CAFCS President’s Message  
by Carole Makela  
2019-2020 Colorado President

What is new from AAFCS and the 110th Annual Conference & Expo? 

Much could be shared and thanks to each of the Colorado and Wyoming attendees who are sharing their perspectives and highlights in this newsletter. Until one attends the Conference & Expo it is a challenge to fully grasp the experience. I am sharing the ‘new key messages’ of AAFCS.

AAFCS has developed these Key Messages for Public Awareness and Outreach to ‘improve the understanding and visibility of family and consumer sciences’. The intent is to have consistent and repeated use of these messages to ‘speak in one voice’ about what is FCS. The messages include a definition, FCS content areas, the value of FCS, and where FCS professionals practice. See details at https://www.aafcs.org/about/about-us/what-is-fcs
Download and learn these messages to be ready to respond to ‘what is FCS?’ and include when messaging stakeholders and others (e.g., public officials, parents, media, etc.). Also use them in your stories to ‘amplify our FCS voice and impact’. See Luann Boyer’s article in this newsletter about ‘Telling the Story’.

The new messaging has diversified the blue and purple ‘people’ logo as the ‘People Centered Sciences’ logo. The people are common to each of the logos with the word labels to differentiate the five as:

1. Family & Consumer Sciences
2. Human Ecology
3. Human Sciences
4. Health & Human Sciences
5. Home Economics

Home Economics is included as it remains the most frequently used label for the field in most countries of the world. With the International Federation of Home Economics (IFHE) holding its World Congress in Atlanta, GA August 2-8, 2020, inclusion of Home Economics and the other varied names/labels for the field/profession is strategic.

AAFCS continues to use the Betty Lamp with AAFCS for its logo and identification.

Thanks for all for your support as president of CAFCS. Support our members and seek new members as we start another year.

Carole Makela
Congratulations to Michelle D. Aldrich Ph.D who was recently appointed the Career and Technical Education State Director for Wyoming. Previously Michelle was the Family and Consumer Sciences teacher at Triumph High School in Cheyenne. She is involved with many community projects which help single parents improve their parenting and job skills. She has served as Wyoming President and National President of the Association of Teachers of Family and Consumer Sciences; was President of the Wyoming Association of Career and Teacher Education (WACTE). After the Wyoming Department of Education closed the Home Economics Supervisor position, Michelle worked on her own time to write professional development grants for Wyoming FACS teachers. She does not accept the excuse “I don’t have time”.

New Scholarship Opportunities for Wyoming and Colorado FACS students are available after the Wyoming Legislature passed Senate File 0043 - Hathaway Scholarship Eligibility. The Hathaway Scholarship was established in 2005 by the State of Wyoming in the name of former Governor Stan Hathaway. It awards eligible students money to attend University of Wyoming or one of the seven community colleges in Wyoming. The program provides merit and need-based awards to eligible students based on academic achievement, national test scores, etc. Merit Awards are between $800 and $1600 per semester and can be earned for eight semesters. Need Awards above and beyond the Merit Awards are available to those with unmet financial needs as determined by their FAFSA Application.

This year’s legislation provides an opportunity for students who may not have been eligible to receive the scholarship in the past. Elective choices have expanded to allow students to choose one of three areas: Career and Technical Education (CTE), Fine and Performing Arts (FPA), or Foreign Language if they are pursuing the Performance or Honors Level of the Hathaway Scholarship. At least two sequenced years in any one of these areas is required when applying.

Colorado students are now eligible to apply for the Hathaway Expands Wyoming Scholarship. Two students from each state that borders Wyoming will be named by the selection committee. Applicants may receive funding for up to 4 years with the scholarship obligation being that out of state recipients work in Wyoming one year for every four semesters the scholarship is received or they are attending graduate school at the University of Wyoming.

Expansion of apprenticeship programs was announced by US Department of Labor this month in an attempt to close the skills gap. The Wyoming Department of Education has recently provided technical assistance to several industry partners and schools to set up apprenticeships. Career and Technical Education is of interest to many organizations with discussions on how the newly enacted Perkins V funding will be structured and implemented in Wyoming.

