

WAFCS NEWSLETTER

WISCONSIN ASSOCIATION OF FAMILY AND CONSUMER SCIENCES

Founded in 1921 Winter, 2020 Issue



The mission of WAFCS is to provide leadership and support for professionals whose work assists individuals, families, and communities in making informed decisions about their well-being, relationships, and resources to achieve optimal quality of life.



2020 WAFCS Annual Conference

**Celebrating FCS
Past Present Future**

**March 26, 27, 28, 2020
Chula Vista Resort**

Don't miss this outstanding conference - 3 pre-conference activities: Bagging with Batiks, ServSafe Exam, session on Wellness Breaks in the Classroom; **Relax Refresh and Relate Event, 3 keynote speakers:** Nancy Franz, Dr. Kyle Roberson, Dr. Neil Prendergast addressing topics of various interests, **22 interesting breakout sessions, exhibits, silent auction, art and design show, awards and recognition Friday night banquet** honoring and recognizing member achievements, with a post conference opportunity to write **AAFCS certification exams.**

2020 Annual Conference Checklist

_____ **Register!** Remember the deadline for registration is **March 4, 2020** - \$25 late fee after this date - link available on website: <https://wafcs.org/events.html>

_____ **Book your room** - Special rate expires **February 25th, 2020**
Information available on website: <https://wafcs.org/events.html>

_____ Plan to arrive for **“Relax, Refresh and Relate Welcome Reception** Thursday evening

_____ **Check out the MANY Breakout Session** options described in this newsletter

_____ **Work on your Art and Design Show entries** – the theme is **“Strut Your Stuff!”**
email Terri Williams at tlwfcs@gmail.com

_____ Secure **Silent Auction** items for the Foundation

_____ **Secure exhibitors and Sponsorships** for the conference – pass the names on to Marilyn Swiontek at swiontma@wi.rr.com or Janet Powell at janetmpowell38@gmail.com

Friday Morning Keynote Speaker

Nancy Franz, Professor Emeritus, Iowa State University School of Education



Do you feel a need to share the value of family and consumer sciences and your profession but don't quite know how to express it? The theme of Nancy's presentation is "**Determining and Articulating the Value of FCS**", a very timely topic in light of today's educational, political and social climate. Nancy will be doing a keynote presentation plus two breakout sessions where attendees can work on creating their own personal stories to tell. Those who have heard Nancy speak, have been energized by her message and her enthusiasm. Don't miss this opportunity to work on your personal message of FCS successes.

Friday Afternoon Keynote Speaker



How Planned Happenstance Landed Me in Correctional Education with a Passion for Family and Consumer Sciences.

Dr Kyle Roberson, Federal Bureau of Prisons

What is **Planned Happenstance**?? Be sure to attend this keynote session to hear about a non-traditional career path in Family and Consumer Sciences. Dr. Kyle Roberson will explain the theory of Planned Happenstance and how reflection can assist in the decision-making process. You will hear the unique journey Dr. Roberson took that led him to a career in correctional education.

Saturday Morning Keynote Speaker

"A Consumer Bill of Rights: How One Food Company Responded to 1970s Activism"



Dr. Neil Prendergast, UW- Stevens Point

The 1970s witnessed deep ambivalence among consumers regarding the fairness of grocery prices and the health claims of processed foods. This presentation investigates the story behind Giant Foods' hiring of a longtime consumer activist to represent the supermarket chain amid a decade of public distrust.

22 Breakout Sessions!!

Check out the Program at a Glance that follows in this newsletter. There are sessions to meet the interests and needs of all attendees. If you are a professional in the classroom, there are multiple choices for you including Carl Perkins V, information on the new Financial Literacy standards, Standards based grading, Tech tools, Gamification Culinary, newly developed Pork lessons plus more. Sessions for Retirees include Telling Family Stories, End of Life Decisions, Sustainable Farming and Project Money, Students and new professionals will benefit from Beyond College Graduation by Summit Credit Union as well as any of the other sessions. **This conference is Professional Development at its Best!! Register now!!**

A Message from your President!

A Happy New Year to all. I hope you had enjoyable holidays and that the change of pace allowed for some relaxation as well.

I hope that you have our **Wisconsin Conference dates on your calendar for March 26, 27, and 28th**. Get the clearances you need for attendance now. Also check out support options with the WAFCS Foundation. It's a wonderful learning opportunity, an opportunity to make new connections for now and the future, and support your profession.



