

WAFCS NEWSLETTER

WISCONSIN ASSOCIATION OF FAMILY AND CONSUMER SCIENCES

Founded in 1921 Fall, 2016 Issue



The mission of WAFCS is to provide leadership and support for professionals whose work assists individuals, families, and communities in making informed decisions about their well-being, relationships, and resources to achieve optimal quality of life.

Coming your way soon!! Mark your calendar for the **WAFCS 2017 Annual Conference on March 2,3,4, 2017 in Appleton, WI** at the Radisson Paper Valley Hotel. The committee is working hard to make this an outstanding conference. See page 3 for information on keynote speakers. Thursday, March 2 will be a pre-conference day and we are planning a fun day with service opportunities. Conference days are Friday and Saturday. Both days will have a robust program of offerings. **Get your request in now to your employer for a release to attend.** Once again, the WAFCS Foundation is offering up to three stipends of up to \$125 each to support professional member attendance at the WAFCS Annual Conference.. Applications can be found on the WAFCS.org website under Forms and Applications/WAFCS Foundation forms.

The Request for Proposals is now under way.

The theme of **FCS fit** encompasses the overall fitness of the **Individual, Family and Community**. Tracks will include:

**Building Youth
Across the Lifespan
Nutrition, Health, and Wellness
Interpersonal Relationships
Family Resource Management
Digital Tools and Technology**

Family and Consumer Sciences' many content areas are included within these tracks.

Do you have an expertise in one of these content areas that you would like to share in a breakout session? Do you know someone whose expertise would be an excellent addition to the conference? For a proposal form contact Janet Powell at <janetmpowell38@gmail.com>. The proposal form is also available on the WAFCS website and can be downloaded from there.

A Message from your president, Cindy Quilling

In late August I celebrated my 59th birthday (maybe it's the 1st of my '59th birthdays) but needless to say it is the last year before I turn 60. Age is such an interesting thing. I remember standing in my grandmother's living room when my aunt said she was turning 30. All of my 15 years could not believe she was that 'old'. Now here I am almost twice that age.



I hope that I'm 'aging gracefully' as the saying goes. Not to see age as negative even though my body reminds me that it is, but to recall wonderful life memories from years past. Memories of love, family, friends, students and school that move 'age' to 'ageless' where we watch our health, continue to learn, and concentrate on what makes us happy.

I am so glad that as I have 'aged' my world has included Family & Consumer Science and WAFCS/AAFCS. Where else can we learn about and share with others the knowledge to make lives better, to strengthen families, and to nurture relationships; knowledge on physical fitness, financial fitness, critical thinking, career education, and health and nutrition. AAFCS initiatives of FCSFit and Dining In for Healthy Families are on target to the needs of individuals and families today and in the future. When we "Say Yes to FCS" we are touching lives. When we get others to "Say Yes to FCS" we will be connecting professionally and providing them the tools that will keep them 'ageless'.

So 'Happy Birthday' (whenever it was) hoping you celebrated anticipating the endless possibilities in your future that will make you 'ageless'!



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WAFCS Business and Reports

Rita Houser, Conference Co-chair

What's happening on **March 2, 3, and 4** at the **Radisson Hotel** in **Appleton**. Of course, it is the Wisconsin Association of Family and Consumer Sciences annual conference. The theme this year is *FCS Fit: Individual, Family, Community*.

The keynote speaker on Friday morning is **Patricia Dischler**, a nationally recognized speaker and author who inspires audiences with her creative ideas and entertaining presentations, sharing stories from her 25 years experience as a provider and teacher. Her many books include *Teaching the 3 C's: Creativity, Curiosity & Courtesy* and *From Babysitter to Business Owner*. She offers a variety of products and trainings through her company, KIDBIZ Resources. As President of the National Association of Family Child Care, Patricia is a leader and strong advocate for early childhood professionals. In all she does, Patricia strives to help others strengthen their own careers as they do what they love – make a difference in the life of a child!