Patty Johnson

2018-2019 CAFCS Annual Report
by Laurel Kubin, CAFCS Past President

The CAFCS Annual Accomplishment Report was completed for 2018-2019. Here are excerpts from this report submitted to AAFCS.
• The Colorado and Wyoming affiliates again collaborated to co-sponsor a professional development conference in February 2019 with the theme “Awareness, Advocacy and Action: Family and Consumer Sciences”. The focus was on sustainability. Student members were presenters as well as participants.

• The two affiliates also publish a quarterly newsletter that focuses on content oriented articles in addition to information about activities, dates, and registration information.

• Colorado Governor Hickenlooper declared December 2, 2018 “Dine-In Day for Healthy Families” at our request. Several members worked with their schools to participate in Family & Consumer Sciences Day, with over 400 participants in Colorado. The CAFCS President was on a panel of professionals about FCS career opportunities at the FCS Career Day for FCCLA members from across Colorado.

• Members were encouraged to support humane policies & treatment of families crossing US borders based on a position paper drafted by two AAFCS members from Colorado State University and the University of Wyoming.

To review the entire Annual Report, go to the CAFCS Website (www.aafc.org/coafcs).

Colorado Student News
CSU May 2019 graduates in Family and Consumer Sciences will be new professionals as they pursue the following opportunities.
Alexis Alvara - Evergreen Middle School
Kelcey Bedard - Fossil Ridge High School, Fort Collins
Julia Corne - Mandalay Middle School, Denver
Lindsey Erler - Navigator's ministry, Colorado Springs (AAFCS member)
Nicole Gentry - applying for OT school (AAFCS member)
Jonathon Hernandez - working with seniors’ programs in preparation for advanced study in Occupational Therapy (AAFCS member)
Amanda Johnson - Fort Collins High School
Jacob Little - Tongue River High School, Dayton, WY
Madison McGinty - Poudre High School, Fort Collins
Megan Majors - Yoga Instructor, Holistic Yoga School & Studio, Fort Collins (AAFCS member)
Lyndsie Shane - Recreation Supervisor for CSU Rec Center. Looking into grad school for Sports Psychology/Administration
Savannah Smith - Pioneer High School, Woodland, CA (AAFCS member)
Rayna Soell will be doing Student Teaching during Fall 2019 at Webber Middle School in Fort Collins.

2019 AAFCS Conference - Keynote
‘Developing Stories that Amplify our FCS Voice and Impact’ was the Keynote given by Dr. Nancy Franz, Professor Emeritus, Iowa State University School of Education. Franz shared why FCS needs to engage more in the story-telling movement to help show public value for what we do and to stem the decline of support for our work.

Public value is “the value of a program to those who do not directly benefit from the program”. Public decision-makers’ perceptions of FCS programs and their impact matter because the use of public funds is questioned. Franz suggests several steps to
determine the value of FCS and how to share it through stories.

✓ Create the case, urgency, and capacity for FCS public value storytelling across the profession.

✓ Help coworkers and stakeholders understand the difference between the public and private value of FCS programs.

✓ Move from embracing the private value to embracing the public value of FCS programs.

✓ Identify and prioritize the public values for FCS programs.

✓ Develop public value stories for high priority public values consistent with the prioritized list.

✓ Share the public value stories internally and externally.

✓ Make public value storytelling the norm for FCS.

Private Value: Reduction of individual and family debt.
Public Value: Decreased dependence on public assistance; fewer bankruptcies; reduced student loan delinquency.

Private Value: Reduce energy and water by installation of home water saving devices.
Public Value: Decreased infrastructure costs; fewer brownouts or blackouts.

Private Value: Improved personal life and leadership skills.
Public Value: Increased civic leadership.

Examples of Private and Public Value (Franz and Van Ginkel, JFCS, Vol 103, No. 4, 2011).

Private Value: Improved personal health from increased intake of fruits & vegetables.
Public Value: Decreased healthcare costs.

Private Value: Improved personal parenting skills
Public Value: Decreased juvenile crime.

