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# WAFCS NEWSLETTER

WISCONSIN ASSOCIATION OF FAMILY AND CONSUMER SCIENCE

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Founded in 1921 | Winter, 2015 Issue

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The mission of WAFCS is to provide leadership and support for professionals whose work assists individuals, families, and communities in making informed decisions about their well-being, relationships, and resources to achieve optimal quality of life.

## Are you ready for the WAFCS Conference March 26-28, 2015?

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### Annual Conference Preparation Checklist:

- ☐ Need a little extra support to attend this year's conference, fund your education, or implement a project in your place of employment or community? Consider applying for a student scholarship, student travelship, teacher stipend, and/or professional project/research grant by February 15. [Click here](#) for more information and application forms under forms and applications.
- ☐ Call Three Bears Resort at 608-378-2500 to reserve your hotel room by **February 26**.
- ☐ Register by March 1 using the secure online link and pay via check, purchase order, or PayPal. [Click here](#) to register now. (Registration after March 1 requires \$25 late fee.)
- ☐ Prepare or purchase an item or two for the WAFCS Foundation Silent Auction.
- ☐ Pack your bag, business cards, and swimsuit for the waterpark if you are so inclined.
- ☐ Enter "701 Yogi Circle, Warrens, WI" into your preferred mapping device, and navigate your way to Three Bears Resort March 26-28. See you there!

**Advancing the Field  
WAFCS Conference  
March 26-28, 2015  
Three Bears Lodge  
Warrens, WI**



## A Message from Your President..



Greetings From Your President: Welcome The New Year 2015!

We have great things to be proud of in WI WAFCS. It is because of YOU, the members, that we have achieved them! THANK YOU!

- Congratulations to the many members who participated in our 1<sup>st</sup> National FCS Day, December 3, "DINING IN". The importance of recognizing and spreading the message that wholesome meals and family meal time make a winning combination was relayed to our public. Teachers, Extension workers and individual members got the word out along with a Proclamation from our Governor.
- WAFCS mentors and teachers have been connecting through project Protégé Plus, inspired and developed by Cathy Lader. Recently they focused on FCCLA Star Events. Thank you Cathy and participants!
- 6 WI FCS teachers received Energy Star Appliances for their classrooms! A great way to stretch those budget dollars- Congratulations!
- Phi Upsilon Omicron Conclave held in Boise, Idaho was attended by Carolyn Barnhart, Karen Goebel and Vera Riley, along with 3 students from UW Madison.
- Congratulations to Carol Anderson, CFCS who was awarded the Iowa State Alumni Premier Award for her leadership in FCS and IFHE.
- The 2015 Conference "Advancing The Field of FCS" is worthy of your attendance on March 26-28, 2015 at The Three Bears Lodge in Warrens, WI. Topics include: " **The Power of Strong Relationships**", by a father whose son was Kidjacked. " **What's So Great About the Family Anyway?**" by Professor Harry Brighthouse. He argues the family enables both adults and children to have valuable relationships and experiences for which there is NO SUBSTITUTE. " **Hope Is A Verb**" describes the current trends seen in crimes against children both in person and on line with an emphasis of what we can do to make things better and brighter for all youth.

Make plans and bring a friend, you don't want to miss this one!

"7 Big Factors in Happiness": a presentation at UW Stevens Point by Harry Brighthouse, highlighted the important areas of life that involve personal skill development. They are:

- |  |                                   |
|--|-----------------------------------|
| 1) Sound Finances                          | 2) Successful family relationship |
| 3) Connection to the community and friends | 4) Personal freedom               |
| 5) Personal values                         | 6) Good Health and                |
| 7) Meaningful work.                        |                                   |

This reads like the course offerings for most FCS Departments. Have you thought of the results from your teaching as HAPPINESS in families? Gus Vouchilas, San Francisco State University states it well: "Family and Consumer Sciences offers so much to so many. It is a field that is seated at the heart of the quality of life; something that touches each and every one of us." We are indeed in the correct field!

We as professionals have an abundance of topics on which to focus and make a difference. Choose one that fits your style and lead forth. Start small, see the positive results, then continue to grow. We can then look forward to a year of positive impact for families in 2015!!

Let me know your ideas. We are only as strong as our members.

Thank you,

Jeanne Schwass-Long

Note: The 2016 WAFCS Conference Co-Chairs are Janet Powell and Jeanne Schwass-Long. We will be assembling our committee starting the first of the year. If you are interested or have some ideas for program, please let us know. It will be held in Madison the first weekend in April, 2016.

## Congratulations to the Planning Committee for an Outstanding Conference Program!

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**FYI**

All conference information including Registration Forms, Conference Program, and Lodging Information as well as forms to apply for Foundation grants, scholarships and travelships can be found at [www.wafcs.org](http://www.wafcs.org)

### 2015 WAFCS Conference Program

#### Thursday, March 26, 2015 Three Bears Resort, Warrens, WI

\*Waterpark open for WAFCS conference attendees only 7-9 p.m.\*

9:00 a.m. – 4:00 p.m. Wisconsin Afterschool Network (WAN) Institute

6:00 p.m. – 9:00 p.m. AAFCS Certification Exams – dependent upon pre-registrations

Registration Open

7:00 p.m. – 9:00 p.m. WAFCS Council Meeting – Ballroom A/B Waterpark Open exclusively for WAFCS Conference attendees

#### Friday, March 27, 2015 Three Bears Resort, Warrens, WI \*Waterpark open 5-9 p.m.\*

6:30 a.m. **Early Morning Wellness** Set-up silent Auction and Art Design Show

6:30 a.m. – 8:00 a.m. **Sunshine Breakfast Buffet and Networking**

7:00 a.m. Set-up Registration, Exhibits, Displays

7:30 a.m. – 8:30 a.m. Registration Open

7:30 a.m. Exhibits Open 7:30 a.m.

#### Dedicated Times for Viewing Exhibits

**Exhibits End 3:30 p.m.** PDUs are awarded for viewing exhibits.

8:00 -8:30 Orientation for First-Time Attendees, New Members, and Non-Members: Making the Most of Your Conference Experience, Coffee & Conversation with Janet Powell, WAFCS Executive Director

#### 8:30 – 9:45 **First General Session – Ballroom C 1.25 CFCS PDU**

Welcome □ Pledge of Allegiance □ Lighting of Betty Lamp □ Greetings from AAFCS, Carolyn Barnhart, President Elect

Keynote – *What's so Great About the Family, Anyway?*, Professor Harry Brighthouse, UW- Madison

Everybody agrees that the family is important. But often the family is invoked as a reason to resist measures that would make society more just, because those measures are portrayed as reducing the freedom of families to conduct their own affairs their own way. Professor Brighthouse will propose that this thought is usually based on a mistake about \*why\* the family is valuable. He argues that what is so great about the family is that it enables both adults and children to have valuable relationships and experiences for which there is no substitute; and that social justice requires that everyone be able to have these experiences. Measures that enhance social justice, he thinks, usually enhance, rather than contradicting, family values.

