Michael Westbrook and Sue Strutz attended the fall leadership workshop in Virginia on September 29-October 1. The theme for this year's workshop was Training to Revitalize, Educate, and Engage (T.R.E.E.).

Friday evening was spent learning about the “roots” of leadership. Three panelists were present to address current issues and opportunities impacting the FCS profession—reiterating the importance of developing a well connected root system in the FCS forest. After the panel, the AAFCS Board of Directors shared foundational roots that shaped their leadership growth.

On Saturday morning proposed amendments to the bylaws and a strategic plan were presented to attendees. Attendees were given time to offer feedback and perspective on the proposed changes. The afternoon consisted of a speaker from Advance CTE and a panel that focused on branching out to build collaborative connections.

Sunday morning Michael led a morning energizer. Attendees were then introduced to an organization called Street Law. The speaker for this organization shared their innovative programs and a number of resources. The morning finished up with a group from The Northwest Network sharing their model for collaborating to facilitate a targeted development and support network.

Check out these resources!
- Advance CTE
- Jump$tart Coalition
- Street Law
All WAFCS Award Nominations are due by the end of October to Award chairs, Mary Kennedy and Miranda Ritger. Completed applications are due by December 1.

Officer Spotlight
Sue Strutz
WAFCS President-Elect

My family consists of:
- Husband Kevin–married 24 years
- Daughter Kaylee–20–junior at UW Madison
- Son–Tyler–16–junior in Reedsburg

Current job and educational background:
- Currently teaching an 8th grade exploratory at Wisconsin Dells Middle School and Foods For Life, Intro to Fashion, and Child Development at Wisconsin Dells High School
- Bachelor's Degree from UWSP and Master's Degree from Viterbo
- 30th year of teaching

Passions outside of work:
- Gardening
- Spending time with family
- Auctions/Vintage Sales

My favorite type of music:
- Country

Most cherished item on your desk:
- My PotatoHead—I love to collect PotatoHeads!

Most guilty 'food' pleasure:
- Strawberry pie with LOTS of whipped cream

My most interesting professional development experience:
- Going to Quillisascut Farm in Rice, Washington. It was a 6-day experience on a small farm where I worked with 12 other attendees and a chef to prepare meals, make cheese, learn butchering techniques, and sustainable farming practices. Another cool thing about this experience was that the school was built from straw bales!

Officer Spotlight
Char Kelley
WAFCS Past President

My family consists of:
- I live with my husband Scott and my sons Logan (17) and Morgan (16). I also live with my mother-in-law Cathy. We built a house in 2016 with a MIL apartment attached.

Current job and educational background:
- I teach family and consumer sciences at North High School. This is my 24th year teaching and my 3rd at North. Previously I taught for the Bloomer and Boyceville School Districts.

Passions outside of work:
- I enjoy going to the gym and lifting weights each morning with Morgan.

Last book I read was:

Most cherished item on your desk:
- My Keurig because coffee is the only thing that keeps me moving this time of year. The Door County Brand Turtles in a Cup is AHHHMAAAZING!

Most guilty ‘food’ pleasure:
- This is an incredibly hard one for me. At times, I have labeled food and good and bad and now I try hard to get away from demonizing any food. I truly believe it’s not about the dosage, not the diet. However, my favorite thing to do is to go out for dinner and drinks with my husband on Friday night. We take that time to talk about work, home, and life without disruption and I don’t have to do dishes.
IN SYMPATHY

WAFCS extends sympathy to our friend and colleague, Susan Turgeson and her family, on the unexpected passing of her daughter, Emily. Newly moved to Florida Emily was starting a behavioral health nursing position in Stuart.

Things To Check Out!

- Have you invited someone in FCS to become a member in WAFCS? As of October 18 Wisconsin had 133 members, an increase of 7 members, and only 33 members away from Texas, #1 affiliate.

- Have you thought about offering a breakout session for our Annual Conference in February? If so, contact Amber at: ambermiller0044@gmail.com

- Have you nominated yourself or a colleague for one of WAFCS awards; have you updated your pdus or looked into certification? AAFCS staff is only a phone call or email away from answering any of your questions! -aafcs.org -703.706.4600

- AAFCS Foundation Offers Travelships to Attend 2024 IFHE Congress in Ireland

When the 2022 International Federation for Home Economics (IFHE) World Congress was going to be hosted in the United States for the first time since 1988, the Foundation began offering up to three $500 travelships to promote and encourage attendance. Due to added interest in attending the IFHE World Congress in Ireland in 2024, the Foundation has expanded that benefit to up to ten $500 travelships for professionals or students (including students for the first time)!

The Foundation will offer:
- Ten travelships at $500 each.
- Available for professional (active or retired) or student WAFCS members.
- Available on a “first-come” basis.
- Reimbursement made after attendance has been completed/confirmed.
- Will keep an alternate list if there are more than 10 applicants (in case any applicants initially approved end up not attending.)

There is not a special application form:
- Use application for “National AAFCS Conference Travelship” form and substitute “IFHE” for “National AAFCS Conference.”
- Find “National Travelship Application” and “Travelship Reimbursement Form” at aafcs.org/wafcs under “Foundation” or “For Students.” It is the same application in either location. Just check the appropriate spot if applying as a student or professional.
Foundation Scholarships, Grants and Travelships

From originally offering one $300 undergraduate scholarship, fast-forward to the current benefits of more than $9,000 that WAFCS Foundation makes available to members.

Details for applying for all member benefits can be found on the WAFCS website at www.wafcs.org under Forms and then under WAFCS Foundation Forms and/or Student Scholarship and Travelship (or for a specific application form, contact Jean Zeithaml at 715-836-8330 or djzeithaml@att.net).

To promote the concept that “Membership has its Benefits!” you must be a current AAFCS/WAFCS member to be eligible and preference for the conference travelships will be given to first-time attendees and/or those in the early years of their professional careers.

WAFCS Foundation Donation Form

$____ Other $$100$$50$$25 Date:____________________

Name ___________________________________________________________________
Address ___________________________________________________________________
City/state/Zip ___________________________________________________________________

_____In Memory of _______________________________________________________
_____In Honor of __________________________________________________________
_____Commemorating ______________________________________________________
   (special achievements, retirement, birthdays, anniversaries, weddings, etc)

_____WAFCS Annual Conference Keynote Speaker Fund

AAFCS/WAFCS is a 501 (C)(3) not-for-profit organization. All contributions are tax deductible.

Make checks payable to WAFCS Foundation & send to:

Cindy Quilling
WAFCS Executive Director
E6006 US Highway 12
Menomonie, WI 54751

Please send a card acknowledging this gift to:

Name ________________________________
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City/State/Zip __________________________