The keynote speaker on Saturday morning is **Kara Thom**, an active-living advocate who writes and speaks about fitting fitness into life and mentoring movement to others. *She is part of the Go! Go! Sports Girls™ team*, representing girls' lives as they are now: active, athletic and adventurous. The dolls, books and apps support creative play and social-emotional growth through sport, and encourage girls to dream big. Now, with 13 different dolls, a free app, and a line of six books that bring the dolls' stories to life, Go! Go! Sports Girls™ is not only being noticed by media and big retailers, but also by policymakers at the White House as a leader bringing change to gender disparity in toys.



Also expect exciting workshops, time for networking, informative exhibits, silent auction, arts and crafts display and a fun time for all. Mark the dates on your calendar. We will see you there!

Stephanie Love, Vice-President, Membership

I am getting back into the swing of fall with a new schedule, many students walking through my classroom door, and starting to think about the weather that will soon be here. I am also looking over the AAFCS membership list. It looks like we have had a few additions and there are some that need to think about renewing with us in the near future.

We love to see new names and faces at our statewide events. No matter where you are in the state you are an asset to the group. If you have attended one or many events and received just one piece of information to bring back to your students or colleagues, you are enjoying the benefits of a great organization. We are looking forward to our WAFCS State Conference in Appleton, WI on March 3-4, 2017 and the AAFCS National Conference in Dallas, TX from June 25-28, 2017. We would love to see you there! Reconnect, Refresh and Renew for the upcoming final quarter or the new school year to come with some great ideas and the knowledge that you are not alone in your career.

In this busy time of fall please take a moment to renew your membership for WAFCS/AAFCS. If you have already submitted your renewal, thank you. As you know, WAFCS is here to provide its members with some great educational opportunities.

Leaving a Legacy

Planned Giving vs. Annual Charitable Gifts

By Jean Zeithaml, CFCS, WAFCS Foundation Member-at-Large
and Mary Kaye Merwin, WAFCS Secretary

Fall is a time of change with cooler temperatures and magnificent foliage colors. But as Bonaro W. Overstreet stated, “Autumn... makes a double demand. It asks that we prepare for the future—that we be wise in the ways of garnering and keeping. But it also asks that we learn to let go—to acknowledge the beauty of sparseness.” Year-end is a good time to take stock and think about such matters. With roots in Family and Consumer Sciences, planning ahead and helping others is second nature.

Leaving a Legacy

A couple of years ago, WAFCS Secretary Mary Kaye Merwin, succinctly shared how to channel charitable giving and estate planning into leaving a legacy that bears repeating.

Getting Started: As I began to think about my future and the legacy I would hope to have a part of in the future, I made a list of all the organizations and events that have played a significant role in my life. My career in Family and Consumer Sciences (FCS) was certainly high on that list, along with family, educational institutions, church, and other organizations and causes I have been active in over the years. This list helped me to shape my estate plans.

Legal Counsel: Once I was clear in my own mind about my wishes, I sought a lawyer to help me draft a revocable trust.

Structuring the Bequest: Not unlike many others, my estate is tied up in many different things, including property, investments, etc. I have chosen to take the portion of my estate that I am not directly designating to family and divide it by a percentage of the total, as I do not know the exact value at the time that I will no longer be here.

Planned Giving vs. Annual Gifts: My planned giving decision is separate from my annual giving decisions. For me, many of my assets are tied into property or other investments. I cannot give large contributions annually, but I can make provisions for larger contributions through my estate.

The Time is Now: It is never too early to put your affairs in order and take care of estate planning. None of us are in control of our life’s journey, so if we would like to have a say in where our life’s assets go, we all need to do this planning sooner rather than later. Everyone should consider planned gifts.

Consider WAFCS: I’m excited to share my story of the core values and life skills that my career has provided me and the role it has played in the development of my leadership and career skills. For these reasons, I’m committed to supporting FCS for future generations. The WAFCS Foundation members are available to talk with you about ways you can make a difference for Wisconsin FCS through annual and planned gift giving.