9:45 Silent Auction and Art Design Show Open

9:45 – 10:00 **Break/Viewing Exhibits .25 CFCS & CPFFE PDU**

10:00-11:00 **Breakout Sessions**

**Great Egret- 1.0 CFCS PDU**

*Supporting Early Development: ASQ Childhood Developmental Screening*, Cynthia Muhar, Family Living Educator, UW-Extension, Milwaukee County

Are you interested in a tool that can determine if a child is developing on track, teach parents about their child's development, and serve as a parent engagement instrument in early childhood programs? The Ages and Stages Questionnaire is a parent-administered tool that helps parents and providers work together to support the development of every child. Join us to learn more!

**Blue Heron- 1.0 CFCS PDU**

*Reality FCS...When Standards Just Aren't Enough*, Sue Halama, FACS/Health Science Educator, Menomonie High School, Menomonie, WI

Standards...but what about the standards for life? Numerous times students seek out their FCS educator on life choices/ experiences. This session will share strategies of how FCS educators can empower students for life beyond high school.

**Red Tailed Hawk – 1.0 CFCS PDU**

*Snapshot of South Central AHEC...Sharing Hands Activities and Previewing Presentations*, Shayna Somers & Wendy Hinz, Health Career Educational Consultants, South Central Area Health Education Center, Beloit, WI

Get a sneak peek at some of the new programming at AHEC and get a glimpse at what AHEC does for both classrooms and communities.

**Belted Kingfisher – 1.0 CFCS PDU**

*On-line, Anytime Family and Consumer Curriculum Material*, Dave Rizzardi, Curriculum Consultant, CEV Multimedia, West Bend, WI

CEV Multimedia has over 137 lesson titles, lesson plans, student project ideas and activities to enhance student learning and retention. This workshop will allow teachers an opportunity to preview lessons of interest, understand how the system works, and take home free trial information to use the system.

**Sand Hill Crane – 1.0 CFCS PDU**

*Green County's Barn Quilt Trail*, Lynn Lokken & Kris Winkler, Co-Chairs Green County Barn Quilts, Monroe, WI

Through photos, the presenters will explain how Green County started their trail and how it has impacted tourism in the county. As quilters, the presenters share their love of quilts and quilt history with the Barn Quilts. Tourism guides of Green County will be available.

11:00 - 11:15 **Break/Viewing Exhibits .25 CFCS & CPFFE PDU**

11:15-12:15 **Breakout Sessions**

**Great Egret – 1.0 CFCS PDU**

*Food Preservation :Back to Basics the Safe Way!*, Karen Dickrell, Family Living Educator, UW-Extension, Outagamie County

Discover the most recent food preservation techniques and methods that have come as a result of research at the University of Wisconsin and University of Georgia. Old methods may have worked back in the day – but it is important to stay current with the most recent research methods to secure a safe food supply. A new curriculum has been released in 2014 that is designed for outreach to youth and introducing them to the fun of food preservation.

### **Blue Heron – 1.0 CFCS PDU**

*FACSessionize! Enhance Your FCS Program*, Ramona Hatch, Owner/Author, Fresh FACS, Pinckneyville, IL

A well-tailored jacket, great-fitting jeans and the perfect shirt are wardrobe staples – the foundation of a nice outfit. What takes that outfit from practical to fabulous? The right accessories, of course! Your FACS program may be like that basic outfit – good, but not quite great. Let us show you how to FACSessionize your classes to make them fun, fashionable, and oh so fabulous!

### **Red Tailed Hawk – 1.0 CFCS PDU**

*More Than Meets the Eye: An Introduction to the Field of Interior Design*, Katja V. Marquart, Assoc. Dean & Head of Division of Interior Architecture, UWSP, Stevens Point, WI

This session will provide an introduction to the field of Interior Design (also called Interior Architecture). The session will begin with a brief introduction to the development of the field and its place among the environmental design professions. Participants will learn about the different ways in which Interior Designers practice their trade, the educational preparation required for the field, and global trends and issues affecting the profession.

### **Belted Kingfisher – 1.0 CFCS PDU**

*Making a Memorable Impact with Your RealCare Baby Program*, Denise Bodart, Product Manager, Realityworks, Inc., Eau Claire, WI

Learn how this evidence-based program combines interactive activities, complete curricula and hands-on simulators for pregnancy prevention, parenting, and childcare careers. Hear how the program was incorporated into an East African school and stories from instructors on program best practices and using lessons to teach delicate sex ed concepts.

### **Sand Hill Crane – 1.0 CFCS PDU**

*Promoting Student Identity and Reducing Prejudice through Anti-bias Education*, Amy Vatne Bintliff, 2014 Award for Excellence in Teaching from Teaching Tolerance, Reading Teacher, Oregon Middle School, Oregon, WI

Inspired by equity and diversity work? Learn how the presenter, one of Teaching Tolerance's 2014 awardees, has integrated anti-bias standards into her classroom. Participants will gain: experience exploring Teaching Tolerance's Anti-bias Framework (ABF), advice on integrating the ABF, and knowledge about how students are responding to the work.

12:15-12:30 **Break/Viewing Exhibits 25 CFCS & CPFFE PDU**

12:30-1:45 **WAFCS Awards & Networking Buffet Luncheon** – Ballroom C

1:45 – 2:00 **Break/Viewing Exhibits .25 CFCS & CPFFE PDU**

2:00 – 3:00 **Breakout Sessions**

### **Ballroom C – 1.0 CFCS PDU**

*Role of Fathers in Child Development*, Dr. Charles Snowden, UW-Madison

Dr. Snowden's thinking about human fatherhood has been influenced by his work with marmosets and tamarins, small primates where fathers and older brothers are spontaneously involved in infant care. These animals have shown him that fathers play an important role in the development and well-being of infants, but that fatherhood is also costly and risky. Thus fathers must have a strong relationship with their partners. He will talk about hormonal changes in fathers during pregnancy and after infants are born that have striking parallels to changes in females during pregnancy and childcare. Fathers have to learn to be good parents mothers must allow fathers to interact with infants. All of these findings have direct relevance to helping men become better fathers.

### **Great Egret – 1.0 CFCS**

*Not Just for the Cows: 4-H Youth Development in the 21<sup>st</sup> Century*, Andrea Braatz, 4-H Youth Development Educator, UW-Extension, Calumet County

Think 4-H is just for the cows? 21<sup>st</sup> century 4-H Youth Development is not your grandparents' 4-H experience! Enjoy interactive activities and demonstrations as we explore what 4-H Youth Development has to offer and what we are doing to prepare youth for life after high school.

