
WAFCS E-NEWSLETTER

WISCONSIN ASSOCIATION OF FAMILY AND CONSUMER SCIENCES

Volume 7, Issue 3

December 2018



The mission of WAFCS is to provide leadership and support for professionals whose work assists individuals, families, and communities in making informed decisions about their well-being, relationships, and resources to achieve optimal quality of life.

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2019 WAFCS Annual Conference

Pre-conference March 7

Conference March 8, 9

Wintergreen Resort & Conference Center Wisconsin Dells, WI



2019 Keynote Speaker

Under 40 Grams: The Benefits of Social Media and Communicating with Grandchildren

Danielle Y. Hairston Green, Ph.D., CFCS-HDFS
Director, Extension Institute for Human Development and Relationships

University of Wisconsin-Extension, Cooperative Extension

Research shows that healthy relationships between grandparent and grandchildren is associated with fewer symptoms of depression for both generations. The relationship is considered second in emotional importance only to the relationship between a parent and child (Pilemer, 2013). Studies also show that grandparents are becoming younger and younger, experiencing their first grandchild before the age of 40, which could be an added benefit because the two things that young grandparents and their grandchildren have in common is energy and social media. This talk will share five core reasons why grandparents matter more than ever and how social media /technology has a positive impact on those relationships.

Danielle's first experience as a grandmother began at age 37 years which also began her journey of studying relationships and engaging in dialogue with other young grandparents to help increase her effectiveness as a young grandmother and share best practices with

others experiencing grand parenting at a young age. Throughout her journey as a grandparent she realized that the common connector between her and her Generation Z grandchildren is social media/technology. She recently launched a Google Hangout discussion group that consists of young grandparents who seek to engage in dialogue with others and discover best approaches to helping raise their grandchildren while supporting their equally young children.

Danielle Hairston Green earned her Ph.D. in Educational Leadership (Higher Education Administration) at Prairie View A&M University in 2015 and her Master's Degree in Community Psychology and Social Change at Penn State University in 2010. She has worked as a Therapeutic Support Staff, Mobile Therapist, and Adolescent Health Educator for over 20 years at various profit and nonprofit organizations throughout Pennsylvania. Most recently she has worked as a State Specialist for Nutrition and Childhood Obesity with Prairie View A&M University Extension Program and currently with the University of Wisconsin Extension Program as their Institute Director for Human Development and Relationships. Her research focuses on non-cognitive skill development, institutional culture, mentorship, leadership, and micro aggression.

Art and Design Show

Message from Terri Williams, Art and Design Chair

Time to start thinking about what you might like to bring to the Art and Design Show this March at our yearly conference. The theme will be ***"A Touch of Home"*** centering around things that bring you comfort or remind you of home or growing up. These can be anything that you have made, it does not have to be something sewn. You could bring in pictures of a project you worked on for your home, such as redoing a piece of furniture, or redecoration/painting of a room, or bring in pictures of things you have baked or cooked that remind you of family and those good times. You could bring in something that you have sewn, knitted, crocheted, or even cross stitched. We want to see what you love, and how you show your creativity! Keep an eye out for our contest with it too! (Watch for more information in the January E-Newsletter!) You could win a prize for your fabulous work!

Do you not have something to bring, but still want to help? We will need people to help watch the room during breakout sessions throughout the conference. Please contact Terri Williams at tlwfcs@gmail.com if you have any questions or if you are interested in helping out.



We express our sincerest sympathy to **Chris Kniep** on the unexpected death of her brother, William "Bill" Hubbard, 71 of East Troy, WI on November 16. Bill was an important part of Chris's life. We appreciate Chris's continued work on the conference planning following this painful and sudden loss.



Wisconsin Association of Family and Consumer Sciences

2019 Annual Conference

March 8-9, 2019

Pre-conference March 7, 2019

The Wintergreen Resort & Conference Center
Wisconsin Dells, Wisconsin



2019 Conference Packet

2019 Keynote Speakers



Julie Poehlmann-Tynan, Ph. D., will be presenting “Children with Incarcerated Parents”. The U.S. incarcerates more people than any country in the world, and most incarcerated individuals are parents of minor children. Children of incarcerated parents are at risk for developing negative outcomes in adolescence and adulthood, including substance abuse, externalizing problems, cognitive delays, school failure, truancy, criminal activity, and persistent internalizing problems.



