

# The FAN Letter

Florida Affiliate News



January 2024

2024 Board of Directors

## President's Message



### An Invitation to the 2024 FAFCS Annual Conference

Dr. Sha Pate (AAFCFS Board of Trustees), Enid Lapham (FAFCS President Elect), and I are in agreement. We had the honor, privilege, and good fortune to experience an outstanding, energizing, and inspirational leadership workshop at the 2023

AAFCFS Fall Leadership Council. We couldn't bring it all home to you, but we are bringing parts of it to the FAFCS 2024 Annual Conference, scheduled for May 2-4, 2024, at DaySpring Conference Center in Parrish, Florida. We have permission to use the logo and title, "Training to Revitalize, Educate, and Engage for Personal and Professional Development."

Dr. Barbara Stewart, University of Houston, College of Technology, Department of Human Development and Consumer Sciences, was a major contributor as a presenter. She challenged and inspired us with her stories, humor, and research of how to strengthen and apply key leadership skills within your personal life, content area, and practice setting. What a gift she is to our profession! I asked her if she would do that same presentation for us, only broaden it to facilitate some hands-on activities for changes we need to address in Florida. Barbara not only said yes without hesitation, but she offered to pay her own expenses. She is a gift that keeps giving!

And then another gift was handed to me—and thus to you—when MK Mueller, highly sought after international speaker for businesses, schools, and national conferences, including Target, Mutual of Omaha, Sprint, AT&T, Optimist International, Barcelona Jaycees, and more, agreed to be a

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The next FAN Letter  
submissions are **due**  
**March 22, 2024.**

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program presenter/facilitator for our conference. I am blessed to call MK my mentor, my teacher, my way-shower, but even more blessed to call her my friend. Even a conversation over lunch is sprinkled with gems of wisdom and take-away best personal and professional practices, many from her ten years as a classroom teacher. You don't have to take this on my say-so, check her out on TED Talk. <http://bit.ly/MKTEDxTalk> Each attendee will get a copy of her book, *8 TO Great: The Process for Powerful Change*.

Barbara and MK are two personable and powerful women. Each have pages of credential and accomplishments which will be included in the conference **registration packet which will be distributed soon.**

The Annual Conference Committee under the leadership of Donna McGrew, are working on more ideas to make this a great conference for you—our first in-person FAFCS Conference since the year before the pandemic shut down the world. But thanks to technology, FAFS was productive in moving forward on the Quantum Leap Project in that we re-organized the districts into regions. We're keeping with addressing the AAFCS Program of Work, Goal 3: Revitalize the Organization, a copy of which is included in this issue of the FAN (see page 3).

Our contract with DaySpring Conference Center is for 30 beds. I would love to have the problem of renegotiating the contract for additional beds! If so, I need to do it sooner than later. The Board of Directors and speakers have expressed a yes intention for 17 of those beds. If you have a yes intention, call, text, email me and I'll put your name on the list. Send no money until you receive your registration form.

There will be opportunities to relax on the beautiful grounds of Dayspring. Do wear your casual comfortable clothes and shoes. There will be time to take walks and sit and chat—to build new friendships and strengthen long-time friendships.

This conference has the potential to transform your life by opening your mind, touching your heart, nourishing your soul. What an opportunity for you to be energized and feel revitalized both personally and professionally—no matter where you are in your life cycle or career cycle.

So come. Join hands. Sing, "Kumbaya." Take the Quantum Leap.





## GOAL 1: STRENGTHEN THE PROFESSION



Individuals, families, and communities are achieving optimal quality of life assisted by competent, caring professionals whose expertise is continually updated through AAFCS.

**Priority 1:** Advance the FCS profession and the value of FCS education at all levels (primary, secondary and higher education), including the National level, and support FCS member leaders with advocacy at the state and local levels.

**Priority 2:** Create an organization that maintains a smaller set of membership benefits for FCS professionals while also directing resources to support the cause of equipping individuals and families with the life skills needed to successfully contribute to society.

**Priority 3:** Elevate FCS professionals as essential advocates, leaders, and experts.



## GOAL 2: INVEST IN THE FUTURE



We develop, protect and strengthen equitable access to relevant family and consumer science programs for all generations.

**Priority 1:** Establish a grantmaking entity to support underrepresented FCS groups.

**Priority 2:** Foster the development of the next generation of FCS in the workforce through emerging program offerings and educational opportunities.



## GOAL 3: REVITALIZE THE ORGANIZATION



We build a relevant organization with the capability and capacity to operate effectively and efficiently to meet member needs.

**Priority 1:** Build capacity and optimize operations through organizational alignment with a complimentary organization that will support AAFCS' ability to achieve goals, establish our new value proposition, and amplify our impact.

