Executive Board for final approval at their March meeting or before.

WAFCS FOUNDATION DONATION FORM

\$ _____ Other _____ \$100 _____ \$50 _____ \$25 _____ Date _____

Name _____

Address _____

City/State/Zip _____

In Memory of _____

In Honor of _____

In Celebration of _____

(special achievements, retirements, birthdays, anniversaries, weddings, etc.)

WAFCS Annual Conference Keynote Speaker Fund _____

AAFCS/WAFCS is a 501(c)(3) not-for-profit organization. All contributions are tax deductible.

Make checks payable to:
WAFCS Foundation & send to:

Janet M. Powell, CFCS
WAFCS Executive Director
5605 Barton Road
Madison, WI 53711-3428
H: 608-271-0776
executivedirector@wafcs.org

Please send a card acknowledging this gift to:

Name _____

Address _____

City/State/Zip _____

WAFCS: A Legacy of Service



The WAFCS service project this year challenges members to “help kids feel better to heal better”. We are making pillow cases to donate to “Ryan’s Case for Smiles”. This volunteer organization was established 17 years ago and has a very informative website you may visit.

The WAFCS goal is to have each member contribute 5 pillow cases. The pattern is included in this newsletter. Use 100% cotton fabric that features colorful novelty prints children will enjoy.

There are six weeks before the 2022 Annual WAFCS Conference. Here is a countdown to assist with our time management.

Week 6 – purchase fabric & supplies

Week 5 – cut the fabric per pattern

Week 4 – fold the fabric like a “hot dog in bun” as per pattern, sew initial ½ inch seam

Week 3 – turn right side out, sew final two seams

Week 2 – press, package in piles of 5, label with your name & contact info

How to Deliver Pillow Cases

Bring pillow cases to 2022 Annual Conference and look for the “Hi Five” display. If you are not attending the conference send with a member that is attending or contact Cathy Lader at cathyontheprairie69@gmail.com to make delivery arrangements.



“Hi Five” Display at Annual Conference

Members are challenged to “Gimme Five” pillow cases for this service project. Every time a member completes five pillow cases they earn a “Hi Five” and will be part of a conference display in March. Wouldn’t it be great to have pillow cases and “Hi Fives” surrounding the entire ballroom? Members, FCCLA members, and non-member volunteers have been updating Cathy about their progress. Send an email, with a “Gimme Five” subject line to her at cathyontheprairie69@gmail.com so you are added to the pillow case pledge honor roll. See you at Stoney Creek Hotel & Conference Center, Onalaska.

Additional information about the “Ryan’s Case for Smiles” project has been included in previous newsletters.

“Hot Dog” Approach to Sewing a Pillowcase

Supplies:

- Fun, bright fabric with kid-friendly designs
 - 1/3 yard of border fabric (this will be the “bun”)
 - 3/4 yard of main pillowcase fabric (this will be the “hot dog”)
- Spool of thread that matches fabric

Preparation:

- Cut the “bun” into a strip that’s 10 ½ inches by 40 ½ inches
- Cut the “hot dog” in a strip that’s 26 ½ inches by 40 ½ inches

9 Step Process:

Step 1:

With the border of the pillowcase laying right side up on the surface in front of you, take the body of the pillowcase and place it right side down on top of the border.

Step 2:

Match up the corners of the short 26 ½” end of the body to the 40 1/2” end of the border, so that you can no longer see the border in front of you. Make sure to keep the two edges of the fabrics together for the next few steps.

Step 3:

Roll up the other short end of the body until you are about an inch or two away from the other end.

Step 4:

You should see the other end of the border peeking out from underneath the body. Take that edge of the border and fold it over the rolled-up body aligning its corners with the other two pieces of fabric on the other side.



Step 5:

Pin these three layers of fabric together and sew a 1/2" seam along that edge taking out the pins as you go along. You will begin to see the "hot dog" and "bun" analogy, with the body rolled up as a "hot dog" inside the border which is acting as the "bun."

Step 6:

On either end of this "bun" piece, you will see the rolled-up body inside the sewed-up border.

Step 7:

Roll back the border while simultaneously pulling out the body from within.

Step 8:

Your pillowcase is almost complete! All that's left is two more seams, which are done by folding the pillowcase in-half with the wrong side facing out and sewing along the bottom and side of the pillowcase.

Step 9:

Turn the pillowcase inside-out, and you finally have your finished pillowcase!

Wasn't that easy?

Make a perfect smile by finishing your seams.



Serge



Zig Zag

Check with your regional coordinator for specific washing instructions for your hospital and whether they accept flannel pillowcases.