There are two additional opportunities to get on your calendar for consideration:

The AAFCS national conference will be held in Baltimore, MD June 26-28, 2020. Another great opportunity for learning and making connections that can be useful throughout your lifetime. **As a side note, I would just share that in the 58 years I have been an AAFCS member, it is the connections I have made that have been responsible for all of my career opportunities.**

A once in a lifetime opportunity to attend the **2020 International Federation of Home Economics World Congress** which will be held this year in Atlanta, GA (only second time it has been in USA). It will be held **August 2-8, 2020**. Our WAFCS Foundation is offering up to three \$500 grants for attendance.

While you might think at this point in your life that you will always be in Wisconsin and always on the same career path, chances are good that you will be looking at other options and connections are paramount, so here are three great opportunities, right at your doorstep.

See you in Wisconsin Dells.

Mary Kay Merwin
President

WAFCS FOUNDATION FUND-RAISERS

NEW THIS YEAR



BUCKET RAFFLE

It's always fun to try something new and that is what your WAFCS Foundation is doing this year. **In addition to the Silent Auction**, we will be having a Bucket Raffle. Tickets are \$2.00 each or 3 for \$5.00 and will be for sale on Friday, March 27 at 7:30 a.m. The drawing will be held Friday afternoon 5:00 p.m. and items can be picked up at that time. Silent Auction items can be picked up at 8:30 p.m.

Start thinking of what you can bring. We need a wide variety to make it successful. Remember that there is a minimum bid of \$5.00 on Silent Auction items. You can bring your donations to Room I from 4-8 p.m. on Thursday, or 7:00 a.m. on Friday morning. Let's fill the room with lots of things to bid on!

Pre-Conference Activities - Thursday, March 26, 2020

Baggin with Batiks

Do you have fabric from your travels? Or a stash of fat quarters? Ever need a gift for someone who has everything? Join us to create a bag that is perfect as a carry-on or carry-all. This tote has been described as a “quick easy bag that everyone can be successful making”. Here are the pre-conference details:

Time schedule:

- 9:30 session begins
- Lunch on your own
- 12:45 session resumes
- conclude by 5:00 p.m.



Fee: \$18.00 covers pattern, 1.5 yards fusible fleece, treat (Pay with registration)

Provided: irons, ironing boards, cutting mats, step-by-step demos

What to bring: 6 fat quarters, thread, fun button, sewing machine, rotary cutter, ruler

Special Note: pattern was created with batiks in mind but any six fat quarters will work.

ServSafe Exam

Through arrangements with the WI Restaurant Association we will be providing an opportunity for attendees, who wish, to take the ServSafe Manager Exam. **The exam will be given from 3:30 to 5:30 p.m. on Thursday by a proctor from the WI Restaurant Association for a fee of \$15 per person.** The exam will be given online at Chula Vista. Each participant should bring his/her own computer as the exam will be an online version. **For study purposes each participant may purchase a paper textbook and the exam code for \$68 plus shipping. If the textbook is not needed, the exam code only may be purchased for \$36. Purchase these now!!** If you have further questions, please contact Janet Powell @ janetmpowell38@gmail.com **The deadline for registering is February 28.**

1. Exam Code AND ServSafe 7th Edition Book:
www.servsafe.com/access/SS/Catalog/ProductDetail/ESV7 **OR**
2. Exam Code **Only:** www.servsafe.com/access/SS/Catalog/ProductDetail/SSONLINEX

Stimulate Social and Emotional Learning (SEL) with “Wellness Breaks” in the Classroom

Date: **Thursday, March 26, 2020, 1-4 pm**

Fees: \$70; \$35 for UW-Stevens Point students

This session supports educators and others working with youth as they enhance traditional “brain breaks” by infusing innovative best practices in social and emotional learning, trauma sensitivity, compassion, and empathy in order to achieve the standards outlined by universal design for learning.

“Wellness breaks,” have been collaboratively developed by a diverse team of UWSP faculty, teachers from various school districts, and educational support staff. These intentionally designed breaks are age-appropriate, evidence-based, and can be facilitated in the classroom with minimal preparation or transition time. They are intended to teach students

life-long skills for self-regulation, coping with daily stressors, enhancing mental health, leveraging social support, and other strategies for applying healthy lifestyles.

Participants will...

