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# WAFCS NEWSLETTER

WISCONSIN ASSOCIATION OF FAMILY AND CONSUMER SCIENCES

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Founded in 1921 | Fall, 2021 Issue

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*The mission of WAFCS is to provide leadership and support for professionals whose work assists individuals, families, and communities in making informed decisions about their well-being, relationships, and resources to achieve optimal quality of life.*



## Annual Conference Information

Come “**Celebrate Wisconsin**” with WAFCS from **March 3-4, 2022 at Stoney Creek, Onalaska, WI**

What are the next steps in planning for the conference?

- ◆ Save the date! We encourage you to submit a sub request, talk to administration or request time off to attend the conference
- ◆ Submit a breakout session proposal. We would love to have you as a presenter at our conference sharing your expertise, so please fill out the [presenter form here](#). **These are due November 1st!**
- ◆ Have any great Wisconsin speakers or concepts you want celebrated in our conference? [Please fill out this google form](#) to provide us with ideas on topics you’d like to learn about, vendors you would like to see, sponsors willing to support us, or any other ideas you may have.
- ◆ Talk to a colleague and make plans to meet up at this year’s conference to **reconnect and network!**

We look forward to reconnecting with each of you!

## Art and Design Show Information

Hello WAFCS Members! This is your Art and Design Chair coming to you once again to get us all ready to share our fantastic creations large and small with each other for our state conference from March 3-4, 2022! We have a theme too! It’s



**Celebrate Wisconsin!** That's right, our home state! We want to see what you've made to celebrate our fabulous home, teams, landscapes, landmarks, past times.

The A&D show will still also be taking entries that are simply what you do for fun too and we want all kinds. Pictures of work you've done on your home (interior/exterior design), meals and cake decorating, paintings, sewing/clothing/quilting, upholstery, wood carving... the list is just about endless. We want to celebrate our fabulous state and our love for it. Share your work with us either in person or in pictures for another virtual slide show. Many loved the slide show for our virtual conference this past March, and we want to keep that ball rolling. Please share your creativity and skill, and we look forward to seeing everyone and their pieces this March. Reach out to **Terri Williams** at [tlwfcs@gmail.com](mailto:tlwfcs@gmail.com) with your entries. Remember you can enter more than 1 piece.



## **An announcement from Terri Williams**

Big announcement for our Art & Design show chair, Terri has just become the new owner of Quilt Central in Janesville WI! She is taking on ownership, as the “Martha Stewart of Quilting”, Janie Donaldson Mullen, is ready to partially retire. Some may have seen the article in the Janesville Gazette back in July about Janie, her shop and history in quilting, along with some discussion of the popularity of quilting in the area. Which, if you read the article online, you would have also seen Terri shown in a picture and listed as the store manager.

Terri had spent part of the early spring starting a plan to open a shop of her own, when she found Quilt Central was hiring. Her quilting skills got her in the door and on the team, and her teacher/manager skills put her at the top of the chain quickly to help keep the place running smoothly. It wasn't long until dreams and goals were discussed that Terri and Janie learned they had some mutual goals, and the rest is history. Terri still will stay on as our A&D show chair with her love for our field still in her. She's now finding ways to use her degree outside of the classroom, and share her passion for sewing with others. Terri hopes to share what she learns in the retail world and what goes into making the fabric/sewing/quilting industry tick with us.

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### **Member Nominations are Needed!**

It's that time of year when we recognize the outstanding work of our peers and nominate a member for one of WAFCS's Awards! WAFCS recognizes the New Achiever, Teacher of the Year, Leader Award and the Friend of the Family. For more information about each of these awards visit our WAFCS website at: <https://wafcs.org/forms.html>

To nominate your colleague send an email to the appropriate award chair listed below and state in one sentence why this person deserves the award. Also, include the email addresses of your nominee as well

as your own. You do not need to contact the nominee as the award chair will take care of connecting to all nominees asking them to complete an application.

