Shattering the Glass Ceiling
November 4, 2017
University of Wyoming, Laramie

FCS teachers, college and high school students, other FCS professionals as well as parents of students are invited to join the University of Wyoming AAFCS Student Organization and Wyoming AAFCS Affiliate for this event to explore careers in Family and Consumer Sciences.

The program begins with lunch and networking at 11:30 am on the UW campus in Ag Building 3028. High school and college students will be treated to a complimentary lunch. Lunch is $20 for adult non-students.

Shattering the Glass Ceiling program will be 1 to 3 pm in the Agriculture Auditorium in the Ag Building. Four speakers will share their journey through the challenges of reaching leadership positions. They are:

Grace Belize Anderson, 2017-2018 National Student President of FCCLA from Devils Tower, WY.

Dr. Laurie Nichols, University of Wyoming President, who is a former FCS teacher, university faculty, dean and provost.

Caroline Crocoll, USDA-National Institute of Food and Agriculture Director for Division of Family and Consumer Sciences, Washington, DC.

Nancy Bock, Senior Vice President for Meetings and Education, National Cleaning Institute in Washington, DC, a non-profit organization working with the cleaning industry to educate consumers.

The Glass Ceiling is defined as not readily perceived or openly acknowledged upper limits or barriers to professional or other advancement within hierarchies. While it has been imposed upon women, minorities, and other non-dominant groups, it can also be applied to other biases which hold people back from career advancement.

Registration with payment (for non-student adult lunches) must be postmarked by October 25. Complete registration form at the end of this newsletter and return with check(s). To help with planning, please email number of students and adults attending to Lyndee Johnston, ljohns93@uwyo.edu, or call 970-302-9941.

Those wishing to attend the Wyoming and Colorado State football game at 5 pm on November 4 can also email or call Lyndee with information on number of tickets needed.
CAFCS President’s Message
by Kimberly Baldwin
2017-2018 Colorado President

Greetings,
Fall is upon us with leaves changing and cooler temperatures. I also see this as a great time to check in on our relationship health. This year the AAFCS theme is Cultivating Social and Emotional Competence for Healthy Relationships. To this extent I ask you to consider the relationships in your life, family, community and work.

Each area represents an arena of relationships that need care to flourish and grow, just like the changing of the seasons. I ask you to consider your professional relationships. Do you have contact with professionals new to the family and consumer profession who would greatly benefit from the content and networking provided by AAFCS and the Colorado Affiliate? This is the time to invite those people to join AAFCS and enrich their professional relationships.

Create a plan to “Dine In” on December 3, 2017 to promote positive relationships with families and friends and celebrate the birthday of our founder, Ellen Swallow Richards. Over 300,000 FACS students, teachers and families committed to “Dine In” day last year with posts on social media.

The officer team has begun preparations for our annual professional conference with the Wyoming Affiliate for April 14 at The Ranch near Loveland. We will focus on the importance of Relationships and have some outstanding presenters invited to share their research findings with our members and guests.

Happy Fall,
Kimberly Baldwin

WAFCS President’s Message
by Patty Johnson
2017-2018 Wyoming President

Mother Nature has definitely impacted everyday life recently in many parts of North America. Hurricanes, flooding, earthquakes, and wildfires made seeking the basic necessities a priority.

Watching all the events unfold on television every day, heroes emerged. The capacity to bestow kindness on those in need has been overwhelming. Alongside trained rescue crews, people showed up to lend a hand doing what they knew how to do best. The Cajun Navy worked where needed to evacuate families and pets. People from many states, including Wyoming, loaded up supplies and food and headed south to help cook for people displaced by the hurricanes in Texas and Florida. Utility crews caravanned to devastated areas to begin the long job of restoring electricity. In return, the news highlighted women standing in line to pick up laundry from the utility worker who helped restore power in their neighborhoods.

People were also going north to help. Semis of hay from Kansas and Oklahoma headed north to “repay” ranchers who lost grazing land in the summer fires. In Casper, after collecting trailers of water and food for the firefighters, drivers left for Montana as soon as they got off work. Relief came this week with rain and snow blanketing parts of Washington, Idaho, and most of Montana.

The natural disasters of the past three months will not be resolved quickly. Some places may take decades to recover. Why can we not work as a society to make every day like this? Hopefully we will take time each day to appreciate what we have and take time to extend some a small kindness to others in our lives who might be struggling. Every day
heroes see the things that need to be done and use their skills to make it happen.

I look forward to seeing you November 4 in Laramie for the networking connection get-together with Wyoming and CSU students as well as FCS professionals before the Border War football game between the 2 schools. The University of Wyoming AAFCS Student Affiliate is working hard to make the day special with outstanding presentations.

It is time to get organized to “Dine In” on Family and Consumer Sciences Day, December 3 which is also the birthday of the founder of AHEA/AAFCS, Ellen Swallow Richards. Everything you need to promote the event is at www.aafcs.org/FCSday. The site includes logos, free stickers, promotional banners, proclamations, etc. Order soon.

