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# WAFCS NEWSLETTER

WISCONSIN ASSOCIATION OF FAMILY AND CONSUMER SCIENCES

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Founded in 1921 | Summer, 2015 Issue

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The mission of WAFCS is to provide leadership and support for professionals whose work assists individuals, families, and communities in making informed decisions about their well-being, relationships, and resources to achieve optimal quality of life.

## Vera Riley Ph.D., CFCS selected as 2015 WAFCS Leader

According to Kouzes and Posner (2012) leaders model the way, inspire a shared vision, challenge the process, enable others to act and encourage the heart. Anyone who has worked with Dr. Vera Riley knows she is an effective leader and she exhibits the five practices Kouzes and Posner credit to exemplary leadership. It was an honor for WAFCS to recognize Vera for her consistent and humble approach as a leader. At the end of their book, Kouzes and Posner, state that leadership is an affair of the heart. The best-kept secret of successful leaders is love: staying in love with leading, with the people who do the work, with what their organizations produce, and with those who honor the organization by using their products and services.” (p. 345) Vera definitely knows and practices this best-kept secret of leadership!



Vera’s friend, Dr. Karen Goebel, nominated and presented Vera’s credentials to the members attending the WAFCS Convention. Dr. Riley has been a member/leader in AAFCS since 1960. She has participated in several national conferences, helped plan the 2008 conference in Milwaukee and has been a consistent presenter at the curriculum showcase. On our affiliate level she has served as our president, counselor, council member, scholarship and grant evaluator, co-chaired a state meeting, coordinated a regional conference and most recently she is a WAFCS Foundation Board Director and actively serves on the Council.

In Phi Upsilon Omicron she has been an active member since 1959, first in Nebraska and then in Madison. She has been a delegate to three Conclaves and currently serves as a Foundation Board Director on the national level.

She is a member of the Association of Community College Trustees and has been a voting delegate at their conferences. She is a Director on the Board for the Madison Area Technical College (MATC).

She began her professional career as a Dietitian and a Family and Consumer Education Teacher. She taught in Topeka, Kansas and Madison, WI. She was the Principal of Memorial High School in Madison, Assistant Principal at East High School in Madison. She currently is a substitute teacher for Madison Metropolitan Schools, Wisconsin Heights, and Cross Plains Schools.

## WAFCS 2015 Leader Award

Vera Riley has been an advocate for the profession as well as a supporter of scholarships, grants, research projects through her leadership on the Foundation Boards within our Association and those related to our Association. She has served as a mentor for several WAFCS and Phi Upsilon Omicron members.

In the greater community Vera Riley is a Citizen Appointee for Dane County on the Comprehensive Planning Ad Hoc Committee for Agricultural, Natural and Cultural Resources. She is on the Board of Supervisors for the Town of Cross Plains (Dane County). This is an elected office and she has been re-elected several times (2003-present). She was the first Woman elected to the Board of Supervisors. In this role she has served on the park commission, the fire district, EMS Board, and chaired the personnel committee. Vera Riley has also been the treasurer for forty years for the University of Wisconsin-Madison Housing Corporation.

Vera Riley earned her Bachelor of Science degree at Kansas State University in Dietetics and Institutional management, had a dietetic internship in Barnes hospital in St. Louis, MO and Stanford University in Palo Alto, CA. She earned her registration as a dietitian in 1961. She then earned a Master of Science degree from the University of Wisconsin-Madison in Home Economics Education. Later she earned a Philosophy of Doctorate degree (PhD) from the University of Wisconsin-Madison in Continuing and Vocational Education with a minor in Educational Administration. Since that time, she has been continuing her learning at Edgewood College, UW-Platteville, Colorado State University in Pueblo. She has also taken classes in computing and Spanish at Madison Area Technical College. She is truly a life-long learner!

She is also active in her faith community. In the Heritage Congregational Church she has been a servant leader for 45 years. She is currently a Trustee and the Chair of the Memorials Committee.

She has received several awards for her leadership and service. She has received a Mentor Award from WAFCS, an Appreciation Award from the Madison East High School Parents, Recognition Award from various organizations including Phi Upsilon Omicron, and she received the YWCA Women of Distinction Award based on community service in the Madison Area.

It is a great honor for our association to have Vera Riley as a member and the recipient of the 2015 WAFCS Leader Award. Congratulations Vera!

