

The FAN Letter

Florida Affiliate News



Spring 2016

Message from the President

My term as president has come to a rapid end
And there are some "Thank You's" I must send.
The Executive Board was the most helpful in deed!
While committees and district chairs executed their lead.

Our annual conference was an educational joy....
Due to the committee's hard and diligent work, Oh Boy!
We've still work to do, so don't despair.
Encouraging membership will our numbers repair.

So let's join in a vow of commitment right here
To encourage participation of all members far and near.
The lessons of our profession are needed each day
By so many youth and adults as they pass our way.

It has been an honor and pleasure to serve
With much more credit than I deserve.
Best wishes to our new officers as their tasks they begin
For a productive and joyous term of
service in which we all win.

Dr. Brenda C. Williams
President 2015-2016



2015-2016 Board of Directors

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The FAN Letter is the official publication of the Florida Affiliate of the American Association of Family and Consumer Sciences. It is published three times a year. Articles, news, notes, and/or comments should be sent to the editor:

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**Next newsletter deadline:
August 18, 2016**

In this issue...

- President's message
- FL affiliate strategic plan
- District and Committee Reports
- Announcements
- Photos and photo link
- *NEW!* FCS Flashback

Awards Committee

Submitted by Kathy Kay

This year we are proud to announce that Suzanne West is our FAFCS Teacher of the Year.

She is an Early Childhood Professional who guides her students to Child Care Training Certifications when they graduate. Suzanne also sponsors the Florida Future Educators of America at her high school in Palm Harbor. Congratulations to Suzanne West.

We as an organization have to look at our Awards Program and decide if we should continue in the same fashion that we have done in past years. We are getting fewer people nominated to the 5 awards yearly i.e. Teacher of the Year, Leader of the Year, New Achiever, Extension Excellence, & Kindred Spirit. I believe a change needs to be made. Notification of the Nomination deadline and form is posted in the FAN and the deadline is January 30th of each year.

District C

Submitted by Kathy Kay

District C had the opportunity twice to gather Small Personal Care items to be given to the District's community area. First items were gathered at the National AAFCS Conference and given to the Ronald Mc Donald House & the Catholic Charities Organization in Gainesville. Secondly District C met and toured the Ronald Mc Donald local Home in September with another Community Senior Group JOY(Just Older Youth). Again Personal Care items were given to this agency to make the parent's stay easier while their children are being treated at UF Health. Lunch at a local restaurant followed the tour.

We are planning on again combining another Fall activity which serves the purpose of both groups to become more active in helping others in the community.

Extension

Submitted by Judy Corbus

Numerous UF/IFAS Extension FCS Agents took part in promoting America Saves Week February 22-27 to encourage individuals to Set a Goal, Make a Plan, and Save Automatically to reduce debt, build an emergency fund, or save at least 5% of their income. Workshops, exhibits, webinars, and social media messages were among the strategies used to spread the word and promote saving. Extension is one of thousands of organizations across the nation who promote the annual Week to promote good savings behavior and help individuals to assess their own saving status. For more information, visit <http://americasavesweek.org>.

We will be welcoming Dr. Jorge Ruiz-Menjivar to UF in June as our new Family Economics Specialist. Jorge is a UF graduate who will provide leadership to Extension financial management programs. He will fill the position previously held by Dr. Michael Gutter, now the Associate Dean for Extension - Family, Youth, and Community Sciences and Extension FCS Program Leader.

In addition to family economics, Extension Agents around the state are offering helpful programs in nutrition and health, food safety, food preservation, housing/homebuyer education, child and family development, community development, and 4-H youth development.

Contact your local FCS Agent to see how you can become a partner in Extension FCS programs in your area!

IFHE-US (International Federation of Home Economics)

Submitted by Joyce Cotner

If at all possible, plan to attend the interesting IFHE-US Development Fund's Cultural Evening, Wednesday, June 22nd, 7:00-9:00 PM in Bellevue, WA. This will give you a "Taste of Korea" before the 2016 IFHE World Congress that will be held in Dejeon, Korea from July 31 – August 6, 2016. For further info contact Sharon McManus, svmcmanus@aol.com or 616-546-3394.

Please let me know if you have any IFHE questions, particularly any membership questions,. Join IFHE!!

