

The FAN Letter

Florida Affiliate News



Fall 2016

Message from the President

Thank you for allowing me the opportunity to serve you as your President. I truly appreciate your trust and confidence and as I begin my term, I'll keep in mind that the success of our professional association isn't possible without the active support and participation of the current and past Board and members.

Thank you to the incoming Board Members who accepted requests to volunteer this year. It is an honor as your President to see the many passionate volunteers whose investment of time helps us to provide opportunities for the entire association. Perhaps the most important component in the success of any organization is its members. I welcome our new and returning members for another great year.

I attended the AAFCS National Conference and Expo in Washington in June and one of the educational objectives is to incorporate advances in technology into programming that promotes wellness, supports individual engagement in healthy living and facilitates collaboration among family and consumer sciences professionals. I attended workshops keeping with the theme "Improving the Health and Well-Being of a Changing Society." I'm sure everyone from Florida who attended agrees with me that the sessions were well organized, informative, and enjoyable.

AAFCS strategic initiatives have been created for the next three years; 2016 physical well-being (health and wellness), 2017 resource fitness (time and finances), and 2018 emotional/healthy relationships. The priorities of advocacy and collaboration, education and recognition, and research and innovation will allow us to become "FCSfit."

The future of our organization relies on dedicated members who are enthusiastic about our mission. I look forward to hearing your ideas about how we can make that happen.

Please come and join me on this journey!

Donna McGrew



2016-2017 Board of Directors

PRESIDENT/ADMIN. ASSISTANT

DONNA MCGREW

(941) 752-7636 H

(941) 374-7491 C

dodaenterprises@juno.com

PRESIDENT- ELECT DR. SHARON PATE

(813) 922-4561 H

(337) 354-9483 C

patesha1@gmail.com

VP MEMBERSHIP

JOYCE COTNER

(305) 253-3868 H

(305) 586-4982 C

joys4joyce@comcast.net

VP PUBLIC RELATIONS

WENDY LYNCH

(386) 329-0318 W

wendyw74@ufl.edu

SECRETARY ENID LAPHAM

(239) 334-1357 W

(239) 278-0701 H

(239) 738-8870 C

TREASURER

DAWN WARNER

(727) 588-6021 W

(727) 470-9687 H

(727) 992-2073 C

dkqfamily@yahoo.com

warnerd@pcsb.org

PAST PRESIDENT/ PARLIAMENTARIAN DR. BRENDIA WILLIAMS

(352) 955-2402 W

(352) 332-2581 H

(352) 339-9268 C

bicw@ufl.edu

NOMINATING COMMITTEE CHAIR

NANCY HAMILTON

(239) 768-1476 H

(293) 470-6041 C

nancyh3@comcast.net

JUDY CORBUS

(850) 638-6265 W

(850) 638-8434 H

(850) 260-2717 C

JLCorbus@ufl.edu

JOAN VIGIL

(305) 274-4938 H

joanvigil@aol.com

The FAN Letter is the official publication of the Florida Affiliate of the American Association of Family and Consumer Sciences. It is published three times a year. Articles, news, notes, and/or comments should be sent to the editor:

Wendy Lynch

111 Yelvington Road, Ste. 1 | East Palatka, FL 32131

(386) 329-0318 | wendyw74@ufl.edu

**Next newsletter deadline:
December 7, 2016**

In this issue...

- President's message
- District and Committee Reports
- Announcements
- 2017 Annual Conference
- FCS Flashback
- Let their light shine on

**Nominating
Submitted by Nancy Hamilton**

2017 FAFCS
ELECTIVE LEADERSHIP POSITIONS

*President-Elect

3 year commitment- 1 yr. President. Elect, 1 yr. President, 1 year Past President

*Secretary

2 year term

*Treasurer

2 year term

*1 for Nominating Committee

2 year term

Now is the time to step up and add your name to the 2017 ballot for a leadership position. We are in need of individuals who are prepared to voice their input into FL Affiliate functioning. This is a group leadership effort so many minds make any job easier and thus more smoothly managed. Are you ready for the challenge? Please respond to any nominating committee member with your choice of leadership position for the 2017 FAFCS ballot. You may also suggest another member, with their consent. Your consideration will be greatly appreciated.