### **Blue Heron – 1.0 CFCS PDU**

*Food Stories Be Told*, Sue Strutz, FCS Teacher, Baraboo School District, and Brittany Vanderbilt, FCS Teacher, DeForest Area High School

Do your students eat processed foods? Do your students know the story behind their food? Learn how two high school teachers are incorporating food sustainability and project-based learning into their classrooms. You will come away with ideas to help your students write their own food stories through a project called "Herb eats herbs!"



### **Sandhill Crane – 1.0 CFCS PDU**

*From Start to Finish: Facilitating Groups*, Chris Kniep, Family Living Educator, UW- Extension, Winnebago County and Karen Dickrell, Family Living Educator, UW- Extension, Outagamie County

A skilled facilitator enables a group to work more effectively to collaborate and achieve synergy. Serving as a “content neutral” party, who by not taking sides can advocate for fair, open and inclusive procedures to accomplish the group’s work. A facilitator can also be a guide to assist a group in thinking deeply about its assumptions, beliefs, values and about its systemic processes and content. This hands-on training will prepare participants with increased knowledge, skill, and ability to use these facilitation tools with confidence.

### **3:00 – 3:30 Break/Viewing Exhibits – Exhibits End .5 CFCS & CPFFE PDU**

### **3:30 – 4:30 Ballroom C – 1.0 CFCS & CPFFE PDU**

*Everything I Needed to Succeed in Business, I Learned in FCS – Entrepreneurial Panel*

Sue Halama – Norwex, Ramona Hatch – Fresh FACS, Sarah Jo Karoses – Main Grain Bakery, Judy Kennedy – Burr Oak Winery, Arlene Welcher – Artful Escapes

This interactive session with Q & A will highlight the success of FCS professionals in their respective business enterprise. Whether you are considering starting a business of your own, facilitating student entrepreneurial ventures, or are simply an interested consumer, you will appreciate the role FCS plays in running a successful company.

### **4:30 – 5:15 Demo and/or Sales with Entrepreneurial Panel Members .75 CFCS & CPFFE PDU**

### **5:15 – 6:00 Ballroom A/B – .75 CFCS & CPFFE PDU**

*Getting to Know You: Mentoring Session*, Marsha Larson, Ph.D, and Susan Turgeson, UWSP, Stevens Point, WI

Join in as students and professionals pair up in a rapid fire speed mentoring session where introductions take place and then spontaneous feedback from experienced professionals can be given in real time. Bring your business cards so you can keep in contact with those you get to know and who get to know you!

### **6:15 – 7:00 Buffet Dinner – Ballroom C**

### **7:00 – 8:00 Ballroom C – 1.0 CFCS PDU Evening Session**

*What’s Your “Purse”onality*, Judy Knudsen, Family Living Educator, UW-Extension, Brown County

Handbags have been used by both men and women for centuries. Following a stroll through history and looking at the advancement of hand bags, we will focus on your ‘purse’ onality. A purse can say a lot about your personality. Your bag is kind of an indication of your style – a statement about who you are. Some women are classic, they carry a bag with classic style and shape. Other women are flashier – they have a bag with bling. Learn about the different types of ‘purse’ onalities.

### **8:00 – 9:30 Fireplace – 1.5 CFCS PDU**

*Read to Lead: A Discussion of Current Books on Leadership*, Carolyn Barnhart & SusanTurgeson

A time to share reviews of current leadership books. The discussion will center on leadership tips and strategies we can all use in our various leadership roles.

*S’more Networking, Bonfire and Snacks*

8:30 Silent Auction Ends (pick up items at 9:30 p.m.)

## **Saturday, March 28, 2015 Three Bears Resort, Warrens, WI**

6:30 a.m. **Early Morning Wellness**

6:30 a.m. – 8:00 a.m. **Sunshine Breakfast Buffet and Networking**

7:00 a.m.- 8:30 a.m. Registration Open

7:30 a.m. – 8:30 a.m **WAFCS Annual Business Meeting – Ballroom C WAFCS Student Business Meeting – Sandhill Crane**

8:30 a.m.- 9:30 a.m. **Second General Session – Ballroom C 1.0 CFCS PDU**

*Keynote – The Power of Strong Relationships*, Scott Lesnick, Speaker, Author of “Kidjacked” , President of Jazz Dog Enterprises, Milwaukee, WI

Kidjacked, my signature keynote story, revolves around my two small children who were abducted to the Middle East. No international laws required they be returned! Amazingly, I accomplished what few thought could be done, successfully devising a plan to bring my children home to America. My keynote references this emotional, inspirational and motivating story. Throughout, I add powerful takeaways that will assist your attendees in their professional and personal lives.

9:30 – 10:00 **Hotel Checkout Time**

10:00 -11:00 **Breakout Sessions**

#### **Great Egret – 1.0 CFCS PDU**

*You Teach: Using Free and Fast YouTube Clips to Teach FCS*, Charlene Kelley, NBCT, FCS Teacher, Bloomer School District, Bloomer, WI

Find it impossible to purchase audio-visual materials on a school budget that gets smaller each year? Have you ever bought a video that you rarely or never used? This session can help you develop a library of free clips on various FCS subjects that are quick, engaging, and usable in your classroom.

#### **Blue Heron – 1.0 CFCS PDU**

*The Power of Pork*, Ross Kiehne, DVM, Pork Producers, Saint Peter, MN

Learn how this nutrient-dense food fits into a healthy diet and how farmers are raising pigs today to ensure a safe and healthy food supply.

#### **Red Tailed Hawk – 1.0 CFCS PDU**

*Water: Now and Future Issues*, Dr. Jasia Steinmetz, Professor, UWSP, Stevens Point, WI The potential for water wars is moving closer as climate change, water loss and water contamination cause a decline of water quality and quantity. This session will outline the current issues and suggest actions that can be implemented professionally and personally to preserve this precious and essential resource.

#### **Belted Kingfisher – 1.0 CFCS & CPFFE PDU**

*Financial Literacy Media: Free Web 2.0 Tools for Everyone*, Kinga N. Jacobson, Director IT Services, Gibraltar School District, Adjunct Faculty, NWTC, Sister Bay, WI

An interactive session allowing participants to engage with effective Web 2.0 financial Literacy tools that can be used in the classroom, family, or community. The presentation tells a visual story of developing financial literacy skills using free, readily available, online resources beneficial to individuals and new entrepreneurs alike.