AAFCS Capstone Luncheon
by Barbara Gorman, CAFCS President-Elect

Assistant Secretary of Education, Career & Technical Education (CTE) Scott Stump spoke via recording at the 2019 AAFCS Conference. Stump is a former Agriculture Education teacher from northeast Colorado who served as Colorado CTE Director. He recognized Family and Consumer Sciences’ multiple programming areas and congratulated us on the Say Yes to FCS initiative to fill the unmet need for FCS teachers.

He noted only one in five American students choose to concentrate in a CTE career pathway and acknowledged that five of the eight million secondary CTE students participate in FCS content education. Our inclusion of employability skills in FCS pathways is exactly the kind of collaboration with business that the Strengthening Career and Technical Education for the 21st Century Act (Perkins 5) is championing. Family and Consumer Sciences professionals were commended for preparing individuals to thrive in a complex and increasingly global society.

Since the Act was signed July 31, 2018, the Department of Education has worked collaboratively with state CTE leaders to
develop the State Plan Guide and the Consolidated Annual Report Guide, which will serve as the outline for states to use as they develop individual plans that meet local and regional educational, community and business needs.

The goal is to develop pathways for students to pursue personally and financially rewarding careers that meet business skill needs.

Michelle Dennis, Colorado FCS Director, and Robert VanDyke, Colorado FCS Assistant Director/FCCLA, are leading Colorado’s work to develop our state plan.

**Global Perspectives Community**
by Virginia Vincenti, University of Wyoming

“Living Our Values and Mission: Dialogue and Action on Controversial Issues” was presented by members of the AAFCS Global Perspectives Community. The presentation focused on what has made open respectful and fact-based dialogue difficult; and on some principles which can help us reflect on our own thinking and those of others.

The original purpose of home economics as preparation for social reform and activism has waxed and waned over the decades. We are at a low today. Some external factors silencing calls for civic involvement have included: 1) federal legislation and directed appropriations, 2) developing education theories that focused us on individual development, 3) growing emphasis on specialization, 4) increased employment opportunities for women, and 5) redefinition of women’s familial roles (Apple & Coleman, 2003; Vincenti 1982).

Session attendees were reminded of Brown and Paolucci’s 1979 statement of the mission of the profession:

- enable families, both as individual units and generally as a social institution, to build and maintain systems of action which lead to:
  1. maturing in individual self-formation and,
  2. enlightened, cooperative participation in the critique and formulation of social goals and means for accomplishing them [social reform].

Drawing on Bronfenbrenner’s Bioecological Model of Development, presenters cited an article by Kasser, Cohn, Kanner, & Ryan (2007) which reported psychological studies on the impact of values embedded in our economic system that conflict with psychological essentials for individual and collective well-being (helping the world be a better place; having committed, close, intimate relationships; feeling worthy, and autonomous). Presenters discussed ethics, ethical reasoning and fallacies of reason, and ethical principles.

The Global Perspectives Community urge our Association members to engage in discussion of issues so we can take action to make the world better based on sound reason and ethical principles, not merely which group has the most power to force their view on others. We have opportunities to live our mission to a greater extent than we are currently exercising. Please join the dialogue whether it is on the issue of separation of families at our southern border or some other issue. When words and actions or coincide, we will have respect and visibility. Without this, all our promotion of the profession will not be effective.

**Update: 2018 AAFCS Resolution on Support of Humane Policies and Treatment of Families Crossing Borders into the United States.**
by Carole Makela
Global Perspectives Community

This Resolution was the topic of a session and the Global Perspectives luncheon at the 2019 AAFCS Conference. There have been daily news releases about the plight of the growing
numbers of families at the border since the AAFCS Board accepted the resolution in July 2018. Often the releases address a change in how those seeking entry will be processed, where they wait, if to be deported, and/or the ‘living’ conditions for children and families while they wait - whether on either side of the border or in cities/counties across the country. Imagine the fear and uncertainty in the lives of these families.

“Public charge’ is a newer and another criterion proposed to assess all immigrants (whether documented, seeking documents, or undocumented) to determine if they will be allowed to stay or enter the United States (applies to all countries of origin). Public charge has been proposed to predict if they might use food stamps, health care programs, or other federal government programs or if now in the programs, if they will continue to use them.