**Priority 2:** Ensure the business of the association is modernized to meet future needs:

- membership model
- administration
- conferences
- technology
- communications
- operations
- business practices

Strategic Plan and Priorities

1410 King Street, 2nd Floor | Alexandria, VA 22314



**AAFCS**  
AMERICAN ASSOCIATION OF  
FAMILY & CONSUMER SCIENCES



## Awards

Submitted by Kendra Hughson

### We Need You! Nominate Yourself or Someone Else

#### Awards Application OPEN!

I love the fall. The temperatures turn a little cooler. I try to get outside more. It's a great time to reflect on the year coming to an end and another year about to start. While you are out for your walk reflect on all your good work and apply for an award. If a friend comes to mind, apply for an award for them, too. Awards are due January 30<sup>th</sup>, but why wait? It's really SO easy to apply.

**Why apply?** This year has been full of great successes. Family and Consumer Sciences topics and the life skills we teach every day help improve the lives of the people we touch. Nominate a colleague who inspired you or apply for an award yourself to recognize the work you have done this year and beyond.

**How to apply?** It's super easy to apply! Simply complete the application form attached in this email and write a short synopsis (up to 500-words) about how the professional (or you) demonstrates excellence. Here are the awards to consider:

If that hasn't convinced you. Here's one more reason to apply. You are likely to win because we don't usually have very many submissions and sometimes no submissions for some categories.

**New Achiever Award** recognizes our emerging professionals under the age of 35.

**Kindred Spirit Award** recognizes non-members who have greatly contributed to AAFCS goals.

**Extension Excellence Award** recognizes member Extension Agents who have demonstrated excellence in the profession.

**Leader of the Year** recognizes our professionals who have demonstrated leadership in the profession.

**Teacher of the Year** recognizes member teachers who have demonstrated excellence in the profession.

**Business Professional Award** recognizes an outstanding business professional who advances the profession and contributes to AAFCS.

Send your nomination to Kendra Hughson by email or by mail:

Kendra Hughson  
UF/IFAS Extension Northwest District  
155 Research Road | Quincy, FL 32351  
850-875-7135 | [hughson@ufl.edu](mailto:hughson@ufl.edu)



## Florida Affiliate of AAFCS AWARDS NOMINATION FORM

*(Check Category Below)*

\_\_\_\_\_ Teacher of the Year

\_\_\_\_\_ New Achiever

\_\_\_\_\_ Leader of the Year

\_\_\_\_\_ Extension Excellence

\_\_\_\_\_ Kindred Spirit Award

\_\_\_\_\_ Business Professional

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**Nominating group/person:**

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**Contact Information:**

Name:

Address:

Telephone:

AAFCS Membership #:

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**Nominee:**

Name:

Address:

Telephone:

AAFCS Membership #:

**Attach a statement about the nominee describing, "What makes this individual outstanding?".  
The statement should be no more than 500 words.**

Submit to Awards Chair:  
Kendra Hughson  
UF/IFAS Extension Northwest District  
155 Research Road  
Quincy, FL 32351  
850-875-7135  
hughson@ufl.edu

**DEADLINE:**  
**January 31, 2024**

**Note:** If more than one nomination is received for the same award, additional information may be required from the nominee. Recipients in each category must have not previously won in the last 5 years.



SAVE THE DATE

Training to Revitalize, Educate & Engage

Professional and Personal Development

FAFCS Annual Conference\*

May 2-4, 2024

Daysprings Conference Center

Parrish, FL 34219

\*<https://www.episcopalswfl.org/About%20Us/dayspring-conference-center.html>



Enid Lapham, Betty Mann McQueen, and Sharon Pate busy at the Capitol during the Fall Leadership Workshop



# CONFERENCE SPEAKERS



**DR. BARBARA  
STEWART**

DEPARTMENT CHAIR  
HUMAN DEVELOPMENT  
AND CONSUMER SCIENCES



**MK MUELLER**

AUTHOR, TEDX  
PRESENTER, AND  
PROFESSIONAL SPEAKER

## *Let their Light Shine On*



### ***Glenda L. Warren***

Ms. Glenda L. Warren was born in Idabel, Oklahoma on June 14, 1940, to the late Joseph D. and Lillie Juanita Warren. She was the first born of five children. She loved reading, cooking and sewing in her early years and dreamed of becoming a teacher or U.S. Army officer.

Ms. Warren graduated from Booker T. Washington High School in Idabel, Oklahoma in 1958, earned a BS degree in Home Economics from Langston University, Langston, Oklahoma in 1962, and graduated from Oklahoma State University (OSU), Stillwater, Oklahoma with a MS degree in Expanded Food and Nutrition in 1971.

Before moving to Florida, she taught at a Kansas City, Missouri high school, then at Langston University, Langston, Oklahoma and later at OSU as an associate professor of Food and Nutrition.

Ms. Warren joined the University of Florida Faculty in 1971. She retired in 2010 with 39 years of service as an associate professor, registered dietitian, Certified in Family and Consumer Sciences in the Expanded Food and Nutrition Program (EFNEP) in the University of Florida Institute of Food and Agricultural Sciences (UF/IFAS) Department of family, Youth and Community Sciences. During her time of service, Ms. Warren enhanced the quality of life for thousands of low-income families in need of knowledge on changing the food in-take of their families.