Agencies or non-members that promote and support Family and Consumer Sciences should be nominated for the Friend of the Family Award. It is a highlight of WAFCS to recognize those who work towards the objectives of our organization.

The following are the WAFCS award chairs ready to receive your nominations by or before November 1, 2021:

- New Achiever Award Chair – Mary Kennedy [kennmaindel@gmail.com](mailto:kennmaindel@gmail.com)
- Teacher of the Year Chair – Mary Kennedy [kennmaindel@gmail.com](mailto:kennmaindel@gmail.com)
- Leader Award Chair – Cindy Quilling [quilling@wwt.net](mailto:quilling@wwt.net)
- Friend of the Family Chair – Janet Powell [janetmpowell38@gmail.com](mailto:janetmpowell38@gmail.com)

All Award recipients will be honored at the 2022 WAFCS Conference.

### **What can service learning do for your students?**

Emily Larson, WAFCS President

Service-learning is a method of teaching and learning that combines academic work with service to the community. In a Wisconsin survey, high school students who participated in service-learning showed improvement in academics, improvement of students' self-esteem, higher attendance rates, decreased behavioral issues and felt learning was more relevant with service learning than other classroom teaching methods. However, service-learning is not only suitable for high school students but also college students. Dorfman, Matthews, Wu (2015) established that college students who have completed service-learning are more likely to get hired, receive higher pay, and obtain their first pay increase faster than individuals who have not participated in service-learning.



Service-learning has been a passion of mine since I started teaching and has continued through the years. Some of our favorite projects include cooking for our Amery Veterans, remodeling the homeless shelter rooms, cooking for the Ronald McDonald House, writing a grant to purchase a little library which students continue to restock, make soup for empty bowls and so many more wonderful projects. Some of these projects can take an enormous amount of time, but some can be incorporated into your classroom. Last week, students made chocolate chip cookies and doubled the batch to share with our local fire department. With the increased COVID cases, my students and I find new ways to tie the curriculum to hands-on service-learning projects. You can start small, and do not be afraid to give students leadership roles and let them shine.

## **The Gift of Time**



Ready? Set? Sew? The 2021 – 2022 WAFCS Service Project will be supporting “Ryan’s Case for Smiles”. WAFCS members will help children and families cope with the traumatic stress of illness and injuries by donating their time sewing pillow cases.

### **What is “Ryan’s Case for Smiles”?**

“A hospital experience can be terrifying and traumatic for both a child and their family. While others strive to find a cure, Ryan’s Case for Smiles helps with the stress and emotional impact of illness in the here and now. Our whimsical pillowcases give children an emotional boost, while resources and tools help families better understand and cope with the experience.” quote from <https://caseforsmiles.org>

In Wisconsin pillow cases are distributed to:

- \*American Family Children’s Hospital
- \*Children’s Hospital of Wisconsin – Milwaukee
- \*Children’s Hospital of Wisconsin – Neenah
- \*Fox Valley Child Advocacy Center
- \*Saint Vincent Hospital – Green Bay

Future articles will include where pillow case collection and responses to frequently asked questions.

### **Where is the pillow case pattern?**

First of all follow these guidelines:

- \*Use 100% cotton fabric. Please do not use fabric with glitter.
- \*Remember to use fun, colorful novelty prints.
- \*Due to COVID-19 restrictions at partner hospitals, at this time, they are asking for fabric/pillowcases not to be laundered.

YES, everyone uses the same pillow case pattern included in this newsletter. You may also find the pattern online at <https://caseforsmiles.org>

### **Join the WAFCS Team!**

Sign me up. Engage our community to come together for this worthy cause. Host a “sew in” with members and/or friends. Network by bringing together FCS mentors and mentees for a common cause.

**WAFCS HAS A GOAL OF 500 PILLOW CASES.** Why this number? The organization has received a challenge from the Amery High School FCCLA Chapter and community – they will match our 500 pillow cases with another 500 they sew!!

