# FCS Week 2026

## NOV. 30 TO DEC. 4



**Monday: Nourishing Lives**

Celebrating food, nutrition, and cooking skills for lifelong health

**Tuesday: Designed for Life**

Spotlight on creativity & design that enhance everyday living

**Wednesday: Live Well**

Focused on habits to support physical, mental & emotional wellness

**Thursday: Smart Living**

Sharing the skills consumers need to make wise financial decisions

**Friday: Living Forward**

On building careers, setting goals, and achieving personal success

AAFCS

**#LifeRunsonFCS #FCS Week**