Under 40 Grams: The Benefits of Social Media and Communicating with grandchildren, presented by Danielle Y. Hairston Green, Ph.D., CFCS-HDFS will discuss the value of healthy relationships between grandparent and grandchildren in reducing symptoms of depression for both generations. The relationship is considered second in emotional importance only to the relationship between a parent and child (Pilemer, 2013). Studies also show that grandparents are becoming younger and younger, experiencing their first grandchild before the age of 40, which could be an added benefit because the two things that young grandparents and their grandchildren have in common is energy and social media. This talk will share five core reasons why grandparents matter more than ever and how social media /technology has a positive impact on those relationships.

Over 25 Breakout Sessions will be offered Friday and Saturday. The complete breakout session schedule will be included in the January e-newsletter. A sampling of the sessions being offered:

- Reveal your Power – a Blueprint for Renewal
- Starting your Career in Family and Consumer Sciences
- Mental Health First Aid
- The Joy of Laughter and humor
- How does your “relationship” with money influence you and your Personal relationships”
- It’s not Easy being Orange

- Enhancing Teens Transition from Foster Care to Independent Living
- Hands-On FCS Activities for a world of 7.6 Billion

Pre-Conference Options

Chef Susan Holding of Little French Bakery



Taking this pre-conference tour will be like taking a trip to France with Susan! Chef Susan will prepare tasty treats and demonstrate baking techniques she learned in France. Participants will be sampling either a delicious tart or macarons (depending on the humidity) and conversing with Susan throughout the 3-hour session. You will be in for a real treat! **The fee is \$35** and we will travel to the site via car. Seating will be reserved for ten people. Register for pre-conference using the same form as conference registration.

Mary Alice Hart of Creative Quilts



Explore turning a drawing or photo into a turned edge machine appliqué that involves no sewing until the piece is ready to quilt. Using a fusible foundation, freezer paper for pattern pieces, textured fabric for the center, and tulle for shading, you can have fun building this simple Wild Rose blossom. During this three hour workshop, participants will create their appliqued piece under Mary Alice's guidance and enjoy a "trunk show" of her work. The session will be held on site. **The fee is \$20 to register**, a supply list will be sent to registrants (scissors, needles, etc.) Seating will be reserved for twenty people. Register for pre-conference using the same form as conference registration.

Building Protective Factors for Youth

Join us for two impactful workshops offered in partnership with the Gundersen National Child Protection Training Center. These workshops are especially relevant for teachers, child care providers, social workers, nurses, youth advocates and parents.

ACE Study: Adverse Childhood Experiences - Identify, Intervene and Interrupt Experiences in childhood matter.

Teachable Safety Skills for Professionals

Presenter: Jane Straub Victim Assistance Specialist, Jacob Wetterling Resource Center

Jane has been working in the violence prevention and intervention field for almost 20 years. She has had the opportunity to work with victim/survivors of all ages and their families as well as offenders.

Additional information on the session may be found at:

<https://wafcs.org/Docs/WAFCS-Pre-Conference-with-Student-Rate.pdf>

Cost to attend: \$65 General Public \$30 Discounted Rate for UWSP Students

Discount made possible by a grant from UWSP Centennial Funding

Conference Schedule – At-a-Glance

Thursday March 7

- 12:30 p.m. Pre-Conference – Depart for The Little French Bakery
1:00 p.m. Pre-Conference – Mary Alice Hart of Creative Quilts – Wild Rose Blossom
1:30 p.m. Pre-Conference Event - Building Protective Factors for Youth
Provided by UWSP Continuing Education and Outreach
5:00 p.m. – 8:00 p.m. Relax, Refresh and Relate Welcome Reception/Event & Community Service Project
Conference Registration open
7:00 – 9:00 p.m. WAFCS Board Meeting

