

The MoAFCS Best Practices Workshop Grant for Teachers 2023 - 2023

The AAFCS - Missouri Affiliate (MOAFCS) would like to encourage Family & Consumer Sciences teachers / programs to host workshop sessions in their schools or in conjunction with college and university Family & Consumer Sciences programs. To assist in this process, we are providing an example of how this might be structured and will also provide seed money (as a grant) in the amount of \$100 - \$200 depending on the number attending. See graph for breakdown.

The requirements are that FCS teachers/faculty be invited from area schools (beyond the boundaries of your own school district). We will help with promotion of the workshops through FCCLA, DESE and school contact information. In any promotion it is required to identify that the workshops are supported through a grant provided by the AAFCS-Missouri Affiliate. We also ask that an invitation be extended to members of the AAFCS – Missouri Board so that we might attend and be allowed a short time (15 minutes) on the program.

These workshops can take place any time in the September, 2023 – February, 2024 time frame. There will be at least 10 of these grants awarded. Below is an example of how one such event was structured. It is perfectly acceptable to follow the program outlined below or use a portion for your event.

Template Created by Daniele Munzer, Missouri Affiliate

MOAFCS Best Practices Schedule

Select location:

Two: date and time

DATE?

TIME?

DAY OF THE WEEK? An evening or Saturday seems to be the best choices.

SAMPLE based on a Saturday morning with 3 breakout sessions.

Time	Activity
8:00-8:20	Registration, donuts, coffee, meet and greet
8:20-9:00	Intro, Key Note Speaker: Select who would be good? Type of topic that would be interesting; Leave 5 minutes for sharing information
9:00-9:45	Break Out 1
9:45-10:15	Break out 2
10:15-10:25	Snack Break if desired
10:25-11:10	Break Out 3

11:10-11:55	Socializing Lunch - questions for getting to know each other? Hosts may decide to do something like order large sub sandwiches, drinks, deli box lunches, etc.
11:55-12:20	Closure for Breakout sessions, Changes and new benefits of AAFCS

Registration sample: Attendees can pre-register. Participants can be asked to pay \$5.00 - \$25.00 depending on the amount expected to be spent on bling, snacks, and maybe lunch as well as the number of expected attendees. Information will be posted on the MOAFCS Facebook site or other sites or mailing lists of districts invited. Attendance at the conference at St. Charles had 25 participants.

Preparation: - Come up with list of facilitators, purchase large post-its, pens, markers etc. for all of the breakout sessions, order the materials, snacks, etc. – *(we found at the St. Charles workshops that a veggie tray or meats/cheeses was mostly eaten, bag of candies mints or chocolate was popular, small water bottles, cups, napkins, the Dunkin coffee carafes and donuts, Deli lunch boxes went well.)*

What is the role of a facilitator in this type of sessions? The person is largely there to start the discussion and keep things moving. It can easily be done by anyone that is or has been a FCS teacher. Each facilitator was given a list of 3 – 5 questions to help get the discussion started. You see that each of the sessions is only about 40-45 minutes long and past experience has shown that teachers are excellent in sharing and group problem solving so the time goes fast as participants network and share related to the session topic. (Sample session topics are presented below.)

Grant Levels

Number of attendees	Grant amount
10 - 19	\$100
20 ->	\$200

Session	Room number	Room number	Room number	Room number
Break Out Session #1 9:00-9:45 AM	Budget friendly ideas?? Pork Grant/ King Arthur Flour Grant/ beef/dairy council?? –	Human Relations	Foods (Basic Levels, fundamentals)	Child Development/ Career Pathways in Teaching Profession
Break Out Session #2 9:45-10:15 AM	Fashion Design / Clothing Construction	Housing/Design Elements	Foods (Advanced Levels, Baking and Pastry, International, Food Service/ Culinary, Food Science)	Middle School/General FACS
Break Out Session #3 10:25-11:10 AM	Fashion Design/ Clothing Construction	Fashion Design	Foods (Any Level Foods Course)	Child Development/ Career Pathways in Teaching Profession

Other workshop topics that would be of value:

- FCCLA best practices – benefits for students, teachers, districts, and communities
- Career opportunities – ways to infuse and expose students to career opportunities in FCS related careers
- Best guests and resources to bring to your classroom
- Advocacy: Advocating for your programs within your school, district and community

Key note ideas–

- University advisor to speak about his or her program and the professional development opportunities.
- Someone to speak about the grant/budget opportunities for teachers (using commodities, pork council, dairy council, agri-business, community businesses, farmers markets, etc.)
- Someone that is in a leadership position with AAFCS-Missouri or that has attended the national conference to report on happenings at a higher level.