Because of the uncertainty of the implementation of public charge (including when), immigrants already here have become hesitate to apply for or to continue to use these support systems resulting in food insecurity and delayed health care. Some are questioning whether children should enroll in Head Start or school.

The ever changing information on public charge can be found on the “Protecting Immigrant Families’ site and its many links. It includes the latest actions in Congress, how to talk about public charge to immigrant families, what to do in your community, what our states/communities are doing, and other related issues. Any further information included here would be out-of-date long before you receive this newsletter. Increase your awareness and understanding by going to PIF at https://protectingimmigrantfamilies.org/.

A good news story of an immigrant family was shared at the IFHE-US Cultural Evening.

The family are refugees from Syria leaving there 6 years ago, and spending 3 years in Egypt before being able to come to the United States. The speaker shared their experience that prompted them to emigrate from Syria, their journey to the US, and what they encountered on arrival. Their experience when they first arrived was quite heart-wrenching, but the Welcome Neighbor St. Louis group which works with immigrants made all the difference in their successful transition.

Within the 3 years here, not knowing English and getting off to a rough start, the family has learned English, the parents have a thriving catering business in St. Louis, and the young children love school. They catered the meal for the cultural evening after they had catered another event in the afternoon and shared their story with attendees. With a strong desire to give back to the U.S. they feed the homeless on Sundays. What a great example to contrast to the negative stories often heard!

Attendees at the IFHE Cultural Evening enjoyed the meal of Syrian food prepared by the speaker.

All AAFCS members can Log into your MyAAFCS account to see the presentations from the 2019 Conference which have been posted. Keep checking for more presenters to post their materials.
VanDyke Receives Fellowship

CAFCS member Rob VanDyke received the Jewell Taylor Graduate Fellowship at AAFCS Conference. Rob started a PhD program at Texas Tech University last fall and engaged in research around the male student and teacher perspective of FCS and how FCS can use this perspective to become more gender-balanced. He provided the following overview of his research focus.

FCS is unique among curriculum as it focuses on improving the quality of life for all individuals, families, and communities. While home economics was seen as a female dominated field of study, FCS is universally applicable and meaningful for all students regardless of gender. Unofficial secondary FCS enrollment data reported by FCS state administrators suggest it is still heavily female dominated. Female FCS teachers continually verbalize their support of men in the field but do little to make men feel welcome or valued.

There is no official data on the composition of male to female FCS teachers in the U.S. but the overall consensus is a low number of male to female FCS teachers. Male students in an FCS classroom would benefit from having a male FCS teacher as it provides a diverse perspective about topics aimed at preparing them for adult life.

The potential research relates to the classroom practice setting of FCS. Classroom FCS teachers implement curriculum around the FCS Body of Knowledge, which is based on historical context, the changing cultural diversity of the country, and current research and theories. While FCS has adapted to be more gender-neutral during the latter part of the twentieth century, males are still the under-represented gender. Though student enrollment data demonstrates promise in the perception of a gender-balanced FCS, there is work to be done on the perception of FCS of both male students and teachers.

Male FCS teachers can strengthen the classroom experience by allowing students to examine content through a diverse perspective and challenge societal perceptions around roles in the family and community. Male FCS teachers will be able to influence future FCS professionals to strengthen FCS research and theory development, address the swiftness of change, and frame immediate and perennial problems and move FCS forward for a new generation.

Denver Metro HEIH Group

This group of mostly HE/FCS retirees meets on the 2nd Wednesday of the month usually around noon for a couple of hours. They don’t plan programs for the entire year but do plan several months ahead. Some of their spring 2019 meetings were lunch at the Denver Public Schools Culinary School and the Kirkland Museum for an exhibit on pottery, dishes, and furniture.

The contact is Lorna Nelson. Her email is L6NELSON@aol.com or call her at 303-421-8005 for meeting information. CAFCS members are invited to attend.

FYI - HEIH stood for Home Economist in Homemaking and was a division of AHEA and AAFCS prior to the restructure from divisions and sections to communities.

Women’s Suffrage 100th Anniversary August 26, 2020

The women’s suffrage movement will celebrate the 100th anniversary of the 19th amendment which was formally certified August 26, 2020 with the dedication of the The Turning Point Suffragist Memorial.
This national monument is being constructed in Fairfax County, Virginia on the grounds of a former prison where women were jailed after picketing the White House in 1917. The 19th Amendment was approved by Congress on June 4, 1919 and sent to states for ratification. Watch for more details on this event.