Friday March 8

- 7:30 – 8:20 a.m. Exhibits Open
Art & Design Show Opens
Silent Auction Opens
7:15– 8:15 a.m. Breakfast Buffet
Conference registration continues outside of ballroom
7:45 – 8:20 First Timer Session
8:30 – 9:45 a.m. First General Session
Keynote Speaker: Julie Poehlmann-Tynan, Children with Incarcerated Parents
10:00 – 10:45 a.m. Breakout Sessions, Exhibitor Expo, Art and Design Exhibit, Silent Auction
11:00 – 11:45 a.m. Breakout Sessions, Exhibitor Expo, Art and Design Exhibit, Silent Auction
Lunch for students and mentors
12:00 – 12:45 p.m. Breakout Sessions, Exhibitor Expo, Art and Design Exhibit, Silent Auction
Lunch for remaining attendees
1:00 – 1:45 p.m. Breakout Sessions, Exhibitor Expo, Art and Design Exhibit, Silent Auction
2:00 – 2:45 p.m. Breakout Sessions,
3:00 – 4:00 p.m. Business Meeting/Student Business Meeting
4:00 – 5:00 p.m. General Session - Creating the future of WAFCS
5:00 – 6:00 p.m. Break Time, Silent Auction
6:00 – 6:30 p.m. Social time – Cash Bar
6:30 – 8:30 p.m. Awards and Recognition Banquet
8:30 p.m. Pick up and pay for Silent Auction items

Saturday March 9

- 7:30 a.m. - 8:20 a.m. Healthy Start Continental Breakfast (ballroom)
8:30 – 9:15 a.m. Breakout Sessions
9:30 – 10:15 a.m. Breakout Sessions
10:30 – 11:15 a.m. Brunch
11:15 – 11:45 a.m. **Keynote Speaker: Danielle Y Hairston Green, Under 40 Grams: The Benefits of Social Media and Communicating with Grandchildren**
11:45 – Noon Closing

Registration Fees - Meals included with Registration Fee
Please note, registration is non-refundable.
Registration after Wednesday February 14 add \$25 Late fee.

Conference Registration

Fri/Sat Member - \$160.00
Fri/Sat Non-Member - \$195.00
Fri/Sat Student - \$90.00

Fri Only Member - \$90.00
Fri Only Non-Member - \$110.00
Fri Only Student - \$50.00

Sat Only Member - \$90.00
Sat Only Non-Member - \$110.00
Sat Only Student - \$50.00

Pre Conference Fees:

Chef Susan Holding of Little French Bakery - \$35

Mary Alice Hart of Creative Quilts - \$20

Building Protective Factors for Youth - Cost to attend: \$65 General Public
\$30 Discounted Rate for UWSP Students

Room Reservation Information & Lodging Room Rates

The Wintergreen Resort & Conference Center
100 Gasser Road
Wisconsin Dells, WI 53965
Phone: (800) 548-4765 or (608) 254-2285

<u>Room Type</u>	<u>Room Rate</u>
Single	\$82.00 + tax
Double	\$95.00 + tax
Triple	\$95.00 + tax
Quad	\$95.00 + tax

- Tax exempt documentation MUST be presented at check-in or at time reservation is made.
- Special rate expires Wednesday February 14th, 2019.

2019 WAFCS Conference Registration
March 8-9
The Wintergreen Resort & Conference Center
Wisconsin Dells, WI



***Required information**

Please Word Process or Print

*First Name _____ *LastName _____

(As it will appear on name badge.)

*Email _____

*Mailing Address _____

*City _____ *State _____ *Zip _____

*Preferred Phone _____

*Are you currently a member of American Association of Family & Consumer Sciences?

☐ Yes ☐ No

If yes, please provide your AAFCS membership number if applicable. _____

[Member Registration = AAFCS/WAFCS member](#)

*Registration Type: (Meals are included) ♦ Please note, registration is non-refundable.

Registration after Wednesday, February 14 – add \$25.00 late fee

☐ Fri/Sat Member - \$160.

☐ Fri/Sat Non-Member \$195.

☐ Fri/Sat Student \$90.

☐ Fri Only Member \$90.

☐ Fri Only Non-Member \$110.

☐ Fri Only Student \$50.

☐ Sat Only Member \$90.

☐ Sat Only Non-Member \$110.

☐ Sat Only Student \$50.

☐ Guest Ticket for Fri Breakfast \$8.00

☐ Guest Ticket for Fri Lunch \$10.00

☐ Guest Ticket for Fri Banquet \$20.00

☐ Guest Ticket for Sat Continental Breakfast \$6.00

☐ Guest Ticket for Sat Brunch \$10.00

Please specify meals you will be eating so we can have an accurate meal count *

☐ Thursday Relax, Refresh Relate Reception

☐ Friday Breakfast Buffet

☐ Friday Luncheon Buffet

☐ Friday Banquet

☐ Saturday Continental Breakfast

☐ Saturday Brunch

***Friday Banquet Meal Choice – select one:**

Seafood Alfredo

Chicken Chardonnay

Prime Rib

Food allergies _____

For Students ONLY:

What university do you attend?