Classroom teachers should check out Access “Dining In” Resources at the top of the webpage for the FCCLA@ The Table lesson plans and materials. It is ready to go!

Finally, sign up to Commit to Dining In at www.aafcs.org/FCSday/commitment.html

Patty Johnson

Colorado Student News submitted by Hannah Mansdorfer

This fall semester, Colorado State University has five student teachers across the states of Colorado and Wyoming. We are so excited to support them as they begin their family and consumer sciences careers!

The students and their schools are:

**Katelyn Barber**, East High School in Cheyenne, WY

**Erin Bender**, Thornton High School & Bollman Center, Thornton, CO

**Susie Alires-Medina**, Rocky Mountain High School, Fort Collins, CO

**Kaila Stassi**, Thompson Valley High School, Loveland, CO

**CoCo Finken**, Mountain View High School, Loveland, CO

Katelyn Barber gets hands-on experience teaching culinary skills to students at East High School in Cheyenne.

2017 Fall Leadership Council submitted by Laurel Kubin

CAFCS President Elect

The Fall Leadership Council agenda was jam-packed with everything an affiliate leader needs to know about AAFCS. I found the Council workshop to be incredibly informative and the format highly engaging. The Council workshop was held in Arlington, Virginia September 22 – 24.

The opening session featured a presentation on “Financial Literacy Today” by Mr. Theodore Daniels, Founder and president of the Society for Financial Education and Professional
Development, Inc. He confirmed our knowledge that there is a huge need for financial education for youth and adults.

AAFCS CEO & Managing Director of the Alliance for Family and Consumer Sciences Carolyn Jackson, CFCS, led us through an AAFCS organizational puzzle. This was useful to understand the different components of the organization, such as affiliates, communities, councils, units, assemblies, committees, board of directors, and the Leadership Council. She also reviewed the Strategic Directions and the initiatives that are part of it. I found it interesting to use KAHOOT.IT for the quiz. This is an audience response system using your smart phone.

Much of the remainder of the leadership workshop followed the guidance provided in “The Leadership Challenge” by James M. Kouzes and Barry Z. Posner. These components are:

- Model the Way
- Inspire a Shared Vision
- Challenge the Process
- Enable Others to Act
- Encourage the Heart

We spent a considerable amount of time focusing on the three AAFCS Signature Initiatives: (1) FCS Day – “Dining In” for Healthy families on December 3; (2) Say Yes to FCS Educator Recruitment campaign; and (3) FCSfit. You’ll want to pay special attention to information about these initiatives in this and subsequent newsletters in order to fully participate.

We were excited to see an early preview of the new AAFCS website. It will be much easier to use and is more attractive.

Have you made an Infographic? We received training and practiced doing so. If you have a report or poster to create, you might try this. Rather than being text-heavy and less-than interesting, an Infographic is appealing and draws readers into it, thus getting your message across more quickly.

We also learned about the AAFCS Leadership Academy which is for newer AAFCS professionals within their first seven years of membership. Other members can apply to be a mentor to the participants. This Academy is preparing leaders for the future of the affiliates and other parts of the organization.

We heard about awards scholarship and fellowships which are available and for which jurors are needed. We also have opportunities to be on committees for the 2020 International Federation for Home Economics World Congress which will be in Atlanta, Georgia August 2-8.

It was exciting to hear from the Student Unit about the CoupsForTroops project they are sponsoring.

Finally, we had a review of how to use Robert’s Rules for effective meetings, and tips on affiliate financial management.

Thank you to CAFCS for providing funds to participate in this very worthwhile leadership training. I look forward to our Colorado members benefitting from AAFCS by being more involved with all that is available from the association.

Submit to JFCS

The Theme and Deadlines for submissions to the Journal of Family and Consumer Sciences were announced in June. Deadlines are approximately 6 months prior to each issue.

The Summer 2018 theme is FCS as CTE for Career Preparation focusing on how FCS actively participates in CTE efforts. Deadline is January 4, 2018.

The Fall 2018 theme is Caregiving Across the Life-Course with a deadline of April 2, 2018. How does FCS engage in promoting and fostering effective caregiving?
Hurricane Harvey Relief

The Texas AAFCS Affiliate is accepting donations to assist Texas Family and Consumer Sciences teachers where schools were damaged by Hurricane Harvey.

Donations can be made on the AAFCS Link https://app.mobilecause.com/form/ZCnWgQ or checks can be made out to Texas AAFCS with memo line FCS Harvey and mailed to AAFCS, ATTN FCSHARVEY, 400 N. Columbus St., Suite 202, Alexandria, VA 22314

Hurricanes Irma & Maria Relief

The Disaster Assistance Partnerships (DAP) for Home Economics Programs in Developing Countries is collecting items in good condition or monetary donations for use in home economics educational programs in the Caribbean. Many Caribbean countries were hit by both hurricanes Irma and Maria and experienced a devastating loss of their schools and educational programs.

Juanita Mendenhall, DAP Coordinator, is collecting items which can be used in teaching home economics - books, curriculums, supplies, etc. They can be shipped to DAP, c/o Juanita Mendenhall, 122 Point Lane, Ridgeway, SC 29130. Monetary donations can also be made to help with postage costs to the Caribbean, and to buy needed materials.

