WAFCS E-NEWSLETTER

WISCONSIN ASSOCIATION OF FAMILY AND CONSUMER SCIENCES

Volume V, Issue 2

November, 2016



The mission of WAFCS is to provide leadership and support for professionals whose work assists individuals, families, and communities in making informed decisions about their well-being, relationships, and resources to achieve optimal quality of life.

In This Issue:

2017 Annual Conf.	1
President's Message	2
Update FCCLA/FCCLA Foundation	2
FCS Day, Giving Tuesday	3
Hurricane Matthew	4
Special Messages	5
Board of Directors	6



Mark Your Calendars!

March 2 - Preconference Day; March 3, 4 - Conference Days!

Set aside these dates to attend the WAFCS 2017 Annual Conference in Appleton at the Radisson Paper Valley Hotel. Registration information and Program at a Glance will be coming out about December 1.



Friday keynote speaker is Patricia Dischler, nationally recognized author, business owner - KIDBIZ Resources, public speaker. www.patriciadischler.com Patricia's topic is "Making a Difference in the Life of a Child"



Friday evening dinner speaker is Christine Kniep, UW Extension specialist. Chris will lead you on the journey of The "Little House" books by Laura Ingalls Wilder. She will share favorite stories from the books and the fabric and quilts designed by Johanna Wilson that retell Laura's life journey.



Saturday morning keynote speaker is Kara Douglass Thom, author, speaker and expert on fitting fitness into life. She is the proud author of the Go! Go! Sports Girls children's book series. www.lifeasafitmom.com



Saturday luncheon speaker is Karen Ostenso, Assistant Professor, University of Wisconsin-Stout, Dept. of Food and Nutrition. Karen will speak on the newly released 2015-2020 Dietary Guidelines.

Message from WAFCS President, Cindy Quilling

Greetings, WAFCS members!

Have you said "YES to FCS"? It's the opportunity to 'Speak Out for Family & Consumer Sciences' (October's emphasis) telling people how FCS 'Builds Intergenerational Connections' and 'Uses High-Tech Tools'. November's emphasis is 'FCS + Teamwork = A Formula for Success'. Could we not bring together a larger team of professionals from different organizations to find that success ... maybe by using the same technology that allows me to sit down with my grandson even though we live in different homes? Could not Face Time or Facebook or Twitter or Instagram (or whatever else I may not be familiar with) be tools used even more intensely? The technology in your life is your tool to bring the message of Family Consumer Science to those outside of WAFCS. Grab your smartphones; don't wait another day to 'Say YES to FCS'.



We are happy to announce that Carol Subera has volunteered to fill the vacant WAFCS President-Elect position. **Thank you, Carol Subera!**

Update information on WI FCCLA Foundation and WI FCCLA

by Marilyn Swiontek, V-P of External Relations

WI FCCLA Foundation

Wisconsin Family, Career and Community Leaders of America Foundation, Inc. exists to support WI Family and Consumer Sciences Education in general and especially by offering support to WI Family, Career and Community Leaders of America members and advisers.

In 2015-16 fiscal year the Foundation was able to expand the basket raffle at the FCCLA State Leadership Conference to help cover registration expenses for Wisconsin STAR Event competitors at the FCCLA National Leadership Conference; to distribute 900 Wisconsin FCCLA Mini Booklets to chapters, advisers, administrators, FCCLA Executive Council members, legislators, and business sponsors; to hold a summer celebration in Green Lake focused on the history of Wisconsin FCCLA; and to fund the chapter president scholarship, three chapter grants, and two adviser educational awards.

Several foundation board members are also active in WAFCS: Carolyn Barnhart, Mary Kennedy, Carol Subera, and Marilyn Swiontek.

WI FCCLA

Family, Career and Community Leaders of America is a national career and technical student organization for young women and men in Family and Consumer Sciences education. Its mission is to promote personal growth and leadership development through Family and Consumer Sciences education. Focusing on the multiple roles of family member, wage earner and community leader, members develop skills for life through character development, creative and critical thinking, interpersonal communications, practical knowledge, and career preparation.