Kouzes, J. & Posner, B. (2012). *The leadership challenge: How to make extraordinary things happen in organizations*. (5<sup>th</sup> Edition). San Francisco, CA: Jossey-Bass



While evaluating at HOSA in the Prepared Speech category, a student mentioned the “first follower” as essential to leadership. I thought I’d share that concept and a few links for members to check out. *Susan Turgeson*

**Although a leader needs to have the courage to stand alone and risk ridicule, the first follower transforms the lone nut into the leader and he ultimately becomes a leader himself as he encourages others to join.**

<http://whatis.techtarget.com/definition/first-follower-theory>

[http://www.ted.com/talks/derek\\_sivers\\_how\\_to\\_start\\_a\\_movement?language=en](http://www.ted.com/talks/derek_sivers_how_to_start_a_movement?language=en)

## A Message from Your President..



WAFCS 2015 Conference: “Advancing The Field”, certainly lived up to its’ billing! Thank you Susan Turgeson and Karen Dickrell and your excellent committee for a valuable conference with something for everyone. The three keynote speakers stirred participants with their presentations on 1) Why the FAMILY is valuable – Professor Harry Brighthouse 2) The Power of Strong Relationships – Scott Lesnick and 3) Hope is a Verb – Allison Feigh. Each one gave us content to consider and apply in our profession of working for families. The importance of educating our public regarding parenting skills and the resources available is up to us. What part can you apply in your career’s work? I am interested in expanding Alison Feigh’s message on what we can do to make the world a safe place for all children. The specific skills she described for children to be safe is a great idea for a WI project.

Cathy Lader stepped forward in the VP New Professionals with her successful Protégé Plus mentoring program and we are pleased to have Stephanie Love and Julie Martin stepping up for Tier Two of the project. Thank you Cathy for your dedication to the profession of Family and Consumer Sciences in Wisconsin! We will move forward in unifying F/CS in Wisconsin.

Our appreciation to everyone who presented a breakout session, brought an item for the silent auction, helped decorate the tables, visited our exhibitors, shared professional ideas with each other, participated in the mentoring session, discussed the meaning of “Leadership”, led Early Morning Wellness, had a display or just reached out to another professional to Advance The Field. I am proud of my chosen profession and especially all my peers.

Congratulations to Vera Riley on her Leadership Award. It is well deserved. Also, success to Veronica Campbell as she represents Wisconsin as Teacher of the Year at the National Conference.

I’m looking forward to seeing many of you at AAFCS in Jacksonville, Florida, June 26-28.

Jeanne Schwass-Long, President

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Thank you, **NASCO**, for your continual support of Family and Consumer Sciences and especially, **Wisconsin Association of Family and Consumer Sciences**

## WAFCS Annual Conference

The 2015 WAFCS Annual Conference is now history and it will be remembered as an outstanding conference. Those in attendance included 45 professionals, 23 retirees, and 28 students. The program included 20 presenters with four of them outstanding keynote speakers. The presentations met diverse needs and interests.

**Dr. Harry Brighthouse** expanded on the notion of why the family is so valuable. He argued that what is so great about the family is that it enables both adults and children to have valuable relationships and experiences for which there is no substitute; and that social justice requires that everyone be able to have these experiences. Measures that enhance social justice, he thinks, usually enhance, rather than contradict, family values.

**Scott Lesnick** told his signature keynote story, Kidjacked. It revolves around his two small children who were abducted to the Middle East by his then wife. No international laws required they be returned! Amazingly, he accomplished what few thought could be done, successfully devising a plan to bring his children home to America.

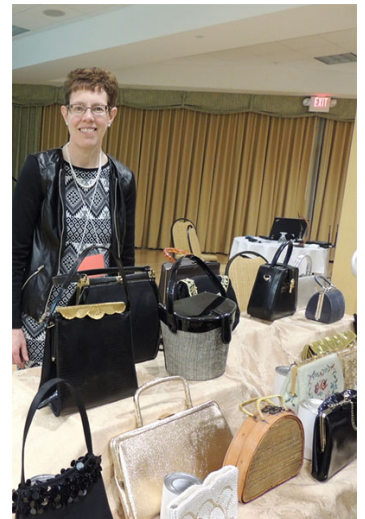
**Judy Knudsen** entertained us with a fun-filled presentation about "purses. She brought many fun samples, discussed the role of purses in history, and helped us determine what our personalities were by looking at the type of purse we carry.

**Alison Feigh** spoke on "Hope is a Verb". Alison Feigh is a subject matter expert on the topic of child and teen safety and came to the Jacob Wetterling Resource Center in 2001. As a classmate of Jacob Wetterling who had been abducted, Alison learned early on how important it is to protect our children and youth from exploitation. She strongly believes avoiding fear-based approaches empowers children and teens to walk around smart and not scared. The information she provided was riveting and touched us all as parents, grandparents, teachers and others who work with children.

In addition, tables featured beautiful decorations crafted by Cathy Lader and her team of helpers. A new twist to mealtime seating was a coded system on our nametags that assigned us to different tables at each meal with special topics to discuss. This was well received and we were able to meet new and different conference attendees.

Interaction between students and professionals was promoted and it was exciting to see in attendance new, young professionals who were formerly with us as students. The Protégé Plus initiative will continue with a second phase and two young professionals have stepped forward to work with Cathy Lader for its continuation.

At conference end, people felt energized and optimistic!