Joyce Cotner, IFHE Chair

Joys4joyce@comcast.net

305-253-3868



Professional Development – FAN article Spring 2016-17

Submitted by Cathy Rogers

This past year a single mini-grant application was funded at \$227.20. The recipient was Dawn Warner for her project entitled “Dining In Day – Eat With Your Family”. The project has been completed and the check has been issued to reimburse expenses. The project was displayed at the FAFCS annual conference in St. Petersburg.

Generous donations totaled \$698 (including \$158 cash, \$350 in checks, \$190 from registrations from conference) This will be deposited into the FAFCS checking account so that a check to nationals can be written and the remainder will be moved to the money market account. Among the contributors were: (Donations from registration forms are not listed here.)

District F	Nancy Hamilton	Cathy Rogers
Betsy Crisp	Dawn Warner	Donna McGrew
Betty McQueen	Sophie Mott	Teri Fuentez
Suzanne West	Samantha Kennedy	Anonymous (several)

Thanks to all who donated!

If you would like to make a tax-deductible donation please make your check out to FAFCS Development Fund, and mail it to:

Cathy Rogers
 UF/IFAS Suwannee County Extension
 1302 11th St. SW
 Live Oak, Florida 32064

Please be on the look-out this fall for the emails that announce the next cycle for the Professional Development Mini-grants. A total of three grants funded at a maximum of \$250 each will be available.



IMPROVING THE
**Health and Well-Being
of a Changing Society**

Florida Affiliate of Family and Consumer Sciences 2016 Annual Conference



L-R: Teri Fuentez, Past President and
Dr. Brenda Williams, President



L-R: Kathy Kay Awards Chair presents
Teacher of the Year plaque to
Suzanne West



(L) Dr. Brenda Williams, President, welcomes
everyone to the 2016 FAFCS Annual State
Conference in Saint Petersburg



2016-2017 Officers

L-R: Dr. Brenda Williams-Past President, Nancy Hamilton-Nominations Chair, Rita Law - Out-going Nominations, (Judy Corbus not pictured) Joan Vigil-Nominations, Enid Lapham-Secretary, Wendy Lynch—VP Public Relations, Joyce Cotner - VP Membership, Sha Pate - President Elect, Dawn Warner-Treasurer, Donna McGrew -President



Dr. Heidi Radunovich, Keynote Speaker
"Stress: You're Doing it Wrong"



L-R: Dr. E. Olita Layton, MD, Speaker
"A Physician—Beekeeper Perspective" and Linda
Smock



L-R: Eileen Cherbini, Guidance Counselor, Speaker
"Mental Health Challenges Facing Young People"
and Enid Lapham



L-R: Sara Daugherty, Speaker
"Yoga-A Strategy for Health and Fitness"
and Suzanne West



IMPROVING THE
**Health and Well-Being
of a Changing Society**

Florida Affiliate of Family and Consumer Sciences 2016 Annual Conference



Carousel Showcase Presenter
Dawne Smith
The Baking Club



Carousel Showcase Presenter
Janell Smith
International Home Economics Services, Inc.



Carousel Showcase Presenter
Sophy Mott - AAFCS
Director of Affiliate and Member Relations





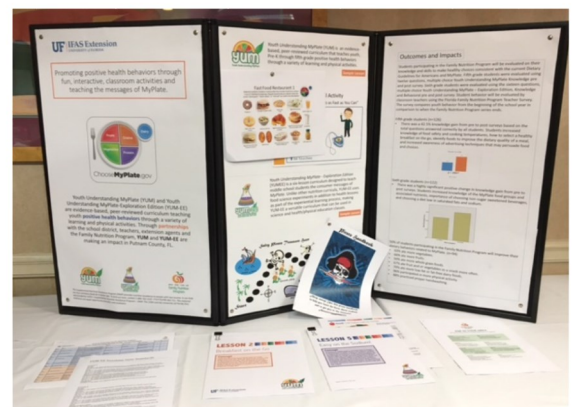
IMPROVING THE
**Health and Well-Being
of a Changing Society**



(L) Carousel Showcase Presenter
Dawn Warner
Promotes "Dining In Day"



Carousel Showcase Presenter
Joyce Cotner
Quilts of Valor



Carousel Showcase, Wendy Lynch
Teaching positive health behaviors through fun,
interactive, classroom activities and teaching the
messages of MyPlate