This summer 136 Wisconsin FCCLA members competed in STAR Events at the FCCLA National Leadership Conference and earned 66 Gold, 55 Silver, and 13 Bronze medals. In October, WI state officers presented three Fall Leadership Academies for members at Madison, Stevens Point and Menomonee locations. Regional representatives have received training for their responsibilities for upcoming regional STAR Event competitions in February and in preparation for the 2017 State Leadership Conference April 3-5 in Wisconsin Dells.

WI FCCLA always welcomes volunteer evaluators for STAR Events from WAFCS. For more information, contact Diane Ryberg at diane.ryberg@dpi.wi.gov.

Are You Ready to Celebrate FCS Day?

AAFCS is looking forward to celebrating the third annual Family & Consumer Sciences Day with you! Family & Consumer Sciences Day, "Dining In" for Healthy Families, is an opportunity to promote family and consumer sciences programs, research, tools, and professionals that support family mealtime. We'll ask families to make and eat a healthy meal together on December 3rd.

I'm "Dining In"!

To prepare for Family & Consumer Sciences Day:

- Please make an online commitment for yourself, your family, and/or a group that you work with, such as a class, school, FCCLA chapter, or workplace/organization, to "Dine In" on December 3rd.
- Start thinking about how you are going to promote FCS Day in your school, club, community, workplace, etc. Ideas are available at www.aafcs.org/FCSday/promote.html.
- If you know approximately how many FCS Day stickers you will need for your promotions and activities, <u>order them online</u> for free while supplies last! Thank you to <u>Learning Zone Express</u> for providing in-kind support for the stickers!
- If you would like to order logo merchandise from our Cafepress store, be sure to order soon so you'll receive your products in time! www.cafepress.com/aafcsstore
- If you are going to request an FCS Day proclamation from your city, state, school, university, etc., do so now! We have a <u>handy proclamation template</u> that can be downloaded and customized.

There are many more resources and tools posted on our FCS Day site at www.aafcs.org/FCSDay. Take a look!

Thank you in advance for your participation and support!

Giving Tuesday Campaign 2016 - Tuesday, November 29, 2016

WHAT IS GIVING TUESDAY?

The goal of #GivingTuesday is to create a global day of giving back that celebrates generosity and kindness. The day itself falls on the Tuesday following Thanksgiving each year, meaning this year #GivingTuesday falls on **November 29.** In the same way that Black Friday and Cyber Monday kick off the buying season, #GivingTuesday kicks off the giving season. It's a day to step back from the commercialization and consumerism that comes with the holiday season, and promote philanthropy.

Consider donating to the WAFCS Foundation on GIVING TUESDAY! Donation forms are on the website: www.wafcs.org under Foundation.

Also, #GivingRedTuesday! to FCCLA Donation Page Link – https://www.flipcause.com/secure/cause_pdetails/MTE4OTI

Hurricane Matthew: Disaster Assessment with the American Red Cross

by Charmaine Rimple, V-P of Public Policy

I served five days doing disaster assessment (DA) for the American Red Cross (ARC) in rural Savannah, GA area. The date I arrived, ARC was in an all day process of three trainings for its DA volunteers with new paperwork. The new paperwork and its process was in line with policy and procedure of how Federal Emergency Management Assistance (FEMA) conducts disaster assessment. I learned how closely these two agencies (ARC and FEMA) worked together.

I also learned of a successful evacuation of Savannah's residents and how municipalities worked together to evacuate. Residents who chose to remain were provided a release to sign giving contact information.

As residents were allowed to return to Savannah area and many found their homes uninhabitable, ARC worked to partner with local churches to provide shelter, serve meals, and give first aid treatment so residents could be in the area of their homes as they began the repair process.