IRA Charitable Rollover Reinstated with No Expiration Date

This reinstated law allows you to make a tax-free gift from your individual retirement account (IRA). The transfer generates neither taxable income nor a tax deduction, so you benefit even if you do not itemize your tax deductions. You must be 70½ years or older and may transfer up to \$100,000 per year directly from an IRA to a charity or non-profit organization. The WAFCS Foundation can accept such

gifts. This is a wonderful opportunity to donate to the WAFCS Foundation directly from your IRA without paying income tax on the distribution. Your IRA charitable distribution can satisfy all or part of your IRA Required Minimum Distribution for the year.

To obtain the tax advantages, the charitable distribution must be made directly from the IRA account itself. Contact your IRA administrator to find out if they have a form you must use and instruct the administrator to send the distribution check (payable to WAFCS Foundation) to the following address: Karen Goebel, WAFCS Foundation Chair, 1821 Camelot Drive, Madison, WI 53705. Instruct the administrator to identify you as the IRA account owner/donor by name and address on its cover letter and inform WAFCS that you are making an IRA charitable distribution by contacting Karen Goebel. Members have taken advantage of this tax-effective strategy in past years, for which the Foundation is extremely grateful.

Planned Giving vs. Annual Gifts

As Mary Kaye stated, there is planned giving via estate planning and annual charitable giving. We ask you to consider both. As the end of the year approaches, you'll be contacted by multiple charitable organizations for year-end contributions. Some people spread their giving around, but most experts advise to focus on your passion and concentrate your giving to what you are about and what you believe is important. Support those things that have meant the most to you.

Those giving to the Foundation most recently were Ashley Palmer and Nyla Musser (in honor of Sarah Kling Halverson).

WAFCS FOUNDATION DONATION FORM

\$ _____ Other _____ \$100 _____ \$50 _____ \$25 _____

Name _____

Address _____

City/State/Zip _____

In Memory of _____

In Honor of _____

In Celebration of _____

AAFCF/WAFCS is a 501 (c)(3) not-for-profit organization. All contributions are tax deductible.

Make checks payable to:
WAFCS Foundation & send to:

Karen Goebel,
Chair WAFCS Foundation
1821 Camelot Drive
Madison, WI 53705
Ph: 608-444-2652

Please send a card acknowledging this gift to:

Name _____

Address _____

City/State/Zip _____

**Nominate a member for an Award or an Agency or non-member for a
Friend of the Family Award**

Carolyn Barnhart, Vice President, Awards and Recognition

In WAFCS we have new achievers, outstanding teachers and great leaders. Please nominate our members for awards by November 1, 2016. The nomination process is simple. Send an e-mail to the appropriate award chair below and state in a sentence why the person you are recommending deserves the award. You do not need to contact the person; the award chair will take care of connections! Therefore, include the e-mail address of the nominee in your e-mail.

If you have observed an agency or a non-member promoting and supporting Family and Consumer Sciences and you would like to recognize their support, then nominate them for the WAFCS Friend of the Family Award. A simple e-mail to Carolyn Barnhart will start the process for selection.

The following are the award chairs ready to receive your nominations by or before November 1, 2016:

Teacher of the Year to Donna Dinco ddinco@execpc.com

New Achiever to Dottie Winger dwinger@madison.k12.wi.us

Leader Award to Carolyn Barnhart barnhartc@uwstout.edu

Friend of the Family to Carolyn Barnhart barnhartc@uwstout.edu

Your nominee will be contacted and asked to complete an application. If your nominee is selected for the Award, they will be honored at the WAFCS Annual Conference in Appleton, WI on March 3, 2017.

More information about Awards available at: www.WAFCS.org and www.AAFCS.org on both websites- click on Awards.

Nominate Someone Special!!

Time to start thinking of someone in Wisconsin who deserves to be nominated for one of these awards.

WAFCS Leader Award

WAFCS New Achiever Award

WAFCS Teacher of the Year Award

Nominations are due by November 1.