(1974 or 1975) L to R: Beth Walsh, Associate Professor - Foods, Dr. R.P. Bates, Associate Professor-Food Technologist, **Brenda Cunningham Williams** - Extension Agent in Okeechobee County, and Joan Hoffman, Extension Agent in Highlands County



sarasota Journal

WeatherHyme
Taking a forecast
At strictest word
Has all the panache
Of Mortimer Snerd
— By Cope
(See Weather Page 2A)

VOL. 23 — NO. 30 THREE SECTIONS — 40 PAGES
SARASOTA, FLORIDA, MONDAY AFTERNOON JUNE 17, 1974
FINAL Price 10c

Area Demands More 4-H Leaders

By DOROTHY STOCKBRIDGE
Journal Staff Writer

With summer vacation here, calls to the county 4-H office are increasing.

Young people are interested in becoming 4-H members but cannot find an organized club with an opening, said Betty McQueen, extension agent for 4-H.

The reason: more adults are needed as volunteer leaders. Some 25 leaders are helping in one way or another with Sarasota's 19 4-H clubs which involve about 450 girls and boys between the ages of 8 and 18. Except for a handful of special interest 4-H clubs which concentrate on either horse or livestock projects, most of the clubs are the "all purpose" variety, which means members can choose from more than 50 projects ranging from gardening and bicycling to photography and public speaking.

"People still think that all we do is sewing, cooking, horses and livestock," said Mrs. McQueen, who was hired to get city youngsters involved.

She prefers forming neighborhood clubs because transportation to a central location is a problem. Since neighborhood

clubs usually meet in homes, membership ideally should stay around a dozen. One club, which meets in a home, has grown to 40 members, another to 21, because leaders "just can't tell a child no," according to Mrs. McQueen. The leaders would like to split the clubs, but cannot find other leaders.

Mrs. McQueen has two solutions to the need for more clubs: Joyce (Mrs. Larry) Brown and Linda (Mrs. Ed) Norman. Both women were in 4-H when they were growing up and both called the 4-H office to ask if they could be leaders.

An organizational meeting and snack supper is planned with Mrs. Brown today at 5 p.m. at Geneva Christian Church. Prospective members (boys and girls 8 to 18), their parents and additional prospective leaders are invited to come and learn more about 4-H. Mrs. Brown has already found several adults willing to help with activities.

On Wednesday at 7 p.m. in the extension auditorium at the county fairgrounds, another organizational meeting is planned. It is also open to all prospective members. (Continued On Page 2A, Col. 2)



—Journal Staff Photo By Ron Jett

Extension Agent Betty McQueen, Right
... guides 4-H Leaders Linda Norman and Joyce Brown

their parents and prospective leaders with Mrs. Norman as leader. Since she lives in the Bay Haven School area she is particularly interested in attracting 8 to 10 year olds for a neighborhood club in that area. She is also willing to start a second club for older children if enough are interested.

Those planning to attend either meeting, and adults interested in becoming leaders should contact Mrs. McQueen at 955-2966. She is also looking for adults — both men and women — willing to assist with the clubs or work with members on one project such as sewing, gardening and photography on a year-round or short-term basis. The clubs which are formed this summer naturally would continue after school resumes.

To keep from turning away students who wanted to join 4-H, Mrs. McQueen started a correspondence club, the Independent Clovers.

"It's really a holding tank for interested boys and girls who don't have a club in their neighborhood," said Mrs. McQueen. While they are waiting for a club to be formed which they can join, they can enjoy 4-H activities and projects with parental guidance and help from county agents.

"As soon as five or more young persons in a neighborhood ask to be 4-H members, we try to find a willing adult to be a leader," said Mrs. McQueen.

She's even happier when prospective leaders like Mrs. Norman and Mrs. Brown come forward looking for clubs to form.

"Adults involved in 4-H find it very rewarding. Watching

(1974) **Betty McQueen**, guiding 4-H Leaders



(1984) **Betty McQueen**
 "Applying computer know-how to home economics"

Love the FCS Flashback?
 Send in your photos, news clippings, etc. to highlight the fabulous history of FCS. Submit your scanned file(s) with a brief description and email to: Wendy Lynch,
 wendyw74@ufl.edu



(1989) **Diane Douglas**
 New Achiever of the year for FAFCS



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**If you would like to get involved
at the district level, please contact
your district chair.**