In reference to Judy's purse program at WAFCS, Cindy Quilling told of a purse she made from her father's ties. See photo.. The purse directions/info is as follows:  
Silver Frame Purse by Quilt plus  
Website: [www.quiltplus.net](http://www.quiltplus.net)  
Teaneck, NJ

## WAFCS Annual Conference

**Food Stories Be Told** was a dynamic breakout session presented by Sue Strutz, Baraboo School District [sstrutz@barabooschools.net](mailto:sstrutz@barabooschools.net) and her former student/student teacher, Brittany Vanderbilt, FCS teacher DeForest Area High School [bvanderbilt@deforestschoools.org](mailto:bvanderbilt@deforestschoools.org)

Food Literacy is understanding the story of one's food, from farm to table and back to the soil. It includes the knowledge and ability to make informed choices that support one's health, community, and the environment.

Sue and Brittany used programs from FARM TO SCHOOL, FDA/NSTA PROFESSIONAL DEVELOPMENT OPPORTUNITY: Science and Our Food Supply, Food literacy quiz and You Tube. The students look at the labels of some of their favorite foods to find out where they come from and what nutrients they provide.

Their Coca Cola Activity finds out the steps between the corn growing in the field and the can of soda on the grocery shelf. Students are amazed at the number of steps involved!

Project Based Learning was a course offered from Viterbo taught by a peer of Brittany's. "Herb Likes his Herbs" is her PBL project. It is based on the standards for the course. The issue was many people experiencing health problems such as diabetes. Students plan a campaign to educate a group of people about the impact of herbs on a healthy diet.

**SIGNIFICANT CONTENT:** demonstrate cooking methods that increase nutritional value, lower calorie and fat content and utilize herbs and spices to enhance flavor.

**21<sup>st</sup> CENTURY SKILLS** chosen: Communication: students will work with local gardeners and chefs. Critical Thinking: students need to develop a plan-they will critically analyze why their herb is the most versatile and be able to defend their choice.

**DRIVING QUESTION:** What is the most versatile herb for cooking that we can grow indoors?

**IN-DEPTH INQUIRY:** research/surveys/interviews

**PUBLIC AUDIENCE:** Teachers who love food (and can judge during a prep), Local chef and Local gardeners.

**NEED TO KNOW:** How to use the internet/books for quality research. How to grow herbs (indoors), harvest, and utilize fresh herbs. How to debate/defend their choice (with real evidence!).

**REVISION & REFLECTION:** Ask students to assess the collaboration skills of themselves and their peers, as they reflect on the process they used to learn and complete tasks. Celebrate their success! After students have presented ask audience members to compliment them on what went well.

Cooking with HERBS recipes were tested and used as part of the campaign.

On completion of the Herb projects students took the Food Literacy Quiz on their cell phones using the **App Kahoot.com**. This app allows you to put in your own information and students get points by the speed of their response and correct responses. We took the **Food Literacy Quiz using cell phones** and the room was filled with competition and excitement for learning. If you are looking for a STUDENT DRIVEN learning experience this is one GREAT example. Both presenters were very willing to share information. Please contact them.

Jeanne Schwass-Long

A highlight of the conference for me was receiving hugs from two new professionals, Annika and Emily who I have connected with throughout the past few years. It is exciting to hear what they are doing in their classrooms and cheer them on! I am so proud of them!

Jeanne

## WAFCS Annual Conference

### Protege Plus discussion led by Julie Martin



One of the sessions I attended was Dr Snowden's talk about roles of fathers in child development. I found the research fascinating! I would like to see more of a tie-in to human family/child relationships. Although we see males take much more of an active role in child rearing, I wonder how much is actually happening today.

*Everything I needed to succeed in business I learned in FCS was enlightening and very supportive of our discipline. I am glad to see our education is a benefit to adults and hope to tie this into my classes.*

Victoria Colle  
Family Consumer Sciences 6-8  
Indian Mound Middle School, McFarland, WI



### Art and Design Entries - Jeanne Schwass-Long



### Exhibitor



### Card Making Session - Cathy Lader

## Fifty Year Members

### Jean Brew

Jean joined The American Home Economics Association as a student. She received a BS in Home Economics Education in 1966 and a MS in Home Economics Education in 1971. Since 1965, her work experiences included County Home Agents and Family Living Agent for Dodge, Adams and Sauk Counties. She taught high school at the Wisconsin Dells from 1968 to 1994. From 1998 until 2012 she was owner of Brew's Landing Gift Shop.

Jean held various position on the WAFCS Council through the years. Her volunteer experiences range from school volunteer to founding member of the Dells Country Historical Society of which she is currently president to being a county fair judge for forty-nine years. Jean is an avid quilter, participating in twenty-two quilt shows. Hobbies include collecting fruit jars, Sunbonnet Sue Quilts and Corn dishes.

Jean is married to Bill since 1965, raised two sons and has four grandchildren.



