

# The Many Faces of Family and Consumer Sciences (FCS)



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"I worked as a professional seamstress in a high-end clothing store back in the mid-1970's and started college in 1978 to major in Textiles, Clothing & Design. After one semester, I realized I did not have the creative talents to be a designer,

so changed my major to teaching. I took a lot of Home Economics in high school and wanted to be a teacher who worked with at-risk students.

Once I started the Home Economics Education program at UNL, everything just fell into place. I loved the content. I loved working with adolescents. And I loved having a job where every day I could make a difference in the future for their health and well-being.

FCS is the only content area that people live throughout their lives. I used to say, "We teach the only content our students live as soon as they leave our classrooms."

The biggest impact our profession can make is to improve the lives of individuals, families, and communities. The research and teaching we do at all levels contributes to more constructive behaviors and actions when developing relationships, preparing for careers, and caring for the well-being of others. Those positive behaviors create an impact at all levels, from the individual and community, to public policies and social services."