(@Kris Driessen for coming up with this method in 1997)



Message from the President

It's that time of the year where individuals set goals and make plans for the new year. Did you set goals for yourself? Do they include the Wisconsin Association of Family Consumer Sciences? I challenge you to have WAFCS in your goals this year. Maybe your goal is to recruit two members or ask a friend to join you at the WAFCS conference or sew five pillowcases for Ryan's Case for Smiles. I'll be posting on the WAFCS Facebook page later in the month, so be ready to share some of your goals. I can't wait to hear what your WAFCS goal will be.

Your WAFCS President,
Emily Larson
larsone@amerysd.k12.wi.us



From the Student Unit..

On November 7th UW-Stevens Point hosted the WAFCS Student Unit Conference. The 20 participants got to hear from a teacher panel that included teachers in different parts of their career. Some were student teaching or within their first few years of being a teacher, while others have been teaching for a while. They also got to learn about food trucks and how to make a lesson plan to include different aspects of a food truck. A representative from RealityWorks out of Eau Claire, WI, was able to join to show students the different products they offer, including a food truck kit. They then learned about social and emotional learning in adolescents through a game called 10to25. To close the day everyone participated in service projects. Participants either sewed pillowcases for Ryan's cases, or baked apple crisp for our local authorities. The day was very informative, but everyone sure had fun!

Job Opportunity

Executive Director for the Wisconsin Association of Family and Consumer Sciences



Employment Type

This is a paid, independently contracted position for \$4,500 with renewable options. The position contract runs annually from July 1 to June 30th.

Responsibilities

Annually the Executive Board and the Executive Director will meet and prioritize the responsibilities, goals and expected outcomes for the upcoming year.

Primary responsibilities include:

- Maintain a permanent address for the Wisconsin Association of Family and Consumer Sciences.
- File annual tax forms and other legal documents, in collaboration with the WAFCS President and Treasurer.
- Retain non-current legal, official, and financial records of WAFCS (such as tax forms, financial reports, and minutes).
- Place permanent records in archives annually.
- Collaborate with the State President regarding association business and communications with AAFCS.
- Maintain and continuously update website and membership data base (received from AAFCS) for distribution of communications to membership.
- Maintain and continuously update membership database (received from AAFCS) to use for distribution of other communications to the membership.
- Communicate concerns from membership to the President and/or Executive Board.
- Solicit content for the WAFCS main Newsletters, Fall (October), Winter (January), Spring/Summer (May) and monthly E-newsletters; develop and edit content, and distribute to membership.
- Maintain current directory of active, associate, retired/life, and student unit members for distribution as requested.
- Maintain record of current WAFCS By-Laws and Policies and Procedures Handbook and place on the WAFCS website for member reference.
- Attend WAFCS meetings as requested.
- Arrange for WAFCS Board of Directors Meetings after date and location are determined. Work with the President to prepare and distribute agendas
- Submit report to the Board of Directors prior to each meeting.

- Receive donations to WAFCS Foundation. Record and share with Foundation Board. Submit donations to treasurer.
- Act as liaison to webmaster and board member for Communications and Technology.
- Submit any website changes to webmaster including monthly newsletters, Foundation information and forms.
- Respond to member and other WAFCS emails/questions in a very timely way.

Skills

- Working knowledge of Family and Consumer Sciences, the American Association of Consumer Sciences, and the Wisconsin affiliate
- Excellent communications skills
- Ability to work independently to meet position responsibilities
- Working knowledge and experience in word processing, google drive, Zoom.
- Ability to keep up with changing technology
- Possesses equipment to perform the position



Review

- Annual review by the Executive Board based on responsibilities, achievement of goals and outcomes

Compensation

- Compensation paid quarterly after submission of outline of accomplishments for the paid period.

Application Process

To apply for this position please submit a letter of interest, resume and contact information for two references to:

Emily Larson, 555 Minneapolis Ave S. Amery, WI 54001 or via e-mail at larsone@amerysd.k12.wi.us

Deadline for applications: February 24th or until filled. Interviews will be held at the WAFCS conference March 3rd and 4th 2022 with times to be announced.



To Emily Larson on the death of her father in December.

To Janet Powell on the death of her brother in January.



**Wisconsin Association of
Family and Consumer Sciences**

Janet M. Powell, CFCS
WAFCS Executive Director

5605 Barton Road
Madison, WI 53711
608-271-0776
email: executivedirector@wafcs.org

2022 Calendar of Events

March 3, 4	WAFCS Annual Conference, Onalaska
February	WAFCS Board Meeting
April 15	Spring/Summer Newsletter deadline*
June 25-27	AAFCs Annual Conference. Orlando, FL
September 4-10	IFHE World Congress XXIV, Atlanta

*Send newsletter info to: executivedirector@wafcs.org

Keep in touch!

Log on to www.wafcs.org

Find us on Facebook. Search **WAFCS**

Log on to www.aafcs.org

In this Issue

2022 WAFCS Conf. Information	Page 1-10
WAFCS Foundation Report	Page 6-7
President's Message	Page 11
Student Unit Information	Page 11
Executive Director Position	Page 12-13