Nominating Committee:

Nancy Hamilton, CFCS, nancyh3@comcast.net

Joan Vigil, joanfowlervigil@gmail.com

Judy Corbus, JLCorbus@ufl.edu

*Job descriptions are in the Florida Affiliate Handbook pages 8-12. If you do not have the Handbook, you may request job descriptions from Nancy Hamilton.



Extension Submitted by Judy Corbus

UF/IFAS Extension welcomes Dr. Jorge Ruiz-Menjivar as the new Assistant Professor and State Extension Specialist for Family and Consumer Economics. Jorge completed his M.S. degree at UF and returned after completing his doctoral degree at the University of Georgia. In addition to teaching Financial Counseling starting in Spring 2017, he will provide leadership to Extension programs focusing on financial literacy, youth financial education, and money management, with the goal of helping Floridians to improve their financial wellbeing. Please join us in welcoming Jorge *back* to Florida Family and Consumer Sciences!

IFHE (International Federation of Home Economics) Submitted by Joyce Cotner

The XXIII IFHE World Congress was held in August 2016 in Daejeon, Korea with representatives from all 6 continents working together for "Hope & Happiness: The Role of Home Economics in the Pursuit of Hope & Happiness for Individuals and Communities now and in the future."

The US bid to host the XXIV IFHE World Congress was accepted and contracts were signed in Daejeon! Atlanta, GA will be the host city for the 2020 Congress! If you're interested in

volunteering, please contact Carol Anderson, cla6@cornell.edu.

IFHE is the only worldwide organization concerned with Home Economics and Consumer and Family Studies. Please contact Luann Boyer, Luann.boyer@colostate.edu or me for Membership info. (The option to pay IFHE dues with AAFCS dues no longer exists).

Membership Submitted by Joyce Cotner

There are many reasons to have your AAFCS Membership Active & up-to-date, - and, here's one more! Join or renew your AAFCS Membership, -- you'll receive a lower Registration Rate when you attend the FAFCS 2017 Annual Conference! (Review the FAFCS 2017 Annual Conference article in this Newsletter for additional info.)

For your convenience and use the AAFCS Membership Form is included in this issue (pg. 4). Yes, I know it's available online, I'm being extra helpful! YOU are important and needed!!

Let's all work together to build the Florida Affiliate AAFCS Membership from the 105 current members to 150! Together we CAN DO IT!!

AAFCS NEW MEMBER APPLICATION AND ANNUAL RENEWAL

A. MEMBER CATEGORY

Membership is valid for one year, at which time members will receive a renewal invitation. Privileges of all members include affiliate membership, engaging in groups of the Association, and receiving AAFCS' official publication, the *Journal of Family & Consumer Sciences*.

Please choose your appropriate level of membership below:

☐ Professional \$150*

Members in the Professional category are individuals with a degree or professional-level credential who support the field of family & consumer sciences. Professional category members are eligible to hold elected office. Membership includes registration for live webinars offered by AAFCS' Professional Development Center.

**Special introductory rate of \$100 is offered for the first year of Professional membership (one-year only).*

☐ Emeritus \$100

Members who meet the Professional category criteria who are retired and at least 60 years of age may elect the Emeritus category.

☐ Student \$50

Members in the Student category are enrolled as full-time students in a postsecondary program, as confirmed by a completed Student Status Statement, below. Student category members are eligible to hold elected office, and will receive online access to the *Journal of Family & Consumer Sciences*.

Student Status Statement

☐ I am currently enrolled **on a full-time basis** as a student.

