



# Colorado/Wyoming Affiliate News

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*Colorado and Wyoming are Affiliates of the American Association of Family & Consumer Sciences  
Dedicated to improving quality of life for individuals and families since 1908*

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## ***What's In This Issue??***

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- ✓ Call for Posters – Annual Conference
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- ✓ REMINDER: Member Survey QR Link
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## **Annual Affiliate Conference Saturday, April 20, 2024**

The Spur – Denver  
CSU Campus for Colorado

### ***Empowerment for Changing Times***

As AAFCS and affiliates face many new challenges, what role can members and others who support Family and Consumer Sciences take to strengthen the basics of our profession? This conference will focus on where FCS currently is and what we can strive to become.

Note in the registration form, there is the opportunity to sponsor and bring an individual with you to the conference at a reduced registration fee.

## ***Call for Posters: Annual Conference***

All attendees at the 2024 CO/WY Affiliate Conference are invited to submit a Proposal for the Poster Sharing. For many years, CSU students have shared their FCS Legislative Posters related to the current Colorado General Assembly bills under consideration.

This year, you, your students, or colleagues are invited to present a poster to share with the attendees. The poster may be:

- ▶ a poster previously presented at another venue such as AAFCS;
- ▶ one in the planning stages;
- ▶ a successful program with your students;
- ▶ a new program in your community;
- ▶ highlighting a class project;
- ▶ FCS Feature Fridays;
- ▶ a research study;
- ▶ or other FCS message.

The brief proposal should include Title, Presenter, Purpose (this will be used to have a hand-out about all posters); AND format details (dimensions and if foam core, trifold,

roll-up, etc.) to plan for appropriate display space/tools at the conference for sharing with attendees.

Submit the proposal in an email message to Jeanine Pope at [jeaninepope4@gmail.com](mailto:jeaninepope4@gmail.com) on by April 10. Jeanine can be contacted if you have questions related to the poster and/or its presentation.

### ***Critical Sciences: Strengthening the Profession***

Using the Critical Sciences approach can strengthen our professional practice to increase impact as individual professionals and as the profession. The session will demonstrate how our shared professional practice in an intellectual community is strengthened through the Critical Sciences approach by renewing our commitment to our intellectual foundation, practical/moral reasoning, confronting injustice, and social change.

Shaping a unified approach to professional thought, practice & societal change, Critical Sciences employs critical literacy skills needed to examine issues impacting individuals and families. During the Hands-On activity, you'll identify how FCS professionals can implement this approach in current work setting.

### ***CAFCS President's Message***

*Barbara Gorman  
2023-2024 President*

As details are finalized for the 2024 Colorado/Wyoming Association of Family and Consumer Sciences Annual Conference April 20, 2024, I am anxious to learn from the recent surveys of members and non-members what are your



priorities. If you have not yet completed the short survey, use the QR code found in this newsletter. Affiliate leaders want to develop programs and experiences which are priorities for members, and this survey will give us direction.

***Empowerment for Changing Times***, the theme of the 2024 Annual Conference, reflects both the current environment of chaotic and rapid change and the need for personal and professional resilience and advocacy. Look for both the conference registration and agenda which is included as an attachment with this Newsletter email. I look forward to seeing you all there as we network with each other and gain skills to embrace change in positive ways.

This year's conference is hosted at The Spur in Denver, near the historic Denver Stockyards. The Spur is part of Colorado State University outreach campus. As part of our agenda, we'll tour the new facilities and see cutting edge technologies in practice. The availability of activities for student engagement is amazing and Pre-K through Post-Secondary educators are encouraged to schedule field trips and professional development.

Deb Andres, President, American Association of Family and Consumer Sciences (AAFCS), will meet with us virtually. She will discuss the work on advocacy and other key topics being addressed by national leadership and state affiliates. We are honored to host our national president at the CAFCS/WYFCS Conference this year!

Advocating for our profession and professional expertise, the session on ***Critical Sciences: Strengthening Our Professional Practice*** introduces members to the Critical Sciences modules available through AAFCS. We'll be guided through hands-on activities enabling implementation.

A robust panel of Family and Consumer Sciences professionals will reflect on Family and Consumer Sciences and factors which influence our professional practices. Past and present trends indicate future opportunities and possible challenges. I look forward to learning from colleagues ‘in the trenches’ as they share their perspectives.

The annual affiliate state business meetings will be conducted to conclude the conference. This is your opportunity to participate in your state affiliate and learn of leadership opportunities. Please plan to attend!

Family and Consumer Sciences is the People Sciences, and we recognize developing and nurturing personal and professional relationships is key to well-being. To that end, multiple opportunities for networking are built into the schedule.

CAFCS/WYFCS leaders look forward to in-person connections with colleagues and happily anticipate meeting you all at the annual conference April 20th.

**Barb**

## **Wyoming Affiliate**

*Patty Johnson*  
2023- 2024 Wyoming President

### **Ponderings from Wyoming**

Looking forward to the annual conference at The SPUR in Denver. I have never driven in that city so it may be an adventure by itself.

Winter seems to playing games this year in central Wyoming. For a few days it has been freezing with a sprinkle of snow. Then it warms enough to melt the snow and make dirt roads a muddy mess.