Information is available on the website under Forms and Applications:

www.wafcs.org

WAFCS Student Unit

Meet the Student Unit Officers for 2016-2017



Hello, my name is **Randi Miller** and I am the new **student unit President**. I am attending UW- Stevens Point and this is my final year of schooling. I am originally from Columbus, WI. I chose family and consumer sciences education for my major because it is incredibly important for students to learn life skills like cooking, personal finance, and child development. Also, I am acquiring a health education minor because I enjoy a healthy lifestyle and want to encourage others to take the same path. Along with being president of WAFCS student leader, I am also treasurer of Stevens Point Association of Family and Consumer Sciences and play on the club volleyball team at Stevens Point. I am looking forward to this school year and bringing the UW-Stout and UW-Stevens Point students together. I think we will make an awesome team and provide many educational opportunities!



My name is **Kaylee Lemke**, **student unit vice-president**, and I am a senior in the Family and Consumer Sciences Education program at the University of Wisconsin Stout. I will be student teaching in the Spring of 2017. I am from Shakopee, Minnesota and I chose FCSE because of the wide range of content in areas I am interested in. I always knew I wanted to be a teacher, but originally thought I would end up in Elementary but decided on Family and Consumer Sciences after taking a few classes in High School and loving them. I have been an involved member of our on campus group called Stout Association of Family and Consumer Sciences and plan to stay as involved as possible while I student teach. I am excited to see what this year brings me as part of the student board of WAFCS!



Kristin Nickles, Social Communication: I am a Senior at the University of Stevens Point majoring in Family and Consumer Sciences with a teaching intent and a health minor. My hometown is De Pere, Wisconsin. I chose to teach in the FCS field because I value the creativity and versatility in the subjects that I will teach. I'm excited to teach subjects that will be engaging for students and will prepare them with skills that they will utilize for the rest of their lives. I look forward to being a positive role model and to build genuine relationships in my school and community as an FCS educator. Currently, I am involved in SPAFCS, volleyball intramurals, and nannying. I am eager to begin student teaching in spring of 2018.



Kennedy Davis, Secretary:

I am from Cedar Grove, WI, and this is my second year at UW-Stout! I will be graduating in three and a half years with my degree in Family and Consumer Science Education with minors in Human Development and Family Studies & Spanish through the Honors College as well! I always knew I wanted to be a teacher, but I chose this program specifically because I enjoy all of the content associated with FACS. Here at Stout, I am involved with Big Brothers Big Sisters, Campus Crusade, and the Stout Association of Family and Consumer Sciences. I am looking forward to working with the students from Stevens Point at the conferences again this year!



Teacher's Corner..

Meet Sarah Puddy, originator of the Family and Consumer Sciences Teachers Facebook page



Hello, my name is Sarah Puddy but, a lot of you probably know me as Sarah Jill Puddy on Facebook. I graduated from the University of Wisconsin Stevens Point in 2010. After graduating I taught one year at Columbus High School. For the past four years I taught at Theisen Middle School in Fond du Lac, WI (which was my middle school 15 years ago). This year I started full time at Sabish Middle School which is also located in Fond du Lac, WI. In the Fond du Lac School District I teach 6th, 7th, and 8th grade introductory Family and Consumer Sciences classes.

I created the Facebook page Family and Consumer Sciences Teachers. <https://www.facebook.com/groups/FCSteachers/>.

Initially I created the page for my local colleagues and fellow University of Wisconsin-Stevens Point peers. We would send mass messages to each other when we needed ideas and I thought a page would keep things more organized. I started the Facebook page December of 2013, with about 20 members. Almost three years later, we are over 6,600 members strong worldwide.

As the group grew in size and teachers were adding resources to the Facebook page, I realized we needed something that was more organized so I created the google email. The original idea was for people to upload their resources to Google Drive but, it was quickly realized that Google would not like multiple people on one email. That is when the idea of a Google Website was suggested to me. This was a new experience for me as I had never created a website but, Google made it pretty easy. As all the awesome resources were submitted, I realized that Google had a small storage space. What started with one Google website, had grown into fifteen. The fifteen websites include resources from FCS teachers around the world. I try to keep them as organized as possible. After we got to 15 sites I decided to look into buying more storage space. We are now down to 5 main sites that cost \$10 a month for unlimited storage. Once you join the Facebook page, you will have access to the table of contents page with all of the resources in the pinned post (at the top of the Facebook page).