Full Name Of School / College / University / Institution (No Acronyms)

Student Signature

Date

B. MEMBER INFORMATION

☐ New Member ☐ Renewing Member: ID # _____

Referred/Sponsored By _____

Preferred Mailing Address ☐ Office ☐ Home

Name

Title/Occupation

Employer Name

Street Address

City

State

Zip

Country

Telephone

Mobile Phone

Email for Member Communications

Practice Setting (check all that apply)

- ☐ Extension
- ☐ Early Childhood Education
- ☐ Secondary Education
- ☐ Post-Secondary Education
- ☐ Health and Human Services
- ☐ Elementary Education
- ☐ Government (Federal, State, or Local)
- ☐ Home and Community
- ☐ Business/Consulting
- ☐ Retired

Content Focus (check all that apply)

- ☐ Human Development and Family Studies
- ☐ Food Science, Nutrition and Wellness
- ☐ Hospitality Services, Culinary Arts, and Tourism
- ☐ Consumer Economics (includes Personal and Family Finance)
- ☐ Textiles, Apparel and Design
- ☐ Consumer Studies and Merchandising
- ☐ Housing and Interior Design
- ☐ FCS Broad Field (includes FCS Education)

C. FEES

AAFCS Membership Dues (from section A) \$ _____

Optional Upgrades:

- ☐ FCS Research Journal Subscription \$45 (Hard-copy and online)
- ☐ Contribution to the AAFCS Annual Fund

Total Amount \$ _____ (AAFCS dues + fees for optional upgrades)

D. METHOD OF PAYMENT

☐ AmEx ☐ Visa ☐ MasterCard ☐ Check # _____

☐ PO# _____ Membership will be active upon payment of purchase order.

Account Number

Exp. Date

Cardholder's Name

Signature

Date

Total Amount to be charged (From Section C)



The American Association of Family & Consumer Sciences has been helping members grow more, both personally and professionally, since our founding in 1909 as the American Home Economics Society. Though our profession has expanded and evolved through the years, our core values remain.

Association members:

- Believe in the family as a fundamental unit of society.
- Embrace diversity and value all people.
- Support life-long learning and diverse scholarship.
- Exemplify integrity and ethical behavior.
- Seek new ideas and initiatives and embrace change.
- Promote an integrative and holistic approach, aligned with the FCS body of knowledge, to support professionals who work with individuals, families, and communities.

"Family and consumer sciences offers so much to so many. It is a field that is seated at the heart of the quality of life; something that touches each and every one of us."

- Gus Vouchilas, San Francisco State University

JOIN TODAY! www.aafcs.org/join

CONNECTING PROFESSIONALS. TOUCHING LIVES.

American Association of Family & Consumer Sciences
400 N. Columbus Street, Suite 202
Alexandria, VA 22314
Phone 703.706.4600 / 800.424.8080
Fax 703.706.4663
Email membership@aafcs.org
Web www.aafcs.org

AAFCS serves as the sole accreditation agent in the U.S. for family and consumer sciences university undergraduate programs.

AAFCS is a 501(c-3) not-for-profit organization. Contributions beyond basic dues are tax deductible to the fullest extent of the law.

Professional Development

Submitted by Cathy Rogers

This year three FAFCS mini-grants with a maximum of \$250 each will be awarded, in order to allow teachers and Extension agents to do some innovative projects.

Apply for these mini-grants! Apply now! Applications are **due by September 23rd**. The forms are available on the website (although the due date is not updated). Please think of a project that would enhance your program, fill out the application and send it to me either by email at cjrogers@ufl.edu or **fax** to (386) 364-1698 by the due date of **September 23rd**.

Applications will be selected by the committee and the three winners will be notified by October 14th. Winners will be expected to exhibit projects at the Carousel Showcase portion of the annual conference in 2017.

Once grantees spend the money, they must send receipts to me to submit vouchers for reimbursement of items in the application, up to \$250, by May 1st of 2017. (Earlier is better).

To receive an application or submit one, contact Cathy Rogers at (email) cjrogers@ufl.edu or (fax) 386.364.1698, or call 386.362.2771 and ask for Cathy Rogers.

If you are interested in helping to select mini-grant winners or otherwise helping decide Development policies, please contact Cathy as stated above.

