## WAFCS E-NEWSLETTER

#### WISCONSIN ASSOCIATION OF FAMILY AND CONSUMER SCIENCES

Volume V, Issue 3

March 2017



The mission of WAFCS is to provide leadership and support for professionals whose work assists individuals, families, and communities in making informed decisions about their well-being, relationships, and resources to achieve optimal quality of life.

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The time we have been waiting for and working toward is finally here! The 2017 WAFCS Annual Conference is this upcoming weekend, March 2 - Pre-conference Day, March 3, 4 - Conference Days!

Not only do we have four outstanding keynoters but also twenty stimulating break out sessions. A Friday lunchtime discussion will focus on how the WAFCS regions can contribute to the overall professional development of members.

This is also the time we recognize deserving members. This year we recognize a New Achiever, a Leader and a Friend of the Family. Watch for the Spring/Summer newsletter for details on these special awards. The WAFCS Foundation will award several grants, scholarships and travel ships.

The silent auction always features many items, some fun, some unique, some collectible, some original. Once again, Priscilla Bondhus has offered a week at her time share condo. Also featured is a beautiful, hand woven basket from Ghana.

If you have not registered for the conference but would like to, it is not too late. Registration is still available online at wafes.org

# **Message from WAFCS President, Cindy Quilling**

Greetings, WAFCS members!

This is an exciting week as WAFCS approaches their 2017 Annual Conference 'FCSfit' where participants will focus on the overall wellness of individuals, family and community. I look forward to seeing you and the friends that you may be bringing with you! If you aren't registered and have just heard about this opportunity please still join us at the Radisson Paper Valley Hotel, Appleton, WI.



Thank you for trusting me to lead WAFCS, a chance where I could 'give back' to the organization that has been the backbone of my profession. Albert Einstein once said: "It is every man's obligation to put back into the world at least the equivalent of what he takes out of it." I trust that you also will find ways to 'give back' to WAFCS. As you enjoy the spring remember to 'give back' to the people you care about through the little things you do everyday that make a difference. See you at the conference in Appleton!

#### WAFCS Members in the News...



#### Alyssa Anderson's classes at Pittsville High School Engage in a Community Service Project

Mrs. Anderson's advising group has decided on a service project called 'PHS Panther Meals on Wheels.' Each month the students select a group of community members they would like to thank for their efforts of being a positive part of their community. So far the students have thanked:

October: Made pumpkin pies for the Pittsville Police & Fire Departments

November: Made spaghetti bake for 5 families in the community that have been affected by

health issues

December: Made homemade cinnamon rolls for the Hahn bus garage employees & crossing

guards

January: Making breakfast for the food service workers





#### **Delaine Stendahl**

The Home Baking Association (HBA) has recently recognized AAFCS member Delaine Stendahl, Whitehall, WI with the 2016 Educator Award. Stendahl is a family and consumer sciences educator at Whitehall Memorial Schools in Whitehall, WI. Stendahl's winning lesson *The Power of Eggs <a href="http://aafcs.usi.list-manage.com/track/click?u=bee11993ef54296c205934b97&id=610d3abc6a&e=p9BzVugr6e">http://aafcs.usi.list-manage.com/track/click?u=bee11993ef54296c205934b97&id=610d3abc6a&e=p9BzVugr6e</a>* is used in a Food Science & Nutrition course for students in grades 9-12 and focuses on the use of eggs in baking and the multiple roles eggs play in food preparation. Students learn the scientific role of eggs in recipes. Stendahl will include *The Power of Eggs* lesson in a week-long culinary workshop she is conducting this summer for family and consumer sciences educators. HBA congratulates Stendahl and encourages educators to use the FREE lesson in classrooms or community program.

#### **FCS Calendar of Events:**

Check the online calendar at <u>wafcs.org</u> under "Calendar of Events". Click on the event for a description of the event.

#### Has Your Membership Lapsed?

It is easy to slip by and not renew in a timely manner. Now is a good time to play "catch up". It is easy to renew right on the AAFCS website.

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