#### **Sand Hill Crane – 1.0 CFCS PDU**

*Been There, Done That – Student Panel*, study abroad, internship, and experiential learning experiences

11:00-11:15 Break

11:15-12:15 **Breakout Sessions**

#### **Great Egret – 1.0 CFCS PDU**

*ProStart: Bringing Industry and Classroom Together*, Alexandra Newman, ProStart Coordinator, Wisconsin Restaurant Association Education Foundation, Madison, WI ProStart is a nationally-recognized program that develops the best and brightest talent into tomorrow’s restaurant and foodservice industry leaders. From culinary techniques to management skills, ProStart’s curriculum provides real-world education and builds practical expertise. This presentation will discuss how to start the ProStart program, its benefits, and its positive impact.

#### **Blue Heron – 1.0 CFCS PDU**

*Extra, Extra Get the Inside Scoop!*, Julie Martin, Recent FCS Grad, New Glarus Middle and High School, New Glarus, WI Want to get the most of student teaching and/or first year of teaching? Does the thought of teaching, lesson planning, and meetings give you brain freeze? Clear up concerns, get advice and learn about resources, lessons and materials from a former intern who recently started her first teaching position. You’ll want to get a taste!

### **Red Tailed Hawk – 1.0 CFCS PDU**

*Works of the Heart: Supporting Nonprofit Causes*, Catherine Lader, Retired FCS Professional, Janesville, WI  
What is your passion? Why not share your talents with others while generating funds for nonprofit groups? Cathy has sponsored card making events to benefit hospice, cancer research, 4-H alumni, the Grange and FCCLA Foundation. You will have time to make 2 cards – kits and supplies are provided. Both beginning card makers and veteran crafters are welcome. Note: Limited to 25 participants

### **Belted Kingfisher – 1.0 CFCS PDU & CPFPE PDU**

*NEFE's High School Financial Planning Program*, Ruth Schriefer, Family Living Agent, UW-Extension, Iowa County  
NEFE's High School Financial Planning Program (HSFPP) has improved the financial literacy of millions of students across the country since 1984. Learn how to use this free, award-winning non-commercial curriculum to equip teens with the fundamental Personal finance skills to prepare them for financial independence in the future.

### **Sand Hill Crane – 1.0 CFCS PDU**

*Using Technology to Teach About Energy Consumption and Behaviors*, Kelly Smith, School-to-Home Energy Education Specialist, UWSP, Stevens Point, WI  
Explore energy usage by using a newly created hands-on kit from the WI K-12 Energy Education Program (KEEP). The kit includes professional, easy-to-use tools, to perform simple energy assessments and behavior investigations. Student worksheets and teacher support materials provide direction for up to three class periods and one take home assignment.

12:15-12:30 Break

12:30-1:00 **Mentoring and Networking Buffet Luncheon – Ballroom C**

1:00 – 2:00 **Third General Session – Ballroom C 1.0 CFCS PDU**

*Hope is a Verb*, Alison Feigh, Program Manager for Jacob Wetterling Resource Center, Gundersen National Child Protection Training Center, Minneapolis, MN

We want the world to be a safe place for all children, but how do we create that reality? This presentation will cover current trends we see in crimes against children, both in person and online, with an emphasis on what we can do to make things better and brighter for all youth. The focus will shift from what we are afraid of to what we can do to help create safer childhoods.

2:30 2016 Conference Announcement and Door Prizes

3:00 Adjourn

## **Annual Conference Tidbits and Teasers**

### **Items Needed for ONE-DAY Silent Auction!**

The Silent Auction held during the WAFCS Annual Conference is the Foundation's primary fundraising activity. Due to the success of a ONE-DAY Silent Auction last year on Friday only, that will be the format again this year. Come prepared to "bid high and bid often" and we'll add "bid early!"

Please bring items to Warrens for this year's Silent Auction on Friday, March 27, ONLY. Consider donating good quality items for the fundraiser to benefit scholarships, professional grants and stipends, travelships, and WAFCS organizational membership in the International Federation for Home Economics (IFHE).

Think about assembling a "themed" basket or pamper package. If you make arts, crafts, or preserve pickles or jam, share an example of your creativity for this good cause. Consider requesting corporate donations as well. Contribute items from your international travels and vintage jewelry or decor. Re-gifting is permissible!

If you are unable to attend, but would still like to donate items, please send them along with someone who is attending the conference or feel free to mail the items by March 23, 2015, to Jean Zeithaml, 2536 E. Princeton Ave., Eau Claire, WI 54703.

Please bring your donations ready to display and with a starting bid amount (bid sheets will be provided) to expedite the one-day format. Come prepared to BID HIGH, OFTEN, and EARLY in Warrens! It's always a fun time—thank you and see you there!



## Why Leaders Eat Last\*

Simon Sinek explains in his book, *Leaders Eat Last* (2014), the need for leaders to challenge people with a vision and then create a circle of safety supported by a commitment to others. As humans we are social beings and when we help each other and we feel safe our biological makeup causes us to continue to support others, ourselves and a shared vision. Sinek creatively weaves in a person's chemical, bodily responses related to endorphins and dopamine, the social chemicals of serotonin and oxytocin and the necessity but drawbacks of cortisol. If a leader is aware of these natural responses than it is easier to lead. In fact, leading and leadership can be enjoyable!

In the book, Sinek shares interviews and stories anchored in business, non-profit organizations, politics and families. He explains the need to lead people and not to drive people with numbers, money or profits. He contrasts General Electric (Welch) and Costco (Sinegal), military to business, the Abstract generation to the Me generation, and the expense of technology in relation to the demise of the human's ability to solve human problems.

In an earlier book by Sinek, *Start with Why* (2009), he challenged the reader to think about the obvious and yet simple question of why related to leadership. In the book, *Leaders Eat Last*, Simon Sinek wants the reader to learn why so few people can truly say "I love my job."

Susan Turgeson and Carolyn Barnhart will briefly review Sinek's books and other books on leadership at the WAFCS Conference in Warrens, Wisconsin on March 27<sup>th</sup> 8:00-9:30pm at a session: "Read to Lead: A Discussion of Current Leadership Books." You are invited to read books on leadership to share in the session and/or come and interact with the ideas related to leadership by various authors. The session is designed to create a forum related to leaders and leadership. As everyone is a leader in some capacity, we should have a lively discussion.

Sinek, S. (2009). *Start with why- How great leaders inspire everyone to take action*. New York: Penquin.

\*Sinek,S. (2014). *Leaders eat last-Why some teams pull together and others don't*. New York: Penquin

## Attention WAFCS Members!

Need a little extra support to attend this year's conference or implement a project in your place of employment or community?

Don't miss out on the opportunity to apply for a WAFCS Grant and/or Secondary Teacher Stipend to attend the WAFCS Annual Conference, March 26-28! See details below. **The submission deadlines are February 15, 2015.** Also, all of the information is on the WAFCS website ([www.wafcs.org/Forms & Applications/WAFCS Foundation Forms](http://www.wafcs.org/Forms%20&%20Applications/WAFCS%20Foundation%20Forms)), including brief descriptions of past grant recipient projects/research.