Somedays I feel like I have created a monster but, it has been a very rewarding and positive experience. This page is a great way to develop and expand as a teacher. I can't count the number of teachers who have said they finally feel like they have someone to lean on or vent to because they are a single person department and no one really knows what we do on a daily basis.

If you would like to join, please click on the facebook link at the top and send a friend request. If you don't have anything on your profile that identifies you as FCS, please do so until you are added to the page or send me a message on Facebook stating you are a FCS teacher. We want to keep the page to only FCS teachers (past, present, future).

Thanks,
Sarah Jill Puddy
Sabish Middle School
Fond du Lac, WI 54935

Why Use a Textbook? by Leona Johnson, EdS

Author: *Interpersonal Relationships, Strengthening Family and Self*
Goodheard-Willcox publications



In my varied educational roles -- as a Family and Consumer Sciences high school teacher trying to facilitate the very best learning I possibly could for my students; as a K-12 curriculum director trying to support 150-plus teachers in providing consistent, sequenced, learning in individual classrooms district-wide; and, as an elementary principal leading a building of educators to collaborate in providing classroom experiences that met district standards—in all three positions, I found that there were very specific benefits of using well designed textbooks and corresponding teaching materials to help teachers meet the challenges of their profession.

Teaching is a challenging profession, from several perspectives:

- First is the challenge of knowing your subject matter, and for Family and Consumer Sciences teachers, that subject matter can include multiple areas of content – multiple bodies of knowledge.
- Second is the challenge of keeping up-to-date in each of those areas.
- A third challenge is keeping abreast of your students' needs in each class-- student learning styles, student interests, differences in ways students learn--- and best practices for each of those different needs.
- A fourth challenge is making sure that you are teaching in a way that students are able to master learning at an acceptable standard of rigor that will enable them to succeed in future learning situations, on a job, in their relationships, and in life in general.
- A fifth challenge is making sure that your students are meeting building level and district goals and documenting your students' progress toward meeting those goals.
- A sixth challenge is identifying gaps in student learning, identifying plans for helping students close those learning gaps, and making progress toward individual, classroom, school, and district goals.

These challenges have stretched most teachers to their limits. I have worked with many amazing teachers, gifted and highly qualified, competent in their field, who have felt overloaded by these challenges from all directions. In my personal experiences, I have found that using good quality textbooks and corresponding teacher and student materials can facilitate the reduction of stressors in several areas for both teachers and administrators.

A good quality textbook can help teachers meet the daily challenges of teaching by providing accurate, reliable content that has been researched by authors and verified by editors who are experts in their fields. A quality textbook also helps the teacher by sequencing and scaffolding learning in a way that new knowledge builds on previous knowledge; new skills build on previously learned skills. Using a textbook that applies research based best practices to the sequencing of knowledge and skills facilitates optimum learning. This includes strategies for introducing new knowledge and skills, practicing skills, and using knowledge in a way that promotes retention of what is being learned. Strategies for each of these steps can be found in the textbook and accompanying student learning activities, making it convenient for teachers. When multiple teachers teach the same course, using a textbook helps keep the course content and learning experiences consistent across classrooms, important for departments and school districts.

Best practices in reading instruction should apply across all content areas. Using a quality textbook can help you as a teacher incorporate these best practices into your classroom. Strategies for organizing reading and learning vocabulary are included as pre-reading strategies. During reading strategies include connecting new concepts to prior

learning or to life experiences, and thinking critically about what has been read. Post reading strategies often appear as review questions in which students are asked to clarify their understanding of what has been read. All teachers are teachers of reading, and utilizing a good quality textbook can facilitate that process.