*Thank you for the invitation and luncheon at the annual conference. It was great to see professional friends and know that many interested new professionals are supporting our field.*

*Thank you to for the recognition of fifty years. How quickly it has gone.*

*Jean Brew*

### Mary Ann Keehan

Mary Ann Keehan received a BS in Home Economics from UW-Madison in 1959. She then taught for four years at Lena High School. She pursued a MS in Foods and Nutrition after which she taught at the University of Saskatchewan in Saskatoon, Canada. She taught Experimental Foods and Food Chemistry for three years in the College of Home Economics. After returning to the United States, Mary Ann settled in Minocqua, WI teaching Foods at Lakeland Union High School for twenty-six and one-half years. Mary Ann retired in 1995 and moved to Appleton to be closer to relatives. She has traveled extensively, has been in every state and twenty -six countries and participated in seventy-three Roads Scholar programs.

The **WI Quilt Museum** is offering teachers **free entrance** through July 31, 2015. Check out the information on their website:

[www.wiquiltmuseum.com](http://www.wiquiltmuseum.com)

It is a very interesting visit for anyone interested in fiber arts and history!

## Successful One-Day Silent Auction; Foundation Awards Additional Scholarships, Travelships and Three Professional Project/Research Grants

Another one-day Silent Auction fundraiser during the WAFCS Annual Conference turned out to be a big success under the leadership of **Carol Subera** and with the help of many volunteers, especially **Mary Kay Merwin** and **Rita Houser** who clerked the check-out process! Thanks to all of those who donated items and to those who “bid high and bid often” to raise \$2,141 for the Foundation! A special thank-you to **Priscilla Bondhus** for the donation of a one-week timeshare vacation which raised \$440. Due to that success and such worthy applications, the Foundation was able to award three undergraduate scholarships for the first time, student travelships, and multiple professional grants. The Foundation also pays WAFCS organizational membership dues in IFHE (International Federation for Home Economics) to support our profession at the international level.

### Student Scholarships/Student & Professional Travelships

**Sarah Navarro**, **Elizabeth Schultz**, and **Amy Vida**, all of UW–Stevens Point, were each awarded a \$500 Foundation undergraduate scholarship. In a thank-you note, **Amy Vida** wrote:

*“(The scholarship) not only affirms my hard work and inspires me to continue striving as a student and future professional, but it also affords me a greater deal of financial security... allowing me to be involved in co-curricular organizations. Being a dedicated student and working several part-time jobs, it is immensely reassuring to know that I have support from WAFCS, whose members have my vested interest as an aspiring FCS educator in mind.”*

**Sara Navarro** wrote:

*I am writing to thank you for your generous \$500 WAFCS Student scholarship. I was very happy and appreciative to learn that I was selected as a recipient of this scholarship! As a Family and Consumer Sciences Education major I plan to pursue a career in education upon graduating from University of Wisconsin-Stevens Point. I have two minors in Biology and Music as well as an emphasis in Pre-Nursing and though it is course overload every semester, it is all worth it! This summer I will be studying abroad in China to research family life across cultures and generations. I am finishing my junior year, and plan to graduate in the spring of 2016. After graduation, I plan to pursue a position as a Family and Consumer Sciences teacher! Thanks to you, I am one step closer to that goal! By awarding me this scholarship you have lightened my financial burden which allows me to focus more on the most important aspect of school, learning! Your generosity is inspiring and I hope one day I will be able to help students achieve their goals just as you have helped me!*

**Liz Schultz** wrote:

*Thank you so much for the scholarship. I am very grateful. This scholarship will go to my last semester as an undergraduate. I will student teach this fall and graduate in December. Thank you again.*

Travelships of up to \$300 each to attend the 2015 AAFCS Annual Conference in Jacksonville, Florida, were awarded to **Danielle Graser** and **Alissa Uttech**, both of UW–Stevens Point. In addition, a special student travelship of up to \$300 was awarded to **Michelle Lindsay** of UW–Stevens Point for a Lakota Diversity Immersion Experience on the Lakota Reservation in LaPlant, South Dakota.

The Foundation honors WAFCS Award winners by offering \$300 travelships to support their attendance at the AAFCS Annual Conference in the following year. Eligible for travelships this year are **Barbara George** (2014 WAFCS Leader Award) and **Veronica Campbell** (2014 WAFCS Teacher of the Year Award).

### Professional Project/Research Grants

Multiple Professional Project/Research Grants were awarded in the amount of \$1,000 each. A grant was awarded to **Catherine Lader** for continuation of her project, "Protégé Plus: A Mentoring Field Study for FCS New Professionals." **Glenda McCracken** received a grant to upgrade Family and Consumer Science department resources at Parkview High School in Orfordville. **Jessie Kilian** was awarded a grant to promote youth participation in a sewing and quilting exposition in Lancaster this coming summer.

### Recent Donations

Thanks to **Carol Anderson, Carolyn Barnhart, Sue Buck, Esther Fahm, Barbara George, Virginia "Ginny" Hall, Rita Houser, Jessie Kilian, June Luett, Mary Kay Merwin, Cindy Quilling, Jeanne Schwass-Long, Gretchen Speerstra, Carol Subera, and Marilyn Swiontek** for recent donations. Another very generous **Anonymous** year-end donation was also made to the Foundation.