- Learn a variety of “wellness breaks” and best practices for integrating SEL into short and effective classroom activities
- Gain experiential knowledge and build self-efficacy by participating in variety of breaks
- Obtain feedback on lessons learned from teachers recently implementing “wellness breaks”
- Develop a plan for implementing “wellness breaks” into their classrooms
- Develop a plan for evaluating the effectiveness of “wellness breaks” with the students in their classroom(s)

Lead Instructor- Corey Huck, PhD

Associate Dean, Professor, School of Health Promotion and Human Development
University of Wisconsin- Stevens Point

Co-Facilitators-

- Kym Buchanan, Professor, Schools of Education (UWSP)
- Tim Wright, Associate Professor, School of Education
- Ann Hockett, Assistant Professor, School of Education

Art and Design at Annual Conference

by Terri Williams

So, do you bake, embroider, redecorate your home, sew, cook, scrapbook, do pancake art? It doesn't matter what you make, we want to see it! Enter your work into the Art and Design Show at the conference this March! Your work will be displayed for everyone to see and we are taking all kinds of your creativity! You could even be our next Featured Artist! The theme this year is “**Strut Your Stuff!**”

If you have a piece you would like to enter, please **email Terri Williams at tlwfcs@gmail.com**, and let her know what you want to bring. Know that you can also bring more than one piece/entry! **Just be sure to have a typed description with it and your name so that we can know more about your amazing work!** We also take last minute entries!

Post Conference - Certification Testing

Whether you are a new professional or seasoned veteran, validate your professional expertise through the AAFCS competency examination system. These national competency exams also meet a major requirement for obtaining corresponding professional certifications. At the approved paper-based administration, you can sit for one of the exams, each corresponding to one of the certifications:

- [CFCS: Certified in Family and Consumer Sciences](#)
- [CFCS-HDFS: Certified in Human Development and Family Studies](#)
- [CPFFE: Certified Personal and Family Finance Educator](#)
- [CNWE – Certified Nutrition and Wellness Educator](#)

Registration Deadline for Testing: Wednesday, March 4, 2020

Registration Fee: \$95

Link to Online Test Registration Form: https://online.aafcs.org/aafcsssa/ssaapexmnucall?p_app_id=EVTSSA&p_page_id=4010&p_clearcache=4010&p_itemnames=P0_EVENT_ID&p_itemvalues=1246 (individuals will be prompted to log in to MyAAFCS to register)

Foundation Offers Membership Benefits & Encourages/Seeks Applicants

Kicks off 30-Year Anniversary Fundraising Campaign

By Jean Zeithaml, CFCS, WAFCS Foundation Member-at-Large

Scholarships, Grant and Travelships—for Students AND Professionals!

The Foundation has been supportive of student members for years in the form of scholarships and travelships to promote their attendance at State WAFCS and National AAFCS Annual Conferences. Over the years, the Foundation has expanded member benefits to our professional members. The following benefits are offered to professional and student members:

- **Undergraduate Scholarship** (\$500)—February 15 deadline!
- **Graduate Scholarship** (\$1000)—February 15 deadline!
- **Professional Project/Research Grant** (\$1000)—February 15 deadline!
- **Professional Stipends** (three at up to \$125 each) to promote professional attendance at the State WAFCS Annual Conference—February 15 deadline!
- **Student Travelships/State Conference** (eight at up to \$100 each) to promote student attendance at the State WAFCS Annual Conference—February 15 deadline!
- **Student Travelships/National Conference** (three at up to \$300 each) to promote student attendance at the National AAFCS Annual Conference—April 1 deadline!
- **Professional Travelships/National Conference** (three at up to \$500 each) to promote professional attendance at the National AAFCS Annual Conference—April 1 deadline!
- **Professional Travelships/2020 IFHE World Congress** (three at up to \$500 each) to promote professional attendance at the IFHE World Congress in Atlanta, August 2-8, 2020—Use “Travelship Application—National Conference” form and substitute “IFHE World Congress” for “National Conference.” A unique opportunity as this is the first time it’s been hosted in the U.S. since 1988!

Details for applying for ALL of these benefits can be found on the WAFCS website at www.wafcs.org under *Forms* and then under *WAFCS Foundation Forms* and/or *Student Scholarship and Travelship* (or for a specific application form, contact Jean Zeithaml at 715-836-8330 or djeithaml@att.net). To promote the concept that “**Membership has its Benefits!**” you must be a current AAFCS member to be eligible and preference for the conference travelships will be given to first-time attendees and/or those in the early years of their professional careers.