**Student members** are encouraged to apply for the \$500 Undergraduate Scholarship and Travelships to help support attendance at the state/WAFCS and national/AAFCS Conferences. Forms are on the WAFCS website ([www.wafcs.org/Forms & Applications/Student Scholarship & Travelship](http://www.wafcs.org/Forms%20&%20Applications/Student%20Scholarship%20&%20Travelship)).

## Foundation Offers Teacher Stipends for Conference Attendance

As the Foundation has been supportive of student members and their attendance at the WAFCS Annual Conference, the Foundation has decided to expand its reach to our professional members. In light of budget cuts and financial constraints in many of the school districts, teachers are often limited in the amount of time that can be spent out of the classroom for professional development activities. It has been pointed out that the availability of funds to pay for a substitute teacher could be the difference in having some of our teaching members be able to attend our conference or not. The Foundation is poised to address this concern by offering **three stipends of up to \$125 each** to support classroom teacher attendance at the 2015 WAFCS Annual

Conference. Recipients will be reimbursed after conference attendance and submission of appropriate expense documentation. Preference will be given to first-time professional WAFCS Conference attendees.

To apply for a stipend, classroom teachers should submit a brief statement (preferably electronically) to Karen Goebel [kpgoebel@wisc.edu](mailto:kpgoebel@wisc.edu), Vera Riley [verariley@aol.com](mailto:verariley@aol.com), and Jean Zeithaml [djzeithaml@att.net](mailto:djzeithaml@att.net) no later than February 15, 2015. For questions, contact Karen at 608-444-2652.

**The application must include:**

Name, address, phone number, e-mail address, and AAFCS member number of applicant.

Brief statement of how a \$125 stipend would make the difference in being able to attend the conference or not and how it would be used (substitute teacher cost, registration fee, travel & lodging, etc.)

Indicate if you are a first-time professional WAFCS Annual Conference attendee.

**Foundation Seeks Professional Project/Research Grant Applications**

The Wisconsin Association of Family and Consumer Sciences Foundation will award up to \$1,000 in grant money for a special project or research proposal related to the field of Family and Consumer Sciences. Applicants must hold a bachelor's degree and be a current member of AAFCS/WAFCS. The grant recipient will acknowledge the grantor and share his/her project/research findings or results with the WAFCS/AAFCS membership via a WAFCS newsletter article and/or presentation at a WAFCS and/or AAFCS Annual Meeting. Preferably, the grant recipient will be present at the 2015 WAFCS Annual Conference to receive the award.

To apply for a grant, applicants should submit a one to two-page proposal (preferably electronically) to Karen Goebel [kpgoebel@wisc.edu](mailto:kpgoebel@wisc.edu), Vera Riley [verariley@aol.com](mailto:verariley@aol.com), and Jean Zeithaml [djzeithaml@att.net](mailto:djzeithaml@att.net) no later than February 15, 2015. For questions, contact Karen at 608-444-2652. The grant recipient will be announced at the 2015 WAFCS Annual Conference in Warrens, March 26-28.

**Proposals must include:**

Name, address, phone number, e-mail address, and AAFCS member number of applicant(s).

Project description and objectives (or statement of problem and justification, research objectives, and methodology or procedure). Proposed time frame for the project/research.

Amount requested with rationale for request, e.g., how grant funds will be used. Plan for dissemination of project results/research findings.



*Advancing the Field*

*WAFCS Conference*

*March 26-28, 2015*

Purchase additional meal tickets by indicating the number of each and submitting payment to: Esther Fahm

N4867 524<sup>th</sup> Street Menomonie, WI 54751

\_\_\_\_ Friday Breakfast Buffet \_\_\_\_ Friday Luncheon Buffet \_\_\_\_ Friday Dinner Buffet

\_\_\_\_ Saturday Breakfast Buffet \_\_\_\_ Saturday Luncheon Buffet

x \$ 8 ea. = \$ \_\_\_\_\_ x \$10 ea. = \$ \_\_\_\_\_ x \$20 ea. = \$ \_\_\_\_\_

x \$ 8 ea. = \$ \_\_\_\_\_ x \$10 ea. = \$ \_\_\_\_\_

Total Amount Enclosed \$ \_\_\_\_\_

\*Please indicate any special dietary needs \_\_\_\_\_

## Protégé Plus Continues

by Catherine Lader

Director at Large - New Professionals

The WAFCS mentoring initiative entitled “Protégé Plus” has provided a small group mentoring opportunity in CESA 11. On December 10 a team of FCS mentors presented “STAR Events 101” program to new professionals who are serving as FCCLA advisers. The mentors included Cindy Quilling (WAFCS member), Sue Becker (Barron Schools), Mary Krans (retired FCCLA adviser) and state FCCLA officer Catherine Gutman. Topics included displays, manuals, oral presentations and food-related competitions.

STAR Events are FCCLA competitions that members may participate in to further the development of their 21<sup>st</sup> century skills. WAFCS collaborated with Nancy Graese, CESA 11, to manage the registration process and provide the site. Session participants stated they “felt more knowledgeable about how events work and some of the different items that evaluators look for” at the conclusion of the program. Now these new professionals are more confident in communicating expectations to their FCCLA members.

During this school year new professionals have been provided with resources, consultant time and travel expenses to support their career development through “Protégé Plus”. The following three mentoring formats have been pursued during this WAFCS initiative, which include:

- ♣ one-on-one mentoring
- ♣ resource bank
- ♣ small group mentoring.

The mentoring field study will conclude this spring. Recommendations regarding further new professional initiatives will be forwarded to the WAFCS Board of Directors.

Of special interest to new professionals attending the 2015 WAFCS Annual Conference is the breakout session by Julie Martin, School District of New Glarus, entitled “Extra, Extra Get the Inside Scoop!” where she will be talking about her experiences as a first year FCS professional. Julie was our first volunteer to be part of the mentoring resource bank that has been proposed by Protégé Plus.



## **THRIVE**

Submitted by Catherine Lader  
Director at Large – New Professionals

During one of my sessions with a new FCS professional over the summer she was telling me about her students seeming bored with memorization of styles/facts – which was taking place in a new teaching assignment she had acquired. The teacher shared examples with me of how her goal was to have students apply their knowledge through simulations and real life experiences outside the classroom. I was reminded of this while reading a book by Meenoo Rami entitled THRIVE – 5 Ways to (Re)Invigorate Your Teaching. Chapter 5 is about empowering students, stating that the ultimate task for us as teachers is to leave our students more curious and courageous. It addresses the foundations that help teachers empower students, the art of finding the right medium and the search for resources.