The following celebration/honorary donations were made to the Foundation: **Nyla Musser** in honor of **Carol Anderson** being awarded the Iowa State University Alumni Association Medal, **Susan Turgeson** and **Karen Dickrell** in honor of the **2015 WAFCS Annual Conference Planning Committee**, **Tiffani Roltgen** in commemoration of **Jeanne Schwass-Long's** 2014-15 WAFCS presidency, and **Karen Goebel** in honor of **Susan Turgeson** completing her doctorate degree. Memorial donations were made by **Jean Brew** in memory of **Margaret James** and **Karen Goebel** in memory of **Mary Heisler's** husband, **John Heisler**, and **Jean Zeithaml's** mother, **Adeline Crownhart**. We sincerely thank those making donations to the WAFCS Foundation, representing their "passion" for their chosen profession!

### Foundation Bylaws, Policies and Procedures Revised

Revisions to the WAFCS Foundation Bylaws and Policies and Procedures manual were approved at the March 26, 2015 WAFCS Council Meeting. This was done to provide compatible language to the Bylaws and Policies and Procedures of WAFCS.

### WAFCS FOUNDATION DONATION FORM

\$ \_\_\_\_\_ Other \_\_\_\_\_ \$100 \_\_\_\_\_ \$50 \_\_\_\_\_ \$25

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AAFCS/WAFCS is a 501 (c)(3) not-for-profit organization. All contributions are tax deductible.

Make checks payable to:

WAFCS Foundation & send to:

Karen Goebel,  
Chair WAFCS Foundation  
1821 Camelot Drive  
Madison, WI 53705 Ph:

## WAFCS Foundation Professional Grant Winners



**Cathy Lader**



**Jessie Kilian**



**Glenda McCracken**



### **Student Scholarship Winners**

**Amy Vida and Sara Navarro**

### **Check these out:**

#### **United Nations University newsletter -**

[ourworld.unu.edu](http://ourworld.unu.edu) Under "Sustainability"

2015-3-20 Home Growing Produces Ten Times the Food of Arable Farms by Keir Watson

2015-02-26 Summit Primes Young Leaders to Stop Plastic Landslide into Oceans by Belinda Waymouth

### **SAVE THE DATE: APRIL 1 & 2, 2016**

WAFCS 2016 CONFERENCE

THE RADDISSON HOTEL, Madison, WI

JANET POWELL, CFCS and JEANNE SCHWASS-LONG, CFCS -  
CONFERENCE CHAIRS

Please consider being a part of the conference success by joining us on the committee or by contributing an idea for a break-out session, keynote speaker or any other suggestions.

Send your ideas to [janetmpowell38@gmail.com](mailto:janetmpowell38@gmail.com)

[Long608@att.net](mailto:Long608@att.net)

Thanks in advance for your input.

Jeanne Schwass-Long, CFCS and Janet Powell, CFCS

**FYI**

**This is a VERY SPECIAL Request for a  
VERY SPECIAL young lady!!**



## **Let's have a Card Shower for Molly**

**Molly Hundt** is an active student member in WAFCS. She was completing her student teaching in Colfax when she noticed she did not have a high level of energy. Cindy Quilling is her supervising teacher. You probably talked with Molly at WAFCS and FCCLA. You probably remember Molly as a state officer and a WAFCS scholarship winner. She is outstanding!

According to Cindy, Molly is receiving treatments at the hospital in La Crosse at Gunderson Health Care.

How about WAFCS members sending her cards like a **card shower**? I think encouraging and uplifting cards would be a welcomed treat for her while she is on this journey!

Molly is keeping people in the loop, so feel free to go to it and stay up to date at <https://courageformolly.shutterfly.com/>

If you are asked for a password, it is family. **She went home on May 1. :) She will be receiving the future treatments as outpatient treatments.**

**Therefore...let's send our cards of encouragement (and prayers) to her home address:**

**Molly Hundt**  
**N4390 State Road 162**  
**Bangor, WI**  
**54614-9446**  
[hundtm4453@my.uwstout.edu](mailto:hundtm4453@my.uwstout.edu)

### **Student Unit Service Project**

The Student Unit service project during the WAFCS Annual Conference was to collect items and money for the **Stepping Stones** of Dunn County. Stepping Stones consists of a food pantry, shelter and community connections program. The following is a letter received from **Stepping Stones**.