Using a good quality textbook can help you make sure that the learning experiences you choose for your students meet standards and include all levels of learning: knowledge that includes facts and information; comprehension that includes your understanding of various concepts; and higher levels of learning that are skill based—applying, analyzing, creating, evaluating and making judgments. Multiple opportunities in a textbook for students to carry out each of the above can help you as a teacher choose activities that meet different students' individual needs, learning styles, and interests. These learning activities are often found at the end of a chapter or unit, and make it convenient for teachers to differentiate based on students' needs.

Another benefit of using a quality textbook is having learning and assessment tools intertwined. The assessment tools in a textbook are designed to measure student success in meeting the various objectives in a lesson or chapter, and can help teachers identify whether students are mastering the content of the course. Do some concepts need to be re-taught or reinforced? End of lesson review questions should measure the lesson objectives and help answer that question. End of chapter assessments should measure chapter objectives and provide feedback for both students and teachers as to learning that has been mastered. Having multiple types of assessment tools that correlate with the content objectives and measure student mastery of standards can help teachers identify student mastery of various types of objectives. Test questions most often measure knowledge and understanding. Assessments that measure skills usually are more complex, require more time and thought for teachers to create them, as well as for students to complete them. In many cases, the learning activities at the end of the chapters require students to review content knowledge, think about concepts, and apply them to new or different situations. These activities can be assessed to measure students' mastery of upper level objectives. Having access to these assessments that are usually included in the textbook or the supplements that accompany a textbook can greatly benefit teachers and students. They provide tools for measuring whether students are mastering the objectives, meeting standards, and meeting district goals.

Working as an administrator, I quickly realized the benefit of putting good tools like quality textbooks in our teacher's hands. As a school district, we required so much documentation from staff: identification of essential learnings—the big ideas -- for each course, detailed records on how well students mastered those essential learnings, documentation of how specific standards were being met in each course, records on student mastery of each standard, documentation of interventions provided for students who did not meet those standards, progress reports on what success students had with those interventions. Then there were district goals and building level goals. Teachers were also required to keep records on students' progress toward meeting those goals.

The more of these tools that were provided in the textbooks and accompanying materials that we purchased as a district, the better it was for our teaching staff. It wasn't that teachers weren't capable of creating their own, there just wasn't enough time in the day. Having well-designed teaching materials accompanying high quality instructional texts and assessment tools facilitated our staff in meeting the demands that were placed on them for the accountability of individual students towards meeting district standards and goals. It also helped us as a district to provide sequenced, scaffolded curriculum K-12 that met local, state, and national content standards.

Not all teachers liked using textbooks; instead, they taught what they wanted, when they wanted, at a rigor they felt like using. Claims of keeping up-to-date by using materials off the Internet were used to cover up a lack of planning, a lack of sequenced and scaffolded instruction, a lack of rigor, and a lack of meeting standards with a level of rigor that stretched students beyond their comfort zone. Often, I found teachers were grabbing activities off the Internet to try with students because they looked like they would be fun. No time to evaluate whether these activities were integrated with standards, met the rigor we were requiring, or truly helped students progress toward mastering essential learnings. From the administrative perspective, a good quality textbook and corresponding teacher and student supplements can help districts avoid these pitfalls and provide a rigorous, sequential, standards-based curriculum for all students. From the teacher perspective, using a good quality textbook and related teacher materials can definitely help reduce the stressors related to carrying out and meeting the demands of the teaching profession.

AAFCS President Duane Whitbeck issued a number of challenges to members during his June, 2016 presidential address. In an attempt to incorporate one of these challenges ***“All members will put the FCS icon in his or her e-mail signature line for both personal and business email (if possible)”***, instructions for different email systems follow. Let’s market our profession by doing this today!

Adding the FCS Logo to your Email Signature (Each email system is a little different.)

Zimbra:

1. Go to the Preferences Tab at the top.
2. Click on the Signatures link on the left side.
3. There is space there to write information and cut and paste in graphics



Yahoo:

1. Go to preferences
2. Settings
3. Writing email
4. Lower right says - Note: To edit your signature, go to Accounts and choose the email account you would like to modify.
5. Click on the account you want to edit. It will bring up a box where you can cut and paste the FCS logo into for part of your signature.