If you would like to make a tax-deductible donation please make your check out to FAFCS Development Fund, and mail it to:

Cathy Rogers
UF/IFAS Suwannee County Extension
1302 11th St. SW
Live Oak, Florida 32064



All five of the sections below must be completed in order to be considered:

Project Subject Area: _____

Project Title: _____

Grant Request Amount (must match Total Budgeted amount on #3 below): _____

How many students or community persons will be involved? Give specific number. _____

Grade level(s) if students are involved. (If none, put "N/A") _____

In order to ensure impartiality, do not use your name or business in your project description. Use your name or business may disqualify your grant application.

1. PROJECT DESCRIPTION:

Give a brief overall description of the project to be used for publication purposes. Description must be understandable to lay person.

Why is this project needed?

What will you do to address this need? (**Please note:** We are looking for creative, innovational and collaborative projects).

2. BUSINESS/COMMUNITY PARTNERSHIP:

Business or Community Group(s) Name: _____

Explain the involvement. _____

3. PROJECT BUDGET:

Quantity	Item	Supplier	Budget Amount
			Shipping Charges \$ _____
			Total Budgeted Amount (Not to exceed \$250.00) \$ _____

4. RESULTS AND EVALUATION:

How will you evaluate the success of your project? Please be specific. (If awarded a grant, this evaluation must be implemented).

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

- 5. REQUIREMENT:** Send this Original Application to:
Development Chair (Cathy Rogers – cjrogers@ufl.edu)


Dine in Day 2015—District F contest results Submitted by Dawn Warner

Any teacher or student who participated in Dine in Day 2015 were entered into a drawing to win a Publix gift card. Two students were selected to win a \$25 gift card to Publix and two teachers were selected to win a \$50 gift card. I wrote and was selected for a FAFCS Mini Grant to help cover the cost of the Publix gift cards, Publix shopping bags and food at our kick off party. At the kick off party, I provided teachers with lesson ideas, AAFCS handouts and a poster to promote the Dine In Day at their school.



"Dine In" With Us!

www.aafcs.org/FCSDay

 #FCSDay #healthyfamselfie



!! SAVE THE DATE !!

FAFCS 2017 ANNUAL CONFERENCE

THEME: FCS Without Borders

March 31-April 3, 2017**

Save the Dates, March 31-April 3, 2017, for the FAFCS 2017 Annual Conference, a 3-Day, (3-Night) Cruise out of the Port of Miami! *Family Members & Guests are welcome & encouraged to participate, of course! Free supervised child care.*

Here's some general ship & schedule info, **Norwegian Cruise Line: (Sky):**

- Friday, March 31, Boarding Begins at Noon, with 5:00 PM Departure
- Saturday, April 1, Arrive Nassau 8:00 AM
- Saturday, April 1, Charity Project: 10:00 AM – 3:00 PM.
- Saturday, April 1, Depart Nassau 5:00 PM
- Sunday, April 2, Arrive Great Stirrup Cay, 8:00 AM
- Sunday, April 2, Depart Great Stirrup Cay, 5:00 PM
- Monday, April 3, Arrive Miami, 7:00 AM
- Price (based on a minimum of 7 cabins, 2 persons/cabin): includes tax, port fees, unlimited beverage package & gratuities, (insurance extra):
 - Inside Cabin: \$467.03/person
 - Port Hole Window: \$517.03/person
 - Balcony: \$672.03/person
- Complementary Meeting Space on-board

--Deposit: \$100.00 per person at time you make your own reservation, -- (book by 7/28 & pay only \$50.00 deposit) with Norwegian Group Agent, Emily Bell, 877-416-9722 Ext-4471.
\$50.00/person cancellation fee

--To guarantee price, members have 2 weeks to make reservations after projected number of cabins is submitted. After Aug 5, 2016 rates may increase, but as long as at least one reservation is made, amenities will be confirmed.

--Passports Recommended. (No Passport?? Birth Certificate and Photo ID OK).

--Parking Fees at Port of Miami: \$20.00/vehicle/night. Consider parking at an off-site, such as Premier Cruise Parking, 305-220-2686, includes free shuttle service.