*Dear Friends,*

*Thanks so much for your recent contributions totaling \$100 to the Stepping Stones Food Pantry as well as the food you collected and the \$10 Pizza Hut gift card.*

*Your support is critical to the work we do. 1 in 9 people in the U.S. are considered food insecure. For children alone, it's 1 in 5. So many people are struggling to make ends meet during what continue to be challenging times and we're glad we can be here for them.*

*Your gift helps to keep food on the table for many families and allows them to use their limited resources for other needs such as rent and utilities. Together we provide stepping stones on the path to a better life for people in need. Thank you.*

*Sincerely,*

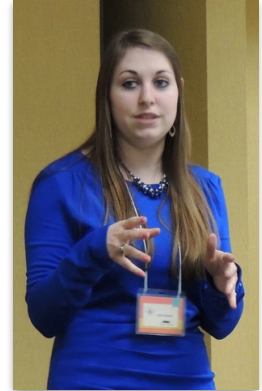
*Katherine Dutton, Executive Director*

### Members in the News

**Congratulations, Julie Martin, recipient of the Albertson Medallion Award!** What an outstanding achievement! You are one impressive young woman. So proud that you are one of ours :) Susan Turgeson

Each May, we honor a select group of graduating seniors with the Albertson Medallion Award. This is the highest award given by our university and awarded to less than one percent of the graduating class during an academic year.

These students have exemplified the outstanding qualities of a leader, a scholar and an active participant as a citizen as demonstrated by James H. Albertson, former president of this university. Winners were selected by a committee from a pool of candidates who received the Chancellor's Leadership Award during the 2014-15 academic year.



**Congratulations, Dr. Turgeson! The Ed.D degree will be conferred on Susan at spring graduation.** What an outstanding achievement for Susan! Susan currently is teaching at UW- Stevens Point, is WAFCS treasurer and co-chaired the very successful 2015 WAFCS Annual Conference. This superb multi-tasker completed her dissertation while working on all the above. We are proud of you, Susan!!

#### HUGS

Thank you to members of WAFCS who have supported HUGS - Helping Undergraduate and Graduate Students (HUGS), WAFCS subsidizes half of each student membership.

Student membership in AAFCS is \$50. Upon joining, if a student submits proof of membership, she/he will be reimbursed \$25. The following students have benefited from the HUGS program for their membership.

Betancourt Amanda  
Brumlic Sarah  
Davis Anna (renew)  
Disterhaft Terra  
Graser Danielle  
Harter Jessica  
Knapp Claire  
Kryll Julie

Laabs Brianna  
Leahy Lauren  
Maller Kayla  
Michelle Lindsay  
Miller Randi  
Milsap Madison  
Navarro Sarah (renew)  
Oppen Amanda

Plese Ali  
Quinlan Laney  
Rosemeyer Christina  
Schultz Liz  
Solum Allison  
Uttech Alissa  
Zick Michelle

### Protégé Plus

You may be wondering what Protégé Plus is and what are we doing to help you. Well, Protégé Plus is a mentoring program sponsored by WAFCS. During the first two years (Tier I) one-on-one mentors were provided along with professional resources and small group mentoring sessions. Now we are ready for Tier II, and we have compiled a directory of FCS professionals from Wisconsin who are willing to volunteer their expertise on a short term basis with new professionals.

Your contacts for Protégé Plus include Stephanie Love, a FCS educator from St. Paul School District who lives in River Falls, WI and has been teaching in multiple districts for 8 years. She is teaching because she has lived the content and feels that every aspect can be used in our lives as we develop and grow into adults. She is excited about the curriculum and loves to have hands-on projects for all classes along with teaching life skills. Outside of teaching she quilts, is getting ready to spend some time outside in her gardens, spends time with her family, and loves going out to dinner and to the movies.

Your second contact is new Professional Julie Martin, who has just accepted a position at New Glarus School District. She is currently finishing up a part time position with New Glarus School District. She is a FCS teacher because she loves the content and she knows that the content we teach to young minds will help them become successful individuals in relationships, careers, families and life. She gets excited that each and every day brings an inspiring new adventure and learning experience for not only the students but for her as well. When Julie is not teaching she enjoys hiking, biking, kayaking, fishing, scrapbooking, shopping, eating out and exploring Wisconsin.

Our first Protégé Plus event will be in conjunction with the NASCO Teacher Appreciation Day. We will be having our first "Resource Rally" on Friday, August 7. If you are interested please sign up through NASCO, and then let us know so we can sign you up for the FCS professional portion of the day. If you are interested in being in the Resource Directory, please contact either of us to receive your form so we can input your information.

Please use this link to sign up with NASCO for the event: [http://www.enasco.com/page/subscription/TeacherCelebrationWI\\_2015/](http://www.enasco.com/page/subscription/TeacherCelebrationWI_2015/)

Then reply back to Julie Martin at [julie.martin@ngsd.k12.wi.us](mailto:julie.martin@ngsd.k12.wi.us) or Stephanie Love [loves1989@my.uwstout.edu](mailto:loves1989@my.uwstout.edu) to sign up with the FCS professionals.

Our future plans include planning/attending local and regional conferences and events. Our purpose is to meet and guide new professionals with items needed including technology, curricular resources or additional information new professionals have questions about in the first few years of teaching. These will be defined as "Resource Rallies".

We are excited to be working as a team with Cathy Lader as our leader and would like to thank the WAFCS Foundation for providing us with two grants to support our efforts in Protégé Plus. We hope that we can be helpful for many as time goes on.