Hotmail/Outlook:

1. Open Hotmail /Outlook account.
2. Open the 'Settings menu to access personal and app settings'.
3. From the dropdown menu, click on 'Options'.
4. On the left side of page, under 'Layout', click on 'Email Signature'
5. At end of signature, you can copy/paste the desired picture. OR
6. Click the 'Insert Pictures Inline' button.
7. Select the picture you would like to add to your signature.
8. Click 'Save'.

Gmail:

1. Create a Gmail signature. An email signature is text, like your contact information, graphic, or a favorite quote, that's automatically added at the end of Gmail messages as a footer.
2. You can add or change a signature.
3. Open Gmail.
4. In the top right, click Settings .
5. In the "Signature" section, add your signature text in the box. If you want, you can format your message by adding an image or changing the text style.
6. At the bottom of the page, click Save Changes.

Adding the FCS Logo to a Facebook page

To add the logo on top of an existng photo on the banner for your Facebook page follow the directions below.

1. Right click on the current banner photo and save the picture.
2. Insert the photo in Microsoft Publisher.
3. Insert the second jpeg graphic (FCS logo) on top of the first photo.
4. Hit Control A (that will allow you to save the grouped jpegs as one picture. Save it to your desk top.
5. Go to your Facebook page and click the camera icon in the lower right side of your banner photo.
6. Select upload photo, search for and click on the new photo with the FCS logo on it.
7. Hit save.

Outlook in "the cloud" (Source LINK: <http://smallbusiness.chron.com/insert-company-logo-outlook-77277.html>).

1. Open Outlook 2013 and click the "File" tab from the top ribbon. Select "Options" from the left column and then click "Mail."
2. Click the "Signature" button in the "Compose messages" section of the Outlook options window.
3. Click the "New" button and type "Company Logo" (without the quotation marks) as the name for the signature. Click "OK" and then click the "Edit signature" input box.
4. Type any information that you want to appear with the company logo at the bottom of the email and then click the "Insert Image" button --styled like a monitor in front of a picture-- next to the Style and Formatting buttons.
5. Select the company logo that you want to add to the signature and click the "Insert" button.
6. Click "Save" and then click "OK" to create the new signature.
7. Click the "Message" tab when composing a new email and select "Company Logo" from the "Signature" drop-down list to insert the company logo in new emails.

To see the entire list of challenges from AAFCS President, Duane Whitbeck, go to http://www.aafcs.org/res/2016/AAFCS_Challenges_DuaneW.pdf

AAFCS Strategic Direction, Priorities, Initiatives

Strategic Direction

IMAGINE provides a desired destination for AAFCS and the field of Family and Consumer Sciences. The destination identifies our desired results guided by strategic priorities and goals. All are based on our core values and mission. With this end in mind, we have a direction and can take actions - strategically and collectively - to achieve success in reaching our desired destination. So “imagine” with us and take action! Together, what we imagine with energy and commitment must inevitably come to pass!

Strategic Priorities

Advocacy and
Collaboration

Education and
Recognition

Research and
Innovation

Strategic Initiatives

FCS Day

Say Yes to FCS

FCSfit

2016
Physical Well-being
(Health/Wellness)

2017
Resource Fitness
(Time/Finances)

2018
Emotional/Healthy
Relationships

IFHE: World Food Day 16th October 2016

“Climate is changing: Food and agriculture must too”

download the IFHE Press Release under <https://www.ifhe.org/1116/>

WAFCS Information

New Directory being published November 1

Is your information up to date? Have you changed your email address? Have you moved? Have you changed jobs or retired? Are you no longer using a business phone for your preferred phone number? **Please send me janetmpowell38@gmail.com any changes to your information before October 15.** Or you can sign into your “myaafcs” account and make your changes. That way AAFCS will have your correct information as well. **THANK YOU!**



Attention all you Authors:

During the WAFCS Annual Conference, a panel of Authors will share all you ever wanted to know about writing for publication. We invite you to share your expertise during this panel. If you are able to participate in this panel, please contact Janet Powell at <janetmpowell38@gmail.com>. The panel will take place on Friday afternoon, March 3, 2017. (Also, if you know someone you would like to recommend, please email Janet with that information.)