Foundation Kicks off 30-Year Anniversary Fundraising Campaign (Part II)

The year 2020 will mark the 30-year anniversary of the WAFCS Foundation! We are encouraging people to **make a \$30 donation to the Foundation** in recognition and support of the progress that has been made since 1990... from offering one \$300 undergraduate scholarship annually to this year when a record amount of Foundation funding (\$11,725) was approved to support scholarships, grants, travelships, and more for student and professional WAFCS members! Many thanks to the nine remaining (of fourteen) original Founders who kicked off this 30-Year Anniversary Fundraising Campaign (see “Recent Donations” below).

Recent Donations

The Foundation gratefully acknowledges the following donations made to the Foundation. **Carolyn Barnhart** made several donations to honor and commemorate service of colleagues. She donated in honor of **Cindy Quilling** for the

2019 AAFCS Leader Award, **Julie Martin** for the 2019 AAFCS New Achiever Award, and **Delaine Stendahl** as the 2018 WAFCS Teacher of the Year and 2019 AAFCS Teacher of the Year nominee. She also commemorated **Donna Dinco's** years of leadership as the WAFCS Teacher of the Year Award Chair and **Dottie Winger's** years of leadership as the WAFCS New Achiever Award Chair. Carolyn also made a donation in honor of **Judy Rommel's** 50 years of WAFCS/ AAFCS membership and leadership.

Catherine Lader made a donation to honor and commemorate **Susan Turgeson's** promotion to Associate Professor at UW—Stevens Point. Congratulations, Susan!

Several donations were received in memory of **Vera Riley** who passed away on October 14, 2019. She is remembered for her 48 years of membership and leadership in WAFCS/AAFCS and specifically for her service on the WAFCS Foundation Board, 2004-2018. Those who have made donations in her memory are **Carolyn Barnhart, Karen Goebel, Rita Houser, Janet Powell, Phyllis Smith, Gretchen Speerstra, and Jean Zeithaml. Gretchen Speerstra** also donated in memory of **Suzanne Pliska** for her dedicated teaching career in Family and Consumer Sciences and specifically, FCCLA. She passed away on October 21, 2019.

The original Founders kicked off the WAFCS Foundation 30-Year Anniversary Fundraising Campaign. Undesignated donations were received from **Karen Goebel, Rita Houser, Judy Jax, Judy Rommel, and Marilyn Swiontek. Lois Alfsen** designated her anniversary donation in honor of **Susan Turgeson, Sadie Hooker, and Amber Miller. Cheryl Fedje** made an anniversary donation to the WAFCS Annual Conference Keynote Speaker Fund. **Sharon Gilles** made an anniversary donation in honor of **Elaine Staaland** and **Mary Heisler** donated in memory of **Louise Young**, another founding member.

Finally, special thanks to a generous **Anonymous Donor** who took advantage of the charitable IRA law, making a \$1000 donation directly from an IRA without having the distribution count as taxable income. Thank you to ALL for investing in the future of our Association!

WAFCS FOUNDATION DONATION FORM

\$_____ Other _____ \$100 _____ \$50 _____ \$25 _____ Date _____

Name _____

Address _____

City/State/Zip _____

In Memory of _____

In Honor of _____

In Celebration of _____

(special achievements, retirements, birthdays, anniversaries, weddings, etc.)

WAFCS Annual Conference Keynote Speaker Fund _____

AAFCS/WAFCS is a 501(c)(3) not-for-profit organization. All contributions are tax deductible.

Make checks payable to:
WAFCS Foundation & send to:

Janet M. Powell, CFCS
WAFCS Executive Director
5605 Barton Road
Madison, WI 53711-3428
H: 608-271-0776
executivedirector@wafcs.org

Please send a card acknowledging this gift to:

Name _____

Address _____

City/State/Zip _____

Join the Awards Celebration!

It is important to be appreciated. WAFCS acknowledges this fact with awards. Every year members nominate other members for the **New Achiever**, **Leader**, and the **Teacher of the Year Awards**. Members also nominate non-members for the **WAFCS Friend of the Family Award**. The guidelines and brief applications for each award are found on the WAFCS website.

In addition, WAFCS celebrates the service and accomplishments of all members. In fact, e-mails and cards from WAFCS members are treasured gifts. During the WAFCS Conference, the Friday night banquet has been reserved to formally recognize the award winners.