Her professional affiliations include: the Academy of Nutrition and Dietetics, American Home Economics Association, Florida Home Economics Association, the Florida Dietetic Association, past President of the Gainesville Dietetic Association, the Florida Regional Affiliate of the Institute of Food Technologists, The Alpha Delta Chapter of Epsi-



Ion Sigma Phi National Honorary Extension Fraternity, and Age of Renaissance Group, LLC. - a Florida corporation.

Ms. Warren loved spending time with family, so she was thrilled when her mother made a permanent move from Oklahoma to Florida. The two enjoyed each other's company immensely and harmoniously lived and traveled together on both leisure and business trips for years in the U.S., Japan and Europe.

Ms. Warren was a lifelong Methodist. She was a member of Saint Paul CME Church in Gainesville, served as a financial steward, and considered her pastor, Cherri Samuel, a close friend.

Ms. Warren was adventurous and especially valued volunteering with service organizations. In fact, her volunteer spirit compelled her to join the inaugural class of Peace Corps volunteers in the early 1960s. Following a three-month, language-immersion course, Ms. Warren spent two years teaching families ways to improve their food and nutrition in the Federal Democratic Republic of Nepal in South Asia.

Closer to home, she worked with community-service organizations like the Mu Upsilon Omega Chapter of Alpha Kappa Alpha Sorority, Inc., the Gainesville Chapter of the Links, Inc., plus a local Friends of the Library working group.

After a battle with Parkinson's, she quietly departed this life September 13, 2023 at the Haven Hospice of Gainesville, Florida. Her beautiful life will be forever cherished by her siblings: Joseph and Jacqueline Warren of Los Angeles, CA; Ken and Elmira Warren of Gainesville, FL; Ron and Camellia Warren of Beverly Hills, CA.; Regina Warren Kelker and Charles Kelker of Frankfurt, Germany; Aunts Symantha Myrick of Las Vegas, NV., and Doris Hill of Los Angeles, CA., and Uncle Reao Watson of Los Angeles, CA., and many relatives and a host of devoted nieces, nephews, cousins and friends.

Published by Chestnut Funeral Home

Image submitted by Deborah Bell

## ***Marilyn Tileston***

Marilyn Tileston, a 67 year resident of Osceola County, died July 7, 2023 at her home at age 97. Marilyn began her career in Home Economics following her graduation from Iowa State by being selected to attend the prestigious Good Housekeeping Institute in New York City. She lived and worked with women who became lifelong friends from across the United States. Marilyn began her Extension career as a Home Economist in NY before arriving in Osceola County in 1956. Marilyn's began work with the University of Florida – IFAS, being in charge of Home Economics and 4-H programs. She was known for her creative and sometimes elaborate 4-H Fashion Revues. Marilyn taught a variety of creative and cutting edge classes in the areas of sewing,



foods and leadership development as well as other areas of interest to residents of the County. She held this position until her retirement in 1981.

Marilyn was active in community and national organizations, many tied to Home Economics. Organizations included her beloved Florida Association for Home and Community Education (FAHCE). She worked tirelessly to support and grow this organization during her tenure with the University of Florida and throughout her retirement. Marilyn served as the Worthy Chief of the Florida Chapter of Epsilon Sigma Phi, the National Extension Service Organization, and was an active member in the National Extension Association of Family and Consumer Sciences (NEAFC) and National Extension Association of 4-H Agents (NEA4-HA). Marilyn loved to travel having shared she had visited all fifty states and too many countries to mention. While attending state or national meetings of her professional organizations, Marilyn and her longtime friend Helen Fleming would always explore a new part of the country. Marilyn was one of the first female members of the Kissimmee Valley Livestock Show and Fair continuing as a lifetime member and helping with youth judging during the fair. Marilyn was a champion for professional women and thus a longtime member of Business and Professional Women.

Marilyn was born on March 16, 1926 in Chicago to William and Helen Dietrich. Her husband, Thomas Tileston preceded her in death in July of 1996. She is survived by her brother William, sister-in-law Jean, niece Deborah, nephews David (Tamara) and Douglas (Lori). Marilyn also enjoyed love and attention from eleven great nieces and nephews and their six children, especially during the many Christmases she spent in California with her large family.

Article and images submitted by Mary Beth Salisbury

# SAVE THE DATE



Family & Consumer Sciences

#FCSedDAY  
#SAYYESTOFCS

## Educator Day

### FEBRUARY 14, 2024

HELD ANNUALLY ON THE  
WEDNESDAY OF FCCLA WEEK

FAMILY AND CONSUMER SCIENCES (FCS)  
EDUCATOR DAY IS FOR ANYONE WHO:

#### CELEBRATES

family and consumer sciences  
educators in secondary, post-  
secondary, and Extension programs;

#### SHARES

the importance and effectiveness  
of FCS Education; and

#### ENCOURAGES

others to consider a career as  
FCS educators.





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January 2024