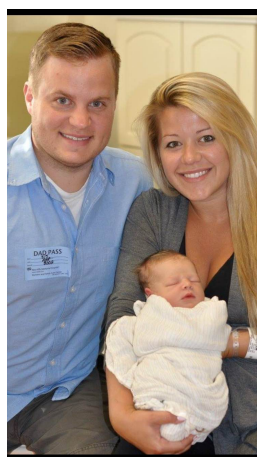
Member News..



We express our deepest sympathy to **Judy Knudsen** on the recent death of her mother.

Priscilla Bondhus is back in her home in Madison and doing well after her lengthy illness.

Bev Braun had heart surgery in the spring, then broke her ankle so was in rehab most of the summer. She returned home the middle of August but was wearing a boot until the end of August with no driving. We hope you are getting back to normal now, Bev.



Just wanted to share the news that Charles Correll was born on Thursday, August 4th, weighing 7lb 12oz and 20 inches long. The delivery went as smoothly as possible and now that we are home all of my child development knowledge is really being put to good use! :) **Kayla Correll**

Also..

Congratulations to **Kayla** on receiving her **CFCS certification!**

This has been quite a year for Kayla - ProStart Teacher of the Year, WAFCS New Achiever, CFCS certification and a new baby!



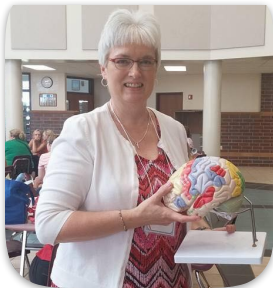


Check It Out!! FCS Calendar on www.wafcs.org

Do you want to know when FCS happenings are taking place in Wisconsin? Your place to find them is on the calendar on the WAFCS website. On the calendar you will find dates and information for the following: FCCLA, DPI, WAFCS, WFCE, UW-Stout, UW-Stevens Point, UW-Madison, Phi Upsilon Omicron, HOSA, ACTE, CESA, ProStart. The objective here is to provide a comprehensive calendar of FCS events to facilitate communication and scheduling that hopefully does not overlap. In order for this to be effective, information must be sent to Janet Powell to be placed on the calendar. Also, we need all of you to make use of the calendar and encourage others outside of WAFCS to use it as well.

Nasco Teacher Celebration

Thank you to NASCO for hosting the **Nasco Teacher Celebration** on August 5. Held at Fort Atkinson High School, Nasco welcomed teachers from around the state and many different disciplines to this free event. Special educational sessions gave teachers cutting edge information. A special day welcomed FCS teachers. Presentations included **Sy"STEM"atic Approach to Teaching Family and Consumer Sciences**, Susan Turgeson, Ed.D, CFCS, UW Stevens Point; **Using Technology & Social Media in Family & Consumer Sciences**, Sarah Puddy, FCS Educator; **Expand Your Budget**, Julie Martin, FCS Educator. In addition, with special drawings and give-aways, everyone walked away with amazing gifts. Exhibits and lunch completed the day.



Protégé Plus

Don't forget!! WAFCS has a support program for new professionals called **Protégé Plus**. If you are a **new professional** looking for ideas and suggestions or if you are a **seasoned professional** willing to share your expertise, contact Julie Martin at julie.martin@ngsd.k12.wi.us



**Wisconsin Association of
Family and Consumer Sciences**

Janet M. Powell, CFCS

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2016-17 Calendar of Events

October 8	WAFCS Board Conference Call
October 15	Membership Directory and E-Newsletter deadline*
November 15	Annual Conf. Registration Info due
December 15	Winter Newsletter deadline
March 2	WAFCS Council Meeting
March 3, 4	WAFCS Annual Conference Radisson Hotel, Appleton, WI
April 15	Summer Newsletter deadline*
June 25-28	AAFCS Annual Conference Dallas, TX

*Send newsletter info to:
executivedirector@wafcs.org

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