As an author Meenoo offers a compelling and thoughtful guide to the work of teachers. She provides examples of how to build networks, including web-based and edcamps (edcamp.org). Meenoo encourages others to join the conversation at Twitter #edthrive.

Other chapters in THRIVE include: turning to mentors, keeping one's work intellectually challenging and listening to yourself. The author presents a paradigm of teacher leadership and ways in which teachers are addressing their own professional development needs. She has reached out to many K-12 teachers from urban, rural and suburban parts of the country during her development as a professional.

About the author Meenoo Rami – As a novice teacher Meenoo experienced the same anxieties shared by many: the sense of isolation, lack of confidence, and uncertainty about the real impact of her work. In THRIVE she shares the five strategies that have helped her become a confident, connected teacher. Meenoo teaches at the Science Leadership Academy in Philadelphia, PA and is the founder of #engchat.

What I found most important about this book is Meenoo shows us what it looks like to be a “quiet leader” or “thought leader” as well as the mentor who shows veteran teachers how to work with and learn from the new generation of teachers. And isn't that what is learning is all about – embracing every opportunity to learn from each other.

## **Celebrating Our WAFCS Award Winners**

Remember when you opened your eyes in the game of Hide and Seek? You were quick to find your friends! With the same enthusiasm, joy and commitment-please helps us find our WAFCS Award winners for 2016.

- Check the WAFCS Directory for the list of members [www.wafcs.org](http://www.wafcs.org)
- Check the criteria for the Awards and the nomination forms at <http://www.wafcs.org/forms.html>
- E-mail (or send) your nominees to the Awards and Recognition Committee New Achievers-Dottie Winger [dwinger@madison.k12.wi.us](mailto:dwinger@madison.k12.wi.us); Teacher of the Year-Donna Dinco [ddinco@execpc.com](mailto:ddinco@execpc.com); Leader Award Carolyn Barnhart [barnhartc@uwstout.edu](mailto:barnhartc@uwstout.edu)
- Let us know if you want your nomination to be anonymous or you want your nominee to know you found them, nominated them and expect to celebrate with them!

Thank you for the nominations for the 2015 Awards. The AAFCS winners will be announced Friday, March 27, 2015 at the WAFCS Awards Luncheon in Warrens, Wisconsin.



## A Message from the Student Unit..

by Molly Hundt Student Unit VP

After being out of action for most of Winter Break, students at UW-Stevens Point and UW-Stout are gearing up for another semester of learning and professional opportunities.

The upcoming month has students getting back into the swing of classes and opportunities to help with Regional FCCLA Judging. Our respective school organizations will also be starting up meetings again and making plans for even more great activities!

The Student Unit is also looking forward to an exciting State Conference at Three Bears! After a successful Fall Student Conference, we cannot wait to share with the professionals all that we learned. We are also excited to promote our service project, which is gathering donations for Stepping Stones in Menomonie. We had the opportunity to hear from the Community Connections Program Coordinator this fall and learned that each dollar donated to the organization can buy \$10 worth of food for their pantry! Our goal is to present a meaningful donation to this organization that provides food, shelter and support to the Dunn County community.



"The most valuable resource that all teachers have is each other. Without collaboration our growth is limited to our own perspectives"

--Robert John Meehan

The Wisconsin Association of Family and Consumer Science and the Annual Conference provide valuable sources of collaboration!



# WAFCS Foundation

## Foundation Offers Teacher Stipends for Conference Attendance and Seeks Professional Project/Research Grant Applications

*By Jean Zeithaml, CFCS, WAFCS Foundation Member-at-Large  
and Susan Turgeson, CFCS, WAFCS Foundation Treasurer*

### Teacher Stipends for WAFCS Conference Attendance

As the Foundation has been supportive of student members and their attendance at the WAFCS Annual Conference, the Foundation has decided to expand its reach to our professional members. In light of budget cuts and financial constraints in many of the school districts, teachers are often limited in the amount of time that can be spent out of the classroom for professional development activities. It has been pointed out that the availability of funds to pay for a substitute teacher could be the difference in having some of our teaching members be able to attend our conference or not. The Foundation is poised to address this concern by offering three stipends of up to \$125 each to support classroom teacher attendance at the 2015 WAFCS Annual Conference. All applicants will be notified prior to the registration deadline of March 1 and will be reimbursed after conference attendance and submission of appropriate expense documentation. Preference will be given to first-time professional WAFCS Conference attendees.

To apply for a stipend, classroom teachers should submit a brief statement (preferably electronically) to WAFCS Foundation Chair, **Karen Goebel** [kpgoebel@wisc.edu](mailto:kpgoebel@wisc.edu), and WAFCS Foundation Members-at-Large, **Vera Riley** [verariley@aol.com](mailto:verariley@aol.com) and **Jean Zeithaml** [djzeithaml@att.net](mailto:djzeithaml@att.net), no later than February 15, 2015. For questions, contact Karen at 608-444-2652.

The application must include:

- ♣ Name, address, phone number, e-mail address, and AAFCS member number of applicant.
- ♣ Brief statement of how a \$125 stipend would make the difference in being able to attend the conference or not and how it would be used (substitute teacher cost, registration fee, travel & lodging, etc.)
- ♣ Indicate if you are a first-time professional WAFCS Annual Conference attendee.

### Professional Project/Research Grant

The Wisconsin Association of Family and Consumer Sciences Foundation will award up to \$1,000 in grant money for a special project or research proposal related to the field of Family and Consumer Sciences. Applicants must hold a bachelor's degree and be a current member of AAFCS/WAFCS. The grant recipient will acknowledge the grantor and share his/her project/research findings or results with the WAFCS/AAFCS membership via a WAFCS newsletter article and/or presentation at a WAFCS and/or AAFCS Annual Meeting. Preferably, the grant recipient will be present at the 2015 WAFCS Annual Conference to receive the award.

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- ♣ Amount requested with rationale for request, e.g., how grant funds will be used.
- ♣ Plan for dissemination of project results/research findings.

### Items Needed for ONE-DAY Silent Auction!

The Silent Auction held during the WAFCS Annual Conference is the Foundation's primary fundraising activity. Due to the success of a ONE-DAY SILENT AUCTION last year on Friday only, that will be the format again this year. So, come prepared to "bid HIGH and bid OFTEN" and we'll add "bid EARLY!"

Please consider donating good quality items to benefit scholarships, professional grants and stipends, travelships, and WAFCS organizational membership in IFHE. "Theme" or pamper baskets are popular as well as homemade items. Re-gifting is permissible! Bring your donated items or send items by March 23 to Jean Zeithaml, 2536 E. Princeton Ave., Eau Claire, WI 54703.