When I arrived, I was teamed with a volunteer from Mississippi to conduct Detailed Disaster Assessment (DDA). My 70-year-young partner and I drove rural roads about 60 miles inland of Savannah looking for homes covered in part with colored tarps or homes with missing shingles or visible trim damage. We identified the address of the home and possibly the owner's name. The task of recording resulted in describing the house in location of something other than the address known by the personnel of local post office because of many unmarked mailboxes, lack of visible residential numbering system, roads without any type of road signs, and rural residents unfamiliar with services of ARC not wanting to provide information. Throughout this process, I thought to myself how well-marked the Wisconsin highway system is and the State's rural municipalities staking of residential sites with fire numbers.

My partner from Mississippi (retired family child counselor) shared her 2005 experience of recovery from Hurricane Katrina. She asked me to pass along a big THANK YOU to other Wisconsinites how appreciated the many truckloads marked "from Wisconsin" of clothing and household goods were to her extended family and neighbors. She shared how difficult it was for her to accept donated clothing, wear it, and not have any place to launder clothes. In many cases, donated clothing that became soiled was discarded (rather than washed) and another donated set of clothing obtained from racks upon racks of unsheltered donated items. Many truck loads of donations were not sheltered, but just dropped off. Hmm, something to think about! Maybe we need to think about the manner our donated items will be sheltered at a disaster site until recipients have a livable home to use household items or accept a full wardrobe of clothing.

At the end of this assignment I was asked to accept a possible assignment to North Carolina. Though willing, I did not qualify so I headed home. I could not help but reflect on the vast difference in preparedness between Savannah, GA and North Carolina. In Savannah, people were evacuated and the power and electric provider called in 1200 workers to rural Savannah area and 2200 workers to the Atlanta area. In North Carolina, unprepared residents suffered unexpected massive flooding as a long period of cresting waves sent flooding waters into the large inland river system.

Check Your Calendar!! FCS Calendar on the WAFCS website

Features entries from many FCS organizations. If you know of items that should go on the calendar, please send them to me at <u>janetmpowell38@gmail.com</u>

Has Your Membership Lapsed?

Please let me know that you are renewing! The new directory will be out very soon. janetmpowell38@gmail.com

It is easy to slip by and not renew in a timely manner. Now is a good time to play "catch up". It is easy to renew right on the AAFCS website.

Do you know a member who should be recognized?

Today, November 1, is the deadline for nominating a **Leader, New Achiever, or Teacher of the Year.** Send your nomination to Carolyn Barnhart, (<u>barnhartC@uwstout.edu</u>) Leader award; Dottie Winger, (<u>dwinger@madison.k12.wi.us</u>), New Achiever award; Donna Dinco, (<u>ddinco@execpc.com</u>), Teacher of the Year award.





International Conference Call for Abstracts 2017

The Home Economics Department, St Angela's College, Sligo and the International Federation for Home Economics would like to invite you to submit abstracts for their upcoming international conference.

Date: 23rd – 25th March 2017

Location: St Angela's College, Sligo, Ireland

Proposals due: November 28, 2016

(Complete information will be attached to email with this newsletter)

Stay Connected: www.wafcs.org



Like us on Facebook

WAFCS Board of Directors 2016-2017

Executive Committee

President Cindy Quilling
President Elect Carol Subera

Immediate Past PresidentMary Kennedy, CFCSSecretaryMary Kaye MerwinTreasurerSusan Turgeson CFCS

Ex-Officio

Executive Director Janet Powell CFCS

Vice Presidents

VP Membership Stephanie Love

VP Awards and Recognition

VP Technology/Communication

VP External Relations

VP Public Policy

Carolyn Barnhart CFCS

Kayla Correll, CFCS

Marilyn Swiontek, CFCS*

Charmaine Rimple, CFCS*

VP Professional Development Esther Fahm CFCS
Foundation Designee Karen Goebel CFCS

We are here to serve you. Contact information can be found on the WAFCS website at: www.wafcs.org. Let us know your desires and concerns.