WAFCS members start submitting pledges to Cathy Lader, project coordinator, for the number of pillow cases you/your group will sew. Email your pillow case pledge to Cathy at [cathyontheprairie69@gmail.com](mailto:cathyontheprairie69@gmail.com) using the subject line “pillow case pledge”.

**WAFCS MEMBERS HELPING KIDS  
FEEL BETTER TO HEAL BETTER**

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## “Hot Dog” Approach to Sewing a Pillowcase

### Supplies:

- Fun, bright fabric with kid-friendly designs
  - 1/3 yard of border fabric (this will be the “bun”)
  - 3/4 yard of main pillowcase fabric (this will be the “hot dog”)
- Spool of thread that matches fabric

### Preparation:

- Cut the “bun” into a strip that’s 10 ½ inches by 40 ½ inches
- Cut the “hot dog” in a strip that’s 26 ½ inches by 40 ½ inches

## 9 Step Process:

### Step 1:

With the border of the pillowcase laying right side up on the surface in front of you, take the body of the pillowcase and place it right side down on top of the border.

### Step 2:

Match up the corners of the short 26 ½” end of the body to the 40 1/2” end of the border, so that you can no longer see the border in front of you. Make sure to keep the two edges of the fabrics together for the next few steps.

### Step 3:

Roll up the other short end of the body until you are about an inch or two away from the other end.

### Step 4:

You should see the other end of the border peeking out from underneath the body. Take that edge of the border and fold it over the rolled-up body aligning its corners with the other two pieces of fabric on the other side.





### Step 5:

Pin these three layers of fabric together and sew a 1/2" seam along that edge taking out the pins as you go along. You will begin to see the "hot dog" and "bun" analogy, with the body rolled up as a "hot dog" inside the border which is acting as the "bun."



### Step 6:

On either end of this "bun" piece, you will see the rolled-up body inside the sewed-up border.

### Step 7:

Roll back the border while simultaneously pulling out the body from within.



### Step 8:

Your pillowcase is almost complete! All that's left is two more seams, which are done by folding the pillowcase in-half with the wrong side facing out and sewing along the bottom and side of the pillowcase.

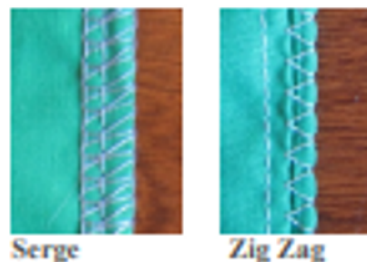
### Step 9:

Turn the pillowcase inside-out, and you finally have your finished pillowcase!



## Wasn't that easy?

Make a perfect smile by finishing your seams.



Check with your regional coordinator for specific washing instructions for your hospital and whether they accept flannel pillowcases.



(@Kris Driessen for coming up with this method in 1997)

For more information about sewing instructions, please visit [www.careforcritics.net](http://www.careforcritics.net)

# WAFCS Introduces New Fundraising Event Foundation To Hold “Basket Raffle” at 2022 Annual Conference

*By Rita Houser and Jean Zeithaml, CFCS  
WAFCS Foundation Members-at-Large*



## **“Basket Raffle” Replaces Silent Auction as 2022 Fundraising Event**

Members are very familiar with the popular, entertaining, and profitable “Silent Auction” that has been a part of the WAFCS Annual Conference for over 25 years. It has been the Foundation’s primary fundraiser and helped sponsor scholarships, grants, travelships, and more for student and professional WAFCS members. But, we thought that it was time to “change it up” a little and try something new. Some of you may be familiar with the concept of Basket (or Bucket) Raffles, and others may not be.

## **We Need Your Participation!**

For the Basket Raffle to be successful, we need members to consider donating a “basket” which can be a single item (such as a nice piece of jewelry, gift card, or an appliance) or a themed “basket.” Since the theme of the 2022 WAFCS Conference is “Celebrate Wisconsin,” you might want to think along those lines. Or be creative with your donations or theme ideas... arts, crafts, homemade items, gardening, children/grandchildren activity basket, grilling, entertaining, travel, car care, cleaning supplies, fitness, skin care, camping fun, date night, family game night, corporate donations, etc.