### Recent Donations

Thanks for these recent donations to the Foundation: from **Nyla Musser** in honor of **Carol Anderson**, from **Cecile Hoffman** in honor of **Dr. Beverly Crabtree**, and from **Diane Klemme** who returned her \$300 Leader Award Travelship to the Foundation.

### Also, Thank You to the following 2014 Foundation Donors:

Lois Alfsen	Virginia Hall	Janet Powell
Carol Anderson	Mary Heisler	Cindy Quilling
Carolyn Barnhart	Cecile Hoffman	Tiffani Roltgen
Diane Brion	Jessie Killian	Jeanne Schwass-Long
Sue Buck	Diane Klemme	Marilyn Swiontek
Esther Fahm	June Luett	Gretchen Speerstra
Barbara George	Mary Kaye Merwin	Carol Subera
Karen Goebel	Nyla Musser	Susan Turgeson

### WAFCS FOUNDATION DONATION FORM

\$ \_\_\_\_\_ Other \_\_\_\_\_ \$100 \_\_\_\_\_ \$50 \_\_\_\_\_ \$25

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

In Memory of \_\_\_\_\_

In Honor of \_\_\_\_\_

AAFCS/WAFCS is a 501 (c)(3) not-for-profit organization. All contributions are tax deductible.

Make checks payable to:  
WAFCS Foundation & send to:

Karen Goebel,  
Chair WAFCS Foundation  
1821 Camelot Drive  
Madison, WI 53705 Ph:

## Members in the News

### Some WAFCS members receive Energy Star Appliance:

Family and Consumer Science (FCS) Teachers Awarded ENERGY STAR® Appliances

WE WOULD LIKE TO CONGRATULATE the six FCS teachers who were awarded new ENERGY STAR® certified appliances for their classrooms through KEEP's ENERGY STAR® Appliance Upgrade grant program.

- \* Amanda Wysocki, Lake Holcombe School - washing machine
- \* Delaine Stendahl, Whitehall Memorial - washing machine
- \* Greta Kochevar, Washburn High School - upright freezer
- \* Kayla Correll, Greendale High School - refrigerator
- \* Kris Fincher, Antigo High School - refrigerator
- \* Sarah Halverson, Holmen High School - washing machine

Along with their appliances, they also received two Kill-a-Watt meters, a refrigerator/freezer temperature card and a hot water temperature card. These tools will provide a means for the teachers to enhance their existing curriculum or try something new. Students can use these tools to perform small home energy audit investigations and compare the energy efficiency of various appliances and the cost to use them.

Throughout Wisconsin, Family and Consumer Science teachers are supporting their motto, "Creating Healthy & Sustainable Families," by incorporating energy focused lessons into their classrooms. Many of these lessons include topics such as, energy efficient appliances, costs associated with using energy <[http://r20.rs6.net/tn.jsp?f=001usnA5W-JR95P1olIN2PvZ6g4RDOZhvQUzzYsjAQPXjOlkWrhkaovGpCD6SnqcVSbp0d20XEhcy3BtLSHYRUxeiEV0XjocbeB9FCxCklbMkyDb4xPAjaPhda4ENBC1LzGJ3iltj9ay17w74f5IMvK6-IA9IE13BbWvD\\_Xnla5YhODLEUjW33YfQDVFQBdQkW41V7RiiDpLCOmcMheUyzpp1QpEDH4yz9EWkcQQF9m6EL6oyZoDvf-eS-dD5WPE-hINLviSnHKlrZQ=&c=NvXMFUPMoPQizQVA5kJ2IFp9BXjRpl-DyLC5AZbzrF8gD9dfyMa3IQ==&ch=QQtUTUbwpNaE-gEg7-ID7H6CbXla1Eaq0yYIR0NLL6ru3tVOe0Rxx==>](http://r20.rs6.net/tn.jsp?f=001usnA5W-JR95P1olIN2PvZ6g4RDOZhvQUzzYsjAQPXjOlkWrhkaovGpCD6SnqcVSbp0d20XEhcy3BtLSHYRUxeiEV0XjocbeB9FCxCklbMkyDb4xPAjaPhda4ENBC1LzGJ3iltj9ay17w74f5IMvK6-IA9IE13BbWvD_Xnla5YhODLEUjW33YfQDVFQBdQkW41V7RiiDpLCOmcMheUyzpp1QpEDH4yz9EWkcQQF9m6EL6oyZoDvf-eS-dD5WPE-hINLviSnHKlrZQ=&c=NvXMFUPMoPQizQVA5kJ2IFp9BXjRpl-DyLC5AZbzrF8gD9dfyMa3IQ==&ch=QQtUTUbwpNaE-gEg7-ID7H6CbXla1Eaq0yYIR0NLL6ru3tVOe0Rxx==>)> (see side bar for details), energy consumption behaviors, and energy within food systems. KEEP is glad to be able to support these teachers, one step further, by providing them with new, efficient ENERGY STAR® appliances, thus helping to reduce the amount of energy and related costs used in their classrooms. Congratulations and thank you for your work in supporting energy education!

### From the FACS Cyber Monday Winner Announced!

On Cyber Monday AAFCS sent an email to members asking them to update their profile in our new *MyAAFCS* portal. Those who participated were entered into a drawing to win a gift card!

Thank you to everyone who participated! Our random drawing generator chose Sue Strutz of Rock Springs, Wisconsin, as our gift card winner!

Congratulations, Sue! Enjoy some shopping on AAFCS!

**Important Reminder:** Have you updated your profile in the AAFCS *MyAAFCS* portal? Go to [AAFCS.org](http://AAFCS.org) Click on the *MyAAFCS* button. You will need your email address and membership number to sign in. This profile update will update the Wisconsin membership list which will insure your information is correct in the annual WAFCS Directory. Thanks!!

## **Anderson receives Alumni Medal from Iowa State University**

During its annual Homecoming celebration (October 10, 2014), the Iowa State University Alumni Association presented to Carol L. Anderson of Cobb the Alumni Medal, which is the premier award given to alumni by the ISU Alumni Association.

The Iowa State University Alumni Association established the Alumni Medal in 1948 to recognize ISU alumni for long loyal service to the university.

Anderson (Ph.D. '76 family and consumer sciences) currently operates a consulting business after spending 22 years working in extension and human sciences education at Cornell University and 10 years in extension and child development education at Iowa State University.



Although Anderson received both her bachelor's and master's degrees from the University of Wisconsin-Madison, she has been a loyal friend to the college from which she earned her doctorate. Anderson served on the ISUAA Board of Directors from 2005-2010 and is currently a member of the College of Human Sciences Advisory Council. She has demonstrated a long and loyal commitment to Iowa State University through establishing a scholarship available to human development undergraduates. She is an active volunteer and advocate for Iowa State University, extension, land-grant education, and promotes ISU to prospective students throughout southwest Wisconsin.