**CSU Milestone Recognizes Makela**

Carole Makela was recognized at the Colorado State University Milestones event in May for serving 50 years with the university. She started her teaching career at CSU in 1968 and currently is in the School of Education in the College of Health and Human Services where she focuses on graduate student research, methodology and family and consumer sciences.

Makela served as department head in Consumer Sciences and Housing, interim associate dean when it was called the College of Applied Human Sciences, and program chair for Interdisciplinary Studies in the School of Education. Working with community engagement and guiding student internships and research, she helped establish the local Better Business Bureau and Consumer Credit Counseling Service of Northern Colorado and Southeast Wyoming.

While there have been many changes to CSU’s campus over the last 50 years, Carole sees change a little differently. “I think despite the perspective that many people have of change being slow in higher education, it’s not,” said Makela. “It is constant, but at the same time there are things that do not change; they recycle.”

She is a native of Wisconsin and got her undergraduate degree from the University of Wisconsin-Madison in home economics education and textile chemistry. She came to CSU for graduate school and loved it so much she decided to stay.

Makela received the first Faculty Council Harry Rosenberg Distinguished Service Award, an award recognizing outstanding individual service to Colorado State University’s Faculty Council. She has also received the Soroptimist International of Fort Collins Making a Difference for Women Award in 2015. The award honors women who, through their professional or personal efforts, make extraordinary differences in the lives of women and girls.

**IFHE World Congress**

**August 2 - 8, 2020**

**Atlanta,, Georgia**

**Home Economics: Soaring Toward Sustainable Development** is the theme for this international professional development conference which is held every 4 years around the world. IFHE-US is pleased to be the host for this conference which was last held in the United States in 1988.

Submission of Abstract Proposals is due August 31, 2019 and the lead author of the submission must be a current IFHE member. This is a wonderful opportunity to not only attend an international conference but to present your research or best practice with several options for format: oral, poster, symposium or workshop. Contact Luann Boyer (luann.boyer@colostate.edu) for membership information.

Learn more about 2020 World Congress at [www.ifheus.org](http://www.ifheus.org) and select 2020 World Congress at the top to link to the official Congress website. The website has details on the conference schedule, Learning Day on the Move options, registration details, and information on the host hotel, the Atlanta Hyatt Regency.
MARK YOUR CALENDAR!!

2019

September 13-15: AAFCS Fall Leadership Council Meeting, Arlington, VA

September 20: Deadline for October Newsletter 2020 CO/WY Conference Date FCS Day/Dine In Promotions CSU & WY Student Activities

November 5: Colorado Coordinated Election Day website for complete 2019 dates: https://www.sos.state.co.us/pubs/elections/calendars/2019ElectionCalendar.pdf

November 7: Avenir Museum Lecture Series, Walking in Beauty: Designs by Orlando Dugi, 7 pm, 216 East Lake Street, Classroom 157, Ft. Collins Exhibit at Avenir July 2 - Dec. 14

December 3: FCS Day - “Dine In” Day

2020

February 22 OR 29: CO/Wy Annual Conference Location TBD

June 26-28: AAFCS Annual Conference & Expo, Baltimore, Maryland

August: IFHE 2020 World Congress August 2 - 8, Atlanta, Georgia Soaring Toward Sustainable Development

Newsletter Submissions

This newsletter is your newsletter. You are encouraged to submit information about programs, conferences, member awards (include website links) as well as information on current FCS topics.

Written submissions should be in a WORD document attached to the email. Photos need to be saved as jpeg and attached to the email (don’t put into the body of the email).

Email all submissions to Executive Director at luann.boyer@colostate.edu

COLORADO/WYOMING NEWS

is a newsletter for members of the Colorado and Wyoming Affiliates of American Association of Family & Consumer Sciences.

Photos and articles from and about members are welcome.

Members are asked to keep email addresses updated with CAFCS so newsletters can be emailed. Send any contact updates, including address and email to the Editor listed below.

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