



FCS Professionals Support Early Childhood Education

Early childhood education (ECE) focuses on helping young children learn, grow, and thrive during the most important years of development. Family & Consumer Sciences Professionals provide the research that underpins ECE and contribute their skills and real-world guidance to helping children flourish.

FCS Supports the Whole Child

FCS Professionals contribute expertise in:
Nutrition and wellness - Safety and injury prevention - Healthy environments - Mental and emotional well-being - Developmentally appropriate practices.
This is why FCS is often described as “the people-centered science.”

FCS Strengthens Families

FCS Professionals help caregivers build:
Healthy home routines - Positive parenting strategies - Strong communication skills - Safe and stable environments

FCS Creates Safe, Healthy Learning Environments

FCS research contributes to strategies on:
Childproofing and injury prevention - Cleanliness and sanitation - Healthy physical spaces - Predictable, nurturing routines - Environments that support exploration and sensory learning

FCS Builds the Early Childhood Workforce

Many early childhood educators come through FCS education pathways. Through FCS instruction, they gain skills in:
Child development - Family engagement - Communication - Nutrition - Human development - Community well-being

FCS is part of the national workforce pipeline supporting childcare, education, and human services.

How You Can Help:

**Promote FCS programs. Encourage students to explore FCS pathways.
Partner with FCS professionals to strengthen your community.**