Possible Facilitators- would need 12 if only facilitated one session-

- At the St. Charles workshops we gave each facilitator free registration as a thank you; or could do a something like a \$5 gift card for a coffee place or gas station?

Possible Suggestions to keep conversation going for Facilitators:

Grant Writing

- What grants do you use for classes? Share experience working with commodities/ dairy council, beef council, pork council?
- How does the process work when purchasing? Who do you go through when requesting commodities, etc.
- Share a favorite lab you use the pork/dairy/beef.
- Create a Doc to share out - At a Glance, what is eligible

Child Development

- Each person introduces themselves, school they are from, and what they teach
- Share a little background about your schools sequence in Child Dev (ex, CD1, CD2, CD3/CD4; etc.)
- Favorite lesson taught in Child Dev. courses
- How do you keep students engaged when doing – lesson?
- Career Pathways – how do you handle observations? Student behaviors? Excessive absences?
- Share expectation lists that you have for your observation students.
- Final Project or Portfolio set up?

Foods (All)

- Each person introduces themselves, school they are from, and what they teach
- What is your school's sequence in Foods courses (Foods 1, 2, 3 etc., Culinary, Baking, etc.)
- How do you keep students engaged when doing lessons?
- How soon do you start labs?
- How do you keep track of grading during foods labs? Share out grading rubrics for labs?
- Best budgeting tips

Fashion

- Each person introduces themselves, school they are from, and what they teach
- Share a little background about your school's sequence in Fashion.
- Favorite project to have students make?
- How do you keep track of a student's work during class time?
- What do you do when students refuse to do anything during a class period?
- Do you have a merchandising course? What does that entail?
- How you grade projects?

Housing/Design

- Each person introduces themselves, school they are from, and what they teach
- Favorite project in class?
- Do you collaborate with other teachers in your building with architecture, etc.?
- What programs do you use for floor plans?
- Do you have guest speakers you recommend?
- Interior Design projects? What do they look like? Computer or paper, etc.

Human Relations

- Each person introduces themselves, school they are from, and what they teach
- Favorite project in class?
- What grade levels are able to take this course?
- Course outline?
- What seems to be the most useful aspect of this course to students?
- How do you address touchy topics?

Personal Finance

- Favorite hands-on lesson you do in class to keep students engaged?
- Are you the only teacher of this course, or do you collaborate with other departments to teach it?
- What are the most important skills you want your students to learn from the course?
- How do you handle the online assessment for personal finance?

Middle School/General FACS

- Each person introduces themselves, school they are from, and what they teach
- What is your grade level?
- Course sequence?
- Favorite lessons?
- How do you keep students engaged?
- What content areas are included in your curriculum or sequence?

FCCLA Benefits to students, teachers, districts and communities

- Each person introduces themselves and includes if they have an active, inactive, or no connection with Missouri FCCLA.
- What are the benefits they have seen for their students? Any challenges?
- What are the benefits to the teacher? District? Community?
- It has been noted that less than 10% of school districts list FCCLA as one of the clubs at the high school level. What is the value of increasing district awareness of both FCS and FCCLA value?

Advocacy: Advocating for your programs within your school, district and community

- Each person briefly introduces themselves and identifies one person/support within their school that helps to promote FCS or some aspect of their program.
- What do you do to help your administration know and understand the value of what you do and teach?
- How is your program promoted? Are your classes listed on the web page, do you have a personal web page on the school site, is FCCLA listed with the other clubs and activities for parents and students to see as places to get involved?
- When you do fundraising is the connection to FCS/FCCLA clearly identifiable?
- What have you done to advocate for your programs over the past 3 years?
- Who do you wish was on your side in advocating for your programs?

Each breakout room could get large post-its and an assortment of post-its, pens, markers