Thank you: Stephanie Love [loves1989@my.uwstout.edu](mailto:loves1989@my.uwstout.edu) and Julie Martin [julie.martin@ngsd.k12.wi.us](mailto:julie.martin@ngsd.k12.wi.us)

## WAFCS Association Information

Information from Glenda McCracken,  
Vice-president of Public Policy

### WISCONSIN (#13) IN CHILD ABUSE/NEGLECT:

1. CPS RECEIVED A TOTAL OF 26,108 SCREENED IN REPORTS OF ALLEGATIONS OF MALTREATMENT OF CHILDREN OUT OF 68,943 REFERRALS (INCLUDES BUREAU OF MILWAUKEE CHILD WELFARE).
2. LAW ENFORCEMENT, EDUCATIONAL PERSONNEL, AND SOCIAL SERVICE WORKERS LARGEST SOURCE OF REPORTERS.
3. 33,818 CHILDREN AND 45,547 ALLEGATIONS MADE UP THE 40,135 CPS REPORTS.
4. NEGLECT (3,219 VICTIMS); SEXUAL ABUSE (1,226 VICTIMS); PHYSICAL ABUSE (982); AND EMOTIONAL ABUSE (39 VICTIMS).
5. 3.7 CHILDREN PER 1000 IN WISCONSIN INVOLVED IN AT LEAST ONE SUBSTANTIATED ALLEGATIONS.
6. FEMALES LIKELY TO BE VICTIMS-HIGHER RATES OF SEXUAL ABUSE.
7. 20 CHILDREN DIED IN 2013!!!
8. MALES MALTREATERS IN SEXUAL AND PHYSICAL ABUSE CASES.
9. FEMALES MALTREATERS IN NEGLECT CASES.
10. PRIMARY CAREGIVERS = 89% OF THE SUBSTANTIATED MALTREATERS.
11. 2,988 CHILDREN REMOVED FROM HOME DURING INITIAL ASSESSMENT
12. 2,221 MALES VICTIMS; 2,616 FEMALES VICTIMS; 49 NOT DOCUMENTED.

REVIEW REPORT: <http://www.dcf.wisconsin.gov/cwreview/reports/CAN.htm>

### WHAT CAN WE DO?

1. Check with public officials see what they are doing.
2. Don't be afraid. Report what you see and know!
3. Develop parenting educational programs throughout community.
4. Parenting Education = REQUIREMENT for high school graduation  
(One-half elective is worth investment of saving a child!)
5. I challenge you to stand up and change our nation. We are #2 in basketball but 13<sup>th</sup> in CHILD ABUSE AND NEGLECT LETS CHANGE THIS FOR WISCONSIN AND THE NATION! I LOVE CHILDREN/ BASKETBALL. WE'RE LOOSING LITTLE BADGERS.

### Have you heard about COPE24 ?

COPE 24 stands for *Changing Our Parenting Experience* and was founded by Rene Howitt. Rene is married and has three daughters and two grandsons. She and her husband fostered their nephew and his sister on two different occasions. This experience inspired her to author a book *Whose Best Interest*. The release of the book sparked a chain of events that lead her to an appointment to the Missouri Children's Justice Task Force (CJA) and to perform volunteer work throughout Missouri as a child advocate, speaking to students in classrooms all across the state. The responses from the students lead Rene to found COPE24.

The first project of the organization was the COPE24 Parenting Skill Program, inspired by more than 20,000 students to which she has spoken. The second project is the newly released documentary video titled *The*

*Life Sentence*. It documents the stories of four families whose infants were shaken or suffered severe head trauma and survived. It is very emotional and not something our youth will soon forget.

Rene will spend a significant portion of her time speaking in middle and high school classrooms across the nation and at universities, conferences, and events for the next several months. Concurrently, she is working on a new series of documentary videos. The series will be titled *Elements*. Each video in this series will subject a common issue often seen in families where abuse/neglect has been identified like immaturity, drugs/alcohol, domestic violence, absent fathers, mental health, etc. The current video now in production, will subject immaturity and is still untitled. Educating our youth before they become parents and preparing them for the stresses and frustrations of parenting is the key to breaking the cycle of abuse.

Rene can be contacted by visiting her website at [www.cope24.com](http://www.cope24.com), emailing her at [renehowitt@cope24.com](mailto:renehowitt@cope24.com), or visiting her facebook and twitter pages. Rene would enjoy the opportunity to speak at any advocacy, parenting, or educational event.