WAFCS award winners are nominated for the AAFCS awards the following year. The AAFCS winners are recognized and celebrated at the AAFCS Conference and EXPO. Wisconsin has had many winners. Applications for the AAFCS Awards were forwarded to AAFCS in January for the 2020 Stars Event.

Please attend the Friday night WAFCS awards banquet during the WAFCS Conference to celebrate the yet to be announced 2020 WAFCS winners; and, in June please join the Wisconsin delegation as we celebrate the 2020 AAFCS Awards.

Congratulations, Carolyn Barnhart!



Our sincerest congratulations to Carolyn Barnhart on being awarded the AAFCS Distinguished Service Award. WELL DESERVED!!

The DSA was established by the American Home Economics Foundation in 1979 as a living tribute to members of AHEA (now AAFCS); it is the highest award given by AAFCS, recognizing superior achievements in family and consumer sciences, outstanding contributions to the family and consumer sciences profession, and sustained AAFCS leadership at both state and national levels. Carolyn will be recognized at the Awards Banquet on Friday night of the 2020 WAFCS Annual Conference and especially at the 2020 AAFCS Awards banquet in Baltimore, Maryland.

Editor's Note: A fundraising campaign is conducted in conjunction with the DSA Award Program, with proceeds supporting the association's mission to provide leadership and support to professionals whose work assists individuals, families, and communities in making informed decisions about their well-being, relationships, and resources to achieve optimal quality of life. Letters will be sent out in February so we can express our appreciation to Carolyn for her years of service.

Other FCS News

Legacy Corner—Lorraine Larson by Carol Subera

Lorraine Diehl Larson graduated from the University of Wisconsin in 1961 with a degree in Home Economics Education. She earned her Master's degree from Kansas State University a year later.

Lorraine spent two summers as a summer home agent in two counties during her college years. She went on to teach students from Grade 7 to college seniors at Kansas State University, Iowa State University and East High School in Madison. Lorraine also developed the work-study program in financial aid for the University of Wisconsin-Milwaukee.

Several years ago Lorraine and her current husband opened a business (auto tires, parts and supplies) in Sun Prairie. After health issues caused them to sell, they purchased a farm located south of Beaver Dam where they sold cars and were caretakers for Lorraine's mother. They are now settled in Beaver Dam.

Lorraine had this advice for young people—"get a good education and follow your heart to see where it goes."



The WAFCS Leadership Academy - Opportunity for Mentors and Mentorships/Mentees

Coming in Spring of 2020 is a new mentoring program! The WAFCS Leadership Academy will launch at our annual conference in March. We are looking for interested participants who would like to grow their leadership abilities in the field of Family and Consumer Sciences and those who would like to mentor them. Mentors will guide their mentees through various aspects of beginning your career and how to get and stay involved in our state organization.

As a Participant You Will:

- Gain knowledge and skills that facilitate the development of personal leadership skills (*Leading Oneself*).
- Assume leadership roles in WAFCS (*Leading WAFCS/Leading Others*).
- Develop a supporting network of colleagues who will link new leaders with resources throughout their professional and volunteer experiences. (*Leading Oneself*).
- Partner with a mentor to enhance leadership abilities.

Participant Requirements:

- AAFCS Professional Member for 7 years or less
- B.S. degree or greater (by August 31, 2020)
- Must attend the 2020 Leadership Academy and WAFCS Annual Conference.
- Commit to work individually, with a mentor, and with a cohort on further development of leadership skills through completing WAFCS and AAFCS projects.
- Participate and be involved in networking and ongoing learning and interacting online.
- Attendance at 2021 State Conference strongly encouraged.

As a Mentor You Will:

- Spend time connecting with your mentee to gain insight as to his/her needs.
- Work with the mentee to develop goals for the mentee/mentor relationship.
- Identify and use multiple venues of communications with your mentee.
- Commit to one year beginning March 2020 to a mentor/mentee relationship.
- Partner with a mentee to enhance leadership abilities.

Mentor Requirements:

- Must have had leadership experience in WAFCS.
- Have a minimum of 5 years of membership.
- Desire to develop WAFCS leaders.
- Attend the 2020 WAFCS Annual Conference to meet your mentee.
- Commit to a minimum of one year beginning March 2020.

If you are interested in participating in the WAFCS Leadership Academy as a mentor or mentee please contact Stephanie Love at Loves1989@my.uwstout.edu before February 28th.