With spring on the horizon it is time to tackle things inside the house so when the seasonal

birds start singing and green grass pops, one is ready to be outside to greet the new season.

Sprucing up the inside of the house means cleaning and clearing out. Recognize your cleaning style; a tossed or a sorter. Prioritize your list. Pick three areas needing work. Break the chore list down into chores which are measurable and specific. For example I will spend thirty minutes a day working in my office or I will fill four disposable garbage bags with stuff and walk it to the dumpster instead of donating an entire weekend to sorting, tossing, and organizing.

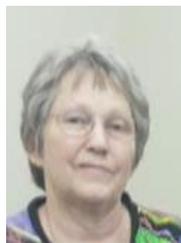
When I head to the dumpster I take the long way back to the house so I get about 3 blocks of exercise. The few birds that have stayed for the winter let me know they would like their feeders filled a second time each day or they will not be leaving a five-star review on the “Aviary’s Itinerary of Great Places to Dine”.

I have tried to convince my adult sons they each owe me ten thousand dollars for damages done to the house when they were growing up; they just look at each other and smile. I’d guess they could charge me for all the times they drop everything and come to pull me out of the ditch or to help me figure out where the leak is in the water line that is quickly becoming a river down the road.

After two weeks of sorting, tossing, and finally organizing I am close to being ready for movers to come and remove the furniture for the new carpet to be laid. I guess I am glad we only do this task every fifty years.

Off to Union Pass above to Dubois to snowmobile. Meeting with all my kids and half my grandchildren. Hope it is fun, a little crazy, with some crazy tales, laughter and great memories of time spent together.

**Patty**



## ***Member Survey***

The Colorado and Wyoming affiliate boards recently sent out a survey for members. We will carefully consider your feedback in order to realize member needs and priorities so that we can better plan conferences and other events that will be of interest and benefit to our members. If you have completed the survey, thank you!

**If you HAVE NOT taken the survey, please take it using the QR code below.** Or you can email [jeaninepope4@gmail.com](mailto:jeaninepope4@gmail.com) and she will share the survey with you.

This survey is anonymous and takes five minutes or less to complete. The results will be summarized and discussed at the CO/WY Affiliate Conference on April 20, 2024 at The SPUR.

### **CAFCS/WAFCS Member Survey**



## ***CAFCS Award Nominations***

Be sure to open the CAFCS Award Nomination forms which are also attached with this Newsletter email.

Recognize your fellow FCS professionals for their outstanding work.

Awards are:

### ► ***Marcile Wood Community Service Award***

Marcile Wood Award recognizes a CAFCS Member for their Community Service work and the benefit derived from the service and the leadership provided to the organization served.

### ► ***CAFCS Professional of the Year***

Award recognizes the support and service to CAFCS/AAFCS as well as professional contributions to the profession of Family and Consumer Sciences. Demonstrates Leadership in other professional, civic or similar organizations and activities.

### ► ***CAFCS Teacher of the Year (TOY)***

Award recognizes an outstanding program implemented by the teacher in their school district or school setting which has utilized cutting-edge methods, techniques and activities to provide stimulus and visibility to family and consumer sciences education.

Nominations are due by April 5 to the Awards Chair Jeanine Pope and can be emailed to her address on the award form or mailed by USPS.

## ***WIN Certification Renewal!!***

At the 2023 AAFCS Conference, the Colorado Affiliate received a Certificate which is good for the Annual AAFCS Certification Renewal Fee of \$65. All members who currently hold Certification for CFCS/CPFFE or CNWE will be eligible to win this. Plan to attend the 2024 Conference April 20 and you could be the lucky recipient.



## ***MARK YOUR CALENDAR!!***

### **2024**

**March 20: AAFCS Advocacy TownHall  
5:00-6:30 PM EDT**

**April 18: AAFCS Advocacy TownHall  
5:00-6:30 PM EDT**

**April 20: Colorado/Wyoming Affiliate Annual  
Professional Development Conference  
The Spur -CSU Outreach Campus  
National Western Complex  
4780 National Western Drive, Denver**

**May 16: AAFCS Advocacy TownHall  
5:00-6:30 PM EDT**

**June 7 - 9: AAFCS Annual Conference  
Hyatt Regency,  
Minneapolis, Minnesota  
<https://www.aafcs.org/ac2024/home>**

### ***Newsletter Submissions***

This newsletter is your newsletter. Members are encouraged to submit information about programs, conferences, member awards (include website links) as well as information on current FCS topics.

Written submissions should be in a WORD document attached to the email. Photos need to be saved as **jpeg** and attached to the email (don't put into the body of the email).

Email all submissions to CAFCS Executive Director at [luann.boyer@colostate.edu](mailto:luann.boyer@colostate.edu)



### **COLORADO/WYOMING NEWS**

is a newsletter for members of the Colorado and Wyoming Affiliates of American Association of Family & Consumer Sciences.

Photos and articles from and about members are welcome.

Members are asked to keep email addresses updated with CAFCS so newsletters can be emailed. Send any contact updates, including address and email to the Editor listed below.

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