Suggested Registration Fee: (to cover duplicating, on board "Behind the Scenes tour: Charity Project Tour & Monetary Donation; etc)

\$150.00 Member; \$300.00 Professional Non-Member;
\$50.00 Non-Professional Guest

FAFCS 2017 Annual Conference Chair:

Joyce Cotner, 305-253-3868, joys4joyce@comcast.net

FCS FLASHBACK

local

SARASOTA JOURNAL

section B

TUESDAY, JANUARY 18, 1977

Woman Has Trouble Saying 'No' To 4-H

By DOROTHY STOCKBRIDGE
Journal Staff Writer

Just because she resigned last spring as Extension Agent for 4-H doesn't mean that Betty McQueen has stopped working for the 4-H goals.

At least once a month she gives a program for a 4-H club. She is continuing her 4-H lingerie-making series in Sarasota, Riverview and Venice High Schools. She has even opened her home this winter to teach home economic teachers and 4-H leaders how to teach lingerie-making. And Mrs. McQueen continues to serve as secretary of the 4-H Foundation.

"My number one goal is to do something for 4-H — it can fill the needs of more kinds of children than any other organization. It's family oriented," she insisted.



Sarasota Journal—Joyce Mendelsohn



BETTY McQUEEN

Betty McQueen Instructs Home Economic Teachers

... in the delicate art of making lingerie

The house is almost 50 years old. Records showed the water was first turned on in 1931. Although the house now has some very modern touches such as Microwave oven and built-in his and hers offices, Mrs. McQueen says the house reminded her of the Nebraska farmhouse where she grew up.

"My grandfather went by covered wagons to Nebraska," she recalled. "We didn't get electricity until I was in junior high. We never did have water in that house. My father used to say we had running water — we ran out to the pump to get it."

Mrs. McQueen was cooking for her family by the time she was 11 — and hauling wheat and raising pigs. After college she joined her brother in Sanford but school administrators didn't think she was old enough to handle a classroom.

"When I finally got a job, I earned the reputation as the toughest teacher in school," she said.

Sarasota schools hired her as supervisor of home economics as soon as she earned her master's degree from Florida State University. Soon after she arrived here, she met McQueen and they have been married eight years.

Parttime youth work is what she'd really like to do but, as with 4-H, parttime jobs have worked into full time-plus jobs.

Her current 13-week lingerie class includes teaching techniques and classroom management as well as how to sew and save on panties, slips and girdles. She figures that home sewn panties cost only about 50 cents and are comparable in quality to \$5 ones in the stores. She can make a full slip, half slip and four pairs of panties for less than \$10 worth of tricot, lace and elastic.

She has compiled her own list of instructions and tips for successful lingerie-sewing. She also has instructions for sewers who have only a straight-sewing and not a zig zag machine. She recommends applying both the leg and waistband elastic before the final side seam is sewn.

It's easier and the elastic can be finished off more neatly.

Writing instructions and course outlines are nothing new for Mrs. McQueen. In 1972, she wrote the first hardcover for setting up occupational home economics program in Florida. She has evaluated school programs and done field testing. She has even demonstrated tips in a cooking school.

She likes versatility, especially when the work has something to do with teaching and 4-H kids.

(1977) Betty McQueen

FCS Flashback!

Send in your photos, news clippings, etc. to highlight the fabulous history of FCS. Submit your scanned file(s) with a brief description and email to: Wendy Lynch, wendyw74@ufl.edu

Let their light shine on...