☐ UW-Stevens Point

☐ UW-Madison

☐ WI Technical College System

☐ UW-Stout

☐ Other

For Members ONLY:

Would you be a mentor at the Friday luncheon? ☐ Yes ☐ No

Pre-Conference Activities:

Thursday – March 7, 2019

- ☐ **The Little French Bakery** cooking demo and dialogue with Chef Susan Holding. Fee \$35.00 We will car pool to site. Departure time from The Wintergreen is 12:30 p.m.
- ☐ **Creative Quilts - Wild Rose Blossom Applique** create a turned edge machine applique design with artist Mary Alice Hart. Fee \$20. On-site 1:00 – 4:00 p.m.
- ☐ **Building Protective Factors for Youth** offered in partnership with the Gundersen National Child Protection Training Center two session workshop will focus on ACE Study: Adverse Childhood Experiences and Teachable Safety Skills for Professionals. Fee \$65 general public, \$30 UWSP Students. On-site 1:30 – 5:15 p.m.

Educational Displays:

Friday - March 8, 2019

7:30 a.m. – 2:15 p.m.

If you plan to bring an educational display that would be placed on a table top please indicate topic of display here. These displays could include: foundation grant recipient projects, info from FCS classroom teachers, projects by student unit members, FCCLA STAR Events, etc. You will be provided half of an eight foot table.

Topic of Display: _____

Donations:

WAFCS HUGS \$_____ WAFCS Foundation Scholarships & Travelships \$_____

Write separate check to WAFCS Foundation - Mail to Janet Powell, Executive Director

WAFCS Permission for Publication Release Form

- ☐ I give my permission for WAFCS to use my photo, possibly with my name included, in a manner consistent with quality, professional education, in any WAFCS electronic or print paper media communication. I also realize that WAFCS or any of its Regions may submit such communications to AAFCS as well as professional media covering WAFCS events and achievements.
- ☐ I do not give permission to WAFCS to use my photo.
- ☐ This permission can be revoked at any time by contacting the WAFCS State President in writing.

***Options for Payment:**

Preferred: Register online:

[https://contedusi.uwsp.edu/v20/emc00/register.aspx?
OrgCode=10&EvtID=5531&AppCode=REG&CC=118112803651](https://contedusi.uwsp.edu/v20/emc00/register.aspx?OrgCode=10&EvtID=5531&AppCode=REG&CC=118112803651)

Pay by Credit card

Printed Registration form, Mailed to: UW - Stevens Point

Continuing Education and Outreach
2100 Main Street, Room 032
Stevens Point, WI 54481-3897

Pay with Check.

*****Registration will not be complete until payment is received.**

***Payment Amount:**

Registration Fee _____

Pre-Conference Fee _____

\$25 Late Fee – after Feb 14 _____

Total \$_____

10% Discount offered to conference presenter. Indicate session presenting

POST-CONFERENCE

Post-Conference 12:30 – 3:30

☐ **AAFCS Certification Exams (fee is \$95.00 payable to AAFCS)**

Those individuals who hold a bachelor's degree from an accredited institution or who will graduate within the year are eligible to take one of the five professional-level assessments offered by AAFCS. **Register for exam online with AAFCS.** Examination options are:

Family & Consumer Sciences (FCS) Composite Examination

Hospitality, Nutrition & Food Science (HNFS) Concentration Examination

Human Development & Family studies (HDFS)

Personal & Family Finance Educator (PFFE) Examination

Nutrition & Wellness Educator (NEW) Examination

You may print a copy of this completed form for your records before submitting

Room Reservation Information

The Wintergreen Resort & Conference Center
100 Gasser Road
Wisconsin Dells, WI 53965
Phone: (608) 254-2285 or (800) 648-4765

ROOM TYPE	ROOM RATE
Single	\$82 + tax
Double	\$95 + tax
Triple	\$95 + tax
Quad	\$95 + tax

Tax exempt documentation presented at time reservation is made or at check-in.
Conference fee includes breakfast buffets.

Special room rate expires Wednesday, February 14, 2019.

**Conference Program and Registration Form are also found on the
WAFCS website: www.wafcs.org**

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Stay Connected:
www.wafcs.org



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