Checks for donations can be sent to IFHE-US Finance Director Luann Boyer, 22500 Road 21, Ft. Morgan, CO 80701 with notation on the check DAP Hurricane Fund. All donations are tax deductible and receipts will be provided.

DAP is a Committee of the International Federation of Home Economics and is affiliated with the International Home Economics Services, Inc.

Congratulations Dawn Mallette

CSU CHHS Source, September 19, 2017 excerpts written by Jessica Bennett

In recognition of her outstanding service, Dawn Mallette was awarded the Family, Career, and Community Leaders of America (FCCLA) National Distinguished Service Award. This award is given to individuals providing exemplary service to their state organization and the FCS profession.

Dawn advises family and consumer sciences students, teaches family and consumer sciences classes, manages and supervises student teachers, runs a seminar, coordinates distance education and online learning for the Colorado State University School of Education, and teaches in the Center for Educator Preparation.

Beyond her exemplary service to CSU, Mallette was nominated because of her annual “Say Yes to FCS” reception, her support for teacher candidate assistance at the state FCCLA conference, and her involvement in the lives of current and former FCCLA state officers.

2018 Colorado & Wyoming AAFCS Affiliate Conference

Saturday, April 14
The Ranch, Loveland, CO

Cultivating Social and Emotional Competence for Healthy Relationships
CAFCS Awards Due March 1

It’s time to nominate CAFCS Members for the awards to be presented at the 2018 Annual Conference April 14.

Award nominations are due to CAFCS President-Elect and Awards Chair Laurel Kubin by March 1, 2018. It’s not too early to start putting the information together for your nominations. Nominations can be made by any member.

Think of FCS professionals you know or work with who fit the criteria for each award. It’s okay to tell them you’re nominating them and need their help with information to submit for the award.

CAFCS gives 3 awards:

Professional of the Year is given to a person who has made significant contributions to the Family and Consumer Sciences profession including providing leadership, mentoring and support to members, and who has shown innovation in providing FCS education in a school or community setting.

CAFCS Teacher of the Year is a full-time teacher licensed in FCS with a degree in an FCS field who has been a member of AAFCS/CAFCS at least 3 consecutive years prior to nomination and is employed in grades kindergarten through 12 (K-12) with a minimum of one-half day as a Family and Consumer Sciences teacher, or is teaching Family and Consumer Sciences content throughout the curriculum under the umbrella of another department or different title.

This award recognizes exemplary teachers who utilize cutting-edge methods, techniques and activities to provide stimulus and visibility to family and consumer sciences in elementary and secondary education. The recipient of this award will be submitted to AAFCS in January 2019 for the 2019 AAFCS National Teacher of the Year.

Marcile Wood Community Service Award is given to a member who has significant involvement in community service activities including providing leadership. Examples of positive benefits of the person’s community service are part of the nomination.

Award Nomination Forms are attached with this newsletter. Any questions about the nominations, contact President-Elect/Awards Chair Laurel Kubin (laurelkubin@gmail.com) or CAFCS Executive Director Luann Boyer (luann.boyer@colostate.edu)

Award details can also be found on the Awards page of the CAFCS Website (www.AAFCS-colorado.org).

Visit the CAFCS Website www.AAFCS-colorado.org

Updated news between issues of this quarterly newsletter.

Opportunity for members to share upcoming professional development opportunities between newsletters.
COLORADO/WYOMING NEWS

is a newsletter for members of the Colorado and Wyoming Affiliates of American Association of Family & Consumer Sciences.

Photos and articles from and about members are welcome.

Members are asked to keep email addresses updated with CAFCS so newsletters can be emailed. Send any contact updates, including address and email to the Editor listed below.

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The American Association of Family & Consumer Sciences (AAFCS) is a not-for-profit 501 (c) (3) organization with 6,000 members, dedicated to improving quality of life for individuals and families. The AAFCS and its affiliates may accept charitable contributions, which are tax-deductible to the fullest extent of the law.

MARK YOUR CALENDAR!!

2017

October 25: Registration Postmark Deadline for November 4 program at University of Wyoming, Laramie

November 4: Shattering the Glass Ceiling, University of Wyoming, Laramie
11:30 am - Lunch
1:00 - 3:00 pm - Program
WY/CSU Football Game 5 PM

December 3: FCS Day and “Dine In for Healthy Families”

2018

January 20: Newsletter Article Deadline for February 2018 Newsletter

February 13: FCS Educator Day

March 1: CAFCS Award Nominations Due

April 14: Colorado Wyoming AAFCS Affiliate Annual Conference, The Ranch, Loveland

June 24-27: AAFCS 109th Annual Conference, Atlanta, Georgia

Newsletter Submissions

This newsletter is your newsletter. Members are encouraged to submit information on programs or conferences (including website links) as well as information on current FCS topics.

Written submissions should be in a WORD document attached to the email. Photos should be saved as jpeg and attached to the email (please don’t put into the body of the email).

Email to luann.boyer@colostate.edu