Commit to “Dining-In” on Family & Consumer Sciences Day, December 3

Since 2014, more than 400,000 people have committed to “Dining In” on Family & Consumer Sciences (FCS) Day!

AAFCS honors founder Ellen Swallow Richards by celebrating FCS Day on her birthday each year. Through the FCS Day initiative, AAFCS provides information, tools, and research on the benefits of families preparing and eating healthy meals together.

In 2018, the initiative will have a special focus on the emotional and social aspects of family meal time.

Be sure to check https://www.aafcs.org/fcsday/home for updates and new resources! Promotional materials are available on the website for individuals, Extension, higher education, secondary education, students, affiliates and related organizations.

Enjoy the benefits of "Dining In" and enter to win prizes!

3 Easy Ways to Celebrate FCS Day

Celebrate with friends, family, or community groups!


2. Prepare and eat a healthy meal with others (if possible) during the week of Dec. 3.

3. Take a selfie and post it on social media!

#FCSday #HealthyFamSelfie
KAFCS Seeking Award Nominations
By Shandi Andres
KAFCS VP of Operations and Recognition

Calling all outstanding KAFCS professionals... take the time to recognize your efforts! KAFCS Award applications must be postmarked by December 1, 2018. The application and award details can be found on the website and will be emailed out. We encourage all of our members to consider their efforts that might be award worthy and take the time to fill out the application. For questions, please contact Shandi Andres, VP of Operations and Recognition, sdandres@ksu.edu or 620-767-5136.

Please consider applying, or nominating another KAFCS member, for one of these awards:

- Distinguished Service Award
- Extension Award
- Friend of the Family Award
- Leaders Award
- Teacher of the Year
- Martha Streeter New Achiever Award

Again, KAFCS Award application must be postmarked by December 1, 2018.

The 109th American Association of Family & Consumer Sciences Annual Conference and Expo was held in Atlanta, Georgia June 24th-27th, 2018. The theme of the 2018 conference was Cultivating Social and Emotional Competencies for Health Relationships.

Kansas was well represented at the conference once again this year; with many presentations and poster displays at the conference. Gayla Randel, CFCS was recognized as the Chalkley-Fenn Public Policy Visiting Scholar Award during the Awards Dinner: celebrating the STARS of AAFCS.

The 2018 Annual Conference and Expo will be held in St. Louis, Missouri June 23-26, 2019. Our Missouri friends will be needing help to put on the Annual Conference and Expo, so please plan to attend!

Below: Kansas affiliate gather for a social dinner during AAFCS.

Leah Jolosky, Cassy Dalbom and Anne Pitts at AAFCS Conference in Atlanta, GA.
Janine Duncan is a longtime member of AAFCS, beginning with her student membership, which was strongly encouraged by her Home Economics Education faculty at the University of Illinois Urbana-Champaign. She spent the first portion of her career teaching home economics at the high school and middle school levels in Illinois.

After moving to the St. Louis area, she pursued her graduate work in Education Leadership at the University of Missouri--St. Louis. She worked for a brief time at the St. Louis Science Center delivering professional development to regional teachers. Janine began her career in Family & Consumer Sciences teacher education at Fontbonne University in St. Louis. Eleven years later, she moved to Murray State University, where she initiated an interdisciplinary exploration of the status of women in Western Kentucky.

She is thrilled to be on faculty at Kansas State University, working with Kansas FCS colleagues to advance FCS education and the recruitment and retention of quality FCS secondary teachers. Janine has held various FCS leadership positions in Illinois and Missouri, and currently serves as the co-chair for the International Federation for Home Economics (IFHE) World Congress, which will be held in Atlanta, GA August 2-8, 2020. She looks forward to meeting and working with the Kansas Affiliate!

Janine made the move to K-State with her husband, Dave, who recently retired from his career as a plant biotechnology research scientist. They have two grown children, a son and daughter.