Then, of course, we’ll need you to buy raffle tickets to take your chances on winning a specific item(s). You may buy as many raffle tickets as you would like and then drop the ticket with your assigned number on it into the container (“bucket”) beside the item in which you are interested. A person may win more than one basket.

At the designated time, a winning ticket will be drawn for each item. Wisconsin raffle rules are that you must be present to win, although you can designate someone else to claim your item(s) for you. At the end of the Conference, a second drawing will be held for any unclaimed baskets. Tickets will be drawn until all baskets are distributed.

## **Want to Support the Foundation but “Don’t Need Anything?” Give Student Bonus Bucks!**

If you are at the point in life where you don’t need anything more for yourself, we have an answer for you! Why not make it more fun for student members by buying Student Bonus Bucks gift certificates. Every student who buys \$10 worth of tickets is eligible to put their name in for a drawing for an additional \$10 in tickets. Professional members can donate in \$10 increments to make these Bonus Bucks gift certificates possible for the students. There will only be as many student winners as there are gift certificates and a student may only put their name in once for the bonus drawings. If we have more Student Bonus Bucks donations than we can use, the extra money will go to the Foundation.



## **A Few More “Ins and Outs” of the Basket Raffle**

Raffle ticket prices will be 6 for \$5.00, 13 for \$10.00, and 30 for \$20. Student Bonus Bucks gift certificates are \$10.00 each (worth 13 tickets). For an item that you are *really* interested in, you can put multiple tickets in the container for that item to increase your chances of winning it.

Your name and cell phone number will be recorded with your assigned number. Then, all you need to do is write your number on each of your tickets. Winners will be notified via text or cell phone.

The Basket Raffle will be conducted until 11:00 a.m. on Friday, March 4. Drawings will be conducted between 11:00 a.m. and noon. Winners will then be notified and can pick up their basket.

So, be thinking of items or themed baskets that you will donate and come to the Conference prepared to buy tickets to compete for the baskets of your choice!

### Other Foundation News

The Foundation plans to revise the WAFCS Foundation Bylaws and Policies and Procedures to make them align with the newly revised WAFCS Bylaws.

The Foundation gratefully acknowledges a recent donation from Charmaine Rimple, CFCS.

### WAFCS FOUNDATION DONATION FORM

\$ \_\_\_\_\_ Other \_\_\_\_\_ \$100 \_\_\_\_\_ \$50 \_\_\_\_\_ \$25 \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

In Memory of \_\_\_\_\_

In Honor of \_\_\_\_\_

In Celebration of \_\_\_\_\_

(special achievements, retirements, birthdays, anniversaries, weddings, etc.)

WAFCS Annual Conference Keynote Speaker Fund \_\_\_\_\_

AAFCS/WAFCS is a 501(c)(3) not-for-profit organization. All contributions are tax deductible.

WAFCS Foundation & send to:

Janet M. Powell, CFCS  
Executive Director  
5605 Barton Road  
Madison, WI 53711-3428  
H: 608-271-0776  
[executivedirector@wafcs.org](mailto:executivedirector@wafcs.org)

Please send a card acknowledging this gift to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_



## Congratulations to..

Susan Turgeson, Ed.,D., CFCS Susan is starting a new position as **Associate Editor at Family and Consumer Sciences Research Journal**.

## Happy Birthday to..

Priscilla Bondhus! Priscilla, executive director of WAFCS for many years, recently celebrated her 90th birthday with family and friends.





**Wisconsin Association of  
Family and Consumer Sciences**

Janet M. Powell, CFCS

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### 2021-22 Calendar of Events

**October 9** WAFCS Board Meeting on Zoom

**December 15** Winter Newsletter Deadline

**March 3,4** WAFCS Annual Conference,  
Stoney Creek, Onalaska, WI

**\*Send newsletter info to:** [executivedirector@wafcs.org](mailto:executivedirector@wafcs.org)

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