Mary Meehan-Strub - Recipient of WAFCS Foundation Professional Project/Research Grant

(The following is Mary's report of her accomplishments with the grant.)

No. 1 Ranking – Not What You Want!

To be number one in the NCAA, NBA, NFL, Olympics, American Idol, or the national spelling bee is a goal and recognition that we have for our favorite teams and players. In agriculture it might be goals to be number one in milk or cheese production, or bushels per acre for corn or soybeans, but to lead the nation for Chapter 12 bankruptcies is not the number one ranking that Wisconsin farmers hope for.

Farm families and businesses in Wisconsin continue to feel more financial stress. For the third year, Wisconsin has led the nation with 47 Chapter 12 bankruptcies in 2018, following 45 in 2017, and 40 in 2016. The state has almost 60% of all upper Midwest bankruptcies. Unfortunately, low commodity prices and current trends indicate little signs of improvement. High leveraged farms are the most affected, and more likely to face bankruptcy without further action.

Being number one in this ranking is not what people want to talk about. What is important to remember is that these are farmers and farm families behind these statistics who need help with conflict and reaching consensual agreements that brings resolution to their lives.

Having a lifelong interest and experience working with farm businesses, combined with 3 farmers showing up at our door, early in 2018, to let us know they would be selling their dairy herds, caused me to consider -- what can I offer to help farm families, after a career with UW-Extension?

The Department of Agriculture, Trade, and Consumer Protection (DATCP) Farm Center offers many resources to farm businesses experiencing financial stress and conflict. The Mediation and Arbitration program mediates a broad range of farm disputes including creditor/debtor issues, environmental concerns, and family conflicts. I contacted DATCP, and offered to work with the Mediation and Arbitration program.

To ensure that I had the appropriate training and skillset, and with the support of an WAFCS Professional Project Grant, I completed the UW-Madison Continuing Studies Mediation Skills: 40-Hour Basic Training. There are three types of mediation: evaluative, facilitative, and transformative. The focus for this training was facilitative mediation.

Facilitative mediation uses a unique process in helping people or systems communicate and deal with conflict. A neutral mediator is not an advocate for one side or the other, but guides those involved toward consensual agreements, voluntary decision-making, and resolution.

I experienced a bit of *déjà vu*, as I entered the Pyle Center on the UW-Madison campus for the 6-day training. Completing the Friendly Style Profile for Communication at Work and seeing the results reminded me of the Myers-Briggs, Colors, and Disc Indra profiles that we worked with during my tenure with UW-Extension. The focus throughout the training was on how one's strengths can become hindrances to communication between individuals, how to manage these tendencies when communicating with those different from themselves, and how to bring out the best in others through knowledge of what works for them.

Recognizing I have and continue to be an advocate for farmers, the lectures, demonstrations, and role-playing exercises during this training were most helpful in presenting my strengths, and how to adapt them when serving in a mediator role. It was interesting to observe other course participants, as they too had to work through and adapt to a different process allowing the parties involved to be in charge of the outcome.

Mediation is future oriented, the parties determine what is going to happen, and what they are willing to do. The Wisconsin Farm Mediation and Arbitration Program includes volunteer mediators from all walks of life: ministers, mental health counselors, elected officials, attorneys, and even UW-Extension faculty – current and retired. The program is an effective process for resolving conflict at no cost to the farmer or farm business.

More information about what DATCP offers can be found at: https://datcp.wi.gov/Pages/Growing_WI/FarmMediation.aspx
Farm families and businesses that you have or are currently working with, and that can benefit from the Mediation and Arbitration program and other support services can be referred to the Farm Center,

We most likely have not experienced the end to the impact of low prices, overextension of credit, and political turmoil that impacts the farm industry. Hopefully the educational programs that continue to be offered through Extension and the resources made available through governmental programs such as DATCP can help farm families and businesses as they reframe their lifework and future directions. Thank you WAFCS, for supporting this training that can provide a future oriented service to help those impacted set their path for the future.

Mary Meehan-Strub
Professor Emerita
UW-Extension

IFHE 2020 Congress
Atlanta, GA
Educators' Pre-Congress
Monday, August 3, 2020
8:30 AM – 4:00 PM
Lunch Included

**GLOBALIZING THE FCS CLASSROOM AND INTEGRATING
SUSTAINABILITY PERSPECTIVES**

Creativity and innovation have long been features of home economics/family and consumer sciences, with their focus on problem solving and design solutions to enhance individual and family wellbeing. Fresh attention on the importance of these 21st century skills as necessary to survive and thrive, especially with a lens for sustainable development, provides remarkable opportunity for HE/FCS educators.