Dr. Eleanor Cavanah

We were sad to learn that Eleanor Cavanah, PhD, passed away after her long, courageous battle with Ovarian cancer. She was in UT where her family has a home 5 months of each year. Eleanor was a **bright** spot in anyone's day, always willing to help a friend or colleague in any way. Rest in peace Eleanor. Condolences may be sent to her husband and family at:

Charles Cavanah and family
2442 E Robidoux Rd
Sandy, UT 84093

If you would like to remember Eleanor in some other way, donations can be made to:

Huntsman Cancer Institute
Attn: Ovarian Cancer
2000 Circle of Hope Drive
Salt Lake City, UT 84112
(Submitted by Lina Ingraham)



Photo credit: Lina Ingraham



Photo credit: Lina Ingraham

A special note from a dear friend:

I've known Eleanor Cavanah about 25 years, since just after I moved to Jacksonville. She and I both worked part-time on a grant project: Family, School, and Community Partnership, in Joyce Miles office at Duval County Public Schools. We became fast friends over the years, often meeting at Panera for "coffee" and sharing news about our families, discussing FCS and District D events.

In April 2013 we both signed on to co-chair the AAFCS national conference in Jacksonville. It was in October that year at one of our Panera meetings that Eleanor told me she had a doctor appointment that concerned her. A few days later she called with the news that she had ovarian cancer. Surgeries and treatments followed for the rest of Eleanor's life. We continued to meet more frequently at Panera as our friendship grew. She was a special lady, a consummate advocate for FCS, and a great friend. She will be missed.

~Lina Ingraham

http://www.legacy.com/obituaries/herald/obituary.aspx?n=myrna-p-crabtree&pid=181293372&eid=sp_shareobit

Dr. Myrna P. Crabtree

“DR. CRABTREE, MYRNA P., 94, died peacefully in her home after a short illness. Myrna was preceded in death by her beloved husband Arthur (Jack) P. Crabtree. Myrna was born in New York City to Nathan and Anna Lapidus. She received her Bachelor Degree in 1944 and her Masters of Education in 1947 from New York University. She later continued her education at Teachers College of Columbia, and received her Doctorate in 1962. Myrna began her teaching career at a high school in Warrensburg, NY but after her marriage to Jack in 1964, they moved to Miami and she joined the teaching staff at Barry University. She loved working at Barry, but in 1970 she was offered a position at Florida International University to develop the Counseling and Consumer Education Department. Myrna worked there for 30 Years, retiring in 2000. At FIU, Myrna worked closely with the Florida Department of Education on a variety of challenging projects. She taught classes in human development and held workshops to help teachers meet the needs of the local population. Myrna helped to develop programs to improve conditions for migrant workers and prisoners. Myrna was a long time member of the American Association of Family and Consumer Sciences and has directed that funds be provided to establish the Myrna P. Crabtree Graduate Scholarship Fund to grant scholarships to worthy graduate students. Myrna often spoke of how much she loved her work and the teaching profession. In lieu of flowers donations can be made to the American Association of Family & consumer Sciences at 1-800-424-8080 or aafcs.org. A graveside service will be held on Thursday, September 8, 2016 at 11:00 am at Woodlawn Park Cemetery South.”





Florida Affiliate of AAFCS
 c/o Donna McGrew, Administrative Assistant
 3175 57th Avenue Circle East
 Bradenton, FL 34203-5332

Florida Affiliate District Chairs

District A

TBD

District B

DIANN DOUGLAS
 (850) 973-4138 W
 (850) 973-2000 F
ddoug@ufl.edu

District C

KATHLEEN KAY
 (352) 367-4418 H
kay2317@cox.net

District D

LINA INGRAHAM (contact)
 (904) 514-5384 C
 (904) 928-9476 H
lingra9@yahoo.com

District E

RITA LAW (contact)
 (407) 463-5335
Ritalawws@aol.com

District F

DR. SHARON PATE
 (813) 922-4561 H
 (337) 354-9483
patesha1@gmail.com

District G

MELISSA MADIA
 (954) 885-7555 h
mmadia@msn.com

District H

ENID LAPHAM
 (239) 334-1357 W
 (239) 278-0701 H
emlapham@comcast.net

District I

JUDY CORBUS
 (850) 638-6265 W
 (850) 638-8434 H
jcorbus@ufl.edu

District J

RANI KHANUJA
 (305) 693-3023 W
rkhanuju@dadeschools.net

**If you would like to get involved
 at the district level, please
 contact your district chair.**