## **Julie Martin Receives the 2014 Chancellor's Leadership Award**

Recognized for leadership and service to the campus and community, 32 December graduates received the 2014 Chancellor's Leadership Award at the University of Wisconsin-Stevens Point.

The awards were presented by Chancellor Bernie Patterson in a ceremony on Friday, Dec. 12.

Julie Martin, Waukesha, the daughter of David and Cathy Martin, majored in family and consumer sciences secondary education, with a minor in nutrition and health education. She was president of the Stevens Point Association of Family and Consumer Sciences and active with Student Wisconsin Education Association, National Residence Hall Honorary, the Wisconsin Affiliate of Family and Consumer Sciences and

American Association of Family and Consumer Sciences. She worked with Big Brothers Big Sisters and was a residence hall community adviser and reproductive health peer educator.

Established in 1978 at the urging of former Chancellor Lee Sherman Dreyfus, the award honors graduates who contribute significant leadership, demonstrate university or community service and display a commitment to personal growth. Each recipient receives a bronze medallion emblazoned with the university seal, hanging from a purple and gold ribbon.

## World Home Economics Day

Join colleagues in World Home Economics Day, March 21, 2015, sponsored by the International Federation for Home Economics (IFHE)!

**Sharing Food: Healthy and Sustainable Choices** will be the theme and the aim of this communication is to promote family and consumer well-being through the transmission of essential life skills in different settings and with different population groups. We are encouraged to promote activities via the internet, social media, and the local mass media as well as small group experiences.

What might be done to demonstrate global action for food and environmental literacy?

Become involved by sharing a food experience such as promoting home-grown vegetables, fruits, and herbs; preparing a meal with friends, family, or colleagues; helping at a food pantry; offering a school visit to a local farm; and most important, creating your own opportunity. For more information, check out [ifhe.org](http://ifhe.org)



## AAFCS News..

### Mentor Applications Due February 15!

Take a minute today and submit an application to serve as a Mentor for the 2015-2016 Leadership Academy. Applications are due February 15, 2015. The application, the flyer with details, and the rubric are all on the Academy page under the "Academy Mentors" heading at [www.aafcs.org/developmentcenter/leadershipacademy.asp](http://www.aafcs.org/developmentcenter/leadershipacademy.asp)

The application requires a 500-word narrative guided by six questions and your vita/resume guided by three questions. Due Date is February 15, 2015.

**Note:** If you were a Mentor in 2013, please update your interest in this opportunity again by submitting the requested demographic information on the application by February 15, 2015.

### Update on AAFCS Certification for Nutrition and Wellness Educators

By Esther G. Fahm  
Vice President for Professional Development

AAFCS continues to make strides in developing a new professional level certification: *Certified Nutrition and Wellness Educator*. This new AAFCS certification may be available in late spring of this year. To date, initial development work is completed. AAFCS plans to pilot test early this year, complete item analysis and psychometric review, and then go live with the exam and certification probably late spring 2015.

Among other purposes, the Certified Nutrition and Wellness Educator credentialing is designed to validate the knowledge and skill attainment of those involved in teaching nutrition and wellness in various settings, including k-12, post-secondary, community and business-based programs. This national AAFCS certification will complement **not** replace state teacher licensure. Additional details regarding the intent of this certification have been published in the WAFCS Fall Newsletter.

Be alert to information from AAFCS regarding the formal launch of the certification for nutrition and wellness educators this spring!



## **We express our deepest sympathy to the family of Margaret Ann James.**

Margaret Ann James, age 88, of Madison, passed away Monday, Jan. 12.

James taught dietetics and home economics education at UW-Stout from 1961 until her retirement in January of 1990.

She is survived by her sister, Kathy Lewis; many nephews, nieces and other relatives,

No funeral or memorial services will be held. A private burial will be at Forest Hill Cemetery in Madison.

Memorial gifts may be made to: First United Methodist Church Foundation, Madison; Oakwood Village Foundation, Madison; or to a charity of choice. Individuals may share their memories at [www.CressFuneralService.com](http://www.CressFuneralService.com)

For more information refer to her [obituary](#).

The James Huff Stout Bell in Bowman Hall will sound a funeral toll at 10 a.m. Wednesday, Jan. 21, in her memory.

## **What time is it? Time to get certified!**

Since 1987, the American Association of Family & Consumer Sciences (AAFCS) has administered the Professional Assessment and Certification program, which measures competencies of professionals and awards certifications to those who pass assessments and meet other requirements. Whether you are a new professional or seasoned veteran, validate your professional expertise through the AAFCS competency examination system. These national competency exams also meet a major requirement for obtaining corresponding professional certifications. At the Wisconsin state conference, you can sit for one of four exams, each corresponding to one of the four certifications:

[CFCS: Certified in Family and Consumer Sciences](#)

[CFCS-HDFS: Certified in Human Development and Family Studies](#)

[CFCS-HNFS: Certified in Hospitality, Nutrition, and Food Science](#)

[CPFFE: Certified Personal and Family Finance Educator](#)

Click on each certification title above for more information about each of the assessments and certifications and to access assessment materials. The cost for paper-based testing (PBT) at the Wisconsin affiliate conference is \$95.00. This is a significant savings over the computer based testing at \$165.

**Assessment administration will be on Thursday, March 26 at 6:00 p.m. These exams are not listed on the conference registration form.** To register online for paper-based testing (PBT) at the Wisconsin state conference, [please click here](#). Additionally, please contact Susan Turgeson, conference co-chair at [susan.turgeson@uwsp.edu](mailto:susan.turgeson@uwsp.edu) to confirm your intent. Exam registration for this paper-based administration must be completed by March 1, 2015.

**Maximize Your Professional Credibility and Recognition!**

**Achieve Professional Certification from the FCS Credentialing Center!**



**Wisconsin Association of  
Family and Consumer Sciences**

Janet M. Powell, CFCS  
WAFCS Executive Director  
5605 Barton Road  
Madison, WI 53711  
608-271-0776

email: [executivedirector@wafcs.org](mailto:executivedirector@wafcs.org)

### 2015 Calendar of Events

<b>February 15</b>	E-Newsletter deadline*
<b>March 26</b>	WAFCS Council Meeting
<b>March 27,28</b>	WAFCS Annual Conference Three Bears Lodge, Warrens, WI
<b>May 1</b>	Summer Newsletter deadline*
<b>June 24-27</b>	AAFCS Annual Conference Jacksonville, FL

\*Send newsletter info to: [executivedirector@wafcs.org](mailto:executivedirector@wafcs.org)

#### Keep in touch!

Log on to [www.wafcs.org](http://www.wafcs.org)

Find us on Facebook. Search **WAFCS**

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