This workshop is designed to inspire and invigorate educators to explore and make connections of creativity and innovation with mindsets such as globalization and sustainability and then develop strategies to use as a platform for strengthening their programs and the profession. Join HE/FCS educators from around the world to explore model pedagogy that can enhance relevant capabilities in these areas and to build design thinking applications for curriculum renewal.

WORKSHOP LEADER Dr. Donna Pendergast
Professor Dean and Head of School
School of Education and Professional Studies
Griffith University
Queensland, Australia

IFHE COMMEMORATIVE PINS AVAILABLE

A lovely commemorative pin will be available at our WAFCS Conference in support of the International Federation of Home Economics Conference that will be in Atlanta, GA in August. Total cost of the pin is donated to supporting the participants and program of the upcoming conference. Two sizes, at \$25 and \$15, are available in limited supplies, so plan to show your support and purchase a pin.



**International Federation for Home Economics (IFHE)
XXIV World Congress Home Economics:
Soaring Toward Sustainable Development
August 2-8, 2020 Atlanta, Georgia United States**

The XXIV IFHE World Congress Registration is Open!
Go to www.ifhe.org and follow the link to the Congress website

Congress Registration Guidelines

- Review on the Congress website:
 - o *Registration Information* – check options
 - o *Budget Worksheet* – plan expenses
 - o *Learning Day on the Move* information – select one
- Six-foot sales table available for \$25 (fee refunded onsite) (may share)
- Watch the *Steps to Register* PowerPoint
- Pay with a *Visa* or *Mastercard*
- Revisit registration link until July 10, 2020 to edit or add events
 - Registration link on Congress website (lowest price ends April 10, 2020)
 - Registration closes July 10, 2020

Hotel Reservation Guidelines

- Review reservation information on the Congress website
 - o From July 29-August 12, 2020
 - o Room type: King bed (1-2 persons); Two Double beds (1-4)
 - o Use credit card to hold reservation; pay upon arrival
- Must cancel 72 hours before arrival or be charged for the room
- Reservation link on Congress website until July 10 (or when rooms are gone)

Important Dates

- | | |
|------------------|---|
| • April 10, 2020 | Early-bird Registration Closes
Presenter Registration Deadline |
| • July 10, 2020 | Registration Closes
Hotel room block closes, book early |

Educators' Pre-Congress

Globalizing the FCS Classroom and Integrating Sustainability Perspectives

Monday, August 3 rd	8:30-15:00	Lunch included
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Tour Information

Pre and Post Congress Tours

July 26-August 13

- Day trips
- Overnight Trips

Destinations

- Local sights in or near Atlanta
- Fashion in New York City
- Culture in Washington DC
- Native Americans in Arizona
- Home Economics in Kansas

Conference Schedule – At-a-Glance

Thursday March 26

- 9:30 am - 5:00 pm Pre-Conference – Baggin with Batiks
1 - 4 p.m. Pre-Conference – Wellness Breaks in the Classroom
3:30 - 5:30 pm Pre-Conference Event -ServSafe Exam

5:00 p.m. – 8:00 p.m. **Relax, Refresh and Relate Welcome Reception/Event** & Community Service Project
Conference Registration open
7:00 – 9:00 p.m. WAFCS Board Meeting

Friday March 27

- 7:30 – 8:20 a.m. Exhibits Open
Art & Design Show Opens
Silent Auction Opens
7:15– 8:15 a.m. Breakfast Buffet
Conference registration continues outside of ballroom
7:45 – 8:20 First Timer Session
8:30 – 9:45 a.m. First General Session
Keynote Speaker: Nancy Franz - “Determining and Articulating the Value of FCS”
10:00 – 10:45 a.m. Breakout Sessions, Exhibitor Expo, Art and Design Exhibit, Silent Auction
11:00 – 11:45 a.m. Breakout Sessions, Exhibitor Expo, Art and Design Exhibit, Silent Auction
12:00 – 12:45 p.m. Lunch including lunch for students and mentors
Exhibitor Expo, Art and Design Exhibit, Silent Auction
1:00 – 1:45 p.m. Breakout Sessions, Exhibitor Expo, Art and Design Exhibit, Silent Auction
2:00 – 2:45 p.m. Breakout Sessions, Exhibitor Expo, Art and Design Exhibit, Silent Auction
3:00 – 3:45 p.m. Business Meeting/Student Business Meeting
4:00 – 5:00 p.m. Second General Session - Dr Kyle Roberson **How Planned Happenstance Landed Me in Correctional Education with a Passion for Family and Consumer Sciences.**
5:00 p.m. Silent Auction Continues - Bucket Raffle Drawing
6:00 – 6:30 p.m. Social time – Cash Bar
6:30 – 8:30 p.m. Awards and Recognition Banquet
8:30 p.m. Pick up and pay for Silent Auction items