*Rene was a speaker in my classroom recently during Child Abuse Awareness week that we initiated in our school and the students were in awe as she told her story and how children are treated. Glenda*

### Mary Kennedy's gift to Jeanne S-L



### Welcome your WAFCS Board of Directors as of July 1, 2015-2016

- President: Mary Kennedy, CFCS
- President-Elect: Cindy Quilling
- Immediate Past President: Jeanne Schwass-Long
- Secretary: Mary Kaye Merwin
- Treasurer: Susan Torgeson, Ed.D, CFCS
- Executive Director: Janet Powell, CFCS (ex officio)
- Vice-Presidents
- Awards and Recognition: Carolyn Barnhart, Ph.D, CFCS
- Communications and Tech.: Kayla Correll
- External Relations: Jessica Monfils
- Membership: Stephanie Love
- Professional Development: Esther Fahm Ph.D., CFCS
- Public Policy: Glenda McCracken, CFCS
- Foundation Chair: Karen Goebel Ph.D, CFCS

*We thank them for stepping up to serve!*

**Thank you all for voting!!**

### Nominate Someone Special!!

Time to start thinking of someone in Wisconsin who deserves to be nominated for one of these awards.

#### WAFCS Leader Award

#### WAFCS New Achiever Award

#### WAFCS Teacher of the Year Award

Nominations are due by November 1.

Information is available on the website:

[www.wafcs.org](http://www.wafcs.org)

### WELCOME to our Newest AAFCS/WAFCS Members:

Carrie A Amundson  
Alyssa Anderson  
Amanda Bennett  
Amanda Betancourt  
Sarah Lynn Brumlic  
Thomas Burkhalter  
Jean Curtis  
Terra Disterhaft  
Anna Egeberg  
Jody Eichhorst  
Sarah Halverson

Jessica Harter  
Chelsea Kelly  
Rebecca Ruth Killian  
Claire Knapp  
Greta L Kochevar  
Michelle Lindsay  
Stephanie Love  
Kayla Maller  
Madison Taylor Milsap  
Sarah Navarro  
Courtney Nikolai

Haley Nugent  
Rose Nugent  
Amanda Lyn Opper  
Ali Plese  
Maureen Riha  
Christina Joann Rosemeyer  
Rachel Schmeling  
Elizabeth J. Schultz  
Soyeon Shim  
Natalie Townsend  
David B. Weikel, CFCS  
Shelby L Wilson

Thanks for joining! We hope to meet all of you at one of our events. Remember, your officers and members are always available to hear your comments, ideas, and wishes. Stay connected with our website [www.wafcs.org](http://www.wafcs.org) and our Facebook page - Wisconsin Association of Family and Consumer Sciences.

### Jacksonville - Here We Come!!

Wisconsin will again be well represented in Jacksonville at the AAFCS national conference the last week of June. Those attending include **Carol Anderson, Carolyn Barnhart, Veronica Campbell, Barbara George, Karen Goebel, Mary Kennedy,**

**Catherine Lader, Stephanie Love, Jessica Monfils, Janet Powell, Jeanne Schwass-Long, Gretchen Speerstra, Marilyn Swiontek, Susan Turgeson, Julie Martin, and four UW-Stevens Point students, Danielle Graser, Alissa Uttech, Sarah Navarro and Randi Miller.** We will be there in many capacities with various responsibilities. We also will be excited to witness the induction of Carol Barnhart as 2015-2016 president of AAFCS. If any of you are planning to attend and we don't have you on our list, please email Jeanne Schwass-Long at [long@att.net](mailto:long@att.net) so we can add you.

### Silent Auctions at AAFCS

#### Would you like to contribute?

Maybe you are unable to attend the national conference but here is a way you can be a part of it.

**Wisconsin will be providing a basket to two silent auctions. Because most attendees are traveling by air, we will use gift cards to put in our baskets. Easy to pack and easy to use!! Gift cards should be for national stores or be available for on-line use. They can be in any amount. If you would like to participate, send gift cards to Janet Powell, 5605 Barton Road, Madison, WI 53711 by June 1. Here are the two opportunities to contribute:**

1. **Teachers**, the Community of Elementary, Secondary and Adult Education will be holding a silent auction to further the work of the Community. All affiliates have been asked to contribute to it. Maybe you have a special place you like to shop for teacher supplies. Send a gift card for other teachers to use for their classroom! We hope our gift basket will be full of wonderful spending opportunities for the recipient.

2. AAFCS will hold a welcome event called "Sun and Sandals" for all attending the conference and it includes a silent auction. **The benefit of the silent auction is to promote public awareness such as the "Dine In" Day.** We welcome gift cards in any denomination to put in our basket. **The more we receive, the better!! Thank you!**





**Wisconsin Association of  
Family and Consumer Sciences**

Janet M. Powell, CFCS  
WAFCS Executive Director  
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Madison, WI 53711  
608-271-0776

email: [executivedirector@wafcs.org](mailto:executivedirector@wafcs.org)

### 2015 Calendar of Events

- June 24-27**     AAFCS Annual Conference  
                         Jacksonville, FL
- July 15**             Aug. E-Newsletter Content Due
- September 1**     Fall Newsletter Content Due

**\*Send newsletter info to:**  
[executivedirector@wafcs.org](mailto:executivedirector@wafcs.org)

#### Keep in touch!

Log on to [www.wafcs.org](http://www.wafcs.org)

Find us on Facebook. Search **WAFCS**

Log on to [www.aafcs.org](http://www.aafcs.org)

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