Saturday March 28

- 7:30 a.m. - 8:20 a.m. Healthy Start Continental Breakfast (ballroom)
8:30 – 9:15 a.m. Breakout Sessions
9:30 – 10:45 a.m. Brunch - Third General Session - Dr. Neil Prendergast, **"A Consumer Bill of Rights: How One Food Company Responded to 1970s Activism"**
11:00 a.m. Adjourn
11:15 a.m. AAFCS Certification exam

2020 WAFCS Annual Conference Breakout Sessions

Friday 10-10:45	Friday 11- 11:45	Friday 1- 1:45 p.m.	Friday 2- 2:45	Saturday 8:30 - 9:15
Telling Your Family Stories C. Kniep	Burial Plots to Yellow Pie Plates - End of Life Decisions C. Kniep	The Pulse on Health Science Education and HOSA in Wisconsin Christina Patrin	What's Up? Pork Versatility and Ease of Preparation Emily Larson, Delaine Stendahl, Sue Strutz, Jenny Wehmeier	The Joy of Leadership 101 Karen Dickrell
Sustainable Farming: Healthy Food, Healthy Planet Tara Donovan	Project Money "The Coaches" Advice Amy Crowe, Summit Credit Union	Beyond College Graduation.. Amy Crowe, Summit Credit Union	Technology Tools in the Classroom Amber Miller	Bridging Family and Consumer Sciences to Wisconsin Youth Apprenticeship Britta Rothering
Determining and Articulating the Public Value of FCS What's Your Story? Nancy Franz	Determining and Articulating the Public Value of FCS What's Your Story? Nancy Franz	Connecting Through Careers Kristin Nickles	This is your new FAVORITE Lesson - Teaching the Principles and Elements of Design the NASCO Way Susie Olson	Gamification in the Culinary Classroom Stephanie Halverson
Carl Perkins V Diane Ryberg, DPI	Personal Financial Literacy Standards Diane Ryberg, DPI	Keychains Tara Weber/Lisa Driver	Starting a CTSO Michael Friedel	Teens Today - Data and What to Do With It Ruth N., Schriefer
Creating an Inviting Learning Environment Sadie Hooker/Ryan Lehman			How to design a home-made ESCAPE Room Sadie Hooker	Standards based Grading: A New Approach to Learning and Assessment Char Kelley

Room Reservation Information

Chula Vista Resort & Conference Center

2501 N. River Road, PO Box 30

Wisconsin Dells, WI 53965

Contact Information: Leader number is G55901 Phone number: 1-833-681-1021

Single: \$82 + tax Double/Triple/Quad \$99 + tax

Tax exempt documentation presented at time reservation is made or at check-in. Conference fee includes breakfast buffets.

Special room rate expires February 25, 2020.



**Wisconsin Association of
Consumer Sciences**

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2019-20 Calendar of Events

March 26	WAFCS Pre-Conference WAFCS Council Meeting
March 27,28	WAFCS Conference
May 1	Spring/Summer Newsletter deadline*
June 26-28	AAFCS Annual Conf. and Expo Baltimore, Maryland

*Send newsletter info to: executivedirector@wafcs.org

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In this Issue

Conference Information	Page 1-2
President's Message	Page 3
Pre-conf and Conf. happenings	Page 3-5
WAFCS Foundation report & info	Page 6-7
Congratulations Carolyn Barnhart	Page 8
WAFCS Leadership Academy	Page 9
Foundation Grant Report	Page 10
IFHE 2020 International Congress	Page 11-12
Conference Schedule at a Glance	Page 13
Breakout Sessions	Page 